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New Techniques In The Psychotherapy Of Older Patients

Frank M. Dattilio, Arthur Freeman

New Techniques In The Psychotherapy Of Older Patients:

New Techniques in the Psychotherapy of Older Patients Wayne A. Myers, 1991 This work shows the variety of psychotherapeutic methods used with older patients offering a clinical as well as a theoretical look at these treatments shorter and longer term techniques that are used in the geriatrician s and psychotherapist s offices as well as in the general hospital the nursing home and the chronic mental hospital Finally it describes new approaches and new patient populations with whom longer term treatments such as group therapy psychoanalytic psychotherapy and psychoanalysis are currently New Techniques in the Psychotherapy of Older Patients Wayne A. Myers, 1991 being applied with the Elderly George Bouklas, 1997 Methuselah is the elderly patient and Echo is the admiring soul the therapist who gives Methuselah back to himself by joining mirroring and reflecting in the course of creating a treatment alliance Dr Bouklas brings transpersonal psychodynamic and behavioral approaches to bear on the existential problems of old and late old age promoting a vision of healthy narcissism in the frail and ill elderly of regression in the service of transcendence He demonstrates how to implement and integrate these approaches in the spirit of increasing patient self awareness and his vivid examples reveal the inspiration and wisdom to be gained by working with the elderly Handbook of Emotional Disorders in Later Life Ken Laidlaw, Bob Knight, 2008 Although the perceptions and realities of ageing have changed markedly over the last few decades for practitioners working with older people emotional problems remain a major factor of health and happiness in later life This handbook provides a concise authoritative and up to date guide to best practice in therapy for older people for a wide range of mental health professionals. The editors bring together chapters by experienced trainers and clinicians that cover all the significant problems and issues in the assessment and treatment of emotional disorders in later life The introductory chapters examine the individual social cultural and physical experience of ageing and provide an essential background for a caring and professional understanding of related emotional disorders and their effective treatment Throughout the book key research and clinical experience is reported as underlying evidence based treatment but the emphasis is on practical guidance for assessment and interventions rather than detailed discussion of methodological issues With each chapter written by a specialist in their field a range of expertise is provided in a single source making this book an invaluable resource for anyone dealing with the mental health needs of older people

Depression in Later Life James E. Ellison, Sumer Verma, 2003-05-13 Exploring the causes manifestations and consequences of late life depression this reference examines treatments and approaches for the management of this condition highlighting methods for the recognition of depression in the medically ill clinically demented and bereaved as well as for assessment of the efficacy of these treatment <u>Geropsychological Interventions in Long-Term Care</u> Lee Hyer, PhD, ABPP, Robert C. Intrieri, PhD, 2006-02-22 Older people are entering nursing homes later and sicker than ever before thus presenting as more physically fragile and complex residents and requiring more advanced care and treatment To this end

Hyer and Intrieri have gathered together a group of health care professionals who are genuinely dedicated to the care and research of long term care LTC environments This group seeks to push the envelope for improved use of professional time effort and input and in this remarkable book share their ideas with you By applying the Selective Optimization with Compensation SOC model to various care settings the editors are able to examine current LTC practices and existing psychosocial issues confronting older LTC patients either support or challenge them and offer suggestions and strategies such as Cognitive Behavior Therapy for improving the LTC system and residents physical psychological emotional and social health This book provides insight on the psychological issues facing long term care residents for a plethora of health care professionals including Physicians and geriatricians who care for older adults in the LTC system Nurses and geriatric nurse specialists Social workers Activity coordinators Physical occupational and speech therapists within an LTC setting who are seeking ways to explain behavior and empower the residents they care for Psychologists and psychiatrists whose practice focuses on older adults Handbook of Neuropsychology and Aging Paul David Nussbaum, 1997-05-31 Leaders in neuropsychology behavioral neurology speech and language science neuropsychiatry and many other disciplines contribute to this volume the first comprehensive review of knowledge in the field They discuss a wide range of disorders including areas of recent research such as frontal lobe dementias and the neuropsychological aspects of late life depression and clinical problems typically given insufficient consideration in other works such as seizure disorder head injury and mental retardation Normal aging is also covered in detail and assessment procedures and clinical interventions are given thorough treatment Other highlights include discussions of guardianship and caregiving personality and behavior psychotic disorders Alzheimer s and head trauma Principles and Practice of Geriatric Psychiatry Marc E. Agronin, Gabe J. Maletta, 2006 Written by noted authorities in geriatric psychiatry this volume is a clinically oriented guide to the diagnostic workup and treatment of psychiatric and neuropsychiatric disorders in elderly patients The book describes in detail the neurologic and neuropsychiatric patient assessment and the use of all treatment modalities both psychotherapeutic and pharmacologic in elderly patients Chapters discuss the treatment of disorders in all clinical settings inpatient outpatient emergency primary care assisted living and long term care Algorithms for workup and treatment are included as well as case studies and personal accounts by patients and care providers Appendices provide drug information and additional resources

Enhancing Psychodynamic Therapy with Cognitive-behavioral Techniques Terry Brumley Northcut, Nina Rovinelli Heller, 1999 Defending theoretical areas may be one way to cope with external impingments on clinical practice but advancements are needed to enhance and improve the work This text explores an approach based on applying cognitive behaviour techniques in psychodynamic clinical practice. It aims to help understand theoretical and practical of the strengths and limitations of the approach as well as how to determine when to combine approaches when treating couples children adolescents older adults even cases of abuse and chemical dependency.

Handbook of Social Work with Groups,

Second Edition Charles D. Garvin, Lorraine M. Guti□rrez, Maeda J. Galinsky, 2017-06-27 Revised edition of Handbook of social work with groups 2006 Reichel's Care of the Elderly Jan Busby-Whitehead, 2016-06-23 A clinical guide for all health specialists needing practical relevant and comprehensive information on managing the elderly patient

Psychological Treatment of Older Adults Michel Hersen, Vincent B. Van Hasselt, 2013-06-29 This multiauthored introductory textbook could not have been conceived or brought to fruition 10 or 15 years ago Indeed at that time relatively little attention was accorded to the psychological needs of older adults The general tenor of the field then was that older adults would not benefit from psychological intervention As we now know this was a faulty assumption that has been discredited with empirical data Indeed clinical research data adduced primar ily in the last decade clearly documents that older adults do benefit from specific psychotherapies that are tailored to their unique presentation of symptoms Given the explosion of interest in this area as evinced by increased investi gatory activity national funding and media attention and the increased number of masters and doctoral level courses devoted to this topic we felt that the time was right for a textbook in the area Such flurry of activity also has been fueled by statistics showing how our population by the year 2030 will consist of 30% who are senior citizens Moreover since 12% of older adults in the community are estimated to have diagnosable psychiatric disorders and 40% to 50% of older adult medical inpatients have a concomitant psychiatric disorder the task for clinicians in the next century will be overwhelming Handbook of Psychotherapy Case Formulation Tracy D. Eells, 2022-02-23 Now in a significantly revised third edition featuring 60% new material this is the authoritative clinical reference and course text on a crucial psychotherapy skill Leading practitioners of major psychotherapies describe step by step how to construct sound case formulations and use them to guide individualized treatment Following a standard format chapters cover the historical background of each case formulation approach its conceptual framework and evidence base multicultural considerations steps in implementation application to treatment planning and practice and training resources Rich case material includes examples of completed formulations New to This Edition Chapters on additional models mindfulness based cognitive therapy acceptance and commitment therapy couple therapy and thematic mapping Chapters on specific approaches for personality disorders suicidality and panic disorder Expanded case examples now go beyond crafting the initial formulation to show how it shapes the entire course of therapy Prior edition chapters are all updated or rewritten to reflect 15 years of advances in research clinical practice and training Handbook of Social Work in Health and Aging Barbara Berkman, 2006-02-09 The Handbook of Social Work in Health and Aging is the first reference to combine the fields of health care aging and social work in a single authoritative volume These areas are too often treated as discrete entities while the reality is that all social workers deal with issues in health and aging on a daily basis regardless of practice specialization As the baby boomers age the impact on practice in health and aging will be dramatic and social workers need more specialized knowledge about aging health care and the resources available to best serve older adults and their families The

volume s 102 original chapters and 13 overviews written by the most experienced and prominent gerontological health care scholars in the United States and across the world provide social work practitioners and educators with up to date knowledge of evidence based practice guidelines for effectively assessing and treating older adults and their families new models for intervention in both community based practice and institutional care and knowledge of significant policy and research issues in health and aging A truly monumental resource this handbook represents the best research on health and aging available to Working with Older Adults: Group Process and Technique Barbara Haight, Faith Gibson, 2005-03-30 Beginning with an overview of the changing world of aging this book goes on to address practical principles and guidelines Trauma Among Older People Leon Albert Hyer, Steven Sohnle, 2014-10-10 Trauma Among Older Adults presents an integrative model of treatment that considers current theories of treatment in light of special considerations relating to elderly patients The book provides case studies vignettes and discussions and demonstrates the importance of considering the personality memory and familial history of an elderly individual who has suffered a trauma Readings in Psychotherapy with Older People Steven Steury, Marie L. Blank, 1977 Cognitive-Behavioral Strategies in Crisis Intervention Frank M. Dattilio, Arthur Freeman, 2012-08-22 This book has been replaced by Cognitive Behavioral Strategies in Crisis Intervention Fourth Edition ISBN 978 1 4625 5259 7 **Child and Adult Development** Calvin A. Colarusso, 2013-11-21 Developmental theory is the essence of any psychodynamic psychother apy and certainly of psychoanalysis It is through an understanding of progressive life events and the way these events relate to associated biological and social events that we come to understand both psycho pathology and psychological strengths For a long time we have needed a clinically oriented book that surveys normal development in both childhood and adulthood This book should be particularly helpful to all mental health professionals whose daily work requires a constant awareness and appraisal of devel opmental issues Dr Colarusso has integrated and summarized a tremen dous amount of theoretical empirical and clinical material in a format that makes it come alive through clinical examples This book should be of great interest to all students of human behav ior as well as to seasoned clinicians SHERWYN M WOODS M D PH D vii Preface Each year as I gave a lecture series on child and adult development to the adult and child psychiatric residents at the University of California at San Diego someone inevitably would ask Is there a book that I could understand that has all of this information in it I would reply that I did not know of any single source but I could refer the person to many articles and books on development Multidisciplinary Perspectives on Aging Lynn M. Tepper, MA, MS, EDM, EdD, Thomas M. Cassidy, MAg, 2004-09-28 In this multidisciplinary text noted leaders from a variety of fields provide students and professionals with a big picture approach to the best possible care for today s growing aging population Addressing the extensive concerns that have arisen out of an increased life expectancy and the elder boom of aging baby boomers the contributors point to changing care and housing needs health mental health and wellness concerns and financial ethical and legal issues in elder care

Contributors include Eileen Chichin Catherine DeLorey Marshall Kapp Gary Kennedy William Smith Patricia Miller and Thomas Campbell Jackson

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