



The book cover features a central title box with a dark blue background and gold and white text. Below the title is a photograph of a white bowl filled with spaghetti, large shrimp, mussels, and cherry tomatoes. The background of the cover is a textured, light brown fabric, possibly burlap, decorated with several starfish and seashells in various colors (white, orange, purple). A small, round, brown object, possibly a nut or a small shell, is also visible near the top right. The overall theme is seafood and healthy cooking.

LOW-FAT WAYS TO COOK FISH & SHELLFISH



Low Fat Ways To Cook Fish And Shellfish

Susan McQuillan



Low Fat Ways To Cook Fish And Shellfish:

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