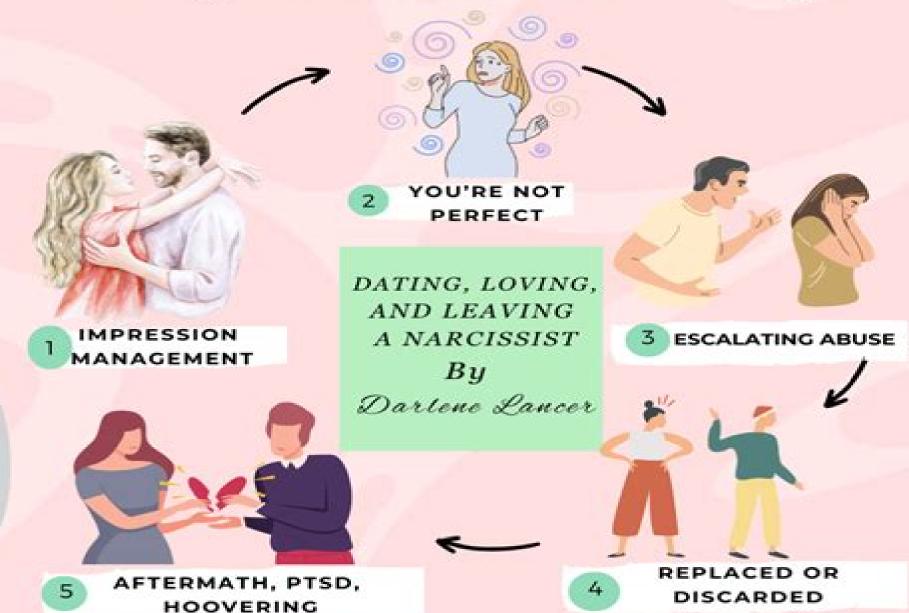
# 5 Stages of Narcissistic Relationships



## **Narcissism And Me**

**Lisa Howard** 

#### **Narcissism And Me:**

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developmental psychology the book explores the personality traits and psychological dynamics that have shaped Trump s life with an emphasis on the strangeness of the case how Trump again and again defies psychological expectations regarding what it means to be a human being The book s central thesis is that Donald Trump is the episodic man He lives in the moment outside of time without an internal story to connect the discrete scenes in his life As such Trump perceives himself to be more like a superhero or a primal force supernatural and timeless rather than a flesh and blood human being with an inner life a remembered past and an imagined future Trump s psychological status as the episodic man helps us understand both Trump s appeal in the minds of millions and his failings The book s interpretation of Trump sheds new light on Trump s charisma his deal making his volatile temperament his approach to personal relationships his narcissism and his emergence as a new kind of authoritarian leader in American history

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