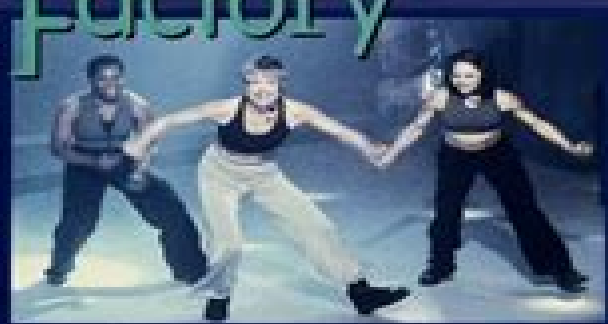


Cardio

Sweat Factory



At the "Sweat Factory," serious fitness is serious fun. This innovative new Reebok Versa Training Cardio program is part of the Reebok Rhythm Section dance series and brings you and Reebok Master Trainer Petra Kolber to the dance club.

This high-energy 30-minute cardiovascular workout is set to the beat of today's hottest club and funk music. Get ready to sweat with style and rev up your pulse with dance tracks exclusively mixed by #1 dance music label Strictly Rhythm Records!



Who said getting in shape had to be boring. Step into the "Sweat Factory." No cover. No minimum. Just pure fun!

Workout:

Warm up	4 min.
Workout	23 min.
Cool down	3 min.



PolyGram
VIDEO

Also includes special music video featuring Strictly Rhythm artist Reel to Reel performing their latest single "Jazz It Up."

To purchase Reebok equipment and video products, call 1-800-434-8005.



Reebok "Sweat Factory" workout has been developed and researched by the renowned faculty of Reebok University, the Reebok Research and Development Team. Research in the development and testing of the program is based on the scientific effects of exercise on the cardiovascular and muscular systems.

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