

The relationship of nutrition and mental disorders has always been a matter of debate and therefore a therapeutic role for specific dietary factors has not been clearly established (Tyson et al., 2013; Ekpo & Nigori, 2000). Statistics show that approximately 80% of the severe and profound mentally retarded population has some feeding difficulties but among mildly retarded this is considerably low (Ekpo & Nigori, 2000).

The impact of improved hygiene on health and conduct is hard to deny. Most victims of prevalent health conditions are people with low levels of hygiene and mentally retarded people (Hopkins, 2011). The Center for Disease Control and Prevention (2009), USA, noted that consistent washing of hands can stop the spread of germs/diseases and as such children and adults should be taught the rudiments of hygiene so as to prevent contamination (Eke et al., 2007) which is lacking in mentally retarded children/adults.

VI. Methodology

Through research survey, a structured questionnaire of 25 items was developed and used for data collection among 40 mentally retarded children who were purposively sampled in the study area. Data was also obtained through researchers administered interviews designed through Language Adaptation Method. The questionnaire was scientifically administered to avoid infiltration by a third party. The data obtained was analyzed and descriptively presented for clarity purpose.

VII. Results And Findings

The study investigated the impact of perceived deficits in daily living skills on the severity of mentally retarded children. Results obtained were used to test the Null hypothesis (H₀):

- a. Deficits in toileting skills have no significant relationship with the severity of mentally retarded children. The independent variable was deficits in toileting skills while the dependent variable was severity of mentally retarded children. Testing this, the test statistical technique adopted was Person Product Moment Correlation Coefficient Analysis (PPMCCA). Results of the test gave calculated r - value of 0.92 and this is greater than the critical r - value of 0.312 at 0.05 level of significance and 38 degree of freedom (df). This implies that, deficits in toileting skills have a significant relationship with severity of mentally retarded children, which indicates that the poorer the adept in toileting skills the more severe the mentally retarded condition. This shows that the null hypothesis (H₀) was rejected in favour of the alternative hypothesis (H_a). This is summarized in table 1 below.

Table 1. PPMCCA of the relationship between deficits in toileting skills and severity of mentally retarded children (N = 40).

Variable	N	ΣX	ΣY	ΣXY	r - cal
Deficits in toileting skills (X)	40	242	102	102	0.92
Severity of mentally retarded children (Y)	40	102	102	102	

Level of significance at 0.05; df = 38; Critical r - Value = 0.312

Data Source: Field Survey, 2014.

- b. There is no significant relationship between deficits in self - dressing skills and severity of mentally retarded children. The independent variable was deficits in self - dressing skills while the dependent variable was severity of mentally retarded children. Testing this, the result in table-2 shows that the test gave calculated r - value of 0.97 and critical r - value of 0.312 at 0.05 level of significance and 38 df. Hence the calculated r - value was greater than the critical r - value, the H₀ is rejected in favour of the H_a. This implies that deficits in dressing skills have a significant relationship with severity of mentally retarded children.

Table 2. PPMCCA of the relationship between deficits in self - dressing skills and severity of mentally retarded children (N = 40).

Variable	N	ΣX	ΣY	ΣXY	r - cal
Deficits in self - dressing skills (X)	40	242	102	102	0.97
Severity of mentally retarded children (Y)	40	102	102	102	

Level of significance at 0.05; df = 38; Critical r - Value = 0.312

Data Source: Field Survey, 2014.

- c. A significant relationship does not exist between deficits in eating skills and severity of mentally retarded children. The independent variable was deficits in eating skills while the dependent variable was severity of mentally retarded children. Results as shown in table-3 indicates that the test statistical r - value of 0.92 is greater than the critical value of 0.312 at 0.05 level of significance and 38 df and this was the basis of the

Retarded Children In Maine A Survey And Analysis

Harvey F. Dingman



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