# Sexual Options for Paraplegics and Quadriplegics Thomas O. Mooney • Theodore M. Cole, M.D. • Richard A. Chilgren, M.D. FOREWORD BY ALEX COMFORT

## **Sexual Options For Paraplegics And Quadriplegics**

**Erwin J. Haeberle** 

### **Sexual Options For Paraplegics And Quadriplegics:**

Sexual Options for Paraplegics and Quadriplegics Thomas O. Mooney, Theodore M. Cole, Richard A. Chilgren, 1975 Wheeling and Dealing Esther I. Wilder, 2006 Before his motorcycle accident Travis saw himself becoming a pro football player Now paralyzed from the nipple down he says At times it s a pain in the ass literally and figuratively But it allows me to not be as threatening to some people the way I was when I was still an athlete Because a lot of times male interaction is done on the basis of pissing contests I m bigger I m tougher I m stronger I m smarter When you re in a chair they don't look at you like that At the same time Travis complains that many people are uncomfortable interacting with him because of his disability I would rather you make a mistake and deal with me than not deal with me at all Meghan is a high level quadriplegic living alone who uses a power wheelchair and requires daily attendant care She laments There are so many people who think we re asexual we re not pretty and we re creeps and weirdoes To dispel this myth she envisions a fashion show of women in wheelchairs parading down a runway Meghan has been involved in a number of sexual relationships since sustaining her injury While she doesn t think her disability has diminished her sexual pleasure she feels that it has affected her sexual performance Well you can t move it You can t like bump and grind In 32 unusually frank in depth interviews like these the men and women in this book freely discuss their sex lives their beliefs about God how they want others to treat them and whether they want to walk again In each chapter the author presents their complex voices and comprehensive research about different facets of spinal cord injury SCI Wheeling and Dealing explores the extent to which people with spinal cord injury locate their challenges in their physical impairments or in the social environment Some disagree with those disability activists who focus almost exclusively on the latter but the author examines this issue in depth Topics include Physical health from degrees of loss of function to problems like pressure sores temperature regulation and bladder control The stages of psychological adjustment and rehabilitation Obstacles to sexual intimacy treatment of erectile dysfunction and new sources of sexual pleasure and emotional intimacy Religion and spirituality Social and political beliefs with those with SCI weighing in on everything from welfare services to embryonic stem cell research Dating marriage and parenting Friendship networks and social supports concerns about transportation and accessibility stigma Education employment and economic consequences This book is the recipient of the 2004 Norman L and Roselea J Goldberg Prize from Vanderbilt University Press for the best project in the area of medicine Sexual Rehabilitation of the Spinal-Cord-Injured Patient J. F. J. Leyson, 2013-03-09 G Blasius ftrSt described the anatomic aspects of spinal cord injury SCI in 1666 Until that time society had totally ignored the physically disabled let alone allowed them to mingle socially and sexually Themilitalymortalityratebetween 1814 1914wasestimatedto be50 80% although sexualandsocioculturalimplicationswere not addressed Ina1928novel Lady Chatterley's Lover D H Lawrence stronglyreflected the sexual concernsofa paraplegic who had been labeled impotent The modern management of SCI was initiated by Monroe and Guttman in 1943 but with heavy emphasis on physical and urological

rehabilitation and only supetficial attention to sexual dysfunctions H W Home et al started the investigation of SCI infertilityproblems in 1950 Itwas not until 1960 that Borsand Comarr collaborated on a study that classified the types of sexual dysfunctions in relation to neurological levels of lesions following spinalcooltrauma Nonnal nondisabled sexualitycameofageduring thepasttwo decades Thiswashighlightedbythe 1966publication of W Masters Human Sexual Response However the topic of sexuality in physically challenged handicapped personsremainslargelytabooinourpresent society Thereareanestimated 10 12 million SCI persons worldwide In America there are approximately 1 2 1 5 million SCI victims with an annual incidence of 12 000 15 000 or one every 35 minutes. The visibility of SCI persons was enhanced when the United Nations declared 1980 1990as thedecadeofdisabledpersons Furthennore the enactment in July 1990 of the American Disabilities Act pointed out the handicapped person s right to the fullest pursuit of happiness Since the release in 1974of K Heslinga's Not Made of v vi Preface Stone only a handful ofbooks on medical sexuality for the disabled have been published This book has three majorobjectives 1 toprovidethoroughandcomprehensivecoverageofdisabled persons sexuality in all sexual orientations 2 to introduce new tenninologies and theories to redefine certains exual dysfunctions and to describe updated treatment formats and 3 topresentresearchandinnovationsthatmaystimulatefurther investigations into disabled sexuality during the next decade. The first partofthis bookdefines new sexual terminology and describes the full spectrumofsa sexual challenges These condhalf of the book deals with a variety of diagnostic and the rapeutic sexual innovations AIDS implications and cosmic sex ology Finally the Appendix lists international sexual referral centers and informationorganizations Sexual and **Reproductive Neurorehabilitation** Mindy L. Aisen, 2013-03-09 This well written text thoroughly addresses two quality of life issues in patients with a variety of neurological disorders sexual and reproductive function. The de vasta stating effects of a variety of neurological diseases are well known to both the lay and medical communities and are treated in numerous texts However as we continue to experience therapeutic breakthroughs in the tields of neurology and rehabilitation medicine physicians and patients must become more aware of the issues discussed in this text It is particularly important as emphasized throughout the chapters that the physician or therapist initiate conversations with the patients concerning both the possibility of parenting a child as well as the ability of the patient to enhance his her sexual functioning Commonly in the patient who is otherwise perfectly normal there is a reluctance to discuss these topics and couples often feel embarrassed to initiate a conversation with their physi cians This reluctance to initiate a discussion is even more apparent in patients with a variety of neurological disorders in which there are overriding fears concerning both function and survival as well as deep concerns about their own attractiveness and their sexual and repro ductive ability The Sex Atlas Erwin J. Haeberle, 2020-05-18 No detailed description available for The Sex Atlas A Christian Guide to Sexual Counseling Mary Ann Mayo, 2003-01-17 Sexual counseling is not a task that pastors and general Christian counselors usually consider theirs If

one is to venture into the field he or she must have a solid foundation of reliable information both physiological and psychological and confidence that caring intervention will make a difference This book has been written to provide reliable information and also building a basis of confidence for Christian counselors A Christian Guide to Sexual Counseling offers counselors procedures for helping couples with sexual problems by first exploring the ambivalent messages that church and culture have conveyed about sexuality Because the primary sex organ of both the male and the female is the mind attitudes and concepts must be scrutinized weighed and approved or disapproved As the author so forcefully maintains sexual counseling will always be trying to repair distortions if sound sex education does not become a priority for the church Many contemporary Christians are wary of sex therapy because of the notoriety of charlatans and pop sex psychologists But faddish theories do not comprise the basis for the mainstream of sex therapy There are sound biological and psychological bases for sexual counseling And Christian spirituality is not or should not be disjoined from treatment of sexual problems So Mayo brings body mind and spirit together in her assessment of the common problems and the appropriate treatments The book includes discussions of the following areas attitudes of the church toward sexuality the responsibility of Christian leaders to offer positive teaching normal sexual functioning common sexual problems in a marriage the role and possible outcomes of sexual counseling female problems male problems special concerns for singles premarital education

Handbook of Sex Therapy Joseph LoPiccolo, Leslie LoPiccolo, 2012-12-06 When is it timely to publish a synthesis of previously published and original materials from a specific discipline I believe it to be timely when one has a sufficient amount of high quality material covering the critical areas of that topic when the previously published material is scattered over a wide range of journals and books and when there is no single book that synthesizes the discipline The treatment of sexual dysfunction emerged to the front lines of health delivery only during the past decade with the pioneering work of William Masters and Virginia Johnson In spite of the rash of sex clinics and sex therapists that followed preciously little solid research has been conducted on the various strategies of therapy the means of assessing complex interpersonal sexual relation ships and the manner by which clinical change is objectively assessed No one reader can keep pace with the multitude of jounials that publish key material by sophisticated investigators And no one investigator can cover these salient areas alone with his or her original work in a single volume The critical papers have now been written Ten were written specifically for this volume and thirty three have previously appeared This volume laces them together into a coherent pattern Thus the time for a synthesis in sexual dysfunction Treatment Interventions in Human Sexuality Carol Nadelson, 2012-12-06 Despite much progress in the past ten years American medical schools have woefully inadequate sex education curricula While some have a reasonable amount of lecture time few have clinical opportunities for students to develop practical skills in working with patients who are struggling with sexual problems It is my impression that the same is true in medical and gynecological residencies as well as in graduate schools of psychology counseling and social work This

book was specifically written to help fill that gap This is a book for clinicians and it will provide a wealth of practical clinical knowledge and skills in dealing with the gamut of patient's sexual concerns problems and dilemmas Twenty four experts have contributed eighteen chapters which address both the common and unusual sexual issues encountered in practice These include sexual concerns from childhood to old age gender identity and sexual preference sexual dysfunction including that of the physically ill and disabled counseling with students premarital marital and divorced patients fertility and infertility and chap ters dealing with rape incest and other sexual contacts between adults and children Of particular importance are chapters on human sexuality in American minority populations a chapter on alcohol medication and other drugs and a chapter on medical management of sexual problems in the gay population a subject long ignored by the profession The focus on practical intervention and skill development is amplified by the concluding four appendixes devoted to patient management problems Sex and the Handicapped Veterans Administration Hospital (Cleveland, Ohio),1975 581 entries to books films and journal articles representing various disciplines such as psychology gerontology rehabilitation and oncology Also includes a few foreign language titles Arranged under 23 broad headings Each entry gives bibliographical information No index **Sexuality and Disability** Elaine Cooper, John Guillebaud, 2017-12-02 Sexuality is an integral part of every person but it is often difficult for people with a physical and or learning disability to express their sexuality as they wish This book provides a clear explanation of the issues concerning sexuality and disability for all professionals working in these Male Sexual Dysfunction Fouad R. Kandeel, 2007-05-22 Although impotence may be the most widely sensitive areas recognized manifestation of male sexual dysfunction many other forms of sexual disorders do not involve the erectile mechanism from deficiencies of desire to disturbances in ejaculatory function to the failure of detumescence With such a myriad and often co existing number of disorders the successful tr Handbook Of Family Therapy Alan S. Gurman, David P. Kniskern, 2014-01-21 This volume reflects the achievements in developing new concepts and models of family therapy and new approaches to special clinical issues and problems during the 1980s Chapters by experts such as Boszormenyi Nagy Everett Guttman Lankton Liddle McGoldrick Madanes and Walsh offer insight into a variety of areas including systems theory cybernetics and epistemology contextual therapy Ericksonian therapy strategic family therapy treating divorce in family therapy practice ethnicity and family therapy and training and supervision in family therapy **Spinal Cord Injuries** Roberta B. Trieschmann, 2013-10-22 Spinal Cord Injuries Psychological Social and Vocational Adjustment focuses on the process of adjustment to spinal cord injuries including rehabilitation medical intervention and examination of the daily life of persons with this kind of injury The book first discusses the consequences of spinal cord injury and rehabilitation as a behavior change process including physical symptoms of spinal cord injury rehabilitation process and treatment systems approach to the concept of adjustment and suicide and self neglect The manuscript also deals with the psychological factors in the adjustment to spinal cord injury Topics include emotional reactions at onset of spinal cord injury personality

characteristics of persons with spinal cord injury and factors associated with adjustment to spinal cord injury The publication takes a look at the social factors in the adjustment to spinal cord injury as well as the social implications of disability family relationships recreation aging and task of socialization The book also reviews the variables related with productivity following spinal cord injury and sexuality and spinal cord injury The effect of the treatment environment on adjustment to spinal cord injury and therapeutics techniques are discussed The manuscript is a dependable reference for readers interested in the psychological social and productivity implications of spinal cord injuries Sexuality Across the Life Course Alice S. Rossi,1994-08-15 Distinguished sociologist Alice S Rossi brings together fourteen diverse essays on sexual behavior covering adolescence through old age and addressing such groups as singles married couples and homosexuals This volume also looks at the effects of chronic disease and medication on sexual functioning recent developments in psychotherapy for sexual problems and sexual abuse of children incest and rape Spinal Cord Injury and the Family Michelle J. ALPERT, Saul Wisnia, Michelle J Alpert, 2009-06-30 Spinal cord injury or SCI is frequently sudden and unexpected through accident disease or violence patients temporarily lose control of their bodies and it seems their lives With rehabilitation they can learn to navigate their world once more retraining muscles and mind to compensate for paralyzed limbs and diminished strength But as Dr Michelle Alpert shows here there is far more to recapturing full independent lives than regaining movement Central to long term success is mending the family unit Combining Dr Alpert's clinical experience with patients own stories Spinal Cord Injury and the Family is for individuals and their families who must climb back from injury for the young quad couple both quadriplegic who wish to conceive and raise a child for the paraplegic dad who wants to teach his daughter to drive for the couple wondering how they can regain the sexual spark in their relationship The authors cover the causes of and prognosis for SCI through case studies review common courses of rehabilitation and answer the what now questions from daily routines to larger issues concerning sex education and employment childbearing and parenting with SCI Rich in clinical information and practical advice the book shows how real patients and their families are living full lives after spinal cord injury

Handicapped Married Couples Ann Craft, Michael Craft, 2023-07-05 Despite handicaps of low mental ability deprived backgrounds or psychiatric and physical disability most married couples with disabilities manage to give and receive much personal satisfaction and pleasure in their marriages This is of special interest to professionals and social workers who in the course of their jobs are called upon to give support and service to people with mental disabilities Originally published in 1979 Ann and Michael Craft had spent four years researching a sample of 45 marriages with at least one spouse with a mental disability In three quarters of the partnerships both spouses have a mental disability This was the largest group of married subjects with a mental disability studied in this country at the time and the Crafts conclusions were of considerable importance for with the recent trend towards normalization marriage was becoming a viable possibility for more and more people with mental disabilities The purposes of the study therefore were to give an account of the authors research

concerning married couples with mental disabilities to suggest some ways in which service to such couples might be improved and to provide material for teaching purposes This book is a re issue originally published in 1979 The language used is a reflection of its era and no offence is meant by the Publishers to any reader by this re publication **Sexuality** Vern L. Bullough, Bonnie Bullough, 2014-01-14 First Published in 1994 The purpose of an encyclopedia is to gather in one place information that otherwise would be difficult to find Bring together a collection of articles that are authoritative and reflect a variety of viewpoints The contributors come from a wide range of disciplines from nursing to medicine from biology to history and include sociologists psychologists anthropologists political scientists literary specialists academics and non academics clinicians and teachers researchers and generalists Emotional Rehabilitation of Physical Trauma and Disability David W. Krueger, 1984-06-30 Catalog of Copyright Entries. Third Series Library of Congress. Copyright Office.1977 **Psychosexual Therapy** Susan H. Spence, 2013-12-17 The increasing number of individuals and couples seeking help for psychosexual difficulties presents a challenge to the helping profes sions Although considerable progress has been made over the past twenty years in the development of therapy approaches there remains a significant proportion of cases who fail to respond to treatment or whose improvement in sexual functioning is short lived It is suggested that such limitations of therapy reflect our lack of understanding of the psychosocial determinants of sexual responding Whereas the biological determinants are now well understood much less is known about the psychosocial factors which influence sexual responding The aim of this book is to examine in depth some of the psychosocial factors which must be considered during the assessment and treatment of psychosexual dysfunction It has been written for those helping professionals who already have expertise in cognitive behavioural assessment and therapy Although much of the text focuses on practical issues reference is made to empirical evidence regarding the determinants of sexual functioning and effectiveness of therapy methods A scientist practitioner approach is followed wherever possible combined with practical illustrations from the author's own clinical work

The book delves into Sexual Options For Paraplegics And Quadriplegics. Sexual Options For Paraplegics And Quadriplegics is a vital topic that must be grasped by everyone, ranging from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Sexual Options For Paraplegics And Quadriplegics, encompassing both the fundamentals and more intricate discussions.

- 1. The book is structured into several chapters, namely:
  - Chapter 1: Introduction to Sexual Options For Paraplegics And Quadriplegics
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  - Chapter 4: Sexual Options For Paraplegics And Quadriplegics in Specific Contexts
  - $\circ$  Chapter 5: Conclusion
- 2. In chapter 1, the author will provide an overview of Sexual Options For Paraplegics And Quadriplegics. This chapter will explore what Sexual Options For Paraplegics And Quadriplegics is, why Sexual Options For Paraplegics And Quadriplegics is vital, and how to effectively learn about Sexual Options For Paraplegics And Quadriplegics.
- 3. In chapter 2, this book will delve into the foundational concepts of Sexual Options For Paraplegics And Quadriplegics. This chapter will elucidate the essential principles that need to be understood to grasp Sexual Options For Paraplegics And Quadriplegics in its entirety.
- 4. In chapter 3, the author will examine the practical applications of Sexual Options For Paraplegics And Quadriplegics in daily life. The third chapter will showcase real-world examples of how Sexual Options For Paraplegics And Quadriplegics can be effectively utilized in everyday scenarios.
- 5. In chapter 4, this book will scrutinize the relevance of Sexual Options For Paraplegics And Quadriplegics in specific contexts. The fourth chapter will explore how Sexual Options For Paraplegics And Quadriplegics is applied in specialized fields, such as education, business, and technology.
- 6. In chapter 5, the author will draw a conclusion about Sexual Options For Paraplegics And Quadriplegics. This chapter will summarize the key points that have been discussed throughout the book.
  - The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Sexual Options For Paraplegics And Quadriplegics.

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