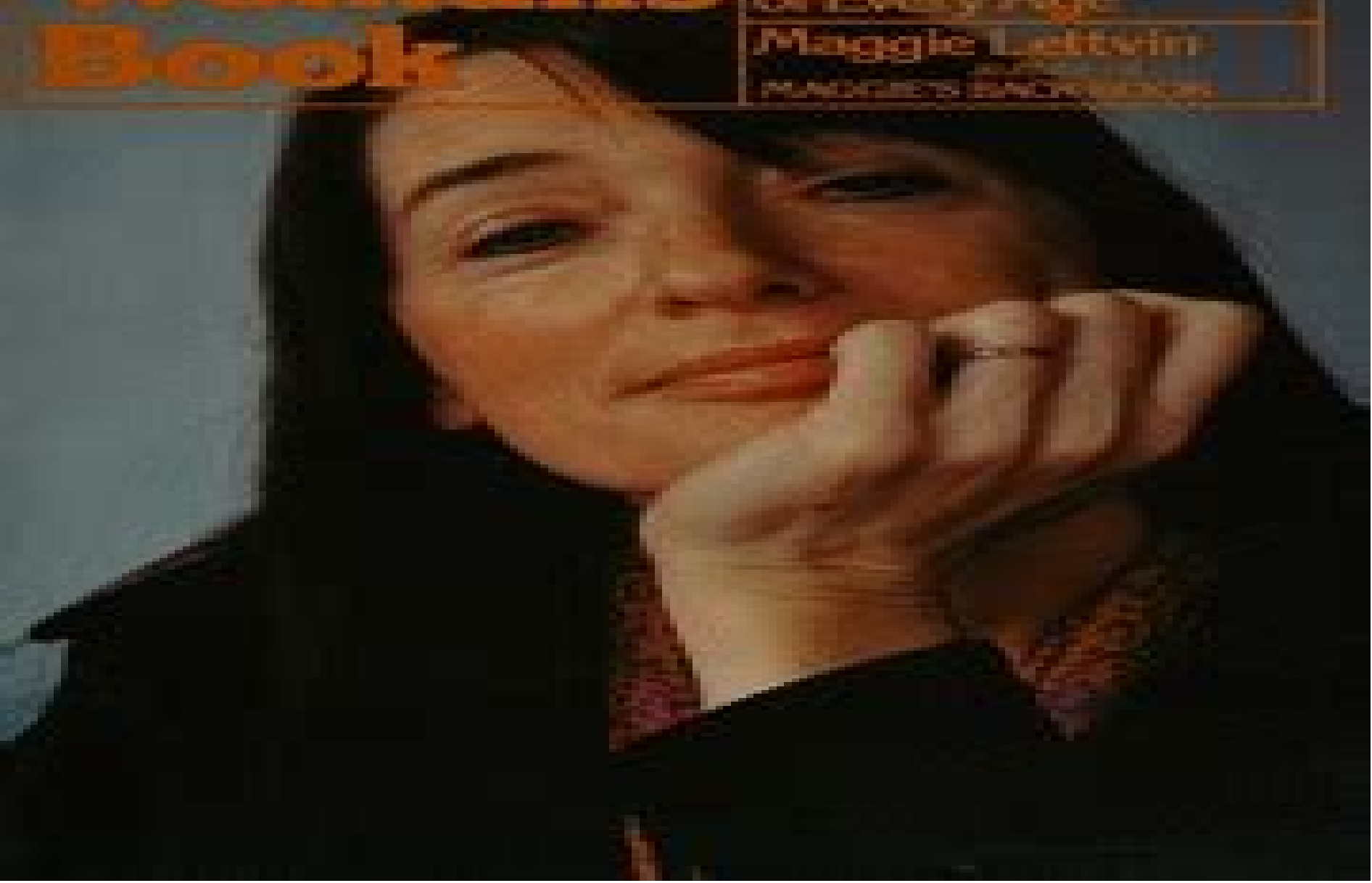


# Maggie's Woman's Book

Her Personal Plan  
for Health and  
Fitness for Women  
of Every Age  
Maggie Lottwin  
MAJOR NEW EDITION



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