

Shattered Assumptions (Janoff-Bullman)

The experience of trauma shatters two basic assumptions about the self and the world:

- *The belief in personal invulnerability or immortality*
- *The belief that the world is a meaningful and orderly place, and that events happen for a reason*
- Violence, shatters a third belief: the trust that other human beings are fundamentally benign.

These 3 assumptions (or illusions) allow people to function effectively & to relate to others. After trauma, individuals are left feeling vulnerable, helpless and out of control in a world that is no longer predictable.

Shattered Assumptions

C. R. Snyder



Shattered Assumptions:

Shattered Assumptions Ronnie Janoff-Bulman, 2010-06-15 This book investigates the psychology of victimization. It shows how fundamental assumptions about the world's meaningfulness and benevolence are shattered by traumatic events and how victims become subject to self-blame in an attempt to accommodate brutality. The book is aimed at all those who for personal or professional reasons seek to understand what psychological trauma is and how to recover from it. **Trauma And Its**

Wake Charles R. Figley, 2013-06-20 Published in the year 1985 *Trauma and its Wake* is a valuable contribution to the field of Counseling and School Psychology. **Loss of the Assumptive World** Jeffrey Kauffman, 2013-05-13 The assumptive world

concept is a psychological principle of the conservation of human reality or culture; it is a lens for seeing the psychological disturbances that occur in times of change. In this collection, the authors examine the assumptive world from diverse theoretical perspectives, providing the reader with an array of different viewpoints illuminating the concept and its clinical usefulness.

Shattered Assumptions Ronnie Janoff-Bulman, 1990 *Sites of Violence, Sites of Grace* Cynthia

Hess, 2008-12-16 Cynthia Hess offers a thoughtful reconstruction of Christian nonviolence through an examination of both theological and theoretical works. She shows how contemporary understandings of violence and the human person challenge traditional views of nonviolence as pacifism and the refusal of military violence. Hess begins with an analysis of the extensive writings on nonviolence by John Howard Yoder, one of the foremost twentieth-century thinkers on this subject. She then seeks to deepen his view by probing the insights of trauma scholars who explore the powerful and lasting effects of traumatic violence on individuals and communities. These scholars often maintain that many survivors continue to hold the reality of traumatic violence within their bodies and minds so that it becomes part of them as they move through time. In light of this claim, Hess argues that Christian nonviolence must move beyond pacifism to directly address the problem of internalized violence. In conversation with resources in Yoder's work as well as feminist theory and trauma studies, she analyzes an often overlooked dimension of religious nonviolence: the creation of communities in which traumatized persons can survive and flourish. With its highly interdisciplinary character, this book presents a fresh perspective on Christian nonviolence that not only challenges traditional views but also reclaims the centrality of nonviolence for contemporary Christian theology and practice.

Give Sorrow Words John H. Harvey, 2016-03-23 Throughout our lives we are influenced by the sensation of loss. Whether implicit or obvious, the impact of this sense of loss affects our daily thinking and behavior. This new text provides a comprehensive introduction to the study of loss via exploration into three major types of loss: loss of important relationships (divorce or perhaps the dissolution of important relationships and friendships), losses that damage who we are (our self-esteem), loss of employment and losses resulting from victimization (being the target of violence or prejudice), loss of home in a natural disaster. Students of sociology, theology, and family studies will find this text of key interest. Moreover, professionals in these fields, including the fields of trauma and loss, will appreciate the thorough literature review, practical language, clinical

interventions and case highlights **Annual Review of Addictions and Offender Counseling, Volume V** Trevor J. Buser, Rochelle Cade, Dilani Perera, 2022-11-28 Annual Review of Addictions and Offender Counseling Volume V New Directions in Research and Practice is the fifth volume in a series of peer reviewed edited books sponsored by the International Association of Addictions and Offender Counselors IAAOC a division of the American Counseling Association ACA Continuing the mission of earlier volumes this volume provides a forum for publications addressing a broad array of topics in the field of addictions and offender counseling Experts in the profession present innovative strategies and recommendations for best practices in drug education intervention strategies multicultural considerations and counselor education Redesigning Research on Post-Traumatic Growth Frank J. Infurna, Eranda Jayawickreme, 2021 Redesigning Research on Post Traumatic Growth offers new directions for post traumatic growth research The book illustrates the benefits of research designs that incorporate multiple methods of assessment and highlights the value of integrating various disciplines such as philosophy and multiple areas of psychology e g clinical developmental health and personality for more holistic understanding of the human capacity to overcome adversity **Coping** C. R. Snyder, 1999-03-25 Most people take the process of coping for granted as they go about their daily activities In many ways coping is like breathing an automatic process requiring no apparent effort However when people face truly threatening events what psychologists call stressors they become acutely aware of the coping process and respond by consciously applying their day to day coping skills Coping is a fundamental psychological process and people s skills are commensurately sophisticated This volume builds on people s strengths and emphasizes their role as positive copers It features techniques for preventing psychological problems and breaks from the traditional research approach which is modeled on medicine and focuses on pathology and treatment Collecting both award winning research and new findings this book may well set the agenda for research on stress and coping for the next century These provocative and readable essays explore a variety of topics including reality negotiation confessing through writing emotional intelligence optimism hope mastery oriented thinking and more Unlike typical self help books available at any newsstand this volume features the work of some of the most eminent researchers in the field Yet like those books it is written for the general reader as well as for the specialist and includes numerous practical suggestions and techniques It will prove an invaluable tool for a wide range of readers **Theory & Practice in Clinical Social Work** Jerrold R. Brandell, 2010-02-16 Today s clinical social workers face a spectrum of social issues and problems of a scope and severity hardly imagined just a few years ago and an ever widening domain of responsibility to overcome them Theory and Practice in Clinical Social Work is the authoritative handbook for social work clinicians and graduate social work students that keeps pace with rapid social changes and presents carefully devised methods models and techniques for responding to the needs of an increasingly diverse clientele Following an overview of the principal frameworks for clinical practice including systems theory behavioral and cognitive theories psychoanalytic theory and neurobiological theory the book goes

on to present the major social crises problems and new populations the social work clinician confronts each day Theory and Practice in Clinical Social Work includes 29 original chapters many with carefully crafted and detailed clinical illustrations by leading social work scholars and master clinicians who represent the widest variety of clinical orientations and specializations Collectively these leading authors have treated nearly every conceivable clinical population in virtually every practice context using a full array of treatment approaches and modalities Included in this volume are chapters on practice with adults and children clinical social work with adolescents family therapy and children s treatment groups other chapters focus on social work with communities affected by disasters and terrorism clinical case management cross cultural clinical practice psychopharmacology practice with older adults and mourning and loss The extraordinary breadth of coverage will make this book an essential source of information for students in advanced practice courses and practicing social workers alike

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