

Performance

Staging Psychoanalysis. Staging Race

Anxieties



Ann Pellegrini

Performance Anxieties

R Bogdan



Performance Anxieties:

Performance Anxieties Ann Pellegrini, 2014-02-04 Performance Anxieties looks at the on going debates over the value of psychoanalysis for feminist theory and politics specifically concerning the social and psychical meanings of racialization Beginning with an historicized return to Freud and the meaning of Jewishness in Freud's day Ann Pellegrini indicates how race and racialization are not incidental features of psychoanalysis or of modern subjectivity but are among the generative conditions of both Performance Anxieties stages a series of playful encounters between elite and popular performance texts Freud meets Sarah Bernhardt meets Sandra Bernhard Joan Riviere's masquerading women are refigured in relation to the hard female bodies in the film Pumping Iron II The Women and the Terminator and Alien films In re-reading psychoanalysis alongside other performance texts Pellegrini unsettles relations between popular and elite performance and performative

The Psychology of Music Performance Anxiety Dianna Kenny, 2011-06-16 Why are some performers exhilarated and energized about performing in public while others feel a crushing sense of fear and dread and experience public performance as an overwhelming challenge that must be endured What are the factors that produce such vastly different performance experiences Why have consummate artists like Frederic Chopin Sergei Rachmaninoff Pablo Cassals Tatiana Troyanos and Barbra Streisand experienced such intense music performance anxiety This is a disorder that can affect musicians across a range of genres and of all standards Some of the cures musicians resort to can be harmful to their health and detrimental to their playing This is the first rigorous exposition of music performance anxiety In this groundbreaking work Dianna Kenny draws on a range of disciplines including psychology philosophy phenomenology psychoanalysis and performance theory in order to explain the many facets of music performance anxiety that have emerged in the empirical and clinical literature She identifies some unifying guiding principles that will enhance our understanding of the condition and guide researchers and clinicians in the development of effective treatments The book provides a detailed conceptual framework for the study of music performance anxiety and a review of the empirical and clinical research on the anxiety disorders In addition it presents a thorough analysis of the concepts related to music performance anxiety its epidemiology and theories and therapies that may be useful in understanding and treating the condition The voices of musicians are clearly heard throughout the book and in the final two chapters we hear directly from musicians about how they experience it and what they do to manage it This book will lay a firm foundation for theorizing music performance anxiety and be of enormous value interest to those in the fields of music and music education clinical psychology and performance studies *Social Anxiety* Patricia M.

DiBartolo, Stefan G. Hofmann, 2014-07-15 The third edition of Social Anxiety Clinical Developmental and Social Perspectives integrates examinations of social anxiety shyness and embarrassment with the research on social anxiety disorder subtypes biological theories and cognitive behavioral or pharmacological treatment outcome studies Clinicians social and developmental psychologists and behavioral geneticists have all conducted research over the past ten years which is

essential to furthering our understanding and treatment of social anxiety disorders This book weaves together research findings gathered by renowned minds across these various disciplines and deals with both theory and research It explores what constitutes social anxiety assesses the condition and its relationship to other psychological disorders exploring the biological basis and treatment approaches as well Coverage includes key issues not discussed fully by other books including related disorders in adults and children relationship to social competence and assertiveness perfectionism social skills deficit hypothesis comparison between pharmacological and psychosocial treatments and potential mediators of change in the treatment of social anxiety disorder From the Author Although social anxiety disorder social phobia is widely researched topic in psychiatry other disciplines such as social and developmental psychology have independently been studying the same phenomena for many years Yet there has been very little cross discipline communication and integration The main objective of the book is to integrate the findings on social anxiety from various disciplines including clinical psychology psychiatry social psychology neuroscience and developmental psychology The most comprehensive source of up to date data with review articles covering a thorough delineation of social anxiety theoretical perspectives and treatment approaches Consolidates broadly distributed literature into single source Each chapter is written by an expert in the topic area providing more fully vetted expert knowledge than any existing work Integrates findings from various disciplines clinical social and developmental psychology psychiatry neuroscience rather than focusing on only one conceptual perspective Provides a complete understanding of a complex phenomenon giving researchers and clinicians alike a better set of tools for furthering what we know

Second Language Anxiety Richard L. Sparks, 2025-07-11 This book traces and summarizes theoretical insights and empirical findings on the topic of whether or not anxiety for language learning could be a causal variable for individual differences in language learning The author brings together three decades of research to show that first language L1 skills and second language L2 aptitude are confounding variables in studies of language anxiety and that learners levels of anxiety for L2 learning are strongly related to their levels of language achievement These findings have suggested that language anxiety instruments reflect students accurate self perceptions of their language skills and their levels of L1 achievement and L2 aptitude The research presented in this book holds the potential to change the ways in which L2 educators and researchers think about language anxiety how language anxiety is assessed how investigations into language anxiety are conducted and how L2 teachers respond to anxiety in the classroom

Performance Anxiety Michael Hau, 2017-01-01 Performance Anxiety analyses the efforts of German elites from 1890 to 1945 to raise the productivity and psychological performance of workers through the promotion of mass sports Michael Hau reveals how politicians sports officials medical professionals and business leaders articulated a vision of a human economy that was coopted in 1933 by Nazi officials in order to promote competition in the workplace Hau s original and startling study is the first to establish how Nazi leaders discourse about sports and performance was used to support their claims that Germany was on its way to

becoming a true meritocracy Performance Anxiety is essential reading for political social and sports historians alike

The Effects of Personality Hardiness on Interpreting Performance Xing Xing, 2023-10-03 This book sheds new light on personality dispositions research into interpreter performance injecting fresh impetus for a new research agenda designed to further our understanding of hardiness performance linkages in interpreters Interpreters are made not born Mackintosh 1999 67 i e it is generally assumed that everyone has the potential to become an interpreter given proper training Nonetheless time constraints and financial limitations make it advisable to select applicants who need the least training Aptitude testing for interpreting with a purpose to admitting the most promising candidates has thus become not only a practical necessity for institutions but also a central issue among interpreting researchers The book presents a literature review and empirical survey which reveal e g that aptitude testing for interpreting attaches great importance to cognitive aptitude In contrast non cognitive attributes personality in particular while also considered important are seldom measured due to their complex structure and the lack of scientific measurement tools Bearing this gap in mind the book focuses on research into personality traits in aptitude testing for interpreting with an aim to expanding the objective means of testing candidates for the requisite knowledge and skills It is devoted to an empirical investigation into the effects of personality hardiness on interpreting performance with interpreting anxiety and self efficacy as two intermediates To this end a quantitative method questionnaire survey and a qualitative in depth interview were used with 149 Chinese student interpreters at postgraduate level The results indicate that personality hardiness is a valuable trait for student interpreters By systematically presenting the effects of personality hardiness on interpreting performance the book offers both theoretical and empirical stepping stones to understanding the position of personality hardiness in aptitude testing for interpreting providing stakeholders with valuable insights into and blueprints for selecting the most teachable candidates for interpreting training programs

Foreign Language Enjoyment and Anxiety Among Polish EFL Students Ewelina Mierzwa-Kamińska, 2025-05-10 This book provides a comprehensive overview of the theoretical issues and existing research in relation to the emotions that learners experience when learning and using a FL highlighting the two emotions under investigation enjoyment and anxiety which are the focus of the empirical research reported later in the book Highlighting the crucial role of emotions in the foreign language FL learning process this book reports the findings of a study investigating the relationship between foreign language enjoyment FLE and foreign language anxiety FLA in the context of Polish secondary school students learning English as a FL Chapter 1 conceptualizes emotions and introduces their different typologies Chapter 2 looks at the constructs of FLE and FLA while Chapter 3 presents findings from a selection of studies on FLE FLA and the relationship between them Chapter 4 describes the rationale for conducting the study and includes a detailed description of the analytical procedures It goes on to present the results of the study the discussion and the study limitations Finally Chapter 5 highlights the pedagogical implications of the study and suggests some directions for future

research The book is of interest to specialists researching the role of emotions in SLA as well as to FL teachers looking for realistic recommendations for their work with FL learners Anxiety and Its Disorders David H. Barlow, 2013-11-18 This landmark work is indispensable for anyone studying anxiety or seeking to deliver effective psychological and pharmacological treatments David H Barlow comprehensively examines the phenomena of anxiety and panic their origins and the roles that each plays in normal and pathological functioning Chapters coauthored by Barlow with other leading experts then outline what is known about the classification presentation etiology assessment and treatment of each of the DSM IV anxiety disorders A definitive resource for researchers and clinicians this is also an ideal text for graduate level courses

Performance Under Stress Peter A. Hancock, James L. Szalma, 2008 What is the impact of stress on soldier performance on the modern electronic battlefield This book brings together leading researchers from diverse perspectives to shed light on this critical question Using a variety of methodological and conceptual approaches the insights generated represent a benchmark in the present state of understanding and provide a range of directions for future research in this arena **Oxford Handbook of Music Psychology** Susan Hallam, Ian Cross, Michael Thaut, 2011-05-26 The field of Music Psychology has grown dramatically in the past 20 years to emerge from being just a minor topic to one of mainstream interest within the brain sciences However until now there has been no comprehensive reference text in the field The Oxford Handbook of Music Psychology is a landmark text providing for the first time ever a comprehensive overview of the latest developments in this fast growing area of research With contributions from over fifty experts in the field the range and depth of coverage is unequalled All the chapters combine a solid review of the relevant literature with well reasoned arguments and robust discussions of the major findings as well as original insights and suggestions for future work Written by leading experts the 52 chapters are divided into 11 sections covering both experimental and theoretical perspectives each edited by an internationally recognised authority Ten sections each present chapters that focus on specific areas of music psychology the origins and functions of music music perception responses to music music and the brain musical development learning musical skills musical performance composition and improvisation the role of music in our everyday lives music therapy and conceptual frameworks In each section expert authors critically review the literature highlight current issues and explore possibilities for the future The final section examines how in recent years the study of music psychology has broadened to include a range of other scientific disciplines It considers the way that the research has developed in relation to technological advances fostering links across the field and providing an overview of the areas where the field needs further development in the future The Oxford Handbook of Music Psychology will be the essential reference text for students and researchers across psychology and neuroscience *Pronunciation Learning Strategies and Language Anxiety* Magdalena Szyszka, 2016-12-29 This book presents theoretical considerations and the results of empirical research on pronunciation learning strategies PLS deployed by pre service trainee teachers majoring in English as a foreign language who experienced different levels of

language anxiety LA The theoretical part focuses on the concepts of pronunciation learning pronunciation learning strategies and language anxiety and includes an overview of recent empirical research dealing with various related issues The empirical section of the book presents the findings of a research project that investigated the interplay between PLS and LA in which both quantitative and qualitative data were collected Based on the findings the author proposes two profiles of anxious and non anxious EFL trainee teachers who support their pronunciation learning with an array of pronunciation learning strategies and tactics *Handbook of Competence and Motivation* Andrew J. Elliot,Carol S. Dweck,David S.

Yeager,2017-03-24 Now completely revised over 90% new this handbook established the concept of competence as an organizing framework for the field of achievement motivation With an increased focus on connecting theory to application the second edition incorporates diverse perspectives on why and how individuals are motivated to work toward competence in school work sports and other settings Leading authorities present cutting edge findings on the psychological sociocultural and biological processes that shape competence motivation across development analyzing the role of intelligence self regulated learning emotions creativity gender and racial stereotypes self perceptions achievement values parenting practices teacher behaviors workplace environments and many other factors As a special bonus purchasers of the second edition can download a supplemental e book featuring several notable highly cited chapters from the first edition New to This Edition Most chapters are new reflecting over a decade of theoretical and methodological developments Each chapter now has an applied as well as conceptual focus showcasing advances in intervention research Additional topics self regulation in early childhood self determination theory challenge and threat appraisals performance incentives achievement emotions job burnout gene environment interactions class based models of competence and the impact of social group membership Supplemental e book featuring selected chapters from the prior edition **Handbook of Competence and Motivation,**

Second Edition Andrew J. Elliot,Carol S. Dweck,David S. Yeager,2018-02-21 Now completely revised over 90% new this handbook established the concept of competence as an organizing framework for the field of achievement motivation With an increased focus on connecting theory to application the second edition incorporates diverse perspectives on why and how individuals are motivated to work toward competence in school work sports and other settings Leading authorities present cutting edge findings on the psychological sociocultural and biological processes that shape competence motivation across development analyzing the role of intelligence self regulated learning emotions creativity gender and racial stereotypes self perceptions achievement values parenting practices teacher behaviors workplace environments and many other factors As a special bonus purchasers of the second edition can download a supplemental e book featuring several notable highly cited chapters from the first edition New to This Edition Most chapters are new reflecting over a decade of theoretical and methodological developments Each chapter now has an applied as well as conceptual focus showcasing advances in intervention research Additional topics self regulation in early childhood self determination theory challenge and threat

appraisals performance incentives achievement emotions job burnout gene environment interactions class based models of competence and the impact of social group membership Supplemental e book featuring selected chapters from the prior edition

Music Performance Anxiety Ariadna Ortiz Brugués, 2018-12-07 Music Performance Anxiety MPA has been proven to affect many individuals independent of age gender experience and hours of practice This book provides an excellent and updated review of the literature on the topic including concept epidemiology methodical aspects and interventional studies Suggestions of the correct use of the term MPA and the identification of necessary future studies as well as comments on and critiques of those already published will also be provided

Highlights in Performance Science: Music Performance Anxiety Oscar Casanova, Michiko Yoshie, Patrick Gomez, Katarina Habe, 2023-12-19 VIEW BOOK DETAILS We are pleased to introduce the collection Frontiers in Psychology Highlights in Performance Science Music Performance Anxiety Music performance anxiety MPA has been defined as the experience of marked and persistent anxious apprehension related to musical performance For musicians performing in public is a demanding activity and the MPA can cause potential debilitating effects on their career and health regardless of age gender experience practicing time and music genre A greater understanding of the predicting factors of MPA has implications not only for theories of MPA but also for its prevention and management and more broadly for teaching and learning This collection will welcome and showcase a selection of articles about Music Performance Anxiety MPA authored by leaders in the field The work presented here highlights the broad diversity of research performed across the Performance Science field and aims to put a spotlight on the main areas of interest This collection aims to further support Frontiers strong community by shining a spotlight on our authors highly impactful research

Foreign Language Learning Anxiety in China Deyuan He, 2018-01-18 Already the focus of much interest for 50 years the study of foreign language learning anxiety FLLA still remains a popular research topic among scholars in Western countries FLLA is believed to be an important cause of students dumb English Considering the paucity of monographs on FLLA in China this book represents an important step towards filling this gap The author uses his PhD dissertation as a foundation for reviewing and discussing previous literature as well as the current status of and major issues concerning FLLA worldwide The book explores FLLA in China by using innovative triangulated research methodology combining both quantitative and qualitative methods namely surveys focused interviews and classroom observations It also highlights the significance and implications of the research results and predicts the future of global FLLA research with a particular focus on China Readers will discover the latest developments and issues concerning FLLA causes of FLLA and verified effective strategies for alleviating such anxiety

The Psychoanalysis of Career Choice, Job Performance, and Satisfaction Paul Marcus, 2017-01-20 Freud said that love and work are the central therapeutic goals of psychoanalysis the twin pillars for a sound mind and for living the good life While psychoanalysis has masterfully contributed to understanding the experience of love it has only made a modest contribution to understanding the psychology of work This book is the first

to explore fully the psychoanalysis of work analysing career choice job performance and job satisfaction with an eye toward helping people make wiser choices that bring out the best in themselves their colleagues and their organization The book addresses the crucial questions concerning work how does one choose the right career what qualities contribute to excellence in performance how best to implement and cope with organizational change and what capacity and skills does one need to enjoy every day work Drawing on psychoanalytic thinking vocational counseling organizational psychology and business studies The Psychoanalysis of Career Choice Job Performance and Satisfaction will be invaluable in clinical psychoanalytic work as well as for mental health professionals scholars career counselors and psychologists looking for a deeper understanding of work based issues

Anxiety Management Training Richard M. Suinn, 1990-10-31 This book owes its existence to an ideal a burning frustration and a trusted believer The ideal was the sense that governed my feelings about systematic desensitization during my early introduction to its benefits It is hard to put into words the initial doubts that pervaded me during my first attempt with desensitization with a seriously phobic client as I religiously worked my way through the procedure Will this client really become relaxed And then what will the visualization actually occur And then what will the fear really vanish just like that And oh the feeling of discovery and validation when indeed the process worked and worked well Desensitization was everything it was claimed to be systematic clean theoretically grounded empirically tested applicable as a behavioral technology regardless of one's own theoretical bias And there were testable outcomes concrete evidence for change So I became invested and aimed at doing more with desensitization My students and I raised some theoretical questions in order to open the doors for revising the desensitization to improve on its applications We tested the rapidity with which desensitization could be accomplished shortening the time by shortening the anxiety hierarchy Along with others we studied the question of group delivery and reducing the total number of sessions as well as examining the use of audiotaped delivery of services

Athletic Excellence: Building a Championship Mentality for Peak Performance Susanne Liu, 2025-04-05 An essential guide to developing the mindset and skills needed to achieve athletic excellence This comprehensive resource provides a blueprint for success covering everything from setting goals and building confidence to overcoming challenges and maintaining focus With practical exercises and inspiring stories from elite athletes this book empowers readers to Understand the mental and emotional demands of high level competition Develop the grit and resilience to overcome obstacles Enhance their leadership skills and motivate teammates Create a winning mindset that fosters peak performance Whether you're an aspiring athlete or a seasoned professional this book is an indispensable tool for unlocking your full potential and reaching the pinnacle of athletic achievement

Foreign Language Anxiety and the Advanced Language Learner Zsuzsa Tóth, 2010-08-11 Does anxiety about learning and using a foreign language decline as learners become more competent in the target language or is anxiety also relevant at higher levels of proficiency This is the question Foreign Language Anxiety and the Advanced Language Learner sets out to explore The aim of the book is to give

readers an insight into what role anxiety plays in the language learning and communication processes of advanced language learners. Specifically, the study examines how advanced EFL learners' foreign language anxiety (FLA) can be characterized, how anxiety relates to other individual differences (cognitive, affective, personality), and explores the relationship between FLA and various aspects of learners' performance and communication experience in the target language. The research context is Hungary. The findings, however, are not confined to the Hungarian EFL setting. In addition to making a contribution to the clarification of some unresolved issues in language anxiety research, including the role of proficiency in the development of anxiety, the relationship between anxiety and other learner variables, and the much debated question of whether or not anxiety accounts for differential success in L2 learning, this study has important implications for language teachers as well.

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