

Seasoned with Grace

*My Generation of
Shaker Cooking*



Eldress Bertha Lindsay
EDITED BY MARY ROSE BOSWELL

Seasoned With Grace My Generation Of Shaker Cooking

M Woodhall



Seasoned With Grace My Generation Of Shaker Cooking:

Seasoned with Grace Bertha Lindsay, Mary Rose Boswell, 1987 Seasoned with Grace offers an authentic illustrated firsthand profile of a way of life and worship that continues to fascinate the hundreds of thousands of people who visit the Shaker communities and museums each year *Seasoned with Grace* Eldress Bertha Lindsay, 2018-03-06 Over 100 wholesome recipes from the kitchens of the Canterbury Shakers First published in 1987 this classic cookbook remains a timeless guide to Shaker cooking While many books on Shaker food recreate recipes from nineteenth century sources this cookbook is based on lived experience For eighty years the author cooked in the Canterbury Shaker community in New Hampshire one of the last active Shaker villages in the United States It offers an authentic firsthand profile of a way of life that continues to fascinate True American recipes derived from oral tradition include Irving Greenwood's Pot Roast Canterbury Shaker Parsnips Moravian Sugar Cake Orange Zucchini Bars As well as the recipes the book also gives an account of twentieth century cooking and baking at the Canterbury Shaker Village Mary Rose Boswell adds a new foreword

The Shaker Experience in America Stephen J. Stein, 1992-01-01 The first general history of the Shakers from their origins in 18th century England to the present day Drawing on written and oral testimony by Shakers over the past two centuries Stein offers a full and often revisionist account of the movement 57 illustrations **The A to Z of the Shakers** Stephen J. Paterwic, 2009-09-28 The United Society of Believers in Christ's Second Appearing commonly known as the Shakers followed Mother Ann Lee to the United States in 1774 when life in England became difficult In the United States they established several colonies whose governing principals included celibacy and agrarian communal living Even at its peak however Shakerism claimed only about 4 500 members Today except for one active community in Sabbathday Maine the great Shaker villages are diminished but the Shakers left an enduring impact on the religion and culture of the United States The A to Z of the Shakers relates the history of this fascinating group through a chronology an introductory essay a bibliography and over 200 cross referenced dictionary entries on Shaker communities industries individual families and important people Every definition biography and point of history was submitted to the Shakers at Sabbathday Lake for their review before it was included for publication As such the voice of the contemporary Shakers is found in the dictionary and they have given it their unequivocal endorsement *Vegetarian Times*, 2001-10 To do what no other magazine does Deliver simple delicious food plus expert health and lifestyle information that's exclusively vegetarian but wrapped in a fresh stylish mainstream package that's inviting to all Because while vegetarians are a great vital passionate niche their healthy way of eating and the earth friendly values it inspires appeals to an increasingly large group of Americans VT's goal To embrace both **Historical Dictionary of the Shakers** Stephen J. Paterwic, 2017-06-15 Shakerism teaches God's immanence through the common life shared in Christ's mystical body Like many religious seekers throughout the ages they honor the revelation of God but cannot be bound up in an unchanging set of dogmas or creeds Freeing themselves from domination by

the state religion Mother Ann Lee and her first followers in mid 18th century England labored to encounter the godhead directly They were blessed by spiritual gifts that showed them a way to live the heavenly life on Earth The result of their efforts was the fashioning of a celibate communal life called the Christlife wherein a person after confessing all sin through the indwelling of the Holy Spirit can travel the path of regeneration into ever increasing holiness Pacifism equality of the sexes and withdrawal from the world are some of the ways the faith was put into practice This second edition of Historical Dictionary of the Shakers contains a chronology an introduction appendixes and an extensive bibliography The dictionary section has over 300 cross referenced entries on Shaker communities industries individual families and important people This book is an excellent resource for students researchers and anyone wanting to know more about the Shakers **Serious**

Pig John Thorne, Matt Lewis Thorne, 2000-11-16 In this collection of essays John Thorne sets out to explore the origins of his identity as a cook going here the Maine coast where he d summered as a child and returned as an adult for a decade s sojourn there southern Louisiana where he was captivated by Creole and Cajun cooking and everywhere where he provides a sympathetic reading of such national culinary icons as the hamburger white bread and American cheese and sits down to a big bowl of Texas red These intelligent searching essays are a passionate meditation on food character and place *Eating in Eden* Etta M. Madden, Martha L. Finch, 2006-01-01 A study of community visions of food and the relationship to other communal ideals including ethnicity religious affiliation and gender roles "For the Good of the Whole" Margaret Puskar-Pasewicz, 2003 Neither Plain Nor Simple David R. Starbuck, 2004 Canterbury Shaker Village located in Canterbury New Hampshire just northeast of Concord has seen more archeological research than any other Shaker community David R Starbuck has been digging there for over a quarter of a century Beginning in 1978 Starbuck and his team mapped some 600 acres of the village preparing sixty one base maps as well as dozens of drawings of foundations and mill features Accompanying the maps were several hundred archeological site reports describing the history and present condition of every field dump foundation wall path and orchard within the community These documents offered the first comprehensive look at both the built and natural environment of any Shaker village This above ground study with much updating forms the second part of this volume Through the 1980s grant funding was available chiefly for above ground recording and only rarely for excavating Still from the beginning Starbuck and his team speculated about what types of unexpected artifacts might be found if excavations were conducted in the Shaker dumps or in the nicely manicured lawns behind the village s communal dwellings With the 1992 death of Sister Ethel Hudson the community s last surviving member it seemed clear that Canterbury Shaker Village represented an unparalleled opportunity to use archeology as a cross check on surviving nineteenth century historical records and visitors accounts The Canterbury Shakers constitute one of the very best test cases for historical archeology precisely because they were a society that tightly controlled their internal descriptions of themselves Because we know what the Shakers expected of themselves we can use excavations to determine

whether they actually lived up to their own ideals Excavations into various dumps began in 1994 In the Second Family blacksmith shop foundation for example Starbuck discovered thousands of pipe wasters evidence that the Canterbury Shakers manufactured red earthenware tobacco pipes for sale to the World s People The Shakers hog house contained numerous ceramics and glass bottles at another dump almost a hundred stoneware bottles for beer or ginger beer were unearthed along with whisky flasks perfume bottles and false teeth These new artifacts contradict the popular image of the Shakers as plain simple and otherworldly thereby challenging existing paradigms about the nature of Shaker society Starbuck s findings suggest that Shaker consumption practices were highly complex and that Shakers were perhaps more human than previously imagined Neither Plain nor Simple which brings together the original site maps with his most recent findings will serve as the definitive archeological investigation of the Canterbury Shakers and their lifeways and function as a model for similar archeological studies of communal societies **Shaker Life, Art, and Architecture** Scott T. Swank,1999 In this pioneering study historian Scott T Swank reveals the links between the daily life of the Shakers and their art and architecture 250 illustrations 150 in color **The Publishers Weekly** ,1987 **Small Press Record of Books in Print** Len Fulton,1993 Yankee ,1988-07 **The Scribner Encyclopedia of American Lives: 1986-1990** Karen Markoe,Arnie Markoe,1998 Each vol covers notable Americans who died in a five year period Simple Gifts June Sprigg,1998 As a college student Sprigg spent one summer among the Shakers in Canterbury New Hampshire Chronicling the daily life of the community she uncovers the affirming energies of the Shakers and produces portraits that are inspiring as well as enlightening **AB Bookman's Weekly** ,1988-09 Forthcoming Books Rose Arny,1998-04 The Cumulative Book Index ,1989 A world list of books in the English language Historical New Hampshire ,1992

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Seasoned With Grace My Generation Of Shaker Cooking Introduction

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