# Out of Joint

A Private & Public Story of Arthritis

### Mary Felstiner

With a new afterword by the author

Tobias Wolff, Editor

### **Out Of Joint A Private Public Story Of Arthritis**

**Brandon R. Schrand** 

#### **Out Of Joint A Private Public Story Of Arthritis:**

Out of Joint Mary Lowenthal Felstiner, 2007-09-01 She begins in the morning by casing her joints Can her ankles take the stairs Will her fingers open a jar Peel an orange But it was not always this way for Mary Felstiner who went to bed one night an active professional and healthy young mother and woke the next morning literally out of joint With wrists and elbows no longer working right she d discovered one of the first signs of rheumatoid arthritis the most virulent form of a common disease Out of Joint is her account of living through arthritis a distinction she shares with seventy million Americans While arthritis pain affects one out of three Americans this book is the first to tell the personal story of the nation s most common yet neglected disease Part memoir part medical and social history Out of Joint folds the author's private experience into far reaching investigations of a socially hidden ailment and of any chronic condition how to handle love work sexuality fatigue betrayal pain time mortality rights myths and memory Moving from the 1940s to the present this story of one life with arthritis exposes little known medical research and provocative social issues alarming controversies over arthritis miracle drugs intense demands concerning disability and the surprising and disproportionate number of women affected by chronic illness From this prize winning historian comes a call for healing through history a moving meditation on the way chronic conditions can be treated by enlisting the past **Sky Songs** Jennifer Sinor, 2020-10 Sky Songs is a collection of essays that takes inspiration from the ancient seabed in which Jennifer Sinor lives an elemental landscape that reminds her that our lives are shaped by all that has passed through Beginning with the conception of her first son which coincided with the tragic death of her uncle on an Alaskan river and ending a decade later in the Himalayan home of the Dalai Lama Sinor offers a lyric exploration of language love and the promise inherent in the stories we tell to remember In these essays Sinor takes us through the mountains deserts and rivers of the West and along with her on her travels to India Whether rooted in the dailiness of raising children or practicing yoga Sinor searches for the places where grace resides The essays often weave several narrative threads together in the search for relationship and connection A mother writer teacher and yoga instructor Sinor ultimately tackles the most difficult question how to live in a broken world filled with both suffering and grace Twenty-Seventh Letter of the Alphabet Kim Adrian, 2018-10-01 Clear sighted darkly comic and tender The Twenty Seventh Letter of the Alphabet is about a daughter's struggle to face the Medusa of generational trauma without turning to stone Growing up in the New Jersey suburbs of the 1970s and 1980s in a family warped by mental illness addiction and violence Kim Adrian spent her childhood ducking for cover from an alcoholic father prone to terrifying acts of rage and trudging through a fog of confusion with her mother a suicidal incest survivor hooked on prescription drugs Family memories were buried even as they were formed and truth was obscured by lies and fantasies In The Twenty Seventh Letter of the Alphabet Adrian tries to make peace with this troubled past by cataloguing memories anecdotes and bits of family lore in the form of a glossary But within this strategic reckoning of the past the unruly present carves an unpredictable path as Adrian's aging

mother plunges into ever deeper realms of drug fueled paranoia Ultimately the glossary s imposed order serves less to organize emotional chaos than to expose difficult but necessary truths such as the fact that some problems simply can t be solved and that loving someone doesn't necessarily mean saving them **Anything Will Be Easy after This Bethany** Maile, 2020-09-01 Bethany Maile had a mythological American West in mind when she returned to Idaho after dropping out of college in Boston only to find a farm town turned suburb instead of the Wild West wonderland she remembered Haunted by what she had so completely misremembered Maile resolved to investigate her attachment to the western myth however flawed Deciding to engage in a variety of western events Maile trailed rodeo queens bid on cattle fired 22s at the gun range and searched out wild horses With lively reportage and a sharp wit she recounts her efforts to understand how the western myth is outdated yet persistent while ultimately exploring the need for story and the risks inherent to that need Anything Will Be Easy after This traces Maile s evolution from a girl suckered by a busted down story to a more knowing woman who discovers a new narrative that enchants without deluding Gang of One Fan Shen, 2006-01-01 The memoir of Shen age 12 at the start of the Cultural Revolution in 1966 recounts being complicit in arduous Red Guard activities that directly or indirectly led to several gruesome deaths of political enemies And later falling in love with and marrying the daughter of a man brutally tortured and killed by one of his fellow Red Guards **Should I Still Wish** John W. Evans, 2017-01-01 In this candid and moving memoir John W Evans articulates the complicated joys of falling in love again as a young widower Though heartbroken after his wife s violent death Evans realizes that he cannot remain inconsolable and adrift living with his in laws in Indiana Motivated by a small red X on a map Evans musters the courage for a cross country trip From the Badlands to Yellowstone to the foothills of the Sierra Mountains Evans's hope and determination propel him even as he contemplates his vulnerability and the legacy of a terrible tragedy Should I Still Wish chronicles Evans s efforts to leave an intense year of grief behind to make peace with the natural world again and to reconnect with a woman who promises like San Francisco itself a life of abundance and charm With unflinching honesty Evans plumbs the uncertainties doubts and contradictions of a paradoxical experience in this love story celebration of fatherhood meditation on the afterlife of grief and resilience and ultimately showcase for life s many profound incongruities When We Were Ghouls Amy E. Wallen, 2018-03-01 The essay When We Were Ghouls was originally published in the Gettysburg Review 29 no 1 Spring 2016 **Island of Bones** Tov Castro, 2012-09-01 What is identity when you re a girl adopted as an infant by a Cuban American family of Jehovah s Witnesses The answer isn t easy You won t find it in books And you certainly won t find it in the neighborhood This is just the beginning of Joy Castro's unmoored life of searching and striving that she's turned to account with literary alchemy in Island of Bones In personal essays that plumb the depths of not belonging Castro takes the all too raw materials of her adolescence and young adulthood and views them through the prism of time The result is an exquisitely rendered richly detailed perspective on a uniquely troubled young life that reflects on the larger questions each of us faces in a world where diversity

and singularity are forever at odds In the experiences of her past hunger and abuse flight as a fourteen year old runaway single motherhood the revelations of her true ethnic identity the suicide of her father Castro finds the jagged smashed place of edges and fragments that she pieces together to create an island all her own Hers is a complicated but very real depiction of what it is to jump class to not belong but to find one s voice in the interstices of identity The Distance Between Timothy J. Hillegonds, 2019-10-01 At eighteen years old with no high school diploma a growing rap sheet and a failed relationship with his estranged father Timothy J Hillegonds took a one way flight from Chicago to Colorado in hopes of leaving his mounting rage and frustration behind His plan was simple snowboard hang out live an uncomplicated life The Distance Between chronicles how Hillegonds s plan went awry after he immediately jumped head first into a turbulent relationship with April a Denny's coworker and single mother At once passionate and volatile their relationship was fueled by vodka crystal methamphetamine and poverty and it sometimes became violent Mere months after moving to the mountains when the stakes felt like they couldn't be higher Hillegonds learned April was pregnant with his child More than just a harrowing story of addiction and abuse or a simple mea culpa The Distance Between is a finely wrought exploration of and reckoning with absent fathers fatherhood violence adolescent rage white male privilege and Hillegonds s own toxic masculinity With nuance and urgency The Distance Between takes readers through the grit of life on the margins while grappling with the problematic Shadow Migration Suzanne Ohlmann, 2022-03 With her feet firmly rooted on the plains of nature of one man s existence Nebraska Suzanne Ohlmann launches the reader into flight over miles and decades of migration from an apple pie childhood in America's Fourth of July City to the dirt floors of a cowshed in rural India we zigzag across time and geography to see the world through Ohlmann's eyes and to discover with her the pain she d been avoiding through her boomerang travels away from her native home Through incarnations as a musician arts manager and registered nurse Ohlmann finally lands in Texas buys a house and gets a dog But her house is haunted and so is she In the dark solitude of Ohlmann's basement the vision of a dead child presents her with a harrowing choice she can go home to Nebraska and seek the truth of her biological past or like the boy surrender to the depths of her own darkness With honesty compassion and a sense of humor Ohlmann recounts her tenacious search into the shadows of her life Meander Belt M. Randal O'Wain, 2019-10-01 In Meander Belt M Randal O Wain offers a reflection on how a working class boy from Memphis Tennessee came to fall in love with language reading writing and the larger world outside of the American South This memoir examines what it means for the son of a carpenter to value mental rather than physical labor and what this does to his relationship with his family whose livelihood and sensibility are decidedly blue collar Straining the father son bond further O Wain leaves home to find a life outside Memphis roaming from place to place finding odd jobs and touring with his band From memory and observation O Wain assembles a subtle and spare portrait of his roots family and ultimately discovers that his working class upbringing is not so antithetical to the man he has become Between Panic and Desire Dinty W. Moore, 2008-01-01 Insouciant and irreverent are the sort of words that come up in reviews of Dinty W Moore's books and invariably hilarious Between Panic and Desire named after two towns in Pennsylvania finds Moore at the top of his astutely funny form A book that could be named after one of its chapters A Post Nixon Post panic Post modern Post mortem this collection is an unconventional memoir of one man and his culture which also happens to be our own Blending narrative and guizzes memory and numerology and imagined interviews and conversations with dead presidents on TV the book dizzily documents the disorienting experience of growing up in a postmodern world Here we see how the major events in the author's early life the Kennedy assassination Nixon's resignation watching Father Knows Best and dropping acid atop the World Trade Center to name a few shaped the way he sees events both global and personal today More to the point we see how these events shaped and possibly even distorted today s world for all of us who spent our formative years in the 50s 60s and 70s A curious meditation on family and bereavement longing and fear self loathing and desire Between Panic and Desire unfolds in kaleidoscopic forms a coroner s report a TV movie script a Zen koan aptly reflecting the emergence of a fractured virtual America What Becomes You Aaron Raz Link, Hilda Raz, 2008-04-01 Being a man like being a woman is something you have to learn Aaron Raz Link remarks Few would know this better than the coauthor of What Becomes You who began life as a girl named Sarah and twenty nine years later began life anew as a gay man As he transforms from female to male and from teaching scientist to theatre performer Link documents the extraordinary medical social legal and personal processes involved in a complete identity change Hilda Raz a well known feminist writer and teacher observes this process both as an astonished parent and as a professor who has studied gender issues All these perspectives come into play in this collaborative memoir which travels between women's experiences and men's lives explores the art and science of changing sex maps uncharted family values and journeys through a world transformed by surgery hormones love and clown school Combining personal experience and critical analysis the book is an unusual and unusually fascinating reflection on gender sex and the art of living This Bison Books edition features a set of discussion questions **Driving with Dvor? k** Fleda Brown Jackson, 2010-01-01 All our lives are made of moments both simple and sublime all of which in some way partake of the cultural moment Fleda Brown is that rare writer who in narrating the incidents and observations of her life turns her story by wit and insight and a poet s gift into something more This is an unconventional memoir A series of lyrical essays about life in a maddeningly complex family during the even more maddeningly complex fifties and sixties it adds up to one woman's story while simultaneously reflecting the story of her times A strange and erratic father a resigned and helpless mother a mentally disabled brother a sister with a brain tumor folded into Brown s reflections are the intimacies and ambivalences of family and marriage girlhood and adolescence identity and self knowledge Whether reflecting on the automobile industry or a wrenching parting from beloved pets or the process of aging Brown s telling rings with great humor profound perception and a lyricism that makes even the most commonplace moment uncommonly good reading Let Me Count the Ways Tomás Q. Morín, 2022-03 2023 Vulgar

Genius Nonfiction Award 2022 Writer's League of Texas Nonfiction Book Award Growing up in a small town in South Texas in the eighties and nineties poverty machismo and drug addiction were everywhere for Tom's O Mor'n He was around four or five years old when he first remembers his father cooking heroin and he recalls many times he and his mother accompanied his father while he was on the hunt for more Mor n in the back seat keeping an eye out for unmarked cop cars just as his father taught him It was on one of these drives that for the first time he blinked in a way that evolution hadn t intended Let Me Count the Ways is the memoir of a journey into obsessive compulsive disorder a mechanism to survive a childhood filled with pain violence and unpredictability Mor n s compulsions were a way to hold onto his love for his family in uncertain times until OCD became a prison he struggled for decades to escape Tender unflinching and even funny this vivid portrait of South Texas life challenges our ideas about fatherhood drug abuse and mental illness The Fortune Teller's Kiss Brenda Serotte, 2006-01-01 This is the memoir of a Sephardic Jewish girl living among Ashkenazi neighbors in the Bronx She comes down with polio just before her eighth birthday She begins a fight against immobility set within a cultural realm where Catholic and Jew and Turkish Moslem once met Where a beautiful aunt could be abducted into a Turkish harem and another aunt could still keep the 400 year old iron key to the family house in the Cordoba of the Spanish Inquisition Brandon R. Schrand, 2020-04-15 Doing things by the book acquires a whole new meaning in Brandon R Schrand's memoir of coming of age in spite of himself The works cited are those books that serve as Schrand's signposts as he goes from life as a hormone crazed heavy metal wannabe in the remotest parts of working class Idaho to a reasonable facsimile of manhood with a stop along the way to buy a five dollar mustard colored M C Hammer suit so he ll fit in at college The Adventures of Huckleberry Finn informs his adolescent angst over the perceived injustice of society s refusal to openly discuss boners The Great Gatsby serves as a metaphor for his indulgent and directionless college days spent in a drunken stupor when he wasn t feigning interest in Mormonism to attract women William Kittredge's Hole in the Sky parallels his own dangerous adulthood slide into alcoholism and denial With a finely calibrated wit a good dose of humility and a strong supporting cast of literary characters Schrand manages to chart his own story about a dreamer thrown out of school as many times as he s thrown into jail until he finally sticks his landing Searching for Tamsen Donner Gabrielle Burton, 2009-03-01 This book tells of Burton s search to solve the mystery of Tamsen Donner for herself A graceful mingling of history and memoir Searching for Tamsen Donner follows Burton and her husband with their five daughters on her journey along Tamsen s path From Tamsen s birthplace in Massachusetts to North Carolina where she lost her first family in the space of three months to Illinois where she married George Donner and finally to the fateful Oregon Trail Burton recovers one woman's compelling history through a modern day family s adventure into realms of ultimately timeless experiences Cover p 2 The Virgin of Prince Street Sonja Livingston, 2019-09-01 With organized religion becoming increasingly divisive and politicized and Americans abandoning their pews in droves it s easy to question aspects of traditional spirituality and devotion In response to this

shifting landscape Sonja Livingston undertakes a variety of expeditions from a mobile confessional in Cajun Country to a eucharistic procession in Galway Ireland to the Death and Marigolds Parade in Albuquerque New Mexico and Mass in a county jail on Thanksgiving Day to better understand devotion in her own life The Virgin of Prince Street chronicles her guest offering an intimate and unusually candid view into Livingston's relationship with the swiftly changing Catholic Church and into her own changing heart Ultimately Livingston's meditations on quirky rituals and fading traditions thoughtfully and dynamically interrogate traditional elements of sacramental devotion especially as they relate to concepts of religion relationships and the sacred This Fish Is Fowl Xu Xi,2019-03-01 In This Fish Is Fowl Xu Xi offers the transnational and feminist perspective of a contemporary glocalized American life Xu s quirky darkly comic and obsessively personal essays emerge from her diverse professional career as a writer business executive entrepreneur and educator From her origins in Hong Kong as an Indonesian of Chinese descent to her U S citizenship and multiple countries of residence she writes her way around the globe Caring for her mother with Alzheimer's in Hong Kong becomes the rhythmic accompaniment to an enforced long term long distance relationship with her partner and home in New York In between Xu reflects on all her selves which are defined by those myriad monikers of existence As an author who began life as a novelist and fiction writer she also considers the nature of genre which snakes its way through these essays In her linguistic trip across the comic tragedy that is globalism she wonders about the mystery of humanity and the future of our world at this complicated and precarious moment in human existence This Fish Is Fowl is a twenty first century blend of the essayist traditions of both West and East Xu s acerbic deft prose shows her to be a descendant of both Michel de Montaigne and Lu Xun with influences from stepparent Jonathan Swift

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