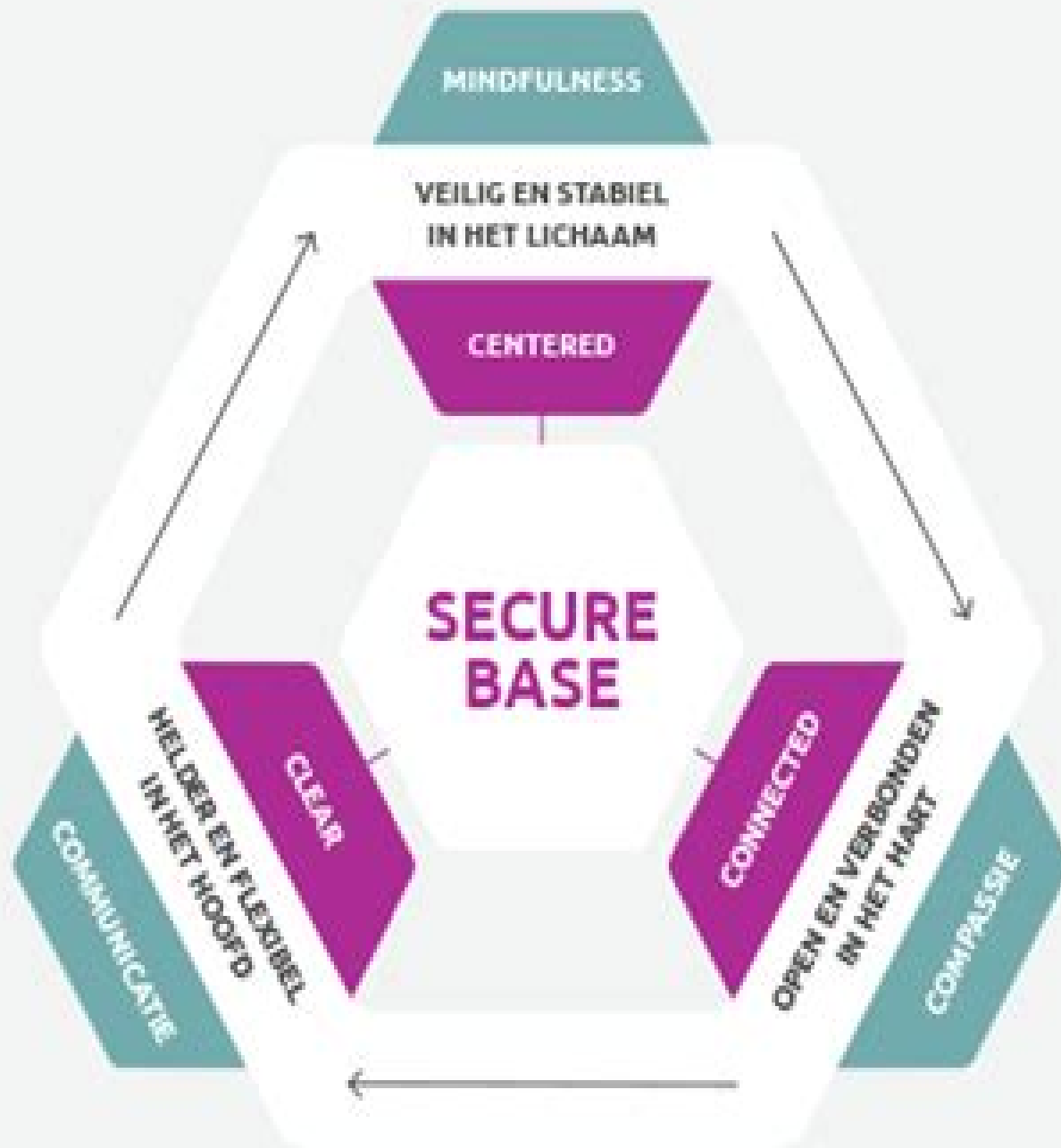




*Secure Base model
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Secure Base

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Secure Base:

A Secure Base John Bowlby, 1988 In this collection of lectures Dr Bowlby describes recent findings and gives an outline of the main features of attachment theory now widely recognised as a most productive conceptual framework within which to organise the evidence In the final lecture he shows how this knowledge when applied to analytically oriented psychotherapy helps both to clarify the aims of therapy and to guide the therapist in his or her own work This collection will be welcomed by students as a lucid introduction to the field by professionals who are still unfamiliar with recent developments as well as by those eager to extend their existing knowledge

The Craft of the Secure Base Coach Jakob van Wielink, Klaartje van Gasteren, Marnix Reijmerink, Anne Verbokkem-Oerlemans, Leo Wilhelm, Riet Fiddelaers-Jaspers, 2024-10-01 Within The Craft of the Secure Base Coach the authors take a new and combined approach to the professions of coaching and counselling to provide a guide for professionals wanting to better assist individuals and teams in periods of transition Based on up to date scientific insights and grounded in concepts from attachment theory this book explores the themes of life transition based on the authors own Transition Cycle model and how professional coaches and counsellors can become a secure base for their clients during sometimes traumatic and transitional periods in their lives Consisting of two parts the first part of this book focuses on how to become a secure base coach using case studies to illustrate how readers can affect real change with their clients when providing humanity and proximity to the professional relationship The second part provides a more practical guide to working with individuals and groups and how to apply the themes of the Transition Cycle to help with guiding transition This will be a valuable resource for coaches counsellors and therapists as well as those currently in training It will also be of use to leaders wishing to learn more about their coaching skills as well as social workers and grief counsellors therapists

Attachment Theory and Research in Clinical Work with Adults Joseph H. Obegi, Ety Berant, 2009-01-01 Written with the practicing psychotherapist in mind this invaluable book presents cutting edge knowledge on adult attachment and explores the implications for day to day clinical practice Leading experts illustrate how theory and research in this dynamic area can inform assessment case formulation and clinical decision making The book puts such concepts as the secure base mentalization and attachment styles in a new light by focusing on their utility for understanding the therapeutic relationship and processes of change It offers recommendations for incorporating attachment ideas and tools into specific treatment approaches with separate chapters on psychoanalytic interpersonal cognitive behavioral and emotionally focused therapies

Improving Outcomes for Looked After Children: A practical guide to raising aspirations and achievement - eBook ,

Attachment and Psychoanalysis Morris N. Eagle, 2013-01-01 Although attachment theory was originally rooted in psychoanalysis the two areas have since developed quite independently This incisive book explores ways in which attachment theory and psychoanalysis have each contributed to understanding key aspects of psychological functioning including infantile and adult sexuality aggression psychopathology and psychotherapeutic change and what the two fields can learn

from each other Morris Eagle critically evaluates how psychoanalytic thinking can aid in expanding core attachment concepts such as the internal working model and how knowledge about attachment can inform clinical practice and enrich psychoanalytic theory building Three chapters on attachment theory and research are written in collaboration with Everett Waters

Social and Emotional Development in Infancy and Early Childhood Janette B. Benson, Marshall M.

Haith, 2010-05-21 Research is increasingly showing the effects of family school and culture on the social emotional and personality development of children Much of this research concentrates on grade school and above but the most profound effects may occur much earlier in the 0 3 age range This volume consists of focused articles from the authoritative Encyclopedia of Infant and Early Childhood Development that specifically address this topic and collates research in this area in a way that isn't readily available in the existent literature covering such areas as adoption attachment birth order effects of day care discipline and compliance divorce emotion regulation family influences preschool routines separation anxiety shyness socialization effects of television etc This one volume reference provides an essential affordable reference for researchers graduate students and clinicians interested in social psychology and personality as well as those involved with cultural psychology and developmental psychology Presents literature on influences of families school and culture in one source saving users time searching for relevant related topics in multiple places and literatures in order to fully understand any one area Focused content on age 0 3 save time searching for and wading through lit on full age range for developmentally relevant info Concise understandable and authoritative for immediate applicability in research

Who Am I Teaching? Poppy Gibson, 2025-05-14 Who are the children you are teaching It is easy amidst the termly chaos to lose sight of the importance of every single daily interaction that takes place between you as a primary school teacher and the learners in your class In this book educator Dr Poppy Gibson offers a deep dive into some of the complexities children may bring to your classroom Understanding the diverse nature of our primary school children and their experiences is essential if we are to fully engage and support them as learners This book brings essential professional learning to teachers It explores children's development mental health wellbeing community identity trauma communication challenges and more It offers practical advice for classroom teaching to ensure and enhance Quality First Teaching

Creating Capacity for Attachment

Deborah Shell, Arthur Becker-Weidman, 2005 This Student Book gives a clear and complete understanding of each assessment objective with Practical examples and activities give for each assessment objective give students the tools to learn by doing Clearly presented requirements for achieving pass merit and distinction levels allow students to achieve their best result Assignments and homework activities at Pass Merit and Distinction level help build portfolio evidence Coverage of Unit 2 Webpage creation and Unit 20 Creating animation for the WWW in ICT

Handbook of Attachment Jude Cassidy, Phillip R. Shaver, 2018-03-19 Widely regarded as the state of the science reference on attachment this handbook interweaves theory and cutting edge research with clinical applications Leading researchers examine the origins and

development of attachment theory present biological and evolutionary perspectives and explore the role of attachment processes in relationships including both parent child and romantic bonds Implications for mental health and psychotherapy are addressed with reviews of exemplary attachment oriented interventions for children and adolescents adults couples and families Contributors discuss best practices in assessment and critically evaluate available instruments and protocols New to This Edition Chapters on genetics and epigenetics psychoneuroimmunology and sexual mating Chapters on compassion school readiness and the caregiving system across the lifespan Chapter probing the relation between attachment and other developmental influences Nearly a decade s worth of theoretical and empirical advances

Developmental Psychology: From Infancy to Development Fiona White,David Livesey,Brett Hayes,2012-08-20 Developmental Psychology From infancy to adulthood 3rd edition continues to bring together a balanced focus on Australian and international research contributions in developmental psychology Students and lecturers alike will find this text addresses the issues of lifespan development in a rigorous and challenging way using a thematic rather than chronological approach International and national research on graduate attributes consistently identifies critical thinking as one of the most important skills for psychology students The inclusion of Critical Thinking for Group Discussion at the end of each chapter is designed to encourage students in the development of this key skill These questions help students develop the ability to engage in discussions on truth and validity and evaluate the relative importance of ideas and data Students learn by doing and this is encouraged through interactive features such as Stop and Review Research Focus Boxes and Practical Exercises which engage them in group discussion and challenge them to delve into complex and cross domain analysis of lifespan development Concept maps at the start of each chapter provide students with a visual snapshot of the chapter content

Advances in Child Development and Behavior,2025-09-01 Advances in Child Development and Behavior Volume 69 the latest release in this classic resource on the field of developmental psychology includes a variety of timely updates with this new volume presenting interesting chapters written by an international board of authors Chapters in this new release include Autonomic and Attentional Pathways in the Emergence of Autism Bridging Mechanisms and Real World Contexts in Infancy The Sound of Words model a developmental perspective of phonolexical acquisition The Development of Children s Beliefs about Ability and Assessing Children s Spatial Thinking Insights Challenges and Implications Contains chapters that highlight some of the most recent research in the areas of child development and behavior Presents a high quality and wide range of topics covered by well known professionals Includes content on Autonomic and Attentional Pathways in the Emergence of Autism Bridging Mechanisms and Real World Contexts in Infancy and more

Developments in Attachment Research Robbie Duschinsky,2025-06-06 This is an open access title available under the terms of a CC BY NC ND 4 0 licence It is free to read at Oxford Scholarship Online and offered as a free PDF download from OUP and selected open access locations Developments in Attachment Research explores the contributions of several research groups in developmental science that have shaped the study of attachment and

caregiving in recent decades each with a different image of the history of attachment research of the nature of attachment and why and how attachment research might be valuable In tracing changes in attachment theory over time the book examines the development of scientific evidence and breakthroughs The book also examines attachment research within developmental psychology as a culture considering its leadership kinship structures symbols conflicts points of entry or exit and the pressures and opportunities to which it has responded or failed to respond

Infant & Toddler Development Kay M. Albrecht, Linda G. Miller, 2001 Comprehensive guide to ages and stages theories and best practices of the early childhood field

Measuring Attachment Everett Waters, Brian E. Vaughn, Harriet Salatas Waters, 2021-05-10 This volume provides an in depth examination of traditional and emerging measures of attachment behavior and representations from infancy to adulthood Leading authorities share their expertise on the Strange Situation the Attachment Q set Ainsworth's Maternal Sensitivity Scales the Adult Attachment Interview the Attachment Script Assessments and the Adult Attachment Projective Picture System as well as analogue and experimental methods The book clarifies the conceptual and empirical underpinnings of the various measures and shows how they fit into a coherent developmental framework Offering detailed discussions of key constructs such as attachment security the secure base phenomenon disorganization and narrative structure this is a valuable resource for both researchers and practitioners who use attachment assessments in their work

Handbook of Life-Span Development Karen L. Fingerman, Cynthia Berg, Jacqui Smith, Toni C. Antonucci, 2010-12-25 The handbook is an impressive collection of research studies and theories provided by knowledgeable contributors on life span development from conception to old age Anthropology and Aging Quarterly The doubling of our average life span since the turn of the 20th century is considered by many scholars to be one of the most important changes in human existence This definitive text is the only volume to fully address through a multidisciplinary perspective the biological cognitive and psychological development that occurs from infancy through old age and how the sociocultural and institutional factors interface with these changes Edited by leading research scholars in the field of life span development the volume also includes contributions of specialists in behavioral genetics socioemotional selectivity theory neuroscience ecological models and more It examines the dynamics of close relationships and informal ties among the elderly population child parent attachment relationships as a life span phenomenon developmental tasks across the lifespan continuity and discontinuity in temperament and personality the sociocultural context of cognition across the life span and variability in approaches to social problem solving from early to later life Given the number of recent demographic shifts it also explores issues related to fertility life expectancy environmental contexts technology immigration and public policy

Key Features Integrates the full life span from infancy through old age in each chapter Considers multidisciplinary perspectives that address personal relationships cognitive development and social emotional and physical health across the life span Situates life span development in ecological contexts e g socioeconomic neighborhood and immigration status Provides a concise but thorough resource for graduate

seminars in life span related studies Highlights future issues in all areas of life span study **Care to Dare** George Kohlrieser, Susan Goldsworthy, Duncan Coombe, 2012-05-29 Have you ever been led by someone who cared for you like family and dared you to achieve more than you ever thought possible for yourself your organization and even society Award winning author of Hostage at the Table George Kohlrieser along with his co authors Susan Goldsworthy and Duncan Coombe explain how becoming a secure base leader releases extraordinary potential in others Part of the Warren Bennis leadership series Care to Dare shows you how to become a Secure Base Leader so that you release your followers from the fears that get in the way of their performance It shows you how you can unleash astonishing potential by building the trust delivering the change and inspiring the focus that underpins sustainable high performance From extensive interviews with executives from all over the world as well as from surveys with more than a thousand executives the book reveals the nine characteristics that Secure Base Leaders display on a daily basis The research shows that a primary difference between a successful leader and a failed leader is the presence or absence of secure bases in his or her life Care to Dare will take you on a journey where you will discover your own secure bases past and present and determine how you can be a secure base for other people in your life at work and at home *Relational Spirituality* Todd W. Hall, 2021-05-25 Human beings are fundamentally relational we develop heal and grow through relationships Integrating insights from psychology and theology Todd W Hall and M Elizabeth Lewis Hall present a definitive model of spiritual transformation based on a relational paradigm showing how transformation works practically in the context of relationships and community **Enhancing Early Attachments** Lisa J. Berlin, 2007-01-09 Synthesizing the latest theory research and practices related to supporting early attachments this volume provides a unique window into the major treatment and prevention approaches available today Chapters address the theoretical and empirical bases of attachment interventions explore the effects of attachment related trauma and how they can be ameliorated and describe a range of exemplary programs operating at the individual family and community levels Throughout expert authors consider cross cutting issues such as the core components of effective services and appropriate outcome measures for attachment interventions Also discussed are policy implications including how programs to enhance early child caregiver relationships fit into broader health social service and early education systems **Attachment Theory Applied** Mario Mikulincer, Phillip R. Shaver, 2023-06-19 In this compelling book prominent investigators Mario Mikulincer and Phillip R Shaver review the state of the science of attachment based interventions in psychotherapy and beyond They critically evaluate a range of programs that aim to strengthen parent child couple and therapist client relationships The theoretical and empirical underpinnings of each intervention are examined as are specific techniques used to enhance felt security and foster personal growth The book also looks at evidence based interventions outside the mental health domain including programs that target teacher student relationships and academic performance Looking to the future the authors discuss emerging applications of attachment theory in medicine and health care management and organizational behavior

and group and intergroup processes See also the related work from Mikulincer and Shaver Attachment Theory Expanded Security Dynamics in Individuals Dyads Groups and Societies 8-Week Secure Attachment Workbook Larry Riordan Williamson, Transform Your Relationship Patterns in Just 8 Weeks Do you find yourself stuck in exhausting cycles of pursuing and withdrawing in relationships Are you tired of feeling anxious about abandonment or overwhelmed by emotional intimacy This comprehensive workbook provides a proven 8 week program to help you develop secure attachment patterns and create the lasting healthy relationships you deserve Inside this practical guide you ll discover Complete assessments to identify your specific attachment style and triggers Daily emotional regulation techniques to manage anxiety and tolerate intimacy Step by step communication scripts for expressing needs without conflict Proven strategies to break the anxious avoidant cycle that sabotages relationships Self worth building exercises that don t depend on others approval Weekly practices to maintain security and create lasting change Based on decades of attachment research and therapeutic practice this workbook offers more than theory it provides actionable tools you can use immediately Each week builds systematically on the previous one guiding you from understanding your patterns to developing the core skills of secure attachment Perfect for individuals struggling with anxious attachment avoidant attachment or the push pull dynamic that keeps couples stuck this program shows you how to create earned security regardless of your childhood experiences You ll learn to self soothe during emotional storms communicate your needs clearly set healthy boundaries and build relationships based on genuine intimacy rather than fear Stop letting old patterns control your relationships Start building the secure satisfying connections you ve always wanted

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