

**Mrs. Porter's New  
Southern Cookery Book,  
and Companion for Frugal  
and Economical  
Housekeepers;**



PORTER, M. E., MRS.

# Mrs Porters New Southern Cookery

**Maria Parloa**



## **Mrs Porters New Southern Cookery:**

**Mrs. Porter's New Southern Cookery Book** Mrs. M. E. Porter, 1974      Mrs. Porter's New Southern Cookery Book  
Mrs. M.E. Porter, 2012-10-16 This down to earth kitchen companion for frugal and economical housekeepers was designed to help reconstitute the rich cookery traditions of the region that had been interrupted by the Civil War and adapt them to the new requirements for thrift and making do The cuisine reflects that time when a new generation of southerners began to reach out beyond their borders and incorporate other regional and foreign dishes into their homes The hundreds of primarily southern recipes also include dishes from all over the United States a new feature for a southern cookbook that appealed to a mass audience rather than the elite class Mrs Porter appears to have been determined not to offend anyone so Yankee Fruit Cake is joined by Confederate Fruit Cake and Wine Sauce is balanced by Temperance Foam Sauce The list of entrees confirms the promise of frugality and indicates what ingredients were available at the time fresh seafood was plentiful as were beef mutton and game The chapter on vegetables is diversified and long with many recipes for potatoes another chapter contains what may be the first printed recipes for Potato Bread tomatoes eggplant pumpkin beets turnips and cucumbers Half of the book is devoted to cakes puddings and sweets This edition of Mrs Porter s Southern Cookery Book was reproduced by permission from the volume in the collection of the American Antiquarian Society Worcester Massachusetts Founded in 1812 by Isaiah Thomas a Revolutionary War patriot and successful printer and publisher the Society is a research library documenting the life of Americans from the colonial era through 1876 The Society collects preserves and makes available as complete a record as possible of the printed materials from the early American experience The cookbook collection includes approximately 1 100 volumes      **Mrs. Porter's New Southern Cookery Book, and Companion for Frugal and Economical Housekeepers;** M E Mrs [From Old Catalog] Porter, 2016-05-04 This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it This work was reproduced from the original artifact and remains as true to the original work as possible Therefore you will see the original copyright references library stamps as most of these works have been housed in our most important libraries around the world and other notations in the work This work is in the public domain in the United States of America and possibly other nations Within the United States you may freely copy and distribute this work as no entity individual or corporate has a copyright on the body of the work As a reproduction of a historical artifact this work may contain missing or blurred pages poor pictures errant marks etc Scholars believe and we concur that this work is important enough to be preserved reproduced and made generally available to the public We appreciate your support of the preservation process and thank you for being an important part of keeping this knowledge alive and relevant      Mrs. Porter's New Southern Cookery Book, and Companion for Frugal and Economical Housekeepers Mrs. M. E. Porter, 2016-11-14 Originally published Philadelphia John E Potter 1871      **Southern Food** John Egerton, 1993 Egerton explores southern food in over 200 restaurants in 11 Southern

states describing each establishment's specialties and recounting his conversations with owners, cooks, waiters, and customers. Includes more than 150 regional recipes. **Mrs. Porter's New Southern Cookery Book, and Companion for Frugal and Economical Housekeepers**

M. E. Porter, 2017-04-14 Mrs. Porter's New Southern Cookery Book and Companion for Frugal and Economical Housekeepers is an unchanged high quality reprint of the original edition of 1871. Hansebooks is editor of the literature on different topic areas such as research and science, travel and expeditions, cooking and nutrition, medicine, and other genres. As a publisher, we focus on the preservation of historical literature. Many works of historical writers and scientists are available today as antiques only. Hansebooks newly publishes these books and contributes to the preservation of literature which has become rare and historical knowledge for the future. **The New Housekeeper's**

**Manual** Catharine Esther Beecher, Harriet Beecher Stowe, 2013-04-16 Published in 1873 in New York. The New Housekeeper's Manual was written by Catharine Esther Beecher and her sister Harriet Beecher Stowe, two of the most influential women writers and activists of their time. Both women exerted profound influence on American letters and on the shape of American domestic life and educational reform. The book combines two works by the sisters in one volume. The American Woman's Home Or Principles of Domestic Science describes kitchen and home design, coping with kitchen appliances and newly invented gadgets, cooking healthful food and drink, caring for the sick with medical recipes, and gardening with plants and domestic animals. The Handy Cook Book is a complete condensed guide to wholesome, economical, and delicious cooking with nearly 500 choice and tested recipes. The authors assert that their extensive manual was designed specifically for middle class housewives versus others written for women with money and servants. It includes housekeeping information and dishes for every occasion that the practical minded housewife might need. The New Housekeeper's Manual was well received and had over 25 printings in 25 years. This edition of The New Housekeeper's Manual was reproduced by permission from the volume in the collection of the American Antiquarian Society, Worcester, Massachusetts. Founded in 1812 by Isaiah Thomas, a Revolutionary War patriot and successful printer and publisher, the Society is a research library documenting the life of Americans from the colonial era through 1876. The Society collects, preserves, and makes available as complete a record as possible of the printed materials from the early American experience. The cookbook collection includes approximately 1,100 volumes.

**1776-1876: The Centennial Cook Book and General Guide** Ella E. Myers, 2013-04-16 Published in Philadelphia in 1876, this volume in the American Antiquarian Cookbook Collection provides information about recipes and other cultural information from the 100 years between 1776 and 1876, divided into four sections: Cookery, Medical, Department Farming and Agriculture, and Events. It was published to celebrate the nation's first centennial, 1776-1876. The Centennial Cook Book and General Guide contains over 1,000 recipes gathered by author Mrs. Ella E. Myers, who states in the preface: "To compile and issue a work of this kind that would be perfect has been my particular aim, and I believe that I have succeeded." Myers confirms that each and every recipe has been carefully analyzed and tested by her to ensure the highest of

quality Furthermore Myers also states that the recipes were designed to only use quantities and ingredients absolutely necessary and because of this will save readers significant money Besides just recipes and frugality the hefty tome also contains sections on medicinal cures planting and farming and historical events of Philadelphia Complete with some of the author s own recipes marked as such 1776 1876 includes dishes such as Common Sense Biscuit Corn Meal Muffins Orange Biscuits and Potato Fritters With tested economical recipes as well as medicinal and agricultural tips 1776 1876 The Centennial Cook Book provides an accurate informative and intriguing picture of American lifestyles in the first 100 years of the United States This edition of 1776 1876 The Centennial Cook Book and General Guide was reproduced by permission from the volume in the collection of the American Antiquarian Society Worcester Massachusetts Founded in 1812 by Isaiah Thomas a Revolutionary War patriot and successful printer and publisher the Society is a research library documenting the life of Americans from the colonial era through 1876 The Society collects preserves and makes available as complete a record as possible of the printed materials from the early American experience The cookbook collection includes approximately 1 100 volumes

De Witt's Connecticut Cook Book, and Housekeeper's Assistant Mrs. N. Orr, 2013-04-16 Published in New York in 1871 and covering an extensive range of practical and wholesome recipes De Witt s Connecticut Cook Book and Housekeeper s Assistant includes recipes for everything from soups roasting broiling and stewing meats and coffees to vegetables pickling breads preserving jellies and fruits cakes and cheese However it contains more than recipes Emphasizing local culture and conditions his regional collection also provides a wide range of information about housekeeping such as removing stains from tablecloths washing flannel cleaning sheepskin rugs and greasing cowhide boots Orr also includes useful sanitary rules for bathing eating ventilation escaping a fire nosebleeds and snake bites With all of the recipes housekeeping tips and health guidelines De Witt s Connecticut Cook Book and Housekeeper s Assistant was truly an indispensable tome for 19th century women as well as an incredibly informative historical work for modern times This edition of De Witt s Connecticut Cook Book and Housekeeper s Assistant was reproduced by permission from the volume in the collection of the American Antiquarian Society Worcester Massachusetts Founded in 1812 by Isaiah Thomas a Revolutionary War patriot and successful printer and publisher the Society is a research library documenting the life of Americans from the colonial era through 1876 The Society collects preserves and makes available as complete a record as possible of the printed materials from the early American experience The cookbook collection includes approximately 1 100 volumes

**The Appledore Cook Book** Maria Parloa, 2013-07-16 Published in 1872 in Boston The Appledore Cook Book was authored by renowned cooking teacher and writer Maria Parloa to be a go to cookbook for new brides and housekeepers and it was specifically geared toward simpler recipes with less expensive ingredients This first of many cookbooks by Parloa was inspired by her time spent cooking at the Appledore House hotel on the Isles of Shoals Maine The Appledore Cook Book contains the first known recipe for tomato chowder known today as tomato soup as well as delectable family sized recipes

such as Lamb Chops Dumplings for Soup Baked Potatoes Fried Ham Buckwheat Cakes Apple Cake Ginger Snaps and Pumpkin Pie Emphasizing the purpose of this popular cookbook Parloa states in the preface The great trouble with all the cook books which I have known is that they are too expensive and that they use weight instead of measure and also that they take for granted that the young housekeeper knows many things which she really does not With The Appledore Cook Book Parloa provides just such a cookbook of simple yet tasty inexpensive meals a theme as popular in the 19th century as it is today This edition of The Appledore Cook Book was reproduced by permission from the volume in the collection of the American Antiquarian Society Worcester Massachusetts Founded in 1812 by Isaiah Thomas a Revolutionary War patriot and successful printer and publisher the society is a research library documenting the lives of Americans from the colonial era through 1876 The society collects preserves and makes available as complete a record as possible of the printed materials from the early American experience The cookbook collection comprises approximately 1 100 volumes Tasteful

Domesticity Sarah Walden, 2018-04-25 Tasteful Domesticity demonstrates how women marginalized by gender race ethnicity and class used the cookbook as a rhetorical space in which to conduct public discussions of taste and domesticity Taste discourse engages cultural values as well as physical constraints and thus serves as a bridge between the contested space of the self and the body particularly for women in the nineteenth century Cookbooks represent important contact zones of social philosophies cultural beliefs and rhetorical traditions and through their rhetoric we witness women's roles as republican mothers sentimental evangelists wartime fundraisers home economists and social reformers Beginning in the early republic and tracing the cookbook through the publishing boom of the nineteenth century the Civil War and Reconstruction the Progressive era and rising racial tensions of the early twentieth century Sarah W Walden examines the role of taste as an evolving rhetorical strategy that allowed diverse women to engage in public discourse through published domestic texts

The Hygienic Cook Book John Harvey Kellogg, 2013-07-16 Published in 1876 in Michigan The Hygienic Cook Book was part of the 19th century health reform movement that stressed a vegetarian diet to achieve wellness Author John Harvey Kellogg an American physician took the health reformer's diet even further by emphasizing abstinence from caffeine alcohol spices condiments dairy eggs and vinegar Kellogg believed that condiments are innutritious and irritating they irritate the digestive organs impairing their tone and deranging their function Above all he stressed the importance of bowel health for an overall healthy body Along with tips for reforming the diet as well as reasons for abstaining from animal products spices and condiments The Hygienic Cook Book also contains wholesome recipes such as Johnny Cakes Potato Bread Apple Brown Bread Graham Crackers and Peach Toast While Kellogg's hygienic diet might not be for all tastes The Hygienic Cook Book offers a fascinating look into the 19th century's new focus on a healthier diet This edition of The Hygienic Cook Book was reproduced by permission from the volume in the collection of the American Antiquarian Society Worcester Massachusetts Founded in 1812 by Isaiah Thomas a Revolutionary War patriot and successful printer and publisher the society is a research

library documenting the lives of Americans from the colonial era through 1876 The society collects preserves and makes available as complete a record as possible of the printed materials from the early American experience The cookbook collection comprises approximately 1 100 volumes      **Mackenzie's Five Thousand Receipts in All the Useful and Domestic Arts** An American Physician,2013-07-16 Published in 1829 in Philadelphia Mackenzie s Five Thousand Receipts in All the Useful and Domestic Arts was an unknown American physician s adaptation of a best selling British reference book by Colin Mackenzie The book is an all encompassing miscellanea of household information specifically revised from its original British publication for use in the United States Covering everything from gardening metallurgy and pickling and preserving to watercolors medical cures perfumery brewing and cooking this early 19th century compendium was an essential guide for cooking and managing a household during this time period With the extensive material covered the tome was very well received in America as was the original publication in the United Kingdom Even though the work was first published nearly 200 years ago the recipes and advice have proven to be relevant today lip balms citing the book as the recipe source can be found on the Internet as well as numerous blogs referring to the brewing section of the book While recipes such as Acorn Coffee Clove Cordial and Elephant s Milk may only be of historical interest Mackenzie s Five Thousand Receipts in All the Useful and Domestic Arts still has significance today beyond simple historical curiosity This edition of Mackenzie s Five Thousand Receipts in All the Useful and Domestic Arts was reproduced by permission from the volume in the collection of the American Antiquarian Society Worcester Massachusetts Founded in 1812 by Isaiah Thomas a Revolutionary War patriot and successful printer and publisher the society is a research library documenting the lives of Americans from the colonial era through 1876 The society collects preserves and makes available as complete a record as possible of the printed materials from the early American experience The cookbook collection comprises approximately 1 100 volumes      The People's Manual Perrin Bliss,2013-07-16 Published in 1848 in Massachusetts The People s Manual offers practical and valuable guidance on the daily activities of farming caring for livestock cooking and preparing medicinal cures all of which provide the entire community with better products and health As stated in the introduction the author strove to write valuable matter that is of highly practical importance and divides the work into two primary sections making butter and farm care and preserving health through medicinal recipes From constructing the best milk cellar and working butter to fattening swine saving manure preparing bedbug poison and curing lock jaw The People s Manual by a self sufficient carpenter offers readers of the 19th century recipes and instructions of the highest practical moment to every family as well as giving modern readers a rare glimpse into the roots of self sufficiency and farm to table living This edition of The People s Manual was reproduced by permission from the volume in the collection of the American Antiquarian Society Worcester Massachusetts Founded in 1812 by Isaiah Thomas a Revolutionary War patriot and successful printer and publisher the society is a research library documenting the lives of Americans from the colonial era through 1876 The society collects preserves and makes

available as complete a record as possible of the printed materials from the early American experience The cookbook collection comprises approximately 1 100 volumes      **The Carolina Housewife** Sarah Rutledge,2013-07-16 Published in 1851 in Charleston The Carolina Housewife by A Lady of Charleston was described by Time magazine as an incomparable guide to Southern cuisine With over 600 recipes this treasury of Southern fare acknowledges for the first time the contributions of African American and Native American cooks by including recipes such as Hoppin John Potted Shrimp Seminole Soup and numerous rice dishes Sarah Rutledge emphasized that The Carolina Housewife contained recipes that had been gathered from the community tested in their own kitchens and a topic that still resonates today appropriate for people of limited incomes Other delicious recipes include Hominy Bread Rice Griddles Baked Shrimps in Tomatoes Peach Sherbet and Lemon Drops all combining to make The Carolina Housewife a treasure trove for social historians studying South Carolina culture and lifestyles according to South Carolina Historical Magazine This edition of The Carolina Housewife was reproduced by permission from the volume in the collection of the American Antiquarian Society Worcester Massachusetts Founded in 1812 by Isaiah Thomas a Revolutionary War patriot and successful printer and publisher the society is a research library documenting the lives of Americans from the colonial era through 1876 The society collects preserves and makes available as complete a record as possible of the printed materials from the early American experience The cookbook collection comprises approximately 1 100 volumes      *The Kansas Home Cook-Book* Ladies of Leavenworth,2013-07-16 Published in 1874 in Leavenworth Kansas during the post Civil War charity cookbook boom The Kansas Home Cook Book is a fascinating genuine example of how women during this time were able to express their political influence through sales of cookbook collections Besides the fund raising that the cookbook provided this culinary collection showcases the cooking talents of local women what was common fare during the time period and the local community opinions and prejudices Each recipe is individually attributed and adds to the personal tone of the collection which includes recipes with a Midwestern influence such as Mrs Elvira Burr s Strawberry Short Cake Prairie Chicken and Buckwheat Griddle Cakes and Mrs C Foster s Breakfast Rolls With its special historical context and authentic local recipes The Kansas Home Cook Book is regional book in its origins but it has modern day appeal throughout the country This edition of The Kansas Home Cook Book was reproduced by permission from the volume in the collection of the American Antiquarian Society Worcester Massachusetts Founded in 1812 by Isaiah Thomas a Revolutionary War patriot and successful printer and publisher the society is a research library documenting the lives of Americans from the colonial era through 1876 The society collects preserves and makes available as complete a record as possible of the printed materials from the early American experience The cookbook collection comprises approximately 1 100 volumes      **The Oxford Encyclopedia of Food and Drink in America** Andrew Smith,2013-01-31 Home cooks and gourmets chefs and restaurateurs epicures and simple food lovers of all stripes will delight in this smorgasbord of the history and culture of food and drink Professor of Culinary History



Andrew Smith and nearly 200 authors bring together in 770 entries the scholarship on wide ranging topics from airline and funeral food to fad diets and fast food drinks like lemonade Kool Aid and Tang foodstuffs like Jell O Twinkies and Spam and Dagwood hoagie and Sloppy Joe sandwiches     The New Whole Art of Confectionary W. Young, 2013-07-16 Published in 1835 in New York The New Whole Art of Confectionary provided delicious sugary recipes for bakers confectioners and homemakers in the early 19th century One of the earliest dessert cookbooks published in the United States from an original British publication this compendium of all things sugar has recipes for delicious treats such as Peppermint Cake Candied Ginger Funeral Buns Yorkshire Muffins Raisin Loaf Rhubarb Tarts Lemon Cheesecakes Ice Cream Paradise Twist Hunting Gingerbread Nuts and Apricot Wine in short something to satisfy any sweet tooth then or now This edition of The New Whole Art of Confectionary Sugar Boiling Iceing Candyng Jelly and Wine Making c was reproduced by permission from the volume in the collection of the American Antiquarian Society Worcester Massachusetts Founded in 1812 by Isaiah Thomas a Revolutionary War patriot and successful printer and publisher the society is a research library documenting the lives of Americans from the colonial era through 1876 The society collects preserves and makes available as complete a record as possible of the printed materials from the early American experience The cookbook collection comprises approximately 1 100 volumes     **The Art of Confectionery** American Antiquarian Cookbook Collection, 2014-04-15 This encyclopedic collection contains forty four chapters with hundreds of recipes and it includes discussions of methodology and ingredients as well as detailed recipes for a stunning array of dishes Included are recipes for preserving fruits and fruit juices preparation of jams and jellies fruit and other syrups summer beverages dessert cakes ice cream sherbet candy bon bons puddings tinctures oils and colorants Written by an anonymous author the receipts are from the best New York Philadelphia and Boston confectioners and include a large number from the French and other nations The confectioner s art is an accomplishment which may be ranked among the most desirable and graceful of all that pertains to domestic economy It is absolutely necessary to the economy of the household that this art should form a part of every lady s education     *La Cuisine Creole* Lafcadio Hearn, 2014-04-15 Published in New Orleans in 1885 one of the great classics of Creole cuisine believed to be the first Creole cookbook in print Although *La Cuisine Creole* was printed anonymously in 1885 Lafcadio Hearn is generally accepted as the author of this Creole culinary classic In his introduction Hearn describes the intriguing origin of this unique cuisine explaining that it partakes of the nature of its birthplace New Orleans which is cosmopolitan in its nature blending the characteristics of the American French Spanish Italian West Indian and Mexican There are also obvious influences from Native Americans African Americans and others in the American melting pot Among the many original recipes and other valuable ones heretofore unpublished included in the book are Gombo file Bouille abaisse Courtbouillon Jambolaya Salade a la Russe Bisque of Gray fish a la Creole Pousse Caf Caf brule Okra Gombo Grenouilles Frites Pain Perdu Sangaree and a marvelous collection of fish seafood and game recipes There are also instructions on The Service of Wine and a large number

of recipes for drinks and cocktails This edition of La Cuisine Creole by Lafcadio Hearn was reproduced by permission from the volume in the collection of the American Antiquarian Society Worcester Massachusetts founded in 1812

## **Mrs Porters New Southern Cookery** Book Review: Unveiling the Magic of Language

In a digital era where connections and knowledge reign supreme, the enchanting power of language has become much more apparent than ever. Its ability to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Mrs Porters New Southern Cookery**," written by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we will delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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### **Mrs Porters New Southern Cookery Introduction**

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