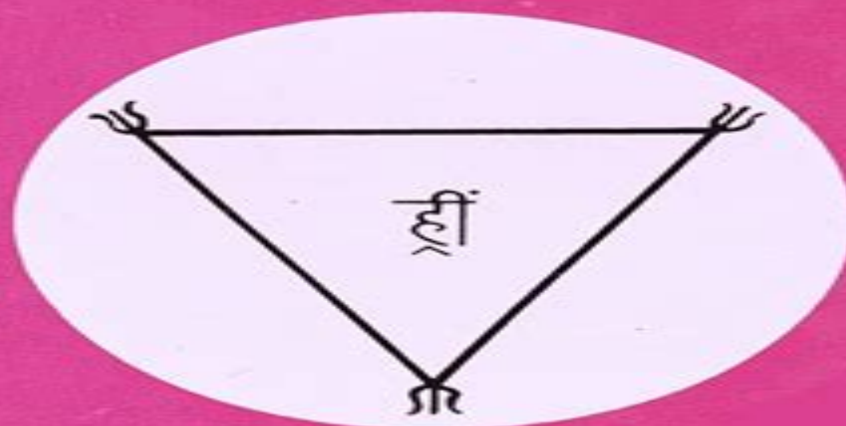


THE SECRET OF **Self- Transformation**

A SYNTHESIS OF
TANTRA & YOGA



ROHIT MEHTA

Secret Of Selftransformation A Synthesis Of Tantra And Yoga

Christian Drosten



Secret Of Selftransformation A Synthesis Of Tantra And Yoga:

The Secret of Self-transformation Rohit Mehta,1987-01-01 The central theme of discussion in this monograph revolves round the problem of man's self transformation in the midst of an artificial and soulless civilization According to the author the solution to the problem lies in a synthesis between the two principal traditions of India Yoga and Tantra which he defines as philosophy and practice The secret of self Transformation is at once an indictment of all sorts of monstrosities that under the banner of modern science and a call for revolutionary change within man himself **Yoga** Daren Callahan,2015-01-28 Millions of people practice some form of yoga but they often do so without a clear understanding of its history traditions and purposes This comprehensive bibliography designed to assist researchers practitioners and general readers in navigating the extensive yoga literature lists and comments upon English language yoga texts published since 1981 It includes entries for more than 2 400 scholarly as well as popular works manuals original Sanskrit source text translations conference proceedings doctoral dissertations and master's theses Entries are arranged alphabetically by author for easy access while thorough author title and subject indexes will help readers find books of interest *Encyclopedia of Indian Philosophies* Karl H. Potter,1995-01-01 This constitutes the first volume of the series It indicates the scope of the project and provides a list of sources which will be surveyed in the subsequent volumes as well as provide a guide to secondary literature for further study of Indian Philosophy It lists in relative chronological order Sanskrit and Tamil works All known editions and translations into European languages are cited where published versions of the text are not known a guide to the location of manuscripts of the work is provided **Contemporizing Hypnotherapy** Bhaskar Vyas and Rajni Vyas,2024-01-01 Discover the transformative potential of hypnotherapy in this groundbreaking book by Dr Bhaskar Vyas and Dr Rajni Vyas Drawing from ancient wisdom and modern insights they bridge the gap between traditional and contemporary approaches From innovative induction techniques to exploring gene expression in hypnotic states this book offers practical scripts to address modern maladies Embark on a journey of healing and self discovery as you unlock the power of hypnotherapy **Contemplative Literature** Louis Komjathy,2015-08-31 An anthology of primary texts on meditation and contemplative prayer from a wide range of religious traditions This is the first theoretically informed and historically accurate comparative anthology of primary texts on meditation and contemplative prayer Written by international experts on the respective texts and corresponding traditions Contemplative Literature provides introductions to and primary sources on contemplative practice from various religious traditions The contributors explore classical Daoist apophatic meditation Quaker silent prayer Jewish Kabbalah Southern Buddhist meditation Sufi contemplation Eastern Orthodox prayer Pure Land Buddhist visualization Hindu classical Yoga Dominican Catholic prayer Daoist internal alchemy and modern therapeutic meditation Each introduction to a contemplative text discusses its historical context the associated religious tradition and literature the method of contemplative practice and the text's legacy and influence Volume editor Louis Komjathy opens the work with a thoughtful

consideration of interpretive issues in the emerging interdisciplinary field of contemplative studies Readers will gain not only a nuanced understanding of important works of contemplative literature but also resources for understanding contemplative practice and contemplative experience from a comparative and cross cultural perspective We have not seen anything this bold and this global since Friedrich Heiler wrote his classic study on the typology of prayer over eighty years ago Komjathy and his essayists have vastly expanded the scope depth and sophistication of this project here In the process they have struggled with all of the critical questions around religious pluralism tradition and religious authority and have emboldened the comparative project itself Contemplation and comparison it turns out go very well together Jeffrey J Kripal author of *Comparing Religions Coming to Terms* Teachers and scholars undergraduate and graduate students and general readers interested in contemplative practice will cherish a book like this I m happy that Louis Komjathy has done this great work It will undoubtedly be hailed as a milestone Ruben L F Habito author of *Healing Breath Zen for Christians and Buddhists in a Wounded World* The Dialogue with Death Rohit Mehta,1994 In the Dialouge with Death the author presents the superb mtsticism of Sri Aurobindo as he has expounded it in his own inimitable style in the exquisite poem Savitri Savitri is a movemental work in which sri Aurodindo is seen as a yogi and a philosopher a mystic and an occultist a poet and a lover all at once It contains the quintessence of Sri Aurobindo s great spirtial adventure which aimed at bridging the gulf between Heaven and Earth *Brahmavidyā* ,1988 Includes text and translations of manuscripts found in the library **J.**

Krishnamurti and Sant Kabir Rohit Mehta,Shridevi Mehta,1990 From Kabir to Krishnamurti is a far cry For they are separated one from the other by over five centuries But quantitative measurement of this distance has a qualitative aspect which cannot be measured in any time scale Two great seers lived in two completely different worlds with no comparison between the two And yet they expressed their thoughts and experience not only in a similar language but almost in identical terms In these two streams of thought represented by Kabir and Krishnaji the authors note a fascinating parallelism These streams run parallel to each other and yet they meet from time to time at the intersections between the two approaches to life J Krishnamurti and Sant Kabir focuses on these meeting points between the two approaches to life The book also presents the intersections between the writings and sayings of Kabir and Krishnaji **New Light on Tantra** Sures Chandra Banerji,1992 The Book like its predecessor seeks to set forth a history of Tantra in India Our attention has been paid chiefly to Tantric Therapy a Mother neglected field In it not only Hindu Tantras but also Buddhist Tantras have been dealt with and the influence of Tantra on life literature music art and aechitecture have been described Some important works both Hindu and Buddhist have been carefully analysed A novel feature of this book is a list of Unpublished Tantras in India and abroad This work has no pretention to completeness This is to some extent a pioneering work on certain aspects of Tantra It is expected to be useful to readers *The Vedanta Kesari* ,1989 Medical Science Enlightened Umesh Chandra Rai,1993 The Cultural Glory of Ancient India Sures Chandra Banerji,2000 The Book Surveys The Vedic Literature Epics Puranas

Classical Sanskrit Poetry And Prose And The Vast Sastras To Throw Light On Diverse Facets From Politics Religion And Philosophy To Agriculture Botany And Architecture Of Ancient Indian Culture Studies in Origin and Development of Yoga

Sures Chandra Banerji,1995 The Author Has Attempted To Trace The Origin And Development Not Only Of Rajayoga Designed To Discipline The Mind But Also Of Hathayoga Aimed At Keeping The Body Fit **Perspectives of Reality**

Jeaneane D. Fowler,2002 The six major orthodox schools of philosophical thought in Hinduism known as the orthodox darsanas are concerned with the nature of reality and it is this theme which unites them The text begins by analyzing the concept of knowledge and what constitutes real knowledge Four topics the self causality the concept of God and liberation are then examined *Encyclopaedia of Tantra* Sadhu Santideva,2000 *Indian Books in Print* ,2003 **Kularnava**

Tantra M. P. Pandit,2007-01-01 The Kularnava is perhaps the foremost Tantra of the Kaula School and is constantly cited as an authority in Tantric literature It is worthy of close study by those who would understand the tenets and practice of the tradition of which it is a Sastra The Introduction by Arthur Avalon gives a concise outline of the work Sri M P Pandit who is a keen student of the Tantras and Vedas has rendered the work in English in eleven chapters The readings are free translations with annotations where necessary omitting technical details but preserving the spirit and essential import of the original in his characteristically lucid style The Kularnava prescribes the modes of preparation for the high quest it draws upon ethics religion philosophy yoga to elevate human life gradually to the level of godly life It comprehends the multiple personality of man and provides for the healthy growth of his mental faculties purification of his physical faculties through ritual japa mantra and upasana Who is fit for the path of Tantra Who is competent to guide the novice on the double edged razor path What is the responsibility of a Guru to a disciple These and other relevant questions are raised and answered in a satisfying manner *Encyclopedia of World Problems and Human Potential* Union of International Associations,1994 The destruction of wildlife habitats organized crime AIDS illiteracy acid rain these are among the 130 000 topics documented and discussed in the new edition of the Encyclopedia But its truly unique goal is to present this complex set of issues in ways that facilitate an organized response To this end the book also focuses on the complex relationship between problems and society's own ideological relationship with these problems How do human priorities and perceptions aggravate or enable problems What are the established and alternative responses The Encyclopedia contains over 158 000 cross references between entries an extensive 91 000 practical key term index bibliographies and full cross referencing to the Yearbook of International Organizations For anyone concerned with the world community here are the means to explore and participate in today's most crucial endeavors Volume 2 Human Potential Transformation and Values contains 7 700 entries reflecting a spectrum of problem solving approaches based on such human development issues as self learning creativity and modes of awareness The volume also focuses on specific religious beliefs value systems and thought patterns Philosophy East & West ,1988 **The Middle Way** ,1986-05

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