

Peer Power: Becoming
an Effective Peer Helper
- Introductory Program
Bk. 1 (Book 1,
Introductory Program)

Tindall, Judith A.

Note: This is not the actual book cover

Peer Power Becoming An Effective Peer Helper 1 Introductory Program

Lauren Gardner



Peer Power Becoming An Effective Peer Helper 1 Introductory Program:

Peer Power Judith A. Tindall,1989 As a result of many years as a professional counselor trainer and consultant the author has attempted to offer skills that through the years she has found important in developing peer helpers Intro **Peer Power, Book One** Judith A. Tindall,2008-11-05 The Peer Power Program is a peer training program designed for middle high school and higher education students focusing on 8 core skills Attending Empathizing Summarizing Questioning Genuineness Assertiveness Confrontation and Problem Solving Through a series of exercises games and self awareness techniques youth and adults involved in the program can gain the basic communication and mediation skills necessary to effectively help their peers Peer Power Book One Workbook brings the participating students through first of all understanding their role as a peer helper understanding themselves based on much of the Myers Briggs Type Indicator and the Asset Building Model Next it takes the participant through eight core skills The last part of the book indicates strategies for implementing peer work into practice These strategies include limits setting through ethical guidelines taking care of themselves conflict resolving skills and putting peer helping into action The Workbook provides clear instructions for the skills focused guided exercises in a format that is accessible and enjoyable for students in the Peer Power Program **Peers Helping Peers** Judith A.

Tindall,Shirley Salmon,2013-11-19 First published in 1990 Routledge is an imprint of Taylor Francis an informa company

Peer Power Judith A. Tindall,Tindall (Judith),Harold Dean Gray,1985 A step by step model for training peer counselors forms the basis of the trainer s manual and accompanying exercises for trainees which are organized into two books for effective skill building Designed for peer counseling trainees this document presents the first of these two exercise books The book begins with three very brief chapters which include introductory comments for trainees chapter I an overview of the peer counseling program chapter II and a look at roles for peer counselors chapter III Following these three chapters are the 13 modules for this introductory program to peer counseling Module 1 describes peer counseling module 2 introduces the trainee to the program and module 3 explores helping behaviors The remaining modules focus on a variety of peer counseling skills to be developed by trainees attending skills module 4 communication stoppers module 5 empathy skills module 6 summarizing skills module 7 questioning skills module 8 genuineness skills module 9 assertiveness skills module 10 confrontation skills module 11 and problem solving skills module 12 Module 13 concentrates on putting peer counseling into action Each module contains a variety of exercises activities and worksheets for trainees A brief concluding chapter is followed by a list of additional readings NB **Resources in Education** ,1999-04 **Encyclopedia of School**

Psychology T. Stuart Watson,Christopher H. Skinner,2012-12-06 School psychologists are on the front lines in dealing with the most significant challenges facing children and the educational community today And in a world of ever increasing risks and obstacles for students school psychologists must be able to use their in depth psychological and educational training to work effectively with students parents teachers administrators and other mental health professionals to help create safe

learning environments By recognizing each individual student s unique circumstances and personality school psychologists are able to offer specialized services to address such crucial children s issues as family troubles e g divorce death school assignments depression anger management substance abuse study skills learning disabilities sexuality and self discipline The Encyclopedia of School Psychology provides school psychologists and other educational and mental health professionals with a thorough understanding of the most current theories research and practices in this critical area In addition the Encyclopedia offers the most up to date information on important issues from assessment to intervention to prevention techniques

Peer Counseling Judith A. Tindall, Harold Dean Gray, 1989 A step by step model for training peer counselors forms the basis of this trainer s manual and for the accompanying exercises for trainees which are organized into two books for effective skill building Chapter I of the trainer s manual contains an open letter to the trainer which lists requirements for being effective in training peer counselors Chapter II looks at the concept of peer counseling and its components chapter III examines the changing roles of counselors and chapter IV presents research findings on peer counseling Chapter V focuses on development of the trainer Chapter VI discusses the setting up of a peer counseling program chapter VII reviews the training model and procedures to follow and chapter VIII presents the training program itself which is divided into modules designed to cover all eight basic communication skills Following this chapter are two sets of modules for the two books of activities for trainees 13 modules for Book 1 The Introductory Program and 11 modules for Book 2 Applying Peer Helper Skills Chapter IX describes operationalizing peer counselors helpers and advanced training chapter X deals with program evaluation chapter XI discusses peer counseling in action and chapter XII provides guidelines for the paraprofessional in human services Appendixes contain pre and posttests on the positive values continuum evaluation forms other forms and application blanks and rating sheets Lists of references and additional readings are included NB

Resources in Education, 1997

The Counselor and the Group James P. Trotzer, 1999 First Published in 1999 Routledge is an imprint of Taylor Francis an informa company

Handbook of Youth Mentoring David L. DuBois, Michael J. Karcher, 2013-04-30 This thoroughly updated Second Edition of the Handbook of Youth Mentoring presents the only comprehensive synthesis of current theory research and practice in the field of youth mentoring Editors David L DuBois and Michael J Karcher gather leading experts in the field to offer critical and informative analyses of the full spectrum of topics that are essential to advancing our understanding of the principles for effective mentoring of young people This volume includes twenty new chapter topics and eighteen completely revised chapters based on the latest research on these topics Each chapter has been reviewed by leading practitioners making this handbook the strongest bridge between research and practice available in the field of youth mentoring

Counselor and The Group James P. Trotzer, 2013-03-07 The third edition of this text is expanded and embellished by the addition of chapters by noted group experts It is logically organized into chapters that present the merits rationale dynamics process and developmental tasks of group counseling It discusses leader and member dynamics in

depth provides technical guidance for organizing and running groups and gives special emphasis to the use of structured activities in groups and the relevance of family theory as a resource to group leaders Readers will not only learn about groups but will learn how to lead groups The group process model presented is explained clearly using language and diagrams that are easy to follow The activities at the end of each chapter provide an experiential extension to the content so that readers can internalize and apply concepts The book is intended to be a hands on tool that will give credence to groups as a helping process in which clients learn to solve personal and interpersonal problems learn and grow in personally meaningful ways Step by Step to Peer Health Education Programs Malcolm Goldsmith (Ph. D.), Sherri T. Reynolds, 1997

Peer Programs Judith A. Tindall, David R. Black, 2011-03-17 The Peer Power Program is a peer training program designed for middle high school and higher education students focusing on 8 core skills Attending Empathizing Summarizing Questioning Genuineness Assertiveness Confrontation and Problem Solving Through a series of exercises games and self awareness techniques youth and adults involved in the program can gain the basic communication and mediation skills necessary to effectively help their peers An overview of peer helping Peer Programs explains the value of and techniques for helping non professionals learn to help others one on one in small groups and in groups of classroom size Intended to be of use to those responsible for planning implementing and or administering peer programs this text should also convince those who are not directly involved that peer helping is a worthwhile undertaking reducing drug and alcohol abuse dropouts violence and conflict HIV and AIDS pregnancy stress and negative peer pressure New features of this edition include updated rationale for peer programs updated highlights from current evaluation added professionalism CPPE Certified Program Programmatic Standards Rubric and others downloadable resources of forms to customize for all phases of the Peer Program step by step guide of new and current programs This book is an indispensable guide for learning important aspects of training peer helpers and as a resource book for a wide range of professional peer helpers such as administrators managers teachers counselors ministers religious educators social workers psychologists human resource personnel and others in the helping professions *The Accountable School Counselor* Larry C. Loesch, Martin H. Ritchie, 2009 This text addresses the critical need for today s school counselors to be accountable Straight to the point and practical The Accountable School Counselor demonstrates understanding of the demands on school counselors Designed for easy implementation this book offers resources specific measures and a system useful for counselors who are intent on achieving the benefits of accountability The authors have expertly taken the ASCA National Model and developed a guide for easy implementation of accountability measures Learn the aspects of accountable school counseling including How accountable comprehensive school counseling programs benefit counselors students teachers schools and communities How to identify stakeholders and facilitate stakeholder access to the information required for understanding and appreciating the effectiveness of school counseling programs and How counselors can measure and communicate outcomes effectively to stakeholders **Feelings**

Are Real Kristi Lane, 2012-11-12 This guide helps children meet challenges use existing skills and develop new ones reach out to adults and peers and develop an inner sense of character It stresses working both alone and with a group to learn constructive ways to express feelings The end of each activity is designed to help teachers evaluate that activity Contains rationale orientation structure organization and manual for each of the two workbooks Step by step procedures provided for each session

Peervention Robert D. Myrick, Betsy E. Folk, 1991 PEERVENTION a marriage between two concepts PEER facilitation and preVENTION education is designed to equip students to assist others in both individual and group settings with the prevention of school disorientation academic failure depression and suicide eating disorders family distress substance abuse body assault career indecision and community unrest Ideal as a textbook for comprehensive peer helper or service learning programs

Recording for the Blind & Dyslexic, ... Catalog of Books, 1996 *Canadian Journal of Counselling*, 1989

Peer Helping Robert D. Myrick, Don L. Sorenson, 1988 This guide may be used as a text for peer helper lay leadership or volunteer worker training programs The first chapter describes the facilitative model as it applies to peer helping and presents an overview of the guide The second chapter examines the nature of people Eight basic principles of human behavior are outlined The third chapter focuses on building a close working relationship Conditions essential in a helping relationship are discussed The fourth chapter examines listening skills Four steps for attentive listening are presented The fifth chapter contains information about responding High facilitative responses and low facilitative responses are examined The sixth chapter focuses on giving feedback A facilitative feedback model is presented as well as guidelines for giving and receiving feedback The seventh chapter discusses problem solving A five step decision making model is presented Decision making dialogue is included to illustrate the principles of the model The eighth chapter suggests helping projects for peer helpers Each project has specific goals some of which may take specialized training and practice The ninth chapter presents guidelines for peer helping programs Issues examined include enlisting a trainer determining goals obtaining support for the program choosing a site for training selecting trainees organizing the training curriculum supervision and evaluation of services and projects and networking with other peer trainers LLL

Chronicle Career Index, 1985

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