TOM NICHOLS

OUR OWN VERST ZNEMY

THE ASSAULT FROM WITHIN ON MODERN DEMOCRACY

Our Own Worst Enemy

Ying-Ying Zheng

Our Own Worst Enemy:

Our Own Worst Enemy Norman F. Dixon, 1987 **Our Own Worst Enemy** Thomas M. Nichols, 2021 Introduction Our own worst enemy A hunger for Apocalypse the perils of peace and plenty The nicest people you ll ever dislike when good neighbors are bad citizens Is there no virtue among us Democracy in an age of rage and resentment System failure Human suffering and the case against liberal democracy Hello I hate you how hyper connection is destroying democracy Conclusion Our Own Worst Enemy I. M. Destler, Leslie H. Gelb, Anthony Lake, 1984 Summary of Our Own Worst Enemy by Tom Nichols Media Press, 2021-08-24 Product description PLEASE NOTE This is not the main book but a summary guide by Media Press that will help you understand the main book in a short read It is solely independent of the main book Over the past three decades citizens of democracies who claim to value freedom tolerance and the rule of law have increasingly embraced illiberal politicians and platforms Democracy is in trouble but who is really to blame In Our Own Worst Enemy Tom Nichols challenges the current depictions of the rise of illiberal and anti-democratic movements in the United States and elsewhere as the result of the deprivations of globalization or the malign decisions of elites Rather he places the blame for the rise of illiberalism on the people themselves Nichols traces the illiberalism of the 21st century to the growth of unchecked narcissism rising standards of living global peace and a resistance to change Ordinary citizens laden with grievances have joined forces with political entrepreneurs who thrive on the creation of rage rather than on the encouragement of civic virtue and democratic cooperation While it will be difficult Nichols argues that we need to defend democracy by resurrecting the virtues of altruism compromise stoicism and cooperation and by recognizing how good we ve actually had it in the modern world Trenchant contrarian and highly engaging Our Own Worst Enemy reframes the debate about how democracies have ended up in this dire state of affairs and what to do about it **Our Own Worst Enemy** William J. Lederer, 1968 **Life After Loss** Bob Deits, 2010-09-07 One of the classics in the field of crisis intervention Dr Earl Grollman Life after Loss is the go to resource for anyone who has suffered a significant life change Loss can be overwhelming and recovery often seems daunting if not impossible With great compassion and insight Deits provides practical exercises for navigating the uncertain terrain of loss and grief helping readers find positive ways to put together a life that is necessarily different but equally meaningful With two new chapters and significant changes throughout reflecting Deits s ongoing experience in counseling Life after Loss is an essential roadmap for those in grief Lawrence J Lincoln MD Staff Elisabeth Kubler Ross Center How to Lead Jo Owen, 2022-07-27 This book is your essential guide to the theory and practice of leadership Whatever your level in an organisation this is your practical handbook for getting to the top and staying there Learn how to Get promoted and survive promotion Influence and persuade someone particularly when they re not your direct report Handle a crisis and survive adversity Step up and know when to step back in moments of risk Greedy Business Leonard Amattey, 2015-12-04 The book GREEDY BUSINESS is a satire opportunity and uncertainty

directed at human behaviour particularly in regards to human priorities to choose between acts of humanitarianism and greed The author notes that politics indeed is part and parcel of life but no where is it so vividly portrayed than in education and at the work place to satisfy human obsession with greed Then he admitted I cannot deny my role in that but that cannot justify it As individuals we allow Greed to Triumph Morality without humanitarian consideration for others in our efforts to improve quality of our life and that is inexcusable This book is therefore about that aspect of human thinking that can justify individuals doing things to others that they would not like others to do them I wonder how many of us find the necessity to take a step backward to explore the choices we have made to do the things we have done to others that we would not like to be done to us because if done to us they would likely destroy our quality of life Yet some how some of us can justify some of the things we do to others as the result of the choices we have made without humanitarian consideration for them in the name of improving quality of our lives at the expense of our victims Well I did take a step backward and my observations suggest that humans obsession with Greed confirms why we do the things to others that we would not like to be done to us Our tendency to want more and more at the expense of others without humanitarian consideration for the quality of life of others has blinded our moral responsibility to be fair The purpose of writing this book is therefore to share my observations and thoughts with others in the hope that they too may find the need to take a step backward and explore the choices made in the past to do certain things to others that they would not like others to do to them Beneath the Surface Karie Eaton, 2015-12-15 As women we compete for attention validation admiration and the like Today technology makes it possible to connect with family and friends instantaneously We have so many options Gone are the days of a hand written letter and rare are the phone conversations or times to really be authentic with a close friend Technology makes it easy for women to portray an ideal life that competes with those whose lives they see represented on Facebook Instagram Pinterest Twitter and other social media By going beneath the surface and discovering Gods true design for womanhood women can feel empowered energized and free to remove the masks and confidently embrace a life of authenticity While technologies such as social media and websites can improve our abilities and options to connect they also mean there are just so many more channels we have to managerelationships perceptions details and to top it off we have to be aware of how our communications will be read and interpreted on the receiving end Even though women long for meaningful relationships and an authentic life story they often find themselves exhausted from having to create and maintain a variety of masks to wear during the appropriate settings that prevent them from this As with anything when it is overused technology can take away from truly deep one on one intimacy and interaction Anything we come to rely on to substitute for personal relationships runs the risks of losing authenticity Spirit, Soul, and the Glorified Body Vizhun, 2011 null **The Courageous** Chris Deeroy, 2016-07-19 When Chris DeeRoy a young computer programmer took his next job at a technology firm he had no idea what he was letting himself in for He soon finds himself swimming upstream against the raging current of a modern day

corporation its structure and politics just to survive On one side he has a power man manager to deal with and on the other a maleficent colleague trying to make things as hard as possible One day he overhears them discussing killing him and he knows his battle is just about to begin Guided by his faith and personal strength he tries to navigate his way through the dangerous situation Will he find the right opportunity to get out of that toxic environment before its too late That remains to be seen Chris Deeroy reveals a deep understanding of the role of faith in human perseverance. The writing is about hope and courage pushing through at your weakest point Finding your path while struggling to achieve with the inspiration of faith is eloquently presented This book is entertaining holds the readers interest and teaches at the same time Deeroy has proven his understanding of the role of faith and overcoming setbacks in the pursuit of success A must read for anyone with ambition Does your mind elate with self-adoration and self-aggrandizement? Helena Petrovna Blavatsky, 2021-10-18 Selfishness envy revenge and malice are mankind s deadliest curses Selfishness is love misdirected to and jealously kept for one s little self at the expense of his Spiritual Self and of all other selves who are transient rays of One Universal Self Selfishness and ambition are mankind s deadliest curses Great intellect and too much knowledge is a two edged weapon in life and instruments for evil as well as for good When combined with Selfishness they will make of the whole of Humanity a footstool for the elevation of him who possesses them and a means for the attainment of his objects while applied to altruistic and humanitarian purposes they may become the means of salvation of the many Pride and Presumption the two chief prompters of Selfishness and Egotism are the causes that emptied heaven of one third of its divine dwellers mystically and of another third of the stars astronomically. The first statement is an allegory intimately connected with humanity the second a fact Our age is criminal in its frightful selfishness in its scepticism which grimaces at the very idea of anything beyond the material and in its idiotic indifference to all that does not pertain to the personal self more than any of the past ages of ignorant barbarism and intellectual darkness The paths are many but Wisdom is One Artistic souls envision it those who suffer dream of it the pure in heart know it Only light and empty heads egotistical and vain drones confused by their own buzzing will remain ignorant of the supreme ideal They will continue existing until life becomes a grievous burden to them Pride and conceit are the two malignant cancers devouring the heart of civilized nations Selfishness is the sword of Damocles dangling by evanescent personality over the golden thread that links it with its Spiritual Centre and Life Eternal One never ceases to be astonished by the egoism vanity and self sufficiency of the majority There are some for whom their little personality constitutes the whole universe The vices and illusions of lower minds are typical of egotistical mediocrities Overfed by the sweet delicacies of ambition and personal life man accumulates gravitas Kipling says that he is gathering too much ego in his cosmos His little personality constitutes the whole universe says Madame Blavatsky Every veil of illusion that creates a sense of personal isolation a feeling of separateness from All must be torn asunder and those who through vanity and selfishness go against the Divine Plan cannot but incur the punishment of total annihilation Life on earth

is the result and consequence of that unseen yet ever present autocrat and despot called Selfishness and Egotism The strongest will becomes impotent before the voice and authority of this self appointed commander Selfish is the life of a hermit useless to all and as useless to himself Self culture is for the solitary Hatha Yogis who shun the society of their fellow men Pampering the animal self is triply distilled selfishness The Hindu Yogi who isolates himself in an impenetrable forest and the Christian hermit who retires to the desert are both accomplished egoists. The one seeks refuge in Nirvana the other to save his soul from hell Philosophical pantheism is based upon the correct understanding of the mysteries of being Modern pessimism is yet another system of evil added by unhealthy fancy to an ever growing sum of social evils and a systematic slander of sentient life Neither good nor evil would exist were it not for the light they throw upon each other The bundle of Egotism disappears after death as the costume of the part he played disappears from the actor's body after he leaves the theatre at the end of the play and goes to bed The slightest tinge of Selfishness precludes the employment of Spiritual Forces For unless the intention is entirely unalloyed the spiritual will transform itself into the psychic act on the astral plane and dire results may be produced by it The powers and forces of animal nature can equally be used by the selfish and revengeful as by the unselfish and the all forgiving But the powers and forces of spirit lend themselves only to the pure in heart and this is Divine Magic The greatest crime that was ever perpetrated upon mankind was committed on that day when the first priest invented the first prayer with a selfish object in view Prayer is an ennobling action when it is an intense feeling an ardent desire rushing forth from our very heart for the good of other people and when entirely detached from any selfish personal object the craving for the wilds beyond the heavens is natural and holy in man but on the condition of sharing that bliss with others The heart of the purely selfish man who cares not if all others rot so he can have pleasure in their pain is softened for those near and dear to him his family relatives and friends His affections may even extend to religious fanaticism and even patriotic fervour in his country s wars and political schemes in the hope of recognition and reward However sincere and ardent the faith of a theist unless while conforming his life to what he pleases to term divine laws he gives precedence in his thoughts first to the benefit that accrues from such a moral course of actions to his brother and then only thinks of himself he will remain a pious egotist For belief in and fear of God will develop and grow in exact proportion to his Selfishness his fear of punishment and bad results only for himself without the least concern for his brother Theism and atheism grow and develop together our reasoning powers and become either fortified or weakened by reflection or deduction of evidence The only God which Theosophists worship is Truth The only devil they recognize and which they fight with unabated fury is the Satan of Egotism and unbridled passions Alone our Western religion stands in its isolation as a monument of the most gigantic human selfishness ever evolved by human brain without one word in favour of or for the protection of the poor animal Selfishness envy revenge and malice are the hallmarks of sorcerers The Roman Catholic fathers and clergy particularly when pursuing their selfish objectives collectively they have to be ranked among the adepts of the Black Art In

the crypts of the cyclopean Stonehenge in England and its twin brother Carnac of Brittany curious scenes are taking place whenever there is a new convert in view Stupefying is the power of blind faith in and veneration of ecclesiastical teachings The conscience of the Roman Catholic priest is most likely at peace He works personally for no selfish purpose but with the object of saving a soul from eternal damnation In his view if Magic there be in it it is holy meritorious and divine Magic Whenever those priest hypnotists want to control an individual selected by them for conversion they retire to an underground place consecrated by them for such purposes and there forming a circle throw their combined will power in the direction of that individual This is the kind of ceremonial Magic and sorcery practiced at Stonehenge and elsewhere The modern Symbologist is exceedingly clever only at detecting phallic worship and sexual emblems even where none were ever meant But for the true student of Occult Lore White or Divine Magic could no more exist in Nature without its counterpart Black Magic than day without night whether these be of twelve hours or of six months duration Magic is still in full sway amidst mankind however blind the latter to its silent presence and pernicious influence however ignorant society may be of its beneficent and maleficent effects Most of those magicians are sorcerers by reason of their inherent selfishness their revengeful natures their envy and malice Man accumulates knowledge invents religions and philosophies but he himself remains still the same In his ceaseless chase after wealth and honours and the will o the wisps of novelty enjoyment and ambition man is ever moved by one chief motor Vain Selfishness We live in an era of the most triumphant display of human genius But what good has all this great civilization and progress done to the millions in the world's slums and to the armies of the great unwashed Selfishness is the chief prompter of our age and the boisterous rebel against Nature s decrees The student at the very outset learns that the alpha and the omega of life is selflessness and knows that only in the sanctuary of merit and self forgetfulness can the true meaning of life reveal itself to his eager heart By sinking his consciousness deep into his heart he can reach that holy place only when alone in silence and darkness When the need for silence has grown great enough he will turn to seek it even in the midst of the struggle with self and he will find it Living for self alone is full of pain and sorrow living for others is full of divine bliss and joy for ever free from bonds tied by mortal hands There is no danger to him who is true and sincere and especially unselfish For he is thus prepared to meet any temptation The pure at heart who study with a view of perfecting themselves need not have any fear but rather those who make of the Sacred Science a sinful pretext for worldly motives who should tremble Conscience God's vicegerent in the soul speaks no longer in man when the whispers of the still small voice within are stifled by the ever increasing din and roar of selfishness Space and time should be given to the self appointed censors of morality to cleanse themselves of the ferocious selfishness narrow mindedness and conceit which have made their playing at the higher life an almost comical travesty It is that fierce and unashamed personal selfishness the chief motor in the struggle for life that is the sole cause of human starvation and it s vastly more powerful extension national egoism and vanity which stirs up wealthy nations and individuals to bury enormous capitals in the

unproductive erection of gorgeous churches and temples and to support a swarm of social drones called Cardinals and Bishops who parasitize their subordinates and their flocks Compassion felt but not acted upon is not altruism it is bare hypocrisy Spiritual perfection and knowledge can only be reached on the spiritual plane in that state in which all sense of separateness all selfishness all feeling of personal interest and desire has been merged in the wider consciousness of the humanity at large No blind submission to the commands of another can be demanded or would not be of any use Each individual must learn for himself through trial and suffering to discriminate what is beneficial to humanity and in proportion as he begins transmuting his materiality to spirituality lead to gold his mind will open to receive the guidance of his Immortal Self within and best friend of the mortal self Impersonality is the ultimate aim of cosmic evolution. We have to work along with Nature and not place ourselves in opposition to her inherent impulse which must ultimately assert itself To oppose it must necessitate suffering since a weaker force in its egotism tries to array itself against the mighty Universal Law Whenever Truth is veiled for the many it is unveiled for the few Men had not created evil yet in those hoary days of bliss and purity for they were more Godlike than human When Selfishness was born out of desires and passions hitherto unknown and superhuman knowledge and power were abused it became necessary to limit the number of those who knew Thus arose Initiation The need of veiling Truth to protect it from desecration becoming more apparent with every generation the thin veil used at first had to be gradually thickened according to the spread of I ness and Me ness Luxury and Lust and this led to the Mysteries Our age is pre eminently materialistic and pietistic Our literature our modern thought and the so called progress run on these two parallel lines so incongruously dissimilar and yet both so popular and so very orthodox each in its own way He who presumes to draw a third line as a hyphen of reconciliation between the two has to be fully prepared for the worst Compassion felt but not acted upon is not altruism it is mere hypocrisy Real self development on esoteric lines requires action The only way of sacrificing oneself to the eternal is by attuning to the collective spirit of life embodied in and represented in its highest divine aspect by humanity alone Vice and wickedness are an abnormal unnatural manifestation at this period of our human evolution. The fact that mankind was never more selfish and vicious than it is now civilized nations having succeeded in making of the first an ethical characteristic and of the second an art is proof of the of the sorry state we are all in today The Immortal Titan and True Philanthropist is moved by Compassion Sacrifice the mortal man by Selfishness and Self adoration in every instance If man by suppressing if not destroying his selfishness and personality only succeeds in knowing himself as he truly is he will soon stand beyond all pain and misery and beyond all the wear and tear of change which is the chief originator of pain Such a man will be physically of matter he will move surrounded by matter and yet he will live beyond and outside it His body will be subject to change but he himself will be entirely above it and will experience everlasting life even while in temporary bodies of a short span Happiness cannot exist as long as Egotism reigns supreme and intellectual progress refuses to accept a subordinate position to ethical progress And as long as Egotism will not give way to

the Altruism happiness will remain a Utopia Listen to the voice of the Master Your motive being selfish can only generate a double effect good and bad and will either nullify your good action or turn it to another man's profit There is no happiness for one who is ever thinking of his little self and forgetting all other selves The Laws of M.O.S.E.S (America's Financial Future) Claus M. Bohm, 2012-06-11 Dare to take a journey in a discussion to change the face of our financial world Discover a new way to run the United States economy with a simple approach that gives us all real freedom This content will not use economic jargon and complicated graphs It will analyze our system with simple models and theories We will then see how a system of fairness and equality can come from the effort This will be a true revolution in how we view money today and how we will handle it in the future This proposal questions and critiques our financial institutions It says we can do better to achieve something that has never been done before This unusual view of our financial system by spirituality and political morality will identify the hypocrisy of our times It will show and legitimize our reasons for building a new and sustainable capitalism Sherpa Steve Casagranda, 2014-06-06 Sherpa is not a book about mountaineering It is a think book written as an imaginary journey through places of ice rock and snow similar to a trek through the Himalayas The story begins at advanced base camp and spans three peaks of understanding on subjects such as problem solving the power of giving and eliminating certain forms of ego that no longer work in our favor before returning to advanced base camp Personal stories observations and experiences that the author has had make for an entertaining and interesting journey From Cotton Belt to Sunbelt Bruce J. Schulman, 1994 From Cotton Belt to Sunbelt investigates the effects of federal policy on the American South from 1938 until 1980 and charts the close relationship between federal efforts to reform the South and the evolution of activist government in the modern United States Decrying the South's economic backwardness and political conservatism the Roosevelt Administration launched a series of programs to reorder the Southern economy in the 1930s After 1950 however the social welfare state had been replaced by the national security state as the South's principal benefactor Bruce I Schulman contrasts the diminished role of national welfare initiatives in the postwar South with the expansion of military and defense related programs He analyzes the contributions of these growth oriented programs to the South's remarkable economic expansion to the development of American liberalism and to the excruciating limits of Sunbelt prosperity ultimately relating these developments to southern politics and race relations By linking the history of the South with the history of national public policy Schulman unites two issues that dominate the domestic history of postwar America the emergence of the Sunbelt and the expansion of federal power over the nation s economic and social life A forcefully argued work From Cotton Belt to Sunbelt originally published in 1991 Oxford University Press will be an important guide to students and scholars of federal policy and modern Southern history The Pocket Life Coach Peter Chapman, 2008-01-03 None of us have all the answers all of the time especially when it comes to our own life We all need a little objective guidance from time to time when we want to improve or change something about ourselves and our lives It is not always easy to find someone

who has the ability to help us change for the better and one thing is for sure no one is going to do it for us This workbook is your tool your very own pocket life coach to help you rediscover the healthiest most productive positive and creative you

Like Milk and Water Mixed S. Dhammika, 2024-03-15 The Buddha s teaching of universal love mett is widely known even to those outside the Buddhist community What is less well known is that the Buddha also had much to say about the many other expressions of love In this book the author combines Buddhist insights with modern psychology to craft a definition of love that cuts through the warm but often unrealistic ideas about love that prevent us from having a clearer and more realistic understanding of it Then drawing upon his many years study of the Tipitaka the Buddhist scriptures he explores what the Buddha had to say about romantic love parental love love of animals loving friendship nine types altogether Included also is an in depth look at mett the highest love what it is why it is an essential part of the spiritual life and how meditation can awaken and enhance it Step by step instructions on how to practice this meditation are also given The book finishes with a selection of over fifty quotations from the Tipitaka and later Buddhist literature about love compassion kindness and good will Anyone interested in getting a deeper insight into the Buddhist theory and practice will find this book a compelling read Wisdom Crieth Out! Demetrice M. Gates ,2013-07-24 Wisdom Crieth Out is a book for everyone It is not bias nor prejudice If inspiration is what you are looking for look no further it has all the inspiration you need Factor Van Moody, 2016-11-22 The key to the life you want is already within your grasp Join bestselling author Van Moody as he helps you learn the 3 keys necessary to discover your life s purpose and the satisfying fulfillment you re longing for One question lies behind every struggle we face How do I deal with myself Behind all our stumbles behind each of our missteps behind every one of our failings lies an inability to handle what Moody calls the I Factor More than self worth or self respect beyond even character and perception of purpose the I Factor is about managing yourself your whole life well In this inspiring book Moody reveals how to get hold of your I Factor and finally get out of your own way In The I Factor Moody identifies three dynamics essential to winning the battle of the I Factor Identity When you understand your identity you know who you are setting your foundation for everything Significance When you understand your significance you see the purpose and the greatness you were created for Perspective When you understand perspective you can view the problems you face as stepping stones to greatness rather than stumbling blocks Weaving together personal stories practical principles and profound biblical truth The I Factor provides the key to achieving the life of greatness that you are destined for Praise for The I Factor Van Moody takes you on a biblically balanced often painfully penetrating look not just a look at the you in you but a look at the God in you who defines and declares your destiny and worth Kenneth C Ulmer D Min PhD Faithful Central Bible Church founder CEO The Ulmer Institute Bruce Songs Kenneth Womack, Kenneth L. Campbell, 2024-09-23 Winner 2025 RUSA Outstanding Reference Award Bruce Songs is an authoritative guide that offers an in depth exploration of Bruce Springsteen s musical legacy Covering Springsteen s entire discography from Greetings from Asbury Park N J to Only the

Strong Survive this unique book combines historical context literary analysis and meticulous research Unlike any other resource it provides detailed analyses of each album essays on their historical significance and a chronological examination of every studio song Discover the stories behind the recordings and gain insight into Springsteen's creative process Rich with contemporary reviews insider accounts photographs and special sections highlighting pivotal moments and key figures Bruce Songs is an indispensable companion for fans and scholars It offers an immersive journey through the music of the Boss making it an essential read for anyone captivated by Springsteen's enduring musical legacy

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