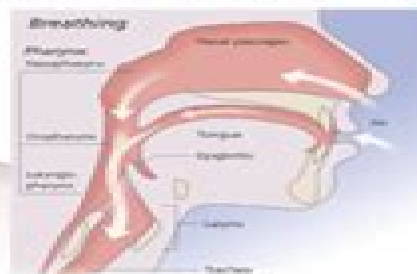
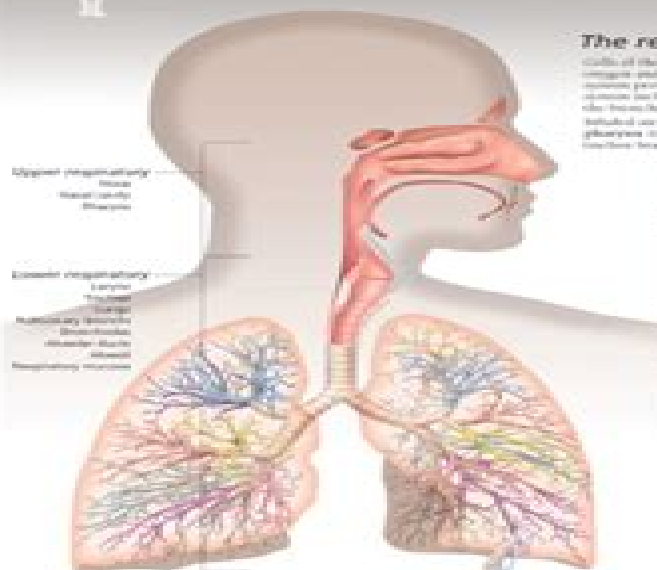




Respiration & Gas Exchange

The respiratory system

Cells of the body get energy through aerobic metabolism, a process that uses oxygen and produces carbon dioxide as a waste product. The respiratory system provides the means for exchanging these gases at the cellular level. The system includes the nose and mouth passages, the pharynx, larynx and trachea, the bronchi and the lungs. Inspired air entering through the nasal cavity or mouth, flows through the pharynx (throat) and the larynx (voice box) to the trachea (windpipe). The trachea branches into two bronchi, which carry air into each of the lungs.



Through breathing, our respiratory system provides the needed oxygen and expels the carbon dioxide we need to eliminate. It completely breathes in (taking in air) and breathes out (exhalation) and then expelling it (expiration).

A normal adult inhales about 14 pints of air per minute while awake and about 10 pints per minute while asleep. During exercise or under unusual situations, the body's demand for oxygen increases and the rate of breathing increases.

Total lung capacity

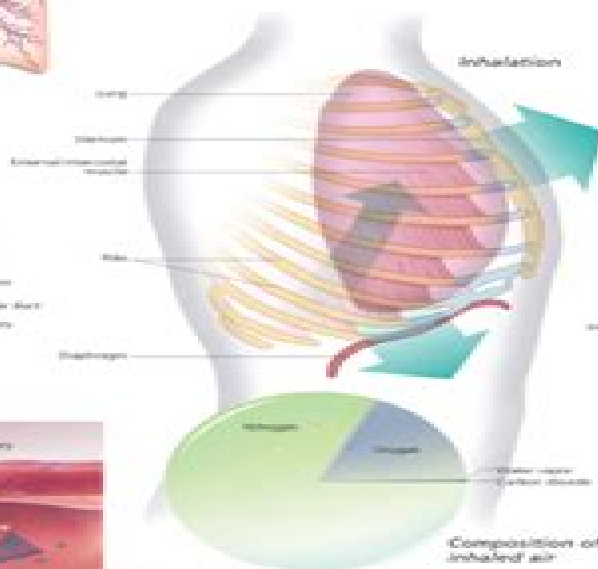


Lung volumes

During normal inspiration, the amount of air breathed in and out is called **tidal volume**. The additional amount of air that can be forcibly inhaled (just a normal inhalation) is the **inspiratory reserve volume**. The additional amount of air that can be forcibly exhaled (just a normal exhalation) is the **expiratory reserve volume**. Together the **inspiratory reserve volume** and the **expiratory reserve volume** make up the **total capacity**. Exhaling all the air in our lungs would create a vacuum, so when we breathe in the lungs, this air is called **residual volume**. Adding the residual volume to the tidal capacity gives us the **total lung capacity** (about 120 pints).

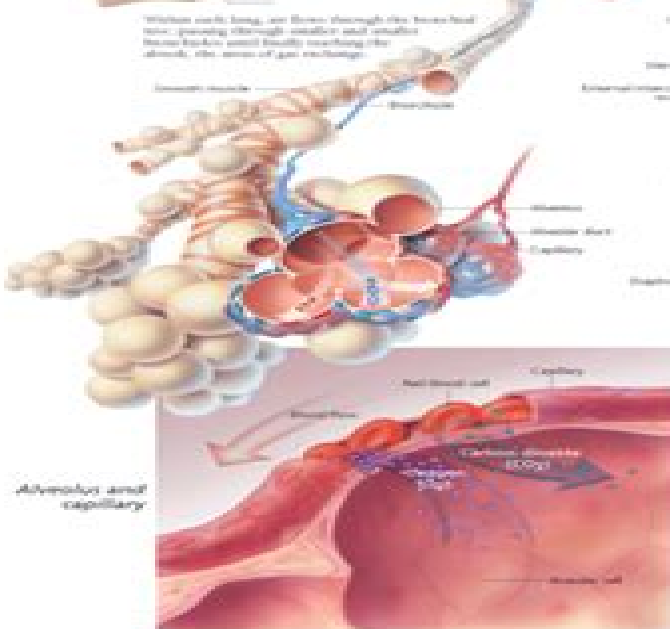
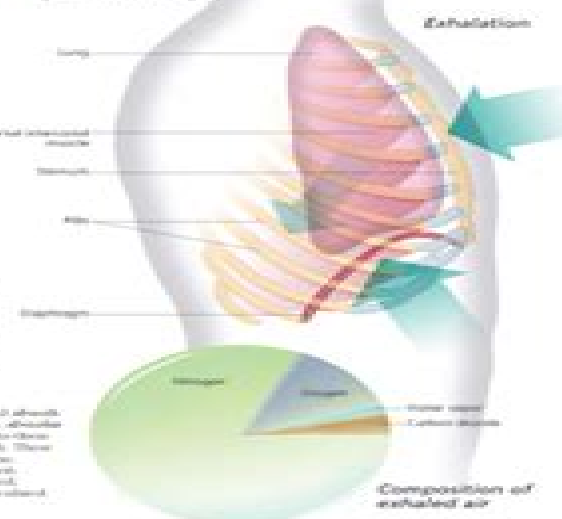
The mechanics of breathing

During inhalation, the diaphragm moves down and contracts, and the external intercostal muscles lift and draw up the rib cage. These actions increase the volume of the chest cavity. A partial vacuum is created by the additional space, and air is drawn in to equalize the pressure. During exhalation, the external intercostal muscles relax, reducing the chest cavity. The lungs passively expand and air is pushed out of the lungs.



Gas exchange

Gas exchange occurs in the more than 100 million tiny thin-walled alveoli within the lungs. These alveoli are along the respiratory bronchioles, alveolar ducts and alveolar sacs. Inspired air is carried through the bronchioles to these alveoli. Blood is carried in the capillaries that wrap around all the alveoli. These capillaries are so narrow that blood cells must pass through at a single file. Oxygen (O_2) diffuses across the alveolar wall into the blood cells to capillaries. Carbon dioxide (CO_2) diffuses from the blood into the alveoli. The CO_2 is exhaled. The newly oxygenated blood travels from the lungs to the heart to be circulated throughout the body.



Respiratory Physiology

Alan R. Leff, Paul T. Schumacker



Respiratory Physiology:

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the classic adult type pulmonary function tests and their application in the semi cooperative or cooperative **Respiratory Physiology** John B West, 2013-05-27 Present day respiratory physiology stems largely from the explosion of ideas which took place during and after World War II A number of the major players are still active but the opportunity to prepare a personal history of this branch of medicine will soon be lost In a sense then this book offers an exceptional even unique opportunity We are offered a first hand chronicle of the advancements made in respiratory physiology in the course of this century by one of the principal figures in the field The volume covers every aspect of the evolution of this important area of knowledge morphology gas exchange and blood flow mechanics control of ventilation and comparative physiology Some of the chapters are personal accounts of the development of respiratory physiology as observed by the author It is hoped that what is lost in objectivity by this approach is more than made up by the captivating insights provided by the author into the process of scientific research and discovery Principles of Comparative Respiratory Physiology Pierre Dejours, 1981 Respiratory Physiology Alan R. Leff, Paul T. Schumacker, 1993 Includes cortical **The Mouse in Biomedical Research**, 2006-12-15 Normative Biology Husbandry and Models the third volume in the four volume set The Mouse in Biomedical Research encompasses 23 chapters whose contents provide a broad overview on the laboratory mouse s normative biology husbandry and its use as a model in biomedical research This consists of chapters on behavior physiology reproductive physiology anatomy endocrinology hematology and clinical chemistry Other chapters cover management as well as nutrition gnotobiotics and disease surveillance There are also individual chapters describing the mouse as a model for the study of aging eye research neurodegenerative diseases convulsive disorders diabetes and cardiovascular and skin diseases Chapters on imaging techniques and the use of the mouse in assays of biological products are also included Respiratory Physiology Michelle M. Cloutier, 2018-09-03 Gain a foundational understanding of respiratory physiology and how the respiratory system functions in health and disease Respiratory Physiology a volume in the Mosby Physiology Series explains the fundamentals of this complex subject in a clear and concise manner while helping you bridge the gap between normal function and disease with pathophysiology content throughout the book Helps you easily master the material in a systems based curriculum with learning objectives Clinical Concept boxes highlighted key words and concepts chapter summaries self study questions and a comprehensive exam Keeps you current with recent advances in respiratory physiology and includes a new chapter on new and emerging aspects of the lung Includes nearly 150 clear 2 color diagrams that simplify complex concepts Features clinical commentaries that show you how to apply what you ve learned to real life clinical situations Complete the Mosby Physiology Series Systems based and portable these titles are ideal for integrated programs Blaustein Kao Matteson Cellular Physiology and Neurophysiology Johnson Gastrointestinal Physiology Koeppen Stanton Renal Physiology Pappano Weir Cardiovascular Physiology White Harrison Mehlmann Endocrine and Reproductive Physiology Hudnall Hematology A Pathophysiologic Approach New chapter on New and Emerging Aspects of the Lung Add clinical boxes Symbols abbreviations **Research**

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