

SEXUAL SHAME
**AN URGENT
CALL TO
HEALING**

**KAREN A.
MCCLINTOCK**

Sexual Shame An Urgent Call To Healing

Steven D. Hoogerwerf



Sexual Shame An Urgent Call To Healing:

Sexual Shame Karen A. McClintock, The trauma of sexual shame has widespread implications not just for individuals but also for institutions communities and even churches This book provides pastors and congregational leaders with the tools to identify the assumptions behaviors and structures that promote while masking sexual shame and to begin healing sexual shame both individually and corporately Questions for reflection are included at the end of each chapter making this an ideal book for both private use and group discussion BACK COVER *Shame-Less Lives, Grace-Full Congregations* Karen A. McClintock,2011-12-30 In Shame Less Lives Grace Full Congregations author Karen McClintock invites readers to become shame less so they can assist others in a congregational system to find a life of joy and grace McClintock explores shame as a theological and psychological emotion defining it as a feeling of unworthiness in the sight of God or significant others While guilt says I made a mistake shame says I am a mistake she explains With skilled storytelling and gentle humor McClintock takes readers on a journey in which we learn to recognize the many forms shame takes and explore and heal the shame of our own upbringing particularly the shame laden messages within our own religious teachings and practices She illustrates the ways shame laden leaders interact with congregations and ways congregational shame influences clergy and laity within the system She shows us how to recognize shame in the behavior of other leaders and clergy around us to reduce shame reinforcing theology and to provide alternative messages of hope and healing She also guides us in liberating others from their shame be they friends colleagues or people in a congregation where we worship and serve McClintock advises readers that eradicating shame may take a few weeks months years or a lifetime This book is not written so that we can be free of all shame It is written so we can become shame less by acknowledging old patterns and consciously changing them because shame less leaders create shame less congregations **The Living Church** ,2000-07 **Shame, the Church and the Regulation of Female Sexuality** Miryam Clough,2017-07-14 Shame strikes at the heart of human individuals rupturing relationships extinguishing joy and at times provoking conflict and violence This book explores the idea that shame has historically been and continues to be used by an oftentimes patriarchal Christian Church as a mechanism to control and regulate female sexuality and to displace men s ambivalence about sex Using a study of Ireland s Magdalen laundries as a historical example contemporary feminist theological and theoretical scholarship are utilised to examine why the Church as an institution has routinely colluded with the shaming of individuals and moreover why women are consistently and overtly shamed on account of and indeed take the blame for sex In addition the text asks whether the avoidance of shame is in fact functional in men s efforts to adhere to patriarchal gender norms and religious ideals and whether women end up paying the price for the maintenance of this system This book is a fresh take on the issue of shame and gender in the context of religious belief and practice As such it will be of significant interest to academics in the fields of Religious Studies but also History Psychology and Gender Studies **Mending the Soul, Second Edition** Steven R. Tracy,Celestia G Tracy,2023-04-04 A well

researched biblical and scientific overview of abuse its various types and effects and how to heal from it Abuse can be sexual physical neglect spiritual and verbal The chief arguments pursued throughout the book are Abuse is far more rampant than most Christians realize but due to human depravity and satanic influence widespread abuse is predicable All types of abuse create profound long term soul damage due to the way abuse perverts various aspects of the image of God God is the healing redeemer Human salvation came through horrible physical abuse Healing must take place in the context of relationships Humans are deeply impacted by others due to being made in the image of God Just as surely as abusive relationships have tremendous power to wound the soul so healthy relationships have tremendous power to nurture and heal the soul Questions answered in the book include How can a genuine believer abuse a child Why would someone abuse a child How can parents and children s workers identify abusers How can abuse victims heal What does genuine healing look like Is anger appropriate or hurtful for abuse victims Where does forgiveness fit in This second edition has been updated to reflect research conducted and published in the past 15 years on abuse and trauma It accounts for the significant social changes and increased mental health struggles in our culture including dramatic escalation in rates of depression anxiety suicide and isolation which exacerbate the effects of abuse and complicate the healing process Based on their now extensive trauma care experience this new edition helps readers how to minister to new domestic and global victims such as sex trafficking survivors foster children refugees and survivors of genocide Examples and illustrations are updated with more recent ones from high profile abuse cases and the aftermath of the MeToo movement The appendixes include lists of helpful resources for child protection policies worker parent child abuse education warning signs of potential abusers and general abuse resources books internet sites and organizations to equip ministry leaders are provided in appendixes Illustrations case studies and art therapy drawings

Toxic Shame in the Church Brenda Hopkins, 2025-06-30 Grounded in an autoethnographic approach this book draws from the author s personal experiences as a gay woman and former priest who faced institutional shaming Drawing on practical theologies of shame and the work of Christian anthropology it challenges traditional theological perspectives on sin and human nature proposing a person centred model that emphasizes unconditional love and positive self regard By exposing and addressing the Church s role in constructing shame the book proposes a pathway towards healing and self acceptance for those marginalized by faith based shaming

Mending the Soul Steven R. Tracy, 2009-05-26 This book provides a well researched biblical and scientific overview of abuse A broad overview it deals with the various types of abuse the various effects of abuse and the means of healing Abuse can be sexual physical neglect spiritual and verbal The chief arguments pursued throughout the book are 1 abuse is far more rampant than most Christians realize but due to human depravity and satanic influence widespread abuse is predicable 2 All types of abuse create profound long term soul damage due to the way abuse perverts various aspects of the image of God 3 God is the healing redeemer Human salvation came through horrible physical abuse 4 Healing must take place in the context of relationships Humans are deeply impacted by others due to being

made in the image of God Just as surely as abusive relationships have tremendous power to wound the soul so healthy relationships have tremendous power to nurture and heal the soul Questions answered in the book include How can a genuine believer abuse a child Why would someone abuse a child How can parents and childrens workers identify abusers How can abuse victims heal What does genuine healing look like Is anger appropriate or hurtful for abuse victims Where does forgiveness fit in Helpful sample child protection policy application screening interview and warning signs of potential abusers equip ministry leaders Illustrations case studies and art therapy drawings

Sexual Shame in Women and How to Experience Freedom Joy Skarka,2022-04-29 Sexual shame causes women to feel far from God live a secret life of sexual sin doubt that God loves them and even question their salvation Sexual Shame in Women and How to Experience Freedom will help readers understand sexual shame as one of the root issues among women s sexual struggles while focusing specifically on the issues of pornography and sexual abuse Ministry leaders must help women find freedom from sexual shame to help them walk in sexual integrity wholeness and healing The freedom journey begins through understanding the character of God being known in biblical community and understanding God s design for sexuality This research project is a dissertation from Dallas Theological Seminary s DMin program

Deconstructing Purity Culture to Embrace Sexual Pleasure Andrey Jones,2025-03-18 In Deconstructing Purity Culture to Embrace Sexual Pleasure certified sex therapist Andrey Jones explains how purity culture came to fruition and how its teachings have affected the sexuality and pleasure of generations of women Women from this community often report difficulty with religious sexual shame lack of sexual desire pain during sex and sexual dysfunction This book focuses on how the messages of purity culture have impacted the ability of women to embrace their sexuality and pleasure It provides guidance and tools needed to identify and evaluate beliefs and messages they received about sex pleasure and their roles as women so they can decide which of these messages and beliefs they would like to preserve and which they would like to change or discard Included in this book is a seven session psychoeducational curriculum that can be used with individuals or in a group setting This book was written for therapists and mental health professionals who wish to understand and work with women in this population on their path of healing

Preventing Sexual Abuse in Congregations Karen A. McClintock,2004-06-01 Are you ready to abuse proof your congregation If one child or adult is spared the confusing ordeal of unwanted touch it will be worth your time to read this book In this comprehensive resource Methodist pastor and pastoral psychologist Karen McClintock demonstrates that sexual abuse in congregations is preventable and gives clergy and lay leaders the tools they need to prevent it This book shows congregations how to protect children and vulnerable adults prevent sexual harassment either by clergy or of clergy and strengthen clergy families by raising awareness of the occupational and emotional risks inherent in pastoral ministry When you have finished this book you will be familiar with the conditions in parishes and in the mental health of the individuals within them that lead to risky behaviors You will be equipped to recognize and set sexual boundaries for yourself and to open

dialogue about these issues in your congregation You will have laughed at celebrated and honored human sexual power pleasure and vulnerability You will have gained the knowledge you need and perhaps the courage to communicate these ideas within your congregation so that children and vulnerable adults are protected

Transforming Shame Jill L Mcnish, Richard L Dayringer, 2014-02-25 Explore shame's revelatory and transformative potential within Christianity and the Church Learn to understand shame to allow for positive change in your clients and parishioners This book explores psychological spiritual and theological aspects of shame and shame's transformative potential It will help pastoral care givers and mental health workers to identify shame issues and become agents of healing By examining shame in the gospel accounts of the life ministry and death of Jesus it shows that shame is a vital part of what defines us as human and how shame can draw us into the mystery of our relationship with God From the author This book develops the thesis that shame is a necessary and ontological part of the human condition Shame can become pathological undergirding and dominating the entire personality making it impossible to feel oneself either part of the collective or an individual in one's own right Transformation of shame is a large part of the psychic meaning of the Christ event what Christianity is about Transformation of shame is the experience of grace The great saints and icons of Christianity have used the Christ event to transform shame and experience grace The more completely they have done this the deeper their experience of unity with God With **Transforming Shame A Pastoral Response** you'll explore the phenomenological meaning of shame the psychological meaning implications and etiology of shame shame in the context of scripture and Christian theology the methodology for contextualizing theories of depth psychology in theology and religious experience human defense mechanisms to shame shame's usefulness in coming to a deeper understanding of personal identity the role of the institutional church in helping its people find meaning in shame and experiencing the grace that comes from shame's transformation how to address the Church's role in fostering toxic shame With practical examples drawn from pastoral ministry and a thoughtful interdisciplinary approach this book will help you understand both the psychology and the spirituality of shame and make the essential connections between the two Extensive references and a handy bibliography point the way to further reading on this fascinating subject

Honoring God with Body and Mind Steven D. Hoogerwerf, 2019-11-13 Have you ever wondered how it would look to live out a Christian sexual ethic amid the varied and confusing sexual messages that are part of modern culture Does the Christian tradition provide us with a way to think about and act on our natural God given sexual desires **Honoring God with Body and Mind** invites readers to consider these questions and some ways of answering them by guiding them into a conversational style of moral reflection Unlike many books about Christians and sex this one doesn't simply tell you what to do or not to do Instead you will be led to think about how the meaning of sex can provide sexual boundaries but also how the relational dimension of sex and the virtue of sexual integrity can provide a context for sexual decision making Informed by many years of conversations with college students the author also invites you to think about practical questions

such as these Can men and women be friends without the complications of sexual attraction If I haven't always included Christian values in my sexual practices and carry some painful memories and regrets is there any hope of healing What is lust Is masturbation sinful Can virginity be reclaimed *Advancing Sexual Health for the Christian Client* Beverly Dale, Rachel Keller, 2019-03-04 *Advancing Sexual Health for the Christian Client* is an essential toolkit for professionals working at the intersection of Christian belief and sexual health In this book Beverly Dale and Rachel Keller deconstruct potentially harmful Christian beliefs around sexuality to support clients stuck in sexual guilt shame and fear Combining the experience of an ordained Christian clergy with a certified sexologist this guide promotes a new approach to sex and faith for therapists which will help their clients to reconcile a belief in God's love with sexual knowledge and fulfillment Grounded in historical and cultural contexts and drawing from both academic research and scriptural exegesis the authors offer practical clinical applications and interventions to enable clients to re-examine their sexual beliefs in a way that encourages sexual healing By understanding the goals of a sex positive body positive Christianity professionals can find a common language with the person of faith and build an effective therapeutic relationship This book will be a key point of reference for any sex therapist educator or student looking to integrate faith based concepts into their approach Professional Sexual Ethics Patricia Beattie Jung, Darryl W. Stephens, 2013-12-01 Sexual health is an essential part of maintaining professional relationships in ministry Focusing on implications for the practice of ministry this book engages all dimensions of theological education and academic disciplines Each chapter includes an analysis of common ministry situations discussion questions practical guidelines and resources for further study The volume is ideal for use in courses on professional ethics for ministry advanced leadership training and continuing education for clergy *Body and Soul* Marvin M. Ellison, Sylvia Thorson-Smith, 2008-07-01 Ellison and Thorson Smith have coedited a collection of essays in collaboration with two dozen prominent theologians that plays off the controversial 1991 Presbyterian study they coauthored entitled *Keeping Body and Soul Together* Sexuality Spirituality and Social Justice and takes stock of sexuality religion and ethics at the beginning of the new millennium The cutting edge analyses address the possibilities and demands of a justice love ethic for individuals church and society **The Art of Sex Therapy Supervision** James C. Wadley, Richard Siegel, 2018-08-06 Winner of the 2019 AASECT Professional Book Award *The Art of Sex Therapy Supervision* is a collection of scholarly writings and case narratives that sheds light on issues that sex therapists face as supervisors or supervisees and provides techniques that can be adapted to fit clients specific needs Written by experts in a range of fields this book covers a wide range of perspectives and methodologies for assisting diverse populations including conservative Christians LGBTQ clients and those who exhibit out of control sexual behavior It addresses individual relational and systemic engagement in the context of sexual function dysfunction and it also discusses obstructions clinicians can face when providing critical feedback to clients This book will be useful for aspiring supervisors as well as those who supervise clinicians seeking licensure or certification **Teaching**

Sexuality and Religion in Higher Education Darryl W. Stephens, Kate Ott, 2020-04-19 This volume combines insights from secular sexuality education trauma studies and embodiment to explore effective strategies for teaching sexuality and religion in colleges universities and seminaries Contributors to this volume address a variety of sexuality related issues including reproductive rights military prostitution gender fidelity queerness sexual trauma and veiling from the perspective of multiple religious faiths Christian Jewish and Muslim scholars present pedagogy and classroom strategies appropriate for secular and religious institutional contexts By foregrounding a combination of perspective transformation and embodied learning as a means of increasing students appreciation for the varied social psychological theological and cultural contexts in which attitudes to sexuality develop the volume posits sexuality as a critical element of teaching about religion in higher education This book will be of great interest to graduate and postgraduate students researchers academics and libraries in the fields of Religious Studies Religious Education Gender Sexuality Religion Education and Sociology of Religion The Other Journal: The Celebrity Issue Christopher J. Keller, 2011-05-01 The Other Journal s first print edition focuses on the role of celebrity in North American culture its phenomena its significance its utility The articles illuminate different facets of celebrity culture through multiple vantage points and methodologies This issue features articles art exhibits and interviews by such prominent thinkers as Graham Ward Carl Raschke James K A Smith James Davison Hunter Brian McLaren Luci Shaw Gary Dorrien and many others Essays and reviews by Ruth Adams Paul Jaussen Katie Kresser James K A Smith Brad Elliott Stone Gary David Stratton Kj Swanson John Totten and Graham Ward Interviews by Allison Backous David Horstkoetter Chris Keller Tom Ryan James K A Smith and Heather Smith Stringer with Gary Dorrien Ron Hansen James Davison Hunter Brian McLaren Carl Raschke and the Opiate Mass Creative writing and poetry by Daniel Bowman Jr Joel Heng Hartse Luci Shaw and Schuy R Weishaar **Handbook of Art Therapy** Cathy A. Malchiodi, 2011-11-30 Providing a complete overview of art therapy from theory and research to practical applications this is the definitive handbook in the field Leading practitioners demonstrate the nuts and bolts of arts based intervention with children adults families couples and groups dealing with a wide range of clinical issues Rich with illustrative case material the volume features 110 sample drawings and other artwork The inclusion of diverse theoretical approaches and practice settings makes the Handbook eminently useful for all mental health professionals interested in using art in evaluation and treatment New to This Edition Incorporates the latest clinical applications methods and research Chapter on art materials and media including uses of new technologies Chapters on intervening with domestic violence survivors bereaved children and military personnel Expanded coverage of neuroscience cultural diversity and ethics **Freeing the Oppressed** Ron Clark, 2009-09-01 When Jesus spoke at his local synagogue he boldly proclaimed that he was the one sent to free those who were oppressed He came to provide hope peace and safety to those suffering in the world When he left this earth his followers were left with the task of continuing this ministry Statistics suggest that in America one in four women has experienced physical violence in an intimate relationship Dating violence

intimate partner violence and child abuse rank as some of our nation's largest problems. Men are also being abused by intimate partners, parents, or care providers at increasing rates. The statistic is even more alarming worldwide. Unfortunately, these statistics represent only reported incidents. The rates of verbal, emotional, and spiritual abuse are even higher. In addition, countless women are encouraged by clergy to return to their abusive spouses. The faith community, while called by God to free the oppressed, has been slow to respond to this sin against humanity. Few seminaries offer quality domestic violence prevention training for clergy. However, clergy still continue to be sought for help from the community and as advocates for victims of domestic violence. A partnership between the church and community, locally and abroad, is necessary if we wish to transform humans caught in this form of oppression. In *Setting the Captives Free*, Ron Clark proposed a theology of addressing domestic violence and its application for clergy. *Freeing the Oppressed* is a book that seeks to condense Clark's previous work into a readable form for those seeking spiritual answers concerning abuse and batterer intervention and for helpers of those caught in the cycle of family violence. It is also designed as an outreach for those seeking help from the faith community.

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