

MAHĀMUDRĀ

THE MOONLIGHT

*Quintessence of Mind
and Meditation*



Dhargpa Yashai Namgyal

TRANSLATED BY THE LAMA GYUMDRO LAMA WU

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WITH AN INTRODUCTION BY

HIS HOLINESS THE DALAI LAMA

Looking Directly At Mind The Moonlight Of Mahamudra

Scott C. Dulebohn



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