

• DEVELOPING CAPABLE PEOPLE SERIES •

POSITIVE DISCIPLINE FOR PARENTING IN RECOVERY

A GUIDE TO HELP RECOVERING PARENTS

Give Up Guilt and Shame • Rebuild Trust • Create Structure and
Routine • Improve Communications • Learn Parenting Skills



JANE NELSEN, RIKI INTNER, AND LYNN LOTT
FOREWORD BY H. STEPHEN GLENN

Positive Discipline For Parenting In Recovery A Guide To Help Recovering Parents

Cynthia Crosson Tower



Positive Discipline For Parenting In Recovery A Guide To Help Recovering Parents:

Positive Discipline for Parenting in Recovery Jane Nelsen, Riki Intner, Lynn Lott, 1995 The philosophy of positive discipline is that of raising children in a positive environment enabling them to grow into secure capable people Tailored to the needs of parents teachers and anyone who works with children Prima s Positive Discipline library is an invaluable resource Parents recovering from addictions or other destructive behaviors need help mending the broken bonds with their children Three experts provide it here *Positive Discipline for Single Parents* Jane Nelsen, Cheryl Erwin, Carol Delzer, 1994 With the high rate of divorce children are more likely than ever before to be raised by a single parent Now from the author of Positive Discipline here is the definitive book for single parents to raising responsible respectful children Positive Discipline for Preschoolers Jane Nelsen, Cheryl Erwin, Roslyn Duffy, 1994 The philosophy of positive discipline is that of raising children in a positive environment enabling them to grow into secure capable people Tailored to the needs of parents teachers and anyone who works with children Prima s Positive Discipline library is an invaluable resource Parents are eager for knowledgeable reliable and practical information about guiding their children through those formative years from infancy through age four They ll find plenty of guidance here including clear expert advice on potty training positive behavior engaging children s curiosity and more Clean & Sober Parenting Jane Nelsen, Riki Intner, Lynn Lott, 1992 Written by parenting and recovery experts this important first book on healing the broken circle of the parent child relationship helps parents take charge of their lives and make changes that will bring the whole family together Topics include how to rebuild trust break old patterns of codependence and improve communication *Chores Without Wars* Lynn Lott, Riki Intner, 1997 Things To Do Today Persuade all family members to pitch in and enjoy it Distribute the chores fairly and make them fun Encourage responsibility and self esteem Share the satisfaction of a job well done If you d like to trade your to do list for one like this then Chores Without Wars is the book for you With wisdom and humor this practical step by step guide gives you the techniques you need to enlist the support and cooperation of your entire family Whether you re a single parent or part of a blended family the homemaker in a traditional household or a college student sharing expenses this book can make your life easier and more enjoyable and your house cleaner Contains dozens of simple effective ideas you can use today **Voicing Our Stories/remaking Our Lives** Grassroots Women's Collective, 1999 With clarity and conviction this book relates women s stories of adversity and triumph Twelve women from diverse backgrounds and experiences talk about struggle and recovery in this inspiring collection of personal writings Native women immigrant and working class women wives mothers and war refugees speak of sexual and physical abuse workplace harassment alcoholism eating disorders and emotional breakdowns They also document their determination and strength to overcome and move forward Women in struggle and the general reader will be informed and inspired by the extraordinary determination of these ordinary women Time Out Jane Nelsen, Ed.D., M.F.C.C., Jane Nelsen, H. Stephen Glenn, 1992-12 Discusses the difference between abuses and effective uses of time

out as a disciplinary method for children *Partners in Parenting* ,1997 **American Book Publishing Record** ,1996
Subject Guide to Books in Print ,1991 *Journal of Applied Rehabilitation Counseling* ,1995 **Forthcoming Books**
Rose Army,1995 **Easy Does It Relationship Guide for People in Recovery** Mary Faulkner,2010-06-04 Solid
relationship advice for couples in recovery delivered with a light touch The Easy Does It Relationship Guide shares solid
advice for couples in recovery delivered with a light touch Mary Faulkner a therapist and popular workshop leader identifies
the five basic topics partners argue about over and over again money sex extended family children and time and offers
suggestions for assessing and resolving disagreements Readers will come to see relationships as a process always changing
often challenging and ultimately a source of hope strength and joy **The Resource Guide for Christian Counselors**
Douglas R. Flather,1995 This referral directory gives the user immediate access to essential up to date Christian counseling
resources It is organized alphabetically under 46 general topics that encompass counseling issues professional issues and
educational issues Kliatt Young Adult Paperback Book Guide ,1992 **Resources in Education** ,1997 **The**
Parenthood Decision Beverly Engel, M.F.C.C.,2011-07-20 We are living in a time when baby showers are the most popular
kind of party and when TV and movies abound with adorable babies and darling toddlers selling everything from soap to
toilet paper In this baby friendly environment is it any wonder that more and more people are considering becoming parents
Most people realize however that just wanting a baby doesn't mean you are physically mentally or emotionally prepared to
have one Nor does the desire to have a baby necessarily mean you will be a good parent The Parenthood Decision will help
potential parents resolve their conflicts about this major decision Here Beverly Engel helps readers find their own answers to
questions such as Am I ready to be a parent What should I do if I am ready and my partner is not Will I be a better parent
than my parents How will having a baby affect my relationship What are the mistakes I am most likely to make and how can I
avoid them Should I have a baby on my own By presenting important information posing thought provoking questions and
providing exercises Engel helps both those who are unclear whether this is the right time for them to become parents and
those who are undecided about whether parenthood is right for them Armed with the self knowledge The Parenthood
Decision provides readers will finish the book confident in their potential parenthood decision **Working Mother**
,2003-10 The magazine that helps career moms balance their personal and professional lives **Using Bibliotherapy in**
Clinical Practice John T. Pardeck,1993-10-26 Pardeck provides mental health professionals with readily available
information on self help books that can be effectively used with various clinical problems The materials presented can also be
used by those not necessarily trained in clinical intervention this group would include parents teachers and librarians The
approach offered bibliotherapy is an emerging clinical technique There are over 400 self help books presented and annotated
that focus on chemical dependency coping with change family violence and dysfunctional families parenting personal growth
serious illness social relationships and divorce and blended families **Secret Scars** Cynthia Crosson Tower,1989 Current

statistics show that between one fifth and one third of all adults were sexually abused in some way before turning 18 Yet little has been written to help the adult survivor In this book Tower relates actual stories examining the feelings and fears that are common to survivors

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