

10 Ways To Overcome The Ending Of

A LONG TERM MARRIAGE



MINDJOURNAL

Long Term Marriage

Tony Peters



Long Term Marriage:

The Experience of the Long-term Marriage Relationship Gayle R. Beck, 1983 Abstract A phenomenological inquiry of the question What is the experience of the long term marriage relationship was explored in this study The theoretical foundation for the investigation incorporated concepts of existentialism phenomenology and humanistic psychology Review of the literature yielded a few studies of longterm marriage and an abundance of quantitative research examining factors necessary to achieve marital satisfaction This study is a qualitative examination of sustained marriage relationships that offers a comprehensive phenomenological descriptive analysis of the themes involved therein The data was collected by means of an in depth interview with a population of fifteen couples married for over twenty years living in the northern suburbs of metropolitan Detroit Michigan The analysis of data through the process of phenomenological reduction yielded major components and basic themes of the experience of the long term marriage relationship Couples interviewed described their relationship as one which commitment to one another resulted in satisfaction personal needs which in turn deepened commitment to the sustained relationship Changes in the experience of the relationship over time led to the gradual development of oneness of being and intermittent distancing from one another during the natural ebb and flow of life s crises Additionally the long term marriage relationship involved both verbal and non verbal sharing through self disclosing communication of varying degrees and intensity A desire to remain in the marriage and work toward its enhancement and enrichment was increased by the sharing of self The building of mutual life memories was another significant aspect of a sustained marriage relationship revealed by this study These memories both joyous and painful deepened the connecting links between couples Finally the experience of long term marriage relationship involved the branching outward to create develop or touch the lives of others and to affirm and further sustain the marriage This study concluded that couples engaged in long term relationships can and do experience marital satisfaction over long periods of time contrary to results of previous empirical and qualitative research It further suggested that the experience of the long term marriage relationship warranted additional study and research

Together Through Thick and Thin Florence Kaslow, Shlomo A Sharlin, 2022-03-01 Discover what factors beliefs and attitudes build a successful marriage In the enormous social political and technological upheavals since World War I the long and happy marriage has begun to seem like an endangered species In the desperate hunt for reasons that marriages fail most researchers have ignored the factors that help marriages succeed *Together Through Thick and Thin* A Multinational Picture of Long Term Marriage reports a landmark study of long term satisfaction in marriage Instead of relying on conjecture or unproven clinical hunches the authors studied the happily married around the world The respondents early experiences included the Great Depression World War II and the Holocaust as well as the Roaring Twenties In the years since they married technological change and the women s movement have made the world almost unrecognizable Yet these people have managed to maintain both stability and quality in their marriages The scope of

Together Through Thick and Thin is sweeping eight countries more than 400 couples who had been happily married for between 25 and 45 years Factors analyzed include degree of satisfaction gender differences socioeconomic level family history shared values religious belief and practice attitudes toward children physical health and problem solving styles among many others Moreover the book builds on existing documented literature on marriage This solid background helps put its wealth of practical data into context an ideal synthesis of theory and practice This study delves into the reasons couples stay together and stay satisfied What qualities and attitudes do happily married couples share Can the factors that keep a Chilean couple together for life also apply in the very different cultures of Sweden Israel South Africa the United States What keeps a marriage together in times of crisis How important is love Together Through Thick and Thin helps you understand the diverse factors that affect marital quality and stability by offering a broad range of information a comprehensive review of the literature of happy marriage cross cultural comparisons that kindle fresh insights discussions of factors ranging from gender and economic status to family history and shared attitudes specific behaviors and attitudes that illuminate what matters most in marriage from mutual respect to shared fun the reasons couples stick together during crises which problem solving behaviors actually work Together Through Thick and Thin provides psychologists family therapists and couples counselors with the solid data they need to guide couples in crisis toward greater intimacy commitment and joy together

Family Ties and Aging Ingrid Arnet Connidis, 2010 This advanced textbook covers issues of family ties and aging broadly the goal being to provide an integrated and thorough representation of what we know from the current research Whereas books on families and aging have traditionally focused on ties to a spouse and to children and grandchildren Family Ties Aging is more extensive and more reflective of contemporary society The text includes groups and relationships that typically receive short shrift exploring such neglected populations as single divorced and childless older people and their family relationships as well as sibling relationships among the elderly live in partnerships not formalized by marriage and the kinds of family ties forged by gay and lesbian persons over the life course The book weaves the vast range of information we now have about the many facets of family relationships and aging into a critical comprehensive and integrated whole

Lasting Marriages Richard Mackey, Bernard O'Brien, 1995-06-30 Based on in depth interviews by skilled clinicians with husbands and wives who have been married more than 20 years Mackey and O'Brien explore how spouses adapt to each other from the early years of marriage through the parenting years and into the post parenting or empty nest years Purposively selected for inclusion were spouses representing religious ethnic racial and educational diversity Given increased life expectancies couples who stay together will remain together for longer periods of time As longevity extends into the seventies eighties and beyond it is critical to identify the significant dynamics which contribute to satisfaction among couples in stable marriages This book responds to this need Each chapter focuses on an important theme in these long term marital relationships Mackey and O'Brien first explore the beginnings of the relationships and the recollections of how

respondents were attracted initially The next chapters focus on dimensions of marriage as they evolve over time Collective themes emerging from the interviews are explored in relationship to gender ethnicity religion and education In view of increased life expectancies couples who stay together will remain together for longer periods of time As longevity extends into the seventies eighties and beyond it is critical to identify the significant dynamics which contribute to satisfaction among couples in stable marriages This book responds to this need among sociologists psychologists social workers marriage and family counselors and general adult readers interested in gender cultural differences and interpersonal relationships

Secrets to a Long-Lasting Marriage Margaret Light,2025-01-28 Secrets to a Long Lasting Marriage is a heartfelt exploration of the principles and habits that sustain and strengthen lifelong partnerships Through ten thoughtfully crafted chapters this book delves into the essential elements of a thriving marriage from open communication and trust to shared goals resilience and the power of forgiveness It offers practical insights creative strategies and actionable steps to help couples navigate challenges deepen their connection and maintain love over the years Perfect for couples at any stage this book inspires readers to cultivate a marriage rooted in intention effort and enduring love leaving a legacy for generations

For Keeps Finnegan Alford-Cooper,1998 Derived from the author s own survey the Long island Long Term Marriage Survey this book unveils the most important factors contributing to the longevity of marriages It s based on completed questionnaires from 576 couples and in depth follow up interviews with sixty of these couples making this the largest survey to date of couples married fifty years or more The interviews allowed the spouses to tell their life stories excerpted in the book and to contrast their marriages to those of younger generations adding an intergenerational comparative perspective The author organizes the book around the major life events experienced by her respondents meeting courtship and marriage having children conflicts and their resolution sharing household chores working spouses retirement Throughout Alford Cooper has included longer vignettes in which couples tell the stories of their lives together giving the book a freshness that only first hand narrative can communicate

SECRETS OF A LASTING MARRIAGE Tony Peters,2025-06-12 Marriages fail today for any given number of reasons incompatible values financial quarrels continuous conflict emotional abuse disrespect painful affairs and unwillingness to forgive to mention a few But all of these reasons though real to the couple at the time are merely symptoms of something more fundamental The common denominator to all of these negative symptoms is a lack of understanding of what marriage is and how it is designed to function In this book I share 7 foundational secrets that will help you develop a biblical framework to navigate the tough terrain of marriage life If you embrace them you will learn to Value your marriage the way God wants you to value it Be guided by the primary purpose of your marriage Be strengthened by the power of your marriage vows Grow a deeper appreciation of and love for your spouse Be at peace even when circumstances are tough and confusing Gain insight into why things happen in marriage the way they do Identify and stop the one thing that has the power to destroy your marriage

Marriage and Lasting Relationships with Asperger's

Syndrome (Autism Spectrum Disorder) Eva A. Mendes, 2015-07-21 Offering practical advice straight from the couples counseling room Eva A Mendes provides an insider's view into what couples and counselors can do to help make an ASD relationship last She outlines the challenges faced in an ASD relationship and provides strategies that can improve the lives and marriages of couples on a daily basis

Long Term Scott Herring, Lee Wallace, 2021-07-06 The contributors to Long Term use the tension between the popular embrace and legalization of same sex marriage and the queer critique of homonormativity as an opportunity to examine the myriad forms of queer commitments and their durational aspect They consider commitment in all its guises particularly relationships beyond and aside from monogamous partnering These include chosen and involuntary long term commitments to families friends pets and coworkers to the care of others and care of self and to financial psychiatric and carceral institutions Whether considering the enduring challenges of chronic illnesses and disability including HIV and chronic fatigue syndrome theorizing the queer family as a scene of racialized commitment or relating the grief and loss that comes with caring for pets the contributors demonstrate that attending to the long term offers a fuller understanding of queer engagements with intimacy mortality change dependence and care Contributors Lisa Adkins Maryanne Dever Carla Freccero Elizabeth Freeman Scott Herring Annamarie Jagose Amy Jamgochian E Patrick Johnson Jaya Keaney Heather Love Sally R Munt Kane Race Amy Villarejo Lee Wallace

For Keeps: Marriages That Last a Lifetime Finnegan Alford-Cooper, 2016-12-05 Derived from the author's own survey called the Long Island Long Term Marriage Survey this text examines couples married 50 years or more The survey comprising of questionnaires and interviews was conducted to learn what factors contributed to the longevity of marriages

Handbook of Contemporary Families Marilyn Coleman, Lawrence H Ganong, 2004 Coleman and Ganong recruited an outstanding group of scholars to contribute to the Handbook of Contemporary Families Authors represent a wide array of disciplines and the topics touch on every aspect of family life The organization of the book is excellent and the writing of high quality Scholars and students alike will find the book a valuable resource Alan Booth Penn State University Marilyn Coleman and Larry Ganong have produced a comprehensive handbook exploring the changes and challenges confronting contemporary families The chapters written by some of the most distinguished social scientists studying families give a balanced research based analysis of some of the most contentious issues of our time E Mavis Hetherington University of Virginia This useful handbook brings together many of the most important new findings and provocative ideas about America's diverse and changing families An excellent resource Stephanie Coontz author of *The Way We Really Are* Coming to Terms with America's Changing Families What has happened to marriage and families What is the current state of families Where are families headed Where is family scholarship headed As families face challenges today brought on by events that have changed their perception of the world there is a need for a clear assessment of what has happened to families in the past and an examination of some data based theories about what is likely to happen in the future The Handbook of Contemporary Families explores how families have changed in the last 30

years and speculates about future trends Editors Marilyn Coleman and Lawrence H Ganong along with a multidisciplinary group of contributors critique the approaches used to study relationships and families while suggesting modern approaches for the new millennium The Handbook looks at how changes within the contemporary family have been reflected in family law family education and family therapy Features of this Handbook Examines a diverse array of families and relationships in which people live including chapters on alternative lifestyles gay and lesbian relationships economically distressed families religion and families racial and ethnic diversity a feminist vision for families older families and the effect of computers and other technology on family relationships Includes both a historical review and future speculation on the subjects covered in each chapter Interdisciplinary contributors representing a variety of fields such as history family studies sociology law therapy social work psychology nursing and human development The Handbook of Contemporary Families is an excellent resource for advanced undergraduate and graduate students researchers educators and practitioners who study and work with families in several disciplines including Family Science Human Development and Family Studies Sociology Marriage Family Therapy and Social Work

Staying Together William Glasser, 1995 Much human misery has its origin in poverty neglect abuse and ignorance But perhaps the most common human misery is that which occurs in an unsuccessful marital relationship Countless men and women are competent productive caring intelligent happy and successful except with their partners Despite the fact that many of the social problems affecting us have their origins in unhappy marriages there is little tangible information on how to maintain a successful union Dr William Glasser one of the world's noted psychiatrists and authors began to think about this subject when his wife told him shortly before cancer claimed her life in 1992 You won't do well by yourself I hope you can find someone with whom you will be happy She was right After forty six years of marriage he wasn't happy by himself but it was not easy to find someone else As he began his quest for a new love Glasser was forced to consider why some marriages succeed and others fail *Staying Together* his deeply personal guide to maintaining a fulfilling marriage describes how he and his fiancée Carleen Floyd have built their relationship Glasser advises readers on how to create loving and lasting marriages by applying control theory his theory of how we function psychologically as each of us attempts to control our life to relationships The result is a wealth of new information about who would make a compatible partner and how to improve any relationship

The Encyclopedia of Adulthood and Aging, 3 Volume Set Susan K. Whitbourne, 2016-01-19 This authoritative reference work contains more than 300 entries covering all aspects of the multidisciplinary field of adult development and aging Brings together concise accurate summaries of classic topics as well as the most recent thinking and research in new areas Covers a broad range of issues from biological and physiological changes in the body to changes in cognition personality and social roles to applied areas such as psychotherapy long term care and end of life issues Includes contributions from major researchers in the academic and clinical realms 3 Volumes www.encyclopediaadulthoodandaging.com

Women Ageing Miriam Bernard, Val Harding Davies, Linda Machin, Judith

Phillips,2005-06-22 Women Ageing provides a better understanding of what ageing is like for women and challenges the myths which have grown up around the ageing process Blending the scholarly the personal and the political it reveals the range of strategies and identities women adopt to manage the transitions of the second half of the life course In doing so it uncovers not only the commonalities and the similarities between mid life and older women but also some of the variation and diversity relating to ethnicity and race class disability and sexual orientation Women Ageing makes the ordinary lives of ordinary women as in this instance they grow older more visible Its findings have important implications for policy and practice All those studying or working with older people will find it an illuminating text **The Second Half of Marriage** David and Claudia Arp,2010-10-05 Your children are gone or leaving soon It s time to focus once again on your own future and especially on your marriage What s in store for the second half David and Claudia Arp provide answers and practical help in this groundbreaking book Drawing on their national survey of hundreds of second half couples the Arps reveal eight marital challenges every long term marriage faces and they offer strategies and exercises for meeting each of them The Second Half of Marriage will challenge you to create a vision for the rest of your life together and inspire you to make that vision a reality **Marriage Enrichment** Richard A. Hunt,Larry Hof,Rita DeMaria,1998 This volume traces the modern critical and performance history of this play one of Shakespeare s most loved and most performed comedies The essay focus on such modern concerns as feminism deconstruction textual theory and queer theory RESOLVING MARITAL CONFLICTS FOR A HARMONIOUS HOME TAIWO ADEJIN,2024-06-16 Overview of the Book The purpose of this book is to provide couples with practical tools and strategies to resolve conflicts effectively Each chapter delves into different aspects of conflict resolution offering insights techniques and real life examples to help couples build stronger more resilient relationships The Everything Guide to a Happy Marriage Stephen Martin,Victoria Costello,2009-06-18 Every newly married couple wants to beat the odds and make their marriage work Unfortunately 50 percent of first marriages and 65 percent of second marriages fail Clearly couples need guidance and support to keep their partnerships strong In this guide married couple Stephen Martin and Victoria Costello offer information tips and advice to help readers Recognize danger signs in a marriage Communicate effectively Handle discussions about money sex kids and other tough topics Keep the passion alive Maintain a sense of identity within a partnership Navigate special situations such as stepfamilies and cultural differences With the help of this concise book couples can address problems before they become dealbreakers From the stress of combining finances and raising kids to dealing with in laws and blending families there s a lot of pressure in a marriage But all it takes is a little information and determination to make it work and to make it last **Growing Great Marriages** Ian Grant,Mary Grant,2010-05-01 Best selling relationship gurus show you how to gain new insights and ideas that will build intimacy and add spice to your relationship Ian and Mary Grant maintain that the two great human desires are to know that we can love and that we can be loved In their latest book they give skills and tips on how to maintain your

relationship with your husband or wife Whether your relationship is flaming with passion or just flaming awful this entertaining book gives you insights and practical ideas to make your life stronger and happier You will take away keys and tips to transform your relationship into one that others will envy full of fun communication passion and intimacy Turn the dream into a reality

No-fault Divorce Allen M. Parkman, 2019-03-04 Since 1970 all the states adopted no fault divorce statutes which have had the unexpected effect of producing dire financial conditions for many divorced women and their children In this important study economist and lawyer Allen Parkman shows how no fault divorce has systematically operated against the interests of these women and children With rare economic and legal insight Parkman argues that by changing the grounds for divorce without changing the laws that define and allocate property at divorce the legal system created substantial injustices The key mistake he suggests was in accepting a definition of property that did not include the income earning capacity human capital of the individuals involved Using human capital theory Parkman criticizes current divorce law and presents a framework for reform that would reduce the injustices introduced by no fault divorce He concludes that a thorough reform however may require the changing of the grounds for divorce to mutual consent This book is essential reading for scholars professionals and indeed for anyone interested in the health and future of the family and the well being of women in contemporary U S society

The Enigmatic Realm of **Long Term Marriage**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing lacking extraordinary. Within the captivating pages of **Long Term Marriage** a literary masterpiece penned by a renowned author, readers set about a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting affect the hearts and minds of those who partake in its reading experience.

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