

"Big-hearted, enormously moving, and delightful, captures the mysteries, loves, and challenges of parents and children."

—CRAIG LESLEY, author of *The Sky Fisherman*



Sailing My Shoe to Timbuktu

*A Woman's Adventurous Search for
Family, Spirit, and Love*

Joyce Thompson

Sailing My Shoe To Timbuktu A Womans Adventurous Search For Family Spirit And Love

Nina Sovich



Sailing My Shoe To Timbuktu A Womans Adventurous Search For Family Spirit And Love:

Sailing My Shoe to Timbuktu Joyce Thompson, 2010-11-30 A mother finds spiritual grace while navigating divorce new love her fiftieth birthday and her aging parents in this humorous heartfelt memoir Bighearted enormously moving and delightful captures the mysteries loves and challenges of parents and children Craig Lesley author of *The Sky Fisherman* In this fiercely candid and moving book novelist Joyce Thompson recounts a difficult yet transforming period in her life In words that will ring true to anyone in the sandwich generation Thompson tells the story of her troubled marriage ending her adjustment to single motherhood finding new love turning fifty dealing with sick and dying parents and somehow discovering a spiritual home in an ancient earth centered tradition Along the way she comes to terms with the blessings and specters of her own dysfunctional family This includes her father a distinguished judge and chronic alcoholic and her tough smart mother a pioneering woman lawyer who is slowly succumbing to Alzheimer s and whom Thompson helps to die gracefully despite many traumatic and even ridiculous moments But with Thompson s lyrical personal and evocative writing she transforms what could have been a soap opera into a rich moving and funny story full of hope Thompson offers a stellar memoir many baby boomers can relate to a career oriented woman finds spiritual grace as she faces the squeeze of the sandwich generation simultaneously caring for children and an aging parent A deeply satisfying story Publishers Weekly Thompson author of *Bones* 1991 this time turns her talent and insight to nonfiction in a personal examination of a transformative time in her life Booklist New Books on Women and Feminism ,2004 *Books In Print 2004-2005* Ed Bowker Staff, Staff Bowker, Ed, 2004 To the Moon and Timbuktu Nina Sovich, 2016-10-11 Nina Sovich had always yearned for adventures in faraway places she imagined herself leading the life of a solitary traveler Yet at the age of thirty four she found herself married and contemplating motherhood Catching her reflection in a window spotted with Paris rain she no longer saw the fearless woman who spent her youth travelling in Cairo Lahore and the West Bank staring back at her Unwittingly she had followed life s script and now she needed to cast it out Inspired by female explorers like Mary Kingsley who explored Gabon s jungle in the 1890s and Karen Blixen who ran a farm in Kenya during World War I Sovich packed her bags and hopped on the next plane to Africa in search of adventure *To the Moon and Timbuktu* takes readers on a fast paced trek through Western Sahara Mali Mauritania and Niger bringing their textures and flavors into vivid relief On Sovich s travels she encounters rough and tumble Chinese sailors a Venezuelan doctor working himself to death in Chinguetti indifferent French pensioners RVing along the coast and a close knit circle of Nigerien women who adopt her into their fold showing her the promise of Africa s future This lyrical memoir will transport you to the breathtaking landscapes of West Africa whose stark beauties will instill wonder in even the most experienced traveler Sovich s journey reveals that sometimes we must pursue that distant glimmer on the horizon in order to find the things we value most

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