

La Salud y La Enfermedad: Aspectos Biolo gicos

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Salud Y La Enfermedad La Aspectos Biologicos

José Carlos Cantón Hernández



Salud Y La Enfermedad La Aspectos Biologicos:

La salud y la enfermedad Ana Lía Kornblit, Ana María Mendes Diz, 2000 **Psicología de la salud y de la calidad de vida** José María León Rubio, Silvia Medina Anzano, Silverio Barriga Jiménez, Ana Ballesteros Regaña, Isabel María Herrera Sánchez, 2014-11-06 La salud es entendida por los autores como un recurso positivo para vivir mejor Partiendo de esta idea y sin renunciar al rigor propio del m todo cient fico tratan de explicar de un modo claro y sencillo c mo la psicolog a puede ayudarnos a mejorar nuestra salud Por medio de un profundo an lisis esta obra explica Por qu adoptamos h bitos de riesgo para nuestra salud v g fumar comer en exceso vida sedentaria etc C mo utilizar la psicolog a para sustituir dichos h bitos por comportamientos beneficiosos para nuestra salud Por qu es tan dif cil mantener un estilo de vida sano v g por qu cuesta tanto esfuerzo y trabajo mantener un programa regular de ejercicio f sico Por qu acudimos al m dico y sin embargo no le hacemos caso C mo puede motivarnos el m dico para que cumplamos sus prescripciones Qu se puede hacer desde los medios de comunicaci n social para crear una cultura de la salud En definitiva este libro nos muestra c mo transformar nuestras condiciones de vida para que nos mantengamos sanos *Saberes de la psicología* José Carlos Mondragón González, Carlos Olivier Toledo, Jorge Guerrero Barrios, 2024-03-31 La presente obra forma parte de la serie Saberes de la Psicolog a Entre la teor a y la pr ctica la cual tiene como objetivo dar a conocer el conocimiento cient fico de la disciplina psicol gica en el contexto actual de su aplicaci n Para ello cada uno de los tomos ha vertido los resultados de la docencia servicio e investigaci n que se desarrolla en esta profesi n La presentaci n de este tercer tomo coincide con un momento de transici n acad mica debido a la implantaci n del nuevo Plan de estudios de la carrera de Psicolog a en la Facultad de Estudios Superiores Iztacala lo cual en conjunto representa un legado hist rico social que sienta las bases para su aplicaci n fundamenta la especialidad acad mica y da cuenta de la experiencia profesional de la planta acad mica **Manual de intervención clínica y psicosocial** María Cantero-García, María Rueda-Extremera, 2025-02-13 Esta obra tiene como objetivo integrar los avances m s recientes en la teor a y la pr ctica de la intervenci n cl nica y psicosocial combinando los conocimientos consolidados con las innovaciones m s actuales en el campo A lo largo de sus cap tulos ofrece una visi n actualizada de los fundamentos te ricos el dise o de programas y la evaluaci n de intervenciones psicosociales en diversos contextos El manual se divide en cuatro partes abordando desde los principios te ricos que sustentan la intervenci n hasta su aplicaci n pr ctica en mbitos de salud y sociales La obra introduce nuevos enfoques y herramientas especialmente en la intervenci n en reas clave como la salud mental el apoyo en enfermedades cr nicas el c ncer los cuidados paliativos y en situaciones de violencia de g nero y migraci n Tambi n se han incorporado nuevas metodolog as para la evaluaci n de los programas de intervenci n haciendo nfasis en las t cnicas de investigaci n tanto cualitativas como cuantitativas El objetivo del libro es presentar una herramienta de referencia fundamental para estudiantes profesionales y comunidad acad mica proporcionando tanto los marcos te ricos como las estrategias pr cticas necesarias para abordar las problem ticas psicosociales contempor neas **Características y**

necesidades de las personas en situación de dependencia LÓPEZ SOLÉ, MONTSERRAT,ALDAVE ESCRISCHS, SERGI,VARELA GUERRERO, ALEJANDRA CARMEN,2014-01-01 Este libro desarrolla los contenidos del m dulo profesional de Caracter sticas y Necesidades de las Personas en Situaci n de Dependencia del Ciclo Formativo de grado medio de Atenci n a Personas en Situaci n de Dependencia perteneciente a la familia profesional de Servicios Socioculturales y a la Comunidad propuesto en el Real Decreto 1593 2011 de 4 de noviembre Con el fin de poder consolidar unos conocimientos b sicos y aprender a identificar mejor las caracter sticas de los colectivos que se encuentran en situaci n de dependencia en las primeras unidades se explican aspectos relacionados tanto con la psicolog a como con la autonom a y la dependencia En las siguientes unidades se analizan los colectivos de personas mayores de personas con discapacidad y de personas enfermas teniendo en cuenta la perspectiva biopsicosocial del ser humano Asimismo al principio de cada una se incluye una breve introducci n una lista de contenidos y otra de los objetivos que se pretende alcanzar Adem s la explicaci n de los contenidos se alterna con tiles actividades propuestas Al final de cada unidad se ofrece un mapa conceptual con las ideas clave un breve resumen enlaces web de inter s y una serie de actividades finales te rico pr cticas de comprobaci n de aplicaci n y de ampliaci n En definitiva se trata de una obra til y pr ctica que acerca al alumno a la realidad profesional del T cnico en Atenci n a Personas en Situaci n de Dependencia Medicina humanista: Importancia e impacto de la educaci n y la formaci n m dica con enfoque sociocultural Patricio Trujillo,Florencia Quiroga,Patricia Junge,2025-10-29 Cada uno de los estudios que presenta este libro entrega informaci n valiosa y conclusiones que pueden se alar caminos para nuevas investigaciones o para fundamentar acciones de cambio cercanas e inherentes a las comunidades del pa s De igual manera esta publicaci n en su conjunto expresa que la academia puede no solo describir o descubrir los problemas de salud en distintos mbitos socioculturales sino tambi n proponer a los estudiantes y graduados de la carrera de medicina maneras m s personales de entender estos problemas y comprometerse a actuar decididamente sobre ellos siendo agentes de cambio al trabajar en las enfermedades as como en la salud de las personas que expresan la gran diversidad que estructura el pa s Las investigaciones de orden cualitativo siguen siendo valiosas y necesarias puesto que nos permiten apreciar las distintas perspectivas del pensamiento de los profesionales m dicos y sus pr cticas de relaci n con las personas las familias y las comunidades desde el crisol de la diversidad cultural Entre otros de sus efectos las investigaciones mencionadas son un est mulo grande para el desarrollo de la sensibilidad cultural y para que la perspectiva de la interculturalidad florezca tambi n en los servicios de atenci n m dica Anatomofisiolog a y patolog a b sicas Mar a del Carmen L p ez Viado,2021 Procesos sociales, poblaci n y familia Varios,2001-07-03 Hablar de generaciones es hablar de diferentes tiempos y trayectorias de vida entretejidos conjuntamente en diferentes espacios de interacci n La mayor supervivencia permite que muchas generaciones vivan simult neamente abuelos padres y nietos conviven aunque no siempre en el mismo espacio dom stico y comparten intercambian y negocian oportunidades laborales recursos econ micos y sociales y posiciones de poder asimismo las distintas

generaciones entre familias establecen múltiples conexiones entre espacios locales globales y domésticos Este libro trata de familia y generaciones desde varios puntos de vista y busca plantear nuevas opciones teóricas y empíricas para el análisis de las relaciones y estructuras domésticas

La enfermedad (Características y necesidades de las personas en situación de dependencia) José Carlos Cantón Hernández, 2014-11-03 *Tratado de Otorrinolaringología y Cirugía de Cabeza y Cuello (eBook online)* Carlos Suárez Nieto, 2015-07-09 Obra de consulta dirigida especialmente a la comunidad de otorrinolaringólogos hispanoparlantes tanto especialistas en formación como titulados que deseen actualizar sus conocimientos en partes específicas de nuestra disciplina

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