

ABOUT-ME QUESTIONS FOR SELF-REFLECTION

- Describe yourself in three words.
- What are your strengths and weaknesses?
- What matters most to you?
- Name one of your recent achievements that you are most proud of.
- What will make your life worthwhile?
- Name one childhood hobby that you still want to pursue as an adult.
- Who did you want to be when you grew up? Have you achieved your goal?
- What's one thing you regret doing?
- What is something you need to get out of your chest?
- What do you want others to know about you?
- If you only have one day left to live, what are the three things you must do?
- What failure turned out to be a blessing?
- What do you always want to do but haven't? What is stopping you?
- What changes do you wish to see in your community and the world? How can you contribute?

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Reflections Of Me

Michael Brown



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