

OLIVIER de KERSAUSON

The **SEA**
NEVER
CHANGES

**My Singlehanded Trimaran
Race Around the World**



Sea Never Changes My Singlehanded Trimaran Race Around The World

Dave Rearick



Sea Never Changes My Singlehanded Trimaran Race Around The World:

The Sea Never Changes Olivier de Kersauson,1992 On December 18 1988 Olivier de Kersauson set out on a solo around the world race on board his 75 foot multihull Poulain His goal set a new speed record for non stop solo circumnavigation

Sea Never Changes Olivier De Kersauson,1995-01 An account of Olivier de Kersauson s attempt to set a new speed record for non stop solo circumnavigation under sail For 125 days he was cut off from the world uncertain of his return It also gives practical advice on seamanship racing and single handed sailing **Subject Guide to Books in Print** ,1993

Forthcoming Books Rose Arny,1992 *The Woodenboat* ,1992 *American Book Publishing Record* ,1992 *Out There* George Day,Herb McCormick,1983 *Cruising World* ,1976-01 **Yachting** ,2005-04 **The Circumnavigators: Small Boat Voyagers of Modern Times** Don Holm,1974 **Yachting** ,2005-04 **Ships Monthly** ,1970 **Atlantic Fisherman** ,1979-11 **Taking on the World** Ellen MacArthur,2003 At 5 foot 2 inches and aged 24 MacArthur was the smallest and youngest competitor in the 2000 Vendee Globe race where she finished a remarkable second This is her story of how she beat older more experienced men and got a reception that eclipsed the winners 45 photos **In My Element** Pip

Hare,2024-10-10 An entertaining and compelling page turner that will stay with you Pete Goss The boat picks up another wave and surfs again faster this time deafening My eyes are streaming sore from the icy wind that throws spray in my face And over the top of it all I can hear my own laughter I feel powerful strong I am a thousand miles from land in one of the world s most dangerous environments Alone and free The Vendee Globe Race is one of the world s toughest sporting events a single handed non stop lap of the planet with no assistance The route takes competitors around the fringes of Antarctica tackling terrifying conditions in the Southern Ocean before rounding Cape Horn In My Element is the gripping and uncompromising story of Pip s incredible journey but it s about so much more than sailing A thousand miles from land and surviving on only 30 minutes of sleep at a time with both skipper and vessel relentlessly pushed to the brink of failure Pip tells it straight acknowledging that success never comes without mistakes and mishaps and these challenges do not mean defeat they are opportunities to learn and grow This her first book is both a gripping record of one of her toughest races ever and an inspiring account of the mental and physical strategies that have allowed her to discover as a middle aged woman a life that allows her to live in flow and achieve success From embracing fear to managing anxiety enduring the daily grind whilst appreciating the pure magic pacing yourself and rising to the occasion Pip s journey teaches the importance of seizing every moment and truly living in your element **Sea Trials** Peter Bourke,2014-06-05 In all beautifully written and

wonderfully inspiring The Wall Street Journal Crossing the Atlantic under sail alone is a nexus of sorts for all sailors a dream and an adventure that seems obtainable within the framework of life and work and it s in this context that Sea Trials provides inspiration to all of us Bourke s route across the ocean as a participant in the 2009 OSTAR is circuitous at best as he battles headwinds and mechanical snafus but he keeps it in perspective and never loses his sense of humor and awe Sure he wants

to do well in the race but getting to the starting line is already a victory and finishing when others would have retired seems in character Bourke deftly weaves his life story into the narrative from the tragic death of his wife that leaves him an angry single parent to postponing his dreams until his kids are settled to his rather bumbling attempts to become a sailor It takes a good writer to make this work within the framework of a voyage and Bourke is a very good writer I was in the cockpit with him as he spent long hours at the helm attuned to the sea and alone with his thoughts He doesn't whine but he's not a hero either just a sailor dealing with his boat the Atlantic and life and he relishes it all This is a brilliant book John Kretschmer author *Sailing a Serious Ocean* and *At the Mercy of the Sea* Peter Bourke first heard the siren call of the sea as a young boy when he crossed the Atlantic from England with his family Decades later three years after his wife's sudden death he bought a boat even though he did not yet know how to sail His friends thought he was crazy but for Bourke buying his first sailboat was a lifeline a glimmer of hope in a world turned upside down Learning to juggle single parenting a career in finance and a growing urge to set sail was akin to walking a tightrope of sanity Small voyage by small voyage he gained his sea legs balancing the risks of singlehanded sailing while raising children holding his sailing dream lightly until his children had safely transited out of high school Bourke entered the Oldest Singlehanded Trans Atlantic Race OSTAR at age 57 *Sea Trials* is the humble account of those 40 days of racing on his 44 foot sailboat *Rubicon* As he shares his highs and lows at sea he also weaves his intimate story of grief and rediscovery into the narrative pain and joy seasickness fear and his boundless gratitude You are along for Bourke's racing adventure the good the bad and the very unpredictable Gear failure and reefing sails on a pitching deck in the double dark of the mid Atlantic night intermix with wet twilights of Da Nang Vietnam where artillery shells pierce the sky we also travel with Bourke down the pastoral streets of his suburban hometown toward a neighbor's house wondering how he will find the words and courage to tell his daughter and son they have lost their mother Bourke's offshore passage is a passage home to the core of his humanity and humility and as Bourke and *Rubicon* cross the finish line in Newport Rhode Island the world had been simultaneously opened wide and brought closer To dream and to sail the dream is to journey off and come home again changed And undoubtedly you will be inspired to take a big but satisfying risk of your own to fulfill your lifelong dream whether it's on the big blue or dry land Life and circumstance had left me working flat out trying to maintain my professional position be a good father and keep everything together At the late night end of many days I found myself mumbling I can't keep doing this this is killing me I'm dying It wasn't a question of wanting out of the parenting role or the business role but I needed a third ball for balance To be at sea is to be in a different world and to live alone for a time in this alien place can yield a spiritual calm In such a calm order and perspective can enter your thoughts Life can be harsh at sea but it is never sordid The simple necessities of food drink and sleep are received with gratitude and always there is the sea's reminder that you are a speck of dust in the cosmos The rush of thoughts slows and order replaces the chaos as you consider your journey From the book *SEA TRIALS* is a poignant account of one man's pursuit

of a dream that will inspire you to tackle challenging endeavors as well as squarely face life's emotional challenges finding the courage to live a fully engaged authentic life Chasing the Long Rainbow Hal Roth, 1997 In August 1986 Hal Roth set out to race around the world 27 550 miles from Newport to Newport This book is his intensely personal account of failure and triumph in his struggle against gales flat calms mountainous seas gear failure injury and illness Illustrated **At Less Than Walking Speed** Mary White, 2013-04-06 Mary Ellen was no stranger to hiking in mountains even the Himalayas or camping on beaches those in Australia and New Zealand included but she had never before been aboard a sailboat until she found herself a guest aboard a trimaran taking part in a Sail Week festival in the Sea of Cortez Mexico After that sailboats were a main focus in her life and soon she was at home aboard SAPO a Lyle Hess designed Sam Morse built Falmouth Cutter that was designed and built to cross oceans and that is what Mary Ellen spent most of the next fifteen years doing Mary Ellen was not a sailor when she first went aboard so a lot of her time and attention was devoted to learning to sail a pursuit that is in her opinion unending no one ever learns it all they just keep learning more and more She found the Sea of Cortez to be a wonderful place but after three years spent enjoying it and learning to sail she dared expand her horizons to include the Marquesas in French Polynesia 3000 miles or so to the southwest of where she was And so began the west around the world trip that first visited the rest of French Polynesia Suvarov and the Kingdom of Tonga in the fabled South Pacific before zig zagging back and forth across the equator westward to the Marshall Islands Vanuatu the Federated States of Micronesia Guam and the Philippines From the Philippines she crossed the South China Sea to East Malaysia and on to Singapore where she turned northward up the Malacca Strait to Langkawi Malaysia and Thailand The Malaysia Thailand region was her favorite part of the world She spent six wonderful years there before again heading west She crossed the Andaman Sea and the Indian Ocean to Madagascar went south down the Mozambique Channel around South Africa into the South Atlantic and north into the Caribbean Thus her itinerary but along the way the reader can share the joy of being at sea amid leaping dolphins or under a blazing sun or pouring rain or any of many other phenomena available no other way or so it was for Mary Ellen *Spirit of a Dream* Dave Rearick, 2018-09 On October 2 2013 Dave Rearick began an epic solo voyage around the world Onboard his specifically built Class 40 racing sloop appropriately named Bodacious Dream Dave sailed from Newport Rhode Island He sailed the length of the Atlantic Ocean to Cape Town South Africa a distance of 8 000 miles From Cape Town Dave sailed to Wellington New Zealand where Bo was originally built and then onto the fabled Galapagos Islands one of the earth's great nature preserves On the final leg Dave returned to Newport Rhode Island by way of the Panama Canal The full circumnavigation took 256 days to complete leaving an indelible memory of the challenges and rewards of being at one with nature the solitude of the open sea and the ever changing landscape of life At the age of 12 Dave Rearick was introduced to sailing on a small boat By the age of 14 he was captivated by the stories of legendary sailors who raced or sailed single handed around the world Forty years later in 2011 now age 54 Dave finally began his quest to race on board in

the Singlehanded Global Ocean Race When the race was canceled Dave undaunted continued his quest and embarked on the long dreamed adventure that became a challenging journey of learning and discovery Join Dave and Bodacious Dream as they navigate the oceans of the world alone and the personal challenges met along the way [Sailing Alone Around the World](#)

Joshua Slocum, 2013-05-26 Joshua Slocum's epic solo voyage around the world in 1895 in the 37 foot sloop Spray stands as one of the greatest sea adventures of all time It remains one of the major feats of singlehanded voyaging and has since been the inspiration for the many who have gone to sea in small boats Starting from Boston in 1895 by the time he dropped anchor in Newport Rhode Island over three years after his journey began he had cruised some 46 000 miles entirely by sail and entirely alone Slocum's account of his epic voyage is a classic of sailing literature acclaimed as an unequalled masterpiece of vital yet disciplined prose It will be welcomed by admirers of his legendary achievement It is a timeless work that can be read again and again and a story that totally absorbs the reader with its enormity and honest endeavour RNSA Journal Slocum's prose is a model of its kind honest vivid salty and at times lyrical Traditional Boats and Tall Ships One of the all time classic sailing narratives Classic Boat

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web this chapter focuses on the foundational theories that attempt to answer this question and on the interventions used in career counseling to address these issues with individuals the authors wish to make clear that theories of career choice and development are not per se theories of career counseling and interventions