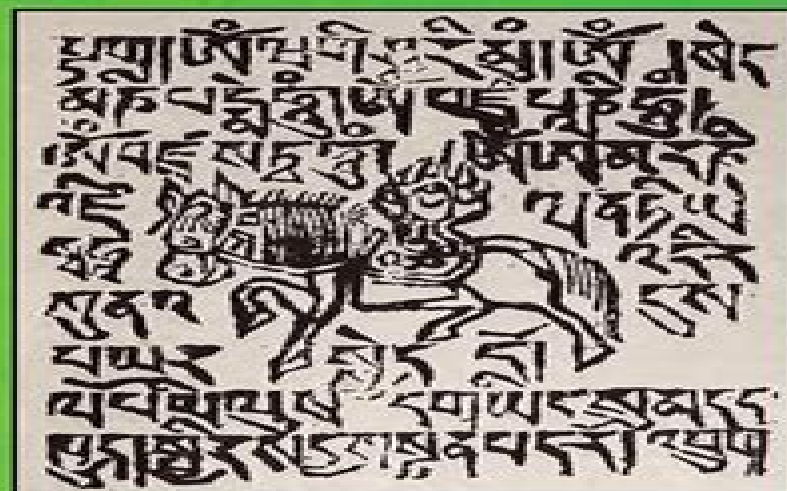




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THE LOTUS AND THE STARS

The Way of Astro-Yoga

by Rob MacGregor &
Trish MacGregor

Lotus And The Stars The Way Of Astro Yoga

Rob MacGregor, Trish MacGregor



Lotus And The Stars The Way Of Astro Yoga:

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dissertations and master s theses Entries are arranged alphabetically by author for easy access while thorough author title and subject indexes will help readers find books of interest **Star Power** Rob MacGregor,Megan MacGregor,2016-05-09 In *Star Power Astrology for Teens* you ll discover everything you need to know about your Sun sign and your Moon sign and especially the combination of the two You ll learn more about yourself and your friends if you know their birth information birthday time and location You ll discover how the positions of the stars at your birth have an affect on your personality the kinds of people to whom you are attracted what you look for in friends your pet peeves your talents and abilities your intuitive intelligence and even the types of people with whom you get along best **Creative Stars** Trish MacGregor,T. J. MacGregor,2002-01-02 A longtime astrologer and veteran author and novelist brings together fascinating insights and useful observations about the role astrology plays in nurturing courage determination and vision as well as the inhibiting influences of fear competition perfectionism and other blocks *Your Story in the Stars* Trish MacGregor,2025-09-23 The motion of the planets in relation to your Sun sign describes your evolution as a human being from birth to death Once you understand the nature of the planets and the broad themes of the Sun signs astrology becomes another way of telling the story And in this story you re the protagonist the main player from the Introduction Astrologer Trish MacGregor breaks new ground with an accessible entertaining way to understand and make use of the astrological information contained in your birth date With clear language and plenty of examples *Your Story in the Stars* explains how your Sun sign represents a theme for your life s story for example Aries lives out a warrior theme Cancer is an intuitive nurturer Libra is a mediator Factor in the other planets and their positions on your birthday and a deeper sense of self emerges Add to that clear dates when planets will move from one position to another transits and you can even predict plot twists in your future This fun authoritative book makes astrology relevant for the novice and even more useful for the passionate fan **Jewel in the Lotus** Rob MacGregor,2015-02-02 Over the past few decades meditation has evolved from a fringe practice to a mainstream stress reduction technique that your family doctor might recommend But how do you enter the doorway to a meditation practice if you don t have time to join a class You begin by taking up a solo practice squeezing in five to twenty minutes here and there However meditating on your own tends to leave unanswered the daunting question of how you quiet your mind That s where *Jewel in the Lotus Meditation for Busy Minds* will help The book provides all that is needed to begin a practice in an easy to read style with a variety of techniques as well as anecdotes from the author s years of practice and teaching Readers will appreciate the spiritual but non dogmatic non religious style that pervades the author s teachings Yoga Journal ,2001-11 For more than 30 years *Yoga Journal* has been helping readers achieve the balance and well being they seek in their everyday lives With every issue *Yoga Journal* strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty Subject Guide to Books in Print ,2001 Books In Print 2004-2005 Ed

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Whispering the Strategies of Language: An Mental Journey through **Lotus And The Stars The Way Of Astro Yoga**

In a digitally-driven world where screens reign great and immediate communication drowns out the subtleties of language, the profound secrets and psychological subtleties hidden within words frequently go unheard. Yet, situated within the pages of **Lotus And The Stars The Way Of Astro Yoga** a charming literary treasure blinking with raw thoughts, lies an exceptional journey waiting to be undertaken. Published by a skilled wordsmith, that enchanting opus invites visitors on an introspective trip, gently unraveling the veiled truths and profound impact resonating within the very fabric of each word. Within the emotional depths of the poignant evaluation, we will embark upon a genuine exploration of the book is core subjects, dissect their charming writing design, and yield to the powerful resonance it evokes heavy within the recesses of readers hearts.

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