

Home Economics

Lesson Plans



CLUE #3



Watch the following [video](#) to answer the questions.

1. Sugar is in % of the 600,000 items in the _____ store.
2. There are 56 different types of what?
3. Both glucose and fructose are _____.
4. What is metabolized primarily in the liver?
5. Foods with added sugar are easier to _____.
6. Try to pay attention to food _____ to keep your health.

Ways to Cook Eggs

Hard Boiled Cooked in its shell in boiling water, heats the contents of the shell and cooks the egg.	
Soft Boiled Same process as hard boiled but cook for half the time.	
Scrambled These are eggs that have been beaten and cooked in a pan.	

What is a Cookie?

By definition, a cookie is any handheld flour-based, sweet cake. Countries all over the world have their own form of cookie.



Did you know that the average American eats 35,000 cookies in a lifetime?



Looking Forward To A Career Home Economics

RJ Alexander



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The Senior High School Curriculum George Sylvester Counts, 1926 *Home Economics, Grades Ten, Eleven, and Twelve, Senior High School* Denver Public Schools, 1925 **Report on the Agricultural Experiment Stations**, 1912
Home Economics and Domestic Subjects Review, 1980 Report of the Director of the Office of Experiment Stations United States. Office of Experiment Stations, 1912 **Report of the President** State Agricultural College (Mich.), 1909
Pictorial Review, 1921 Includes music **Report on the Work and Expenditures of the Agricultural Experiment Stations**, 1912 Creating Consumers Carolyn M. Goldstein, 2012 Home economics emerged at the turn of the twentieth century as a movement to train women to be more efficient household managers At the same moment American families began to consume many more goods and services than they produced To guide women in th **Extension Service Review** United States. Federal Extension Service, 1952 **Report on the Work and Expenditures of the Agricultural Experiment Stations** United States. Agricultural Research Service, 1912 **El-Hi Textbooks in Print**, 1982
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