## Measure Up 2008-2010

This campaign highlighted the link between increased waist measurement and the risk of chronic disease, such as heart disease, some cancers and Type 2 diabetes.





## Swap It, Don't Stop It 2011-2013

This campaign built on the awareness created by the Measure Up campaign and showed people how they can make small lifestyle changes to improve their health.



More information: www.swapit.gov.au

# 2013 - present

Shape Up Australia

Shape Up Australia is an initiative through which the Australian Government will partner with organisations to support healthy lifestyle choices.



More information: www.shapeup.gov.au

### **Shape Up Australia**

Mark Shephard OAM, Anthony Pridham, Joseph M Forshaw

#### **Shape Up Australia:**

The Aboriginal Names of Rivers in Australia Philologically Examined Peter MacPherson, 1887 Reviews Aboriginal names of rivers streams and waters principles on which names have been given Names of islands root words for water and Grassfinches in Australia Mark Shephard OAM, Anthony Pridham, Joseph M their bearing on grammar Forshaw, 2012-08-09 It is not surprising that Australian grassfinches are highly popular with ornithologists and aviculturists for included among the species are one of the most beautiful of all birds the Gouldian Finch Erythrura gouldiae and one of the most familiar cagebirds the Zebra Finch Taeniopygia guttata Despite a scarcity in published works on finches interest in the species is growing leading to a dramatic advancement in our knowledge of many species For example we have gained new information from field observations carried out on little known species including the Blue faced Parrot Finch Erythrura trichroa and the Red eared Firetail Stagonopleura oculata Significant advances in taxonomic research largely as a consequence of the development and refinement of biochemical analyses often involving DNA DNA hybridisation have given us a new insight into relationships among species with some unexpected alliances being determined Additionally dramatic changes have taken place in avicultural practices and in virtually all countries aviculture has taken on a new professional approach with the most notable results being increased productivity and success with a wider variety of species After a lapse of almost half a century since publication of Klaus Immelmann's eminent work on finches based on extensive field studies the time has come for a new examination of Australian grassfinches In Grassfinches in Australia Joseph Forshaw Mark Shephard and Anthony Pridham have summarised our present knowledge of each species and have given readers a visual appreciation of the birds in their natural habitats and in aviculture The resulting combination of superb artwork and scientifically accurate text ensures that this volume will become the standard reference work on Australian grassfinches In addition to enabling aviculturists to know more about these finches in the wild as a guide to their own husbandry techniques detailed information on current management practices for all species in captivity is provided The book also includes colour plates depicting some of the more common mutations held in Australian and overseas collections Just Words? Bernadette M. Brennan, 2008 Over the past decade Australians have witnessed a significant shift to more insular and conservative economic ethical and cultural norms The problems of valuing and achieving justice seem more acute than ever yet the solutions to those problems are not obvious nor are those in power taking the lead In this powerful collection Australian writers including Gail Jones Eva Sallis and Frank Brennan explore the relationship between writing and justice a relationship utterly dependent on informed ethical readers These essays from poets essayists academics playwrights critics and novelists demonstrate how it is possible for writing to articulate concerns of justice enlighten the broader community and move citizens to action BOOK JACKET

Art in Australia ,1919 Borderwork in Multicultural Australia John O'Carroll,2020-07-31 Refugees Border protection Ethnic gangs Terrorism History wars Pauline Hanson Australia s faith in multiculturalism has been shaken by

fierce attacks from its enemies and a sense of crisis among its friends Multiculturalism has become a political tool to win votes and generate community anxiety What is left of the multicultural ideal Bob Hodge and John O Carroll take the pulse of multicultural Australia in the wake of September 11 They investigate the hot spots of multiculturalism showing how they cluster around fiercely defended boundaries and borders both literal and symbolic They tackle the issues of racism past and present and show how injustice impacts on many communities in Australia including Aboriginals as well as more recent migrant groups The authors argue that despite appearances multiculturalism is alive and well in Australia and a commitment to tolerance and diversity characterises daily life In fact Australia's multiculture is the best kind of borderwork against terrorism racism and injustice A timely original and optimistic discussion of Australia s multicultural past and our possible futures Graeme Turner Director Centre for Critical and Cultural Studies University of Queensland This clearly written book shines a welcome light on the fog of critique of Australian multiculturalism from both the Right and the Left Jock Collins Professor of Economics University of Technology Sydney Australia Country Study Guide Volume 1 Strategic Information and Developments IBP, Inc, 2012-03-03 Australia Country Study Guide Strategic Information and Developments Volume 1 Strategic Information and Developments The Australian Economy in the Long Run Rodney Maddock, Ian W. McLean, 1987-11-12 **English, The Aussie Way** Lynne Maree Walsh, 2016-01-28 Written by a Sydney native English The Aussie Way A Fun Guide to Australia s Colourful Phrases Words and Expressions offers an amusing way for English or non English speakers around the world to learn the colloquial phrases for which Australia is famous This user friendly reference provides words phrases and meanings synonyms by using an example sentence Says the author For seven years I housed international students who were attending English language schools in Sydney and I realised that although they had a good grasp of formal grammar they struggled to understand not only colloquial English but many of the commonly used phrasal verbs which could not be found in a standard English Spanish French etc dictionary It was then that I decided to start writing some of them down for future reference and it grew from there The Publishers Weekly ,1892

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