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New Guide To Intelligent Reducing

- NO DIFFICULT DIETS
- EAT 6 TIMES A DAY
- NO DRUGS
- NO STRENUOUS EXERCISE
- REDUCE YOUR WEIGHT AND
INCREASE YOUR VITALITY

Gayelord
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Abridged for easy reference

New Guide To Intelligent Reducing

Gayelord Hauser



New Guide To Intelligent Reducing:

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General Catalogue of Printed Books British Museum. Department of Printed Books, 1969 **Wings**, 1954

Digesting Recipes Susannah Worth, 2015-06-26 *Digesting Recipes* The Art of Culinary Notation scrutinises the form of the recipe using it as a means to explore a multitude of subjects in post war Western art and culture including industrial mass production consumerism hidden labour and art engaged with the everyday Each chapter is presented as a dish in a nine course meal drawing on examples from published cookbooks and the work of artists such as Alison Knowles Yoko Ono Annette Messager Martha Rosler Barbara T Smith Bobby Baker and Mika Rottenberg A recipe is an instruction the imperative tone of the expert but this constraint can offer its own kind of potential A recipe need not be a domestic trap but might instead offer escape something to fantasise about or aspire to It can hold a promise of transformation both actual and

metaphorical It can be a proposal for action or envision a possible future *The Publishers' Trade List Annual* ,1972
 Saturday Review ,1954 **Antiquarian Bookman** ,1962 **American Book Publishing Record** R.R. Bowker
Company,1978 *Whitaker's Cumulative Book List* ,1956 **The Cumulative Book Index** ,1970 A world list of books in
the English language **How to Write a Hit Song and Sell it** Tommy Boyce,1975 **The Law and Your Horse** Edward
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