



Loving Smart

Michelle L. Casto



Loving Smart:

Love Smart Phil McGraw, 2012-12-04 In *Love Smart* bestselling author Dr Phil McGraw tells people who are dissatisfied with their love lives to stop making excuses and start taking action You deserve a committed relationship and it s within your control to have the one you want First though you need to determine what you want in a partner plot your course and get out there and create velocity in your pursuit of a loving connection In this book you ll learn to Present the real you in the most flattering light You have to stop being your own best kept secret Peek behind the male curtain Dr Phil tells you things about men that they don t necessarily want you to know How good is your Guy Q Master the right moves Don t fade into the wallpaper get noticed and get involved If you are already coupled up then learn how to grow and nurture what you have built Bag em tag em and take em home Learn how to negotiate the relationship you desire and then close the deal Get out of your relationship rut The daily grind money problems and work can take their toll on your relationship Dr Phil shows you how to assess the state of your union and take your relationship to a deeper level There are no exceptions there is somebody for everybody and everybody deserves a relationship filled with love and excitement *Love Smart* offers you the plan to find not just any relationship but the committed loving joy filled relationship you ve been waiting for **Love Smart** Sandra Michaelson, 1999

SMART Love Dr. David Stoop, Dr. Jan Stoop, 2017-02-14 The principles of emotional intelligence have long been applied to the business world with remarkable results But what would happen if they were applied to that most important of relationships marriage *SMART Love* is a system for understanding emotions both your own and your spouse s managing those emotions and walking hand in hand through those situations when emotions run high Drs David and Jan Stoop break the book into five sections Self awareness of your emotions Managing your emotions Accountability to yourself your spouse and others Reading the other person s emotions Together in the land of emotions A *SMART Love* inventory helps readers see where they are strong and where they need improvement and each section includes action steps couples can take to implement what they ve learned Perfect for couples counseling small groups and anyone who wants to connect with their spouse more deeply **The Smart Love Parent** Martha Heineman Pieper, William Joseph Pieper, 2005 Should you feed your baby whenever she wants or put her on a schedule Do you impose consequences on children who don t do their homework or clean up their room or do you help them with chores and homework Should you respond to the difficult adolescent with tender love or tough love Parents are faced every day with a multitude of decisions and they worry about making the right choices *The Smart Love Parent* offers a breakthrough method to parenting created and tested by the husband and wife team of Dr Martha Heineman Pieper and Dr William J Pieper The Piepers offer a new understanding of the entire sweep of child development allowing you to view the process of growing up through your child s eyes Their patient and caring approach avoids the extremes of permissiveness and of the old reward and punishment style of parenting that turns parents into disciplinarians By offering a relaxed and realistic timetable for your child s development they identify some previously

unrecognized developmental milestones and show you how to help your child reach them through guiding not punishing If you understand your child s point of view you can better know how to love her and how to respond to her actions The Smart Love Parent helps parents cultivate a child s inner happiness which is the best means of ensuring your child will grow up well behaved responsible self confident and able to reach his or her fullest potential Book jacket *Smart Women Love Money* Alice Finn,2017-04-11 Two thirds of all women at some point in their lives will have to independently manage their finances and those of their family Yet studies show that most women have little confidence in their ability to invest and little interest in investing Alice Finn is changing that She believes that women can have it all and pay for it they just have to know how Finn bridges the gender gap in investing to get women excited about financial planning With Smart Women Love Money readers learn how to talk about and manage their own finances so that they re in control of their money and their futures

Getting Smart About Life, Love, and Men Michelle McKinney Hammond,2014-09-01 What would Eve say about the temptation you re facing What would Bathsheba have to say about salvaging a mistake you ve made In this unique book by relationship expert Michelle McKinney Hammond the women of the Bible write encouraging letters to you to help you make the best choices in every area of life and get the most out of your love relationship Through their trials and triumphs you ll discover God s wisdom and practical suggestions founded on what worked and didn t work for them You ll be intrigued by Abigail s insights on understanding men The Shulammite s advice on stirring up love and romance Mary s understanding about trusting God Deborah s revelations on using authority wisely Lydia s take on balancing the spiritual and professional in life Getting Smart About Life Love and Men is a refreshing way to explore and apply the biblical principles that will help you find or strengthen your love relationship get the life you ve been longing for and draw closer to the One who is love

Smart Dozen: 12 Relationships That Influence Success, Love, and Happiness Clarence Riley,2025-03-21 What if the secret to achieving success love and happiness lies not in what you know but in who you connect with In Smart Dozen 12 Relationships That Influence Success Love and Happiness you ll discover the essential guide to understanding building and nurturing the relationships that shape every aspect of your life Whether it s your career personal growth or sense of fulfillment this book reveals how your relationships hold the key to unlocking your full potential From the power of romantic love to the quiet strength of self relationship from professional collaborations to community connections this transformative book dives deep into the 12 most impactful types of relationships With engaging insights actionable strategies and relatable examples Smart Dozen teaches you how to Strengthen trust and communication in your romantic and family relationships Build lasting friendships that evolve with time and life s changes Excel in your professional and business relationships by fostering collaboration and mutual respect Cultivate self awareness self care and inner peace for a stronger more confident you Navigate conflicts adversarial relationships and opposing viewpoints with grace and resilience Connect with your community and spiritual purpose to create a life of meaning and contribution Written for anyone who desires deeper

connections Smart Dozen provides a roadmap to achieving not just individual success but also collective joy It s more than a book it s a life changing journey into the heart of what makes us human If you re ready to transform your relationships and experience true fulfillment this is the book for you Join thousands who are taking the first step toward a brighter more connected future Grab your copy of Smart Dozen today and unlock the relationships that will redefine your life **Get Smart! About Modern Romantic Relationships** Michelle L. Casto,1999-09 Are you serious about finding your life mate If so leave behind all of your unrealistic notions about love and get smart Reading this interactive learning book will change your love life by changing the way you think feel about love Contrary to popular myth finding the right person should not be left to fate To increase your chances of choosing wisely you will need to utilize a practical proactive smart approach Get Smart About decision making reprogramming yourself defining love getting in touch with your spirit getting ready for love love in the 21st century communication and more **Parenting with Grace, 2nd Edition Updated & Expanded** Gregory Popcak,Lisa Popcak,2010-06-15 Would you like to raise almost perfect kids Family therapist and parent Gregory Popcak and his wife Lisa are back with their second edition of Parenting with Grace The Catholic Parents Guide to Raising almost Perfect Kids This latest updated version continues to guide parents through each stage of child development from infancy through adolescence offering additional age specific advice on parenting with grace Practical faithful and humorous Parenting with Grace will help you discover Seven factors that make Catholic parents unique How to C A R E enough to parent your very best Practical faith filled solutions to common problems of every childhood stage sleep problems tantrums faith issues childhood fears dating dealing with technology and media and much much more This book s uniquely Catholic approach to parenting combines vigorous relational advice with careful theology and plenty of good humor Publishers Weekly **The Smart Christian Woman's Guide To Life, Love and Fulfillment** Monique Newman,2013-02-25 Empowering Women Uplifting the spirit Encouraging women to live their best life through positive changes using the God given power of your mind to manifest God s best for you Learn spiritual principals and the secrets to living a spiritually fulfilling life as a woman Spiritual Development Progressive thinking Frank Talk for today s modern woman Breaking the Bondage of Addictions and Impulses Letting go of any and all relationships that do not suit you Restructuring your life Community Resource across the US LIVE the BEAUTY of a NEW LIFE Know your POWER YOU can HAVE it ALL

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