

Massage for Lovers

Simple, Sensuous Techniques for Enhancing Sexual Pleasure

Massage for Lovers opens the door on a whole new world of physical delights. Written by leading therapist Nitya Lacroix, the book presents a unique series of routines aimed at soothing away the stresses and strains of everyday life and helping you and your partner to realize your potential as sensual beings.

Illustrated with over 100 specially commissioned photographs, *Massage for Lovers* reveals precisely how to bring pleasure to your partner through the versatile language of touch.

Massage for Lovers includes:

- Basic massage strokes
- Techniques for combating stress and sexual tension, those twin "killers" of joy and desire
- Simple routines focusing on the body's

Lovers Guide To Massage

Mary Ellen Goldberg



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The Horse Lover's Guide to Massage Megan Ayrault, Megan Ayrault Ltd, 2023-01-07 It's a fact Massage helps your horse be healthier and happier This book will help you understand the many benefits of equine massage and bodywork Learn basic massage techniques to support the physical and emotional wellness of the horses you love What will horse owners learn in this book Detect problem areas more easily Valuable tools to provide basic pain relief Aid healing to help your animals become more comfortable Six ways that massage works and why Simple step by step techniques using beautiful color photographs How to identify your animal's stress and dysfunction Learn to improve your touch skills Tips on finding and working with a professional Find out why horse owners use this book to support their animals health and well being Buy it today

Sensual Massage Susan Mumford, 2002-04-01 **Lovers Guide to Massage** Ramboro Books, 1997-09 *The Dog Lover's Guide to Massage* Megan Ayrault, Megan Ayrault Ltd, 2023-01-07 It's a fact Massage helps your dog be healthier and happier This book will help you understand the many benefits of canine massage and bodywork Learn basic massage techniques to support the physical and emotional wellness of the dogs you love What will dog owners learn in this book Detect problem areas more easily Valuable tools to provide basic pain relief Aid healing to help your animals become more comfortable Six ways that massage works and why Simple step by step techniques using beautiful color photographs How to identify your animal's stress and dysfunction Learn to improve your touch skills Tips on finding and working with a professional Find out why dog owners use this book to support their animals health and well being Buy it today

A Lover's Guide to Massage Roger Hicks, Victoria Day, 1996 Easy to follow routines for every area of the body includes a head to toe illustrated sequence of a whole body massage and gives full instructions for all basic techniques

Sensual Massage Susan Mumford, 1999-01-31 *Pet Lover's Guide to Natural Healing for Cats and Dogs* Barbara Fougere, 2005-08-30 Part of the Pet Lover's Guide series this volume presents detailed information on alternative therapies for both dogs and cats Written in a clear simple manner the book is divided into three main parts Part 1 on diet and natural therapies addresses the importance of diet for pets and discusses the pros and cons of both commercially available and homemade diets It also covers the basic explanations of the various alternative therapies widely used by holistic veterinarians and readily available to pet owners e.g. supplements and herbs acupuncture homeopathy chiropractic and other manual healing Part 2 makes recommendations for specific health conditions such as skin problems or digestive tract problems and describes how various alternative therapies are used alone or in combination with allopathic therapies to treat or relieve the condition Finally Part 3 offers an overview of health maintenance and preventive health and includes information about vaccinations flea and tick control weight control and caring for the aging pet Full color line art and photographs illustrate various plants and herbs and also techniques such as manual therapies massage and other hands on healing techniques in a user friendly and easily identifiable manner Special boxes labeled Where We Stand present the author's strong opinions on specific sometimes controversial issues in a

highlighted easy to find format Key terms are highlighted making them easy to locate and reference these terms are also included in the glossary with clear simple definitions Important information is bulleted and placed in a shaded box bringing the main points to the reader's attention in a quick and useful way Clear readability makes information easily accessible to pet owners helping them to better understand natural therapies and their uses in treating pets It also enables veterinarians to carry the book in their practices and recommend it to clients Written by established recognized veterinarians this book is a reliable source for veterinary professionals

[The Sensual Touch](#) Susan Mumford, 1994 **Lovers' Guide to Sensual Massage** Virginia Comfrey, 1994-07-01 [Home Massage](#) Chuck Fata, Suzette Hodnett, 2011-12-01 Focusing on its therapeutic properties and capacity to enhance health and intimacy in all relationships this book demystifies the medium of massage and makes it accessible for everyone in the family Designed for the nonprofessional with simple step by step instructions it teaches the three principles that make learning massage easy and fun Also included are ideas for bringing home massage into daily life and how to use these principles to share massage with infants children adolescents spouses and the elderly By emphasizing the innate healing power of touch to reduce stress and improve the immune system this practical manual provides the tools for achieving health relaxation and connection with loved ones

[The Spa Lover's Guide to Europe](#) Sarah Woods, 2016-12-01 A guide to around 50 of the most beautiful and historic spa destinations in Europe taking in day spas getaway spas and medical spas Unlike so many spa guides this title focuses on destinations with natural spas where wellness treatments have been a part of the heritage and culture for hundreds of years From Bath to Budapest the Spa Lover's Guide examines the fascinating history and curative powers of the spa towns explaining what makes each special and giving detailed information on individual venues and the range of treatments on offer Feature boxes give essential booking and price information As well as spa treatments a range of suggestions for things to do in the local area are given for each historic destination

[Lover's Guide to Japan](#) Boye Lafayette De Mente, 1989 Whether you're a newcomer to Japan or an old hand at romance in the Land of the Rising Sun this guide can be your ticket to after hours fun Where to go what to do what to say it's all here Lover's Guide to Japan gives you instant access to all the sensual mysteries of Japan and the Japanese Once this book shows you what goes on behind those sliding screens you may never want to leave

[Pain Management for Veterinary Technicians and Nurses](#) Mary Ellen Goldberg, 2014-10-23 Pain Management for Veterinary Technicians and Nurses guides readers through the important concepts of animal pain management providing specific approaches to managing pain in a wide variety of veterinary conditions Emphasizing the technician's role in advocating for the patient the book equips technicians with the knowledge needed to manage pain in dogs cats horses livestock exotics and zoo animals Logically and comprehensively covering this difficult subject Pain Management for Veterinary Technicians and Nurses provides both introductory material on the tenets of pain management and specific techniques to apply in the clinical setting With information on recognizing and understanding pain the physiology of pain pharmacology and analgesia in different

settings the book outlines how to practice good pain management as an integral part of nursing care Pain Management for Veterinary Technicians and Nurses provides both basic and advanced information allowing students practicing veterinary technicians and nurses and veterinary staff alike to take a more active role in pain management and develop a more thorough understanding of this complex subject **Romantic Massage** Sasha Craig-taylor,Vtct C. Craig-Taylor,2012-08-01 Romantic Massage gives detailed massage routines complete with 179 full colour photographs and diagrams specifically for couples who wish to improve their relationship as well as their health Guidance is given as to which oils to use what strokes to use and their benefits and how massage can improve muscle and skin tone The British National Bibliography Arthur James Wells,2009 *Merle's Door* Ted Kerasote,2008 Describes how the author adopted a wild dog by installing a dog door so that the dog could live both inside and outside in a study of human dog partnership and animal consciousness and behavior Today's Black Woman ,1997 *Massage Secrets for Lovers* Andrew Stanway,2002 This title aims to help readers discover new depths of intimacy and understand the complex human package of sensuality and spirituality It explains the skills and techniques needed for successful erotic massage and offers a step by step guide to massaging every erogenous zone of the body Subject Guide to Books in Print ,2001 The Food Lover's Guide to Seattle Katy Calcott,2001 Who makes the best baguette in town And what about the ingredients for that Bengal curry recipe Take a trip through the bountiful universe of specialty foods and ethnic markets in Seattle with this essential guidebook for people who live to eat Seattle is bursting with wonderful flavors and this essential guide book will lead food lovers to all of the best sources for fresh greens fish and shellfish artisan breads and sinful baked goods Seattle is full of authentic cheesemakers old fashioned butchers and fish mongers plus a lively array of ethnic markets with foods from Asia Africa the Middle East India and Scandinavia Author Katy Calcott tracks down and recommends the best purveyors around town Hungry in Seattle This guide will assure that you eat well

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