

PAUL COWAN

AN ORPHAN IN HISTORY

One Man's Triumphant Search
for His Jewish Roots



AFTERWORD BY RACHEL COWAN

Orphan In History One Mans Triumphant Search For His Roots

Paul Cowan



Orphan In History One Mans Triumphant Search For His Roots:

An Orphan in History Paul Cowan, 2012-01-16 Sometimes we must look into the past in order to face the future After growing up as a fully assimilated Jew Paul Cowan embarked in his mid thirties upon a journey to discover and appreciate his true identity and heritage This orphan in history relates his search for these roots detailing the path he took from his Park Avenue home to nineteenth century Lithuania to a contemporary Israeli kibbutz leading to remarkable personal discoveries that will move everyone who has yearned to know more about their past An Orphan in History is a classically beautiful inspiring story of how one man evolved from describing himself as an American Jew to an American and a Jew This story will inspire you to journey in search of your true self

An Orphan in History Paul Cowan, 2002-10 After growing up as a fully assimilated Jew Paul Cowan embarks upon a journey to discover and appreciate his true identity and heritage traveling a path from his Park Avenue home to nineteenth century Lithuania to a contemporary Israeli kibbutz

Meaning & Mitzvah Rabbi Goldie Milgram, DMin, 2011-06-24 Delve deeper into spiritual practice to find the power and meaning waiting there for you Spiritual practice reveals that the Garden of Eden is right where you are standing and helps you to be here now Therefore Jewish spiritual practices cultivate joy hope resilience and understanding so that you can undertake your soul s work in this lifetime with vision passion and integrity from the Introduction This innovative guidebook makes accessible Judaism s spiritual pathways principles and applications and empowers you to test their value within your own life Each chapter provides step by step recipe like guides to a particular Jewish practice or group of practices gives examples of how they might unfold inside your life and shows how each can help refuel your spirit throughout the day You ll discover Prayer practices for embracing the body and creation with awe limbering up your mind and preparing for compassionate action How to draw sustenance from the Great Mystery the inexplicable and unknowable Source of Life How to mine the Torah s stories commentaries symbols and metaphors for meaning Ways to develop your Hebrew vocabulary so you can formulate your own interpretations of sacred text How to explore and practice mitzvot as meaningful compelling parts of your spiritual life How to view the Jewish people as a precious human resource and as a model for resilience and much much more

Introducing My Faith and My Community Rabbi Kerry M. Olitzky, 2011-04-23 You can understand your Jewish friends and loved ones more fully A hands on guide to the most important questions Introducing My Faith and My Community provides an introduction to both the basics and complexities of Judaism and Jewish life through the lens of an interfaith relationship Rather than providing stock answers to questions about Jewish rituals or values or giving a broad overview of Jewish history and theology Rabbi Kerry M Olitzky addresses topics that will encourage understanding and stimulate discussion between you and your Jewish partner relative or friend Topics include Beliefs Religion and the Place of God in the Jewish Faith Study Learning and Charity as Core Values in Jewish Life Food Holidays Humor and Ethnicity as Part of Jewish Culture The Importance of Synagogue Israel and Community to American Jews

Parenting Jewish Teens Joanne Doades, 2007 Draws

upon wisdom that has sustained the Jewish people through the ages to guide you in navigating the unique challenges of raising Jewish teens Also addresses special cases like interfaith homes special needs teens and teens engaged in risky behaviors Tears of Sorrow, Seed of Hope (2nd Edition) Rabbi Nina Beth Cardin,2011-09-08 A spiritual companion for those grieving infertility pregnancy loss or stillbirth bringing solace from Jewish tradition This book begins where the others leave off While the doctors do what they must do when it is time for us to wait or hope or cry or sleep or pray it is time for this book The passages found within are drawn from the rich pool of spiritual responses that Judaism possesses They reach out to us and embolden us to join our voices to the ancient prayers designed to get us through the night from the Introduction Enables those frustrated and pained in their attempts at parenthood to mourn the loss of a pregnancy or infertility through the prayers rituals and meditations of the Jewish tradition This new edition updated and expanded includes guided questions and pages on which to add personal reflections of your own emotions and experiences along the path toward parenting **Rosh Hashanah Readings** Rabbi Dov Peretz Elkins,2011-07-26 A powerful collection of writings about Rosh Hashanah that will add depth and holiness to your experience of the spiritual New Year This compelling companion to Yom Kippur Readings helps create a bridge between the words of our ancestors and the meanings themes and ideas that are the central spiritual agenda of the life of the modern Jew Drawn from a variety of sources ancient medieval modern Jewish and non Jewish this selection of readings prayers and insights explores the opportunities for inspiration and reflection inherent in the subjects addressed on the Jewish New Year sin repentance personal and social change societal justice forgiveness spiritual growth living with joy and hope commitment to high ideals becoming our truest and most authentic selves deepening our capacity to love and savoring the divine gift of life These readings enable you to enter into the spirit of Rosh Hashanah and the Days of Awe in a personal and powerful way while they uplift and inform They will add to the benefits of your High Holy Day experience year after year **A Wild Faith** Rabbi Mike Comins,2011-04-04 Explore the connections between God wilderness and Judaism This comprehensive how to guide to the theory and practice of Jewish wilderness spirituality unravels the mystery of Judaism s connection to the natural world and offers ways for you to enliven and deepen your spiritual life through wilderness experience Over forty practical exercises provide detailed instruction on spiritual practice in the natural world including Mindfulness exercises for the trail Meditative walking Four Winds wisdom from Jewish tradition Wilderness blessings Soul O Site solitude practice in wilderness Wilderness retreat For wilderness lovers and nature novices alike this inspiring and insightful book will lead you through experiences of awe and wonder in the natural world It will show you the depth and relevance of Judaism to your spiritual awareness in wilderness and teach you new ways to energize your relationship with God and prayer **My People's Prayer Book** Lawrence A. Hoffman,1997 This momentous critically acclaimed series is truly a people s prayer book one that provides a diverse and exciting commentary to the traditional liturgy It will help you find new wisdom and guidance in Jewish prayer and bring the liturgy into your life It

also has received significant attention in the Christian world The major sections of the prayer book each are covered in separate volumes in this series My People's Prayer Book provides in each volume The traditional Hebrew text A modern translation designed to let people know exactly what the prayers actually say Commentators from all perspectives of the Jewish world some of today's most respected Jewish scholars and teachers who cover the prayer book's connections to the Bible history traditional law kabbalistic wisdom feminism modern developments and much more This stunning work an important expression of the spiritual revival of our times enables all worshipers to claim their connection to the heritage of the traditional Jewish prayer book It rejuvenates Jewish worship in today's world and makes its power accessible to all

The Gods Are Broken! Jeffrey K. Salkin, 2022-05-17 The story of Abraham smashing his father's idols might be the most important Jewish story ever told and the key to how Jews define themselves In a work at once deeply erudite and wonderfully accessible Rabbi Jeffrey K Salkin conducts readers through the life and legacy of this powerful story and explains how it has shaped Jewish consciousness Offering a radical view of Jewish existence *The Gods Are Broken* views the story of the young Abraham as the primal trauma of Jewish history one critical to the development of a certain Jewish comfort with rebelliousness and one that happening in every generation has helped Jews develop a unique identity Salkin shows how the story continues to reverberate through the ages even in its connection to the phenomenon of anti-Semitism Salkin's work combining biblical texts archaeology rabbinic insights Hasidic texts some never before translated philosophy history poetry contemporary Jewish thought sociology and popular culture is nothing less than a journey through two thousand years of Jewish life and intellectual endeavor

Leave Me Alone, I'm Reading Maureen Corrigan, 2007-01-02 In this delightful memoir the book critic for NPR's Fresh Air reflects on her life as a professional reader Maureen Corrigan takes us from her unpretentious girlhood in working class Queens to her bemused years in an Ivy League Ph D program from the whirl of falling in love and marrying a fellow bookworm of course to the ordeal of adopting a baby overseas always with a book at her side Along the way she reveals which books and authors have shaped her own life from classic works of English literature to hard-boiled detective novels and everything in between And in her explorations of the heroes and heroines throughout literary history Corrigan's love for a good story shines

Postwar Stories Rachel Gordan, 2024 The period immediately following World War II was an era of dramatic transformation for Jews in America At the start of the 1940s President Roosevelt had to all but promise that if Americans entered the war it would not be to save the Jews By the end of the decade antisemitism was in decline and Jews were moving toward general acceptance in American society Drawing on several archives magazine articles and nearly forgotten bestsellers *Postwar Stories* examines how Jewish middlebrow literature helped to shape post-Holocaust American Jewish identity For both Jews and non-Jews accustomed to antisemitic tropes and images positive depictions of Jews had a normalizing effect Maybe Jews were just like other Americans after all At the same time anti-antisemitism novels and Introduction to Judaism literature helped to popularize the idea of Judaism as an American

religion In the process these two genres contributed to a new form of Judaism one that fit within the emerging myth of America as a Judeo Christian nation and yet displayed new confidence in revealing Judaism's divergences from Christianity

The Combing of History David William Cohen,1994-06-25 How is historical knowledge produced And how do silence and forgetting figure in the knowledge we call history Taking us through time and across the globe David William Cohen's exploration of these questions exposes the circumstantial nature of history His investigation uncovers the conventions and paradigms that govern historical knowledge and historical texts and reveals the economic social and political forces at play in the production of history Drawing from a wide range of examples including African legal proceedings German and American museum exhibits Native American commemorations public and academic debates and scholarly research David William Cohen explores the walls and passageways between academic and non academic productions of history

The JGirls Guide Penina Adelman, Ali Feldman, Dr. Shulamit Reinharz, 2005-03-01 The Essential Survival Manual for Growing Up Jewish What does it mean to become a Jewish woman Did you ever think that Judaism had any advice on how to deal with pressure from your friends Arguing with your parents Feeling stressed out Well this book shows you that Judaism can help you deal with all these things and a whole lot more The JGirl's Guide is a first of its kind book of practical real world advice using Judaism as a compass for the journey through adolescence A fun survival guide for coming of age it explores the wisdom and experiences of rabbis athletes writers scholars musicians and great Jewish thinkers as well as lots of girls just like you girls who share your worries and concerns and your joys Here's a place to turn to for honest helpful discussion about the things that really matter to you Friendship Eating Health Sexuality Getting involved Dealing with authority Coping with stress Self esteem Communication Jewish Identity Now's the time when you are thinking Who am I What do I believe in Who will I become The JGirl's Guide provides Jewish writings traditions and advice that can help

The Soul of the Story Rabbi David Zeller, 2014-02-11 What Happens When Your Spiritual Path Leads You Far from Home Many who embark on a spiritual quest discover that the people they meet along the way ultimately point them back home into the very soul of the religious tradition they had left behind So it was with David Zeller whose spiritual odyssey took him across the globe through traditions including Zen Buddhism and Hinduism and into relationship with some of the world's most compelling spiritual teachers Thoughtful and endearing provocative and witty Zeller's delightful stories recall his meetings with the likes of Carl Jung Shlomo Carlebach Alan Watts Sri Pad Baba the Mother Sri Aurobindo Ashram Carlos Castaneda and many others well known and unknown and the experiences and teachings that ultimately allowed him to rediscover his own spiritual heritage From the stimulating days of California's Bay Area in the 1960s to a kibbutz in Israel to the time he spent as a sadhu in India living outdoors and bathing in rivers these stories of Zeller's spiritual adventures remind us all that even the most meandering path can in the end bring us to our true spiritual home

The Lost Princess ,2011-07-12 Discover the hidden secrets of Torah and Kabbalah through the captivating stories of Rebbe Nachman of Breslov Rabbi Nachman's stories are among the great

classics of Jewish literature They have been recognized by Jews and non Jews alike for their depth and insight into both the human condition and the realm of the mysterious from Aryeh Kaplan s Translator s Introduction For centuries spiritual teachers have told stories to convey lessons about God and perceptions of the world around us Hasidic master Rebbe Nachman of Breslov 1772 1810 perfected this teaching method through his engrossing and entertaining stories that are fast moving brilliantly structured and filled with penetrating insights This collection presents the wisdom of Rebbe Nachman translated by Rabbi Aryeh Kaplan and accompanied by illuminating commentary drawn from the works of Rebbe Nachman s pupils This important work brings you authentic interpretations of Rebbe Nachman s stories allowing you to experience the rich heritage of Torah and Kabbalah that underlies each word of his inspirational teachings *A Jewish Feminine Mystique?* Hasia Diner, Shira Kohn, Rachel Kranson, 2010-09-10 In *The Feminine Mystique* Jewish raised Betty Friedan struck out against a postwar American culture that pressured women to play the role of subservient housewives However Friedan never acknowledged that many American women refused to retreat from public life during these years Now *A Jewish Feminine Mystique* examines how Jewish women sought opportunities and created images that defied the stereotypes and prescriptive ideology of the feminine mystique As workers with or without pay social justice activists community builders entertainers and businesswomen most Jewish women championed responsibilities outside their homes Jewishness played a role in shaping their choices shattering Friedan s assumptions about how middle class women lived in the postwar years Focusing on ordinary Jewish women as well as prominent figures such as Judy Holliday Jennie Grossinger and Herman Wouk s fictional Marjorie Morningstar leading scholars explore the wide canvas upon which American Jewish women made their mark after the Second World War [The Women's Seder Sourcebook](#) Sharon Cohen Anisfeld, Tara Mohr, Catherine Spector, 2006 With diverse and robust voices women are reclaiming their place at the seder table This complete sourcebook and guide shows you how to do it too For the first time contemporary Jewish women s writings on the Passover seder are gathered in one comprehensive and compelling sourcebook an unprecedented and powerful resource for those planning a women s seder and those seeking to infuse their Passover celebration with the creative and courageous voices of Jewish women Arranged according to the order of the seder this practical guide gathers the voices of more than one hundred women in readings personal and creative reflections commentaries blessings and ritual suggestions that can be incorporated into your Passover celebration as supplements to or substitutes for traditional passages of the haggadah It also includes a detailed guide to planning a women s seder based on information from successful seder organizers around the world Whether you are organizing a women s seder in your community or planning a family seder in your home this inspiring and accessible resource will help you take an active role in re creating the educational and spiritual experience of Passover and in shaping Judaism s future Contributors include Dr Rachel Adler Dr Rebecca T Alpert Rabbi Renni S Altman Zoe Baird Dr Evelyn Torton Beck Susan Berrin Senator Barbara Boxer Dr Esther Broner Rabbi Nina Beth Cardin Tamara Cohen Anita Diamant Dr Carol

Diamant Rabbi Sue Levi Elwell PhD Eve Ensler Dr Marcia Falk Merle Feld Rabbi Susan P Fendrick Rabbi Tirzah Firestone Dr Ellen Frankel Nan Fink Gefen Justice Ruth Bader Ginsburg Rabbi Lynn Gottlieb Dr Susannah Heschel Rabbi Karyn D Kedar Rabbi Naamah Kelman Naomi Klein Irena Klepfisz Maxine Kumin Rabbi Noa Rachel Kushner Rabbi Joy Levitt Hadassah Lieberman Ruth W Messinger Dr Faye Moskowitz Joan Nathan Dr Alicia Suskin Ostriker Dr Judith Plaskow Marge Piercy Dr Rachel Naomi Remen Anne Roiphe Danya Ruttenberg Rabbi Sandy Eisenberg Sasso The Honorable Jan Schakowsky Rabbi Susan Schnur Rabbi Susan Silverman Dr Ellen M Umansky Rabbi Sheila Peltz Weinberg Dr Chava Weissler Cantor Lorel Zar Kessler

The Publishers Weekly ,2002 **Love and Terror in the God Encounter** David Hartman,2001 The intellectual legacy of one of the twentieth century s greatest religious thinkers explained by a leading theologian of our day It is only through experiencing the contradictions in human existence through being overwhelmed by the divine presence through the finite human being feeling terror stricken by the infinite majesty of God that one can develop an authentic religious personality David Hartman From Chapter 6 Rabbi Joseph B Soloveitchik 1903 1993 profoundly influenced modern Orthodox Judaism in the United States and Judaism as a whole by opening up a discourse between the tradition of Torah study and Western philosophical thought The future of both religious Zionism in Israel and of Orthodoxy in America hangs to a great extent on how we interpret his intellectual legacy Dr David Hartman s penetrating analysis of Rabbi Soloveitchik s work reveals a Judaism committed to intellectual courage integrity and openness A renowned theologian and philosopher Hartman meticulously explores the subtlety and complexity of Rabbi Soloveitchik s theological thought exposing a surprising intersection of halakhic tradition and modern Western theology a confrontation that deepens and expands our spiritual understanding Hartman s provocative interpretation bears witness to the legitimacy of remaining loyal to the Judaic tradition without sacrificing one s intellectual freedom and honesty

Orphan In History One Mans Triumphant Search For His Roots Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has been apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Orphan In History One Mans Triumphant Search For His Roots**," written by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound affect on our existence. Throughout this critique, we shall delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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