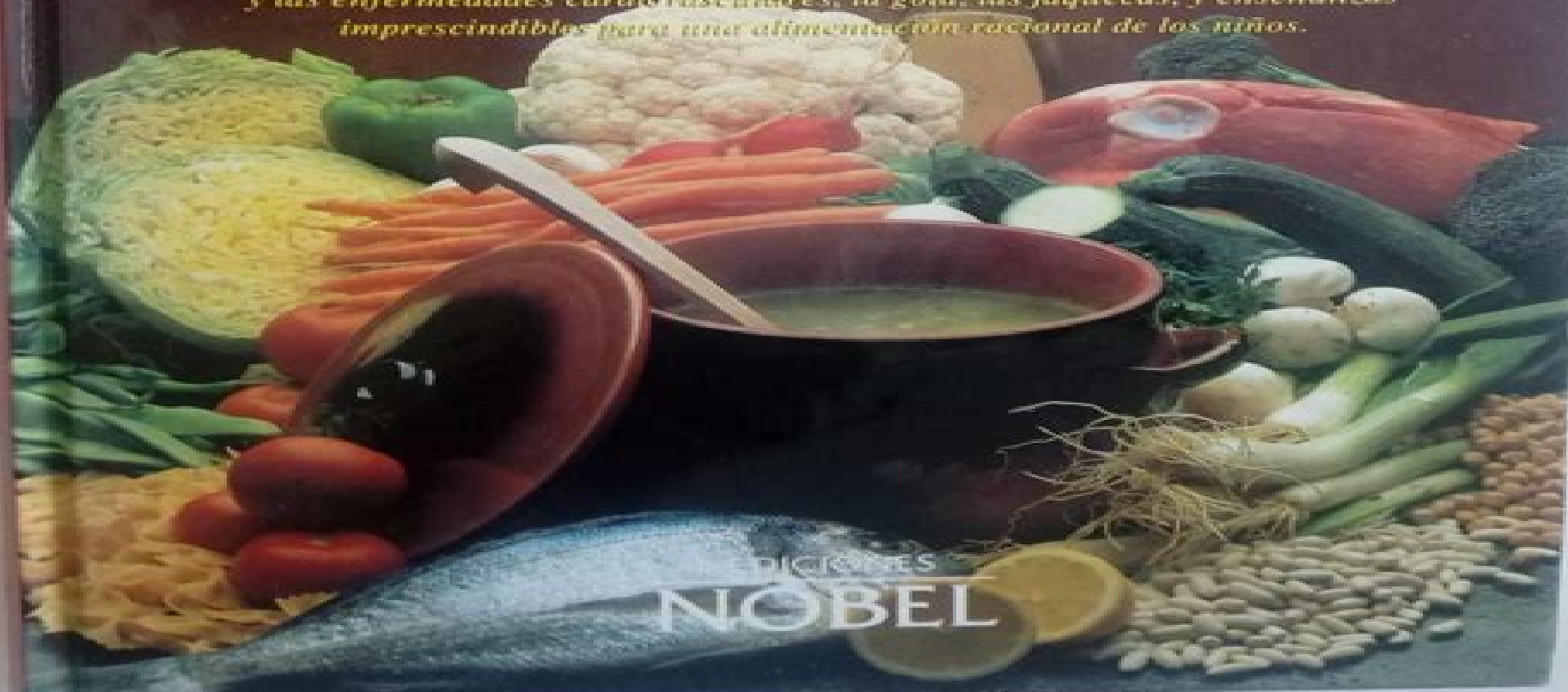


MARÍA LUZ PALMERO
Doctora en Medicina - Especialista en Nutrición

Querida Cocina Querida Salud

Este es un libro de cocina diferente: contiene, además de recetas fáciles, equilibradas y sabrosas, dietas y consejos contra la obesidad, el colesterol y las enfermedades cardiovasculares, la gota, las jaquecas, y enseñanzas imprescindibles para una alimentación racional de los niños.



Querida Cocina Querida Salud

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