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Restez Mince Apres Avoir Maigri

Sylvie Tenenbaum



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patients Des protocoles d'hypnose détaillés Bibliographie de la France, Biblio, 1973 Section called Annonces consists of publishers ads **Mincir et rester mince, exclusivement pour les hommes** Jérôme Wiseman, 2015-10-19 Découvrez le Programme qui m'a permis de perdre 20kg en 4 mois sans effort et de conserver mon nouveau poids depuis plus de deux ans J'avais essayé tous les régimes connus mais ne parvenais jamais au bout et ne conservais jamais ce que j'avais perdu C'est pourquoi j'ai inventé le Programme Le Programme répond à 3 contraintes Je suis un homme Je vis en société Je ne veux pas reprendre ce que j'ai perdu Ce livre a passé avec succès l'épreuve des faits Il est plein de conseils pratiques pour que vous réussissiez à redevenir vous-même en adoptant de nouvelles habitudes simples et les moins contraignantes possible

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