

ТОРАКОСКОПИЯ В КОРРЕКЦИИ ДИАФРАГМАЛЬНЫХ ГРЫЖ У НОВОРОЖДЕННЫХ: НАШ ОПЫТ

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Актуальность. В последние годы благодаря внедрению новых анестезиологических, реаниматологических и хирургических стратегий удалось значительно улучшить результаты лечения пациентов с диафрагмальными грыжами. Внедрение эндохирургических вмешательств при лечении диафрагмальных грыж интенсивно расширяется за счет лучшей визуализации органов грудной полости, хороших функциональных и косметических результатов, благоприятного течения послеоперационного периода и быстрой реабилитации больных после оперативных вмешательств.

Цель. Проанализировать результаты использования эндовидеохирургии в лечении диафрагмальных грыж у новорожденных.

Материалы и методы. За период 2015–2020 г. на лечении в Национальном научном центре материнства и детства находились 38 новорожденных с врожденной диафрагмальной грыжей (ВДГ). Антенатально диагноз установлен в 94,7% случаях, что послужило показанием для родоразрешения в нашем центре. 97% детей родились доношенными, с весом более 2500 г. Левосторонняя локализация установлена у 35 новорожденных (92,1%), из них ложная грыжа у 29 детей, а истинная грыжа — у 6. Правосторонняя ВДГ диагностирована у 3 (7,9%), в 2-х случаях истинная грыжа. По полу распределение было таковым: мальчиков — 21, девочек — 17. С целью диагностики всем детям проведены лабораторные и инструментальные методы обследования, множественные пороки развития выявлены у 6 детей. Летальный исход был у 17 (44,7%) новорожденных, из них 9 детей умерли до операции. Средняя длительность предоперационной подготовки составила около 46 ч и включала в себя инфузионную, антибактериальную, седативную терапию и ИВЛ. С 2019 г. в нашей клинике применяется монооксид азота, для лечения персистирующей легочной гипертензии, хотя доказательная база этого метода при лечении легочной гипертензии у детей с диафрагмальной грыжей недостаточна, мы применили этот метод у 8 новорожденных. Показанием для подключения NO стало повышенное давление в легочной артерии при Эхо-КГ. Положительный результат получен у 5 новорожденных.

Результаты. Оперативное лечение проведено 29 (76%) новорожденным. 12 детям коррекция порока проведена открытым методом. Торакоскопическая пластика диафрагмы была проведена 17 новорожденным, при истинной грыже выполнялось гофрирование и пликация купола диафрагмы (6 детей), при ложной форме проводилось низведение органов в брюшную полость, ушивание дефекта и дренирование плевральной полости (11 детей). Течение раннего послеоперационного периода у 2 детей осложнилось пневмотораксом, у 1 — гидротораксом. Рецидив диафрагмальной грыжи диагностирован у 3 детей, коррекция проведена открытым методом.

Заключение. Лечение ВДГ требует мультидисциплинарного подхода. Несмотря на антенатальную выявляемость и современные методы лечения, летальность остается на высоком уровне. С внедрением эндовидеохирургии стала возможной коррекция диафрагмальной грыжи у новорожденных торакоскопическим методом, который имеет ряд преимуществ, такие как лучшая визуализация, более «мягкое» течение послеоперационного периода, косметический результат.

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M Tight



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1. Understanding the eBook Patronazh Novorozhdennykh
 - The Rise of Digital Reading Patronazh Novorozhdennykh
 - Advantages of eBooks Over Traditional Books
2. Identifying Patronazh Novorozhdennykh
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Patronazh Novorozhdennykh
 - User-Friendly Interface
4. Exploring eBook Recommendations from Patronazh Novorozhdennykh
 - Personalized Recommendations
 - Patronazh Novorozhdennykh User Reviews and Ratings
 - Patronazh Novorozhdennykh and Bestseller Lists
5. Accessing Patronazh Novorozhdennykh Free and Paid eBooks
 - Patronazh Novorozhdennykh Public Domain eBooks
 - Patronazh Novorozhdennykh eBook Subscription Services
 - Patronazh Novorozhdennykh Budget-Friendly Options
6. Navigating Patronazh Novorozhdennykh eBook Formats

- ePub, PDF, MOBI, and More
- Patronazh Novorozhdennykh Compatibility with Devices
- Patronazh Novorozhdennykh Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Patronazh Novorozhdennykh
 - Highlighting and Note-Taking Patronazh Novorozhdennykh
 - Interactive Elements Patronazh Novorozhdennykh
- 8. Staying Engaged with Patronazh Novorozhdennykh
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Patronazh Novorozhdennykh
- 9. Balancing eBooks and Physical Books Patronazh Novorozhdennykh
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Patronazh Novorozhdennykh
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Patronazh Novorozhdennykh
 - Setting Reading Goals Patronazh Novorozhdennykh
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Patronazh Novorozhdennykh
 - Fact-Checking eBook Content of Patronazh Novorozhdennykh
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
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 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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