

What's the Difference?

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say

- used with or without a personal object

Sarah said that she was tired.

- when used with a personal object, it is always followed by the preposition "to"

✔ *Sarah said to me that she was tired.*

✘ *Sarah said me that she was tired.*

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tell

- is always followed by a personal object

She told me (that) she was tired.

- we often use it to describe giving orders or instructions

I told them to go to bed.

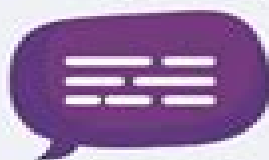
I told you to ring the doctor.

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SAY and TELL are always interchangeable.
All you need to do is to change the structure of the sentence.

- ✔ **say + something (to somebody)**

Did she say what happened yesterday?



- ✔ **tell + someone (something)**

Did she tell you what happened yesterday?



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Say It

Joan Detz



Say It:

Say It Out Loud Roberta Dolan, 2025-07-30 Breaking the silence about sexual abuse is vital but it's only the first step. What happens next? For most survivors the wounds caused left by such abuse are often left to fester slowly destroying their lives. *Say It Out Loud* a unique blend of memoir and how to exposes the emotional scars of sexual abuse and explains the process of healing. In straightforward prose step by step Roberta Dolan provides readers with tangible healing strategies including journaling visualization and more that she employed during her own years in therapy for a childhood of sexual abuse. Inspiring and accessible *Say It Out Loud* offers guidance and support for any kind of healing journey equipping readers with the skills and courage to transform a life of darkness into one of joy. [Say It and Solve It](#) Karl James, 2014-07-28 Karl's knowledge makes his voice in this territory unique and hugely readable. Dave Lewis President Personal Care Unilever Why are the most important conversations the most difficult to handle? You know you have to have them but still you put them off. And you want them to go well but you don't know how to make sure they do. How do you prepare? What words should you use? How do you make your point without getting too nervous tongue tied or upset? And how are you going to solve the problem that needs addressing without upsetting someone? *Say It and Solve It* will coach you in the ten expert skills that peace negotiators mediators and therapists use to take on even the most challenging situations and make every conversation count. You'll discover Fascinating insights into how conversations really work when to listen when to talk and when to shut up. How to avoid the most common mistakes that everyone makes. The ten most powerful skills you need to tackle any conversation in any situation. Expert guidance on handling tricky conversations in real world workplace situations. Stop putting off those tricky conversations and start talking and listening your way to solutions and success. **Dare I Say It** Naomi Watts, 2025-01-21 At thirty six Naomi Watts had just completed filming *King Kong* and was trying to start a family when she was told that she was on the brink of menopause. It is estimated that seventy five million women in the United States are currently dealing with menopause symptoms dry itchy skin raging hormones night sweats and yet the very word menopause continues to be associated with stigma and confusion. With so little information many women feel unprepared ashamed and deeply alone when the time comes. This is the book Naomi Watts wishes she had when she first started experiencing symptoms. Like sitting down over coffee and having an intimate chat with your girlfriend *Dare I Say It* blends funny and poignant stories from Naomi and her friends with advice from doctors hormone experts and nutritionists to take the secrecy and shame out of menopause and aging. Answering questions such as What's hormone therapy and should I be on it? Will I ever sleep again? Will I get myself back? What happened to my libido? Do I need 18 serums for my aging skin? Whose body is this anyway? Who am I now? Naomi Watts shares the most up to date research on how to manage menopause symptoms and tackle the physical and emotional challenges we encounter as we age. Irreverent bold and reassuring *Dare I Say It* is the companion every woman needs to embrace the best version of herself as she moves into what can be the most powerful and satisfying

period of her life What to Say and How to Say It William and Carolyn Hines,2010-04 All of us struggle at times with finding the right words to say to an employee a friend a spouse or a neighbor We tend to be timid and hide our true feelings because we are not sure how to respond What to Say and How to Say It provides us with a guide or road map on how to handle difficult situations and do so in a most professional manner It s a proven fact that the best communicators are not the best talkers they are the best listeners What to Say and How to Say It based on the compelling research supporting emotional intelligence and the work of Daniel Goleman author of Working with Emotional Intelligence and Social Intelligence gives specific prompts or language helpful for entering engaging in and exiting courageous conversations Courageous conversations are those discussions we all need to have oftentimes with people we care about don t care about or need to care about These are the conversations that will help us make it through difficult times get over hurdles that are blocking relationship building and improve living and working conditions for everyone involved Skills in courageous conversations help to build emotional intelligence **How to Say It® to Seniors** David Solie,2004-09-07 A practical guide to bridging the generation gap In How to Say It to Seniors geriatric psychology expert David Solie offers help in removing the typical communication blocks many experience with the elderly By sharing his insights into the later stages of life Solie helps in understanding the unique perspective of seniors and provides the tools to relate to them *Something to Say? Say It Well!* H. Mark Abbott,2014-03-14 If you ever share God s word in public this book is a must have How would you like your own public speaking coach helping you prepare your biblical teachings That s what this handbook is like Preachers church staff members youth pastors Bible study leaders evangelists and more will return again and again to Something to Say Say It Well for hands on advice Moving one step at a time from nugget idea to delivery author Mark Abbott not only supplies a treasury of practical tools he also helps build speakers confidence to share God s word with Christ honoring biblical excellence With a conversational easy to read style the author shows how to _Connect to the listener s world by holding the Bible in one hand and a newspaper in the other _Crystallize a sermon s big idea _into a single sentence _Draw on biblical materials quotes stories and other tools to support the main theme _Shape muddled notes into a logical smooth flowing sermon _Create openings and closings that start with an earthquake and end in a climax _Use passion voice gestures eye contact and emotion for an impacting delivery **Say It Ain't So!** Karen Proctor,2014-08-14 The word of God is real Author and pastor Karen Proctor has experienced it in her life and she s seen it work in the lives of others In Say It Ain t So she offers evidence of the importance of knowing believing and applying the word of God to our lives each and every day Using her experiences as a pastor along with Biblical stories and quotations Proctor stresses the central role the word of God plays in Christians lives She explains how God backs up every bit of his written and spoken word and that we need to believe obey and speak it There is nothing magical about it yet there is great substance behind every word These words have been tried and proven throughout history and are relevant in present day society In Say It Ain t So Proctor encourages Christians to stand on the

word of God and your faith will be intensified even when it seems all odds are stacked up against you in any situation

How To Say It to Teens Richard Heyman, 2001-08-01 If men are from Mars and women are from Venus then teenagers are from another universe entirely or at least it can often seem that way In *How to Say It to Teens* you ll discover surprisingly easy ways to keep the lines of communication open throughout the turbulent adolescent years Author Richard Heyman guides you through the most challenging topics any parent of a teen will ever face Alphabetically listed from Anger to Violence and packed with real life examples this wise parenting guide arms you with Useful words and phrases Ways to ask important question Techniques for getting conversations started Strategies for helping teens through their actions and their consequences The most effective ways to offer advice You ll also find an eye opening self test to help you assess your own communication skills and five principles of communication that help you maintain your relationship with your teens through adolescence into adulthood Say it Now! Say it Right!: How to Handle Tough or Tender Conversations Mary J.

Nestor, 2024-08-20 Keeping silent in critical moments results in lost opportunity broken relationships and disastrous decisions SAY IT NOW SAY IT RIGHT is a straightforward look at the problem people and organizations face by not speaking up Despite the digital revolution we are connecting more but communicating less To counter this communication specialist Mary Nestor shares tips and scripts to find your voice and speak up at those critical moments in a way that gives your message impact and acceptance The purpose of this book is to help you recognize the moments when you have an opportunity maybe a once in a lifetime chance to say what needs to be said You will learn how to speak up at the right time when to Say it Now and in the right way how to Say it Right Both of these elements have to be in place for your intervention to succeed in achieving your objective **It's Not What You Say, It's How You Say It** Joan Detz, 2000-10-12 Speaking coach Detz the author of *Can You Say a Few Words* presents strategies and tips for sales calls job interviews brief remarks presentations and full length speeches Charts

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