



# Radical Zen

~ The Sayings of Jōshū ~

Translated with a commentary by

Yoel Hoffmann

# Radical Zen The Sayings Of Joshu

**Youru Wang**



## **Radical Zen The Sayings Of Joshu:**

Radical Zen Zhaozhou (Shi), 1978 The old Zen master Joshu Zhaozhou also Chao chou is one of those prototypical figures in classical Zen literature the unpredictable protagonist of many of the key cases in the major koan collections Come to think of it many of our standard stereotypes of the Zen Master can be traced to this figure irascible and blunt down to earth and practical prone to answer religious questions with seemingly off the wall non sequiturs and paradoxes if not a good sharp smack in the face Regardless of the now probably untraceable layers of historical fact and later legend swirled about within this image then it is of vital importance in understanding the Zen tradition and its development not to mention its current sense of identity And so the classic Zen text purporting to be Chao chou's recorded sayings wonderfully translated in this book by Yoel Hoffman is as extremely significant as it is quizzically enjoyable and underhandedly inspiring Amazon.com

Zen and the Art of Politics Dr Victor Denis Purcell, 2023-11-05 Synopsis Zen and the Art of Politics embarks on a transformative exploration intertwining the serene world of Zen Buddhist teachings with the intricate dynamics of contemporary politics The narrative unfolds by tracing the evolution of Zen beginning with its birth the profound teachings of its early masters and its intimate ties with other Buddhist traditions As Zen's influence permeates global cultures the book delves into its core principles like meditation and mindfulness and its contributions to art and aesthetics Alongside there is a careful unpacking of the global political landscape from the triumphs and tribulations of democracies and autocracies to the seismic shifts brought about by revolutionary politics and feminism's pivotal role in reshaping the political narrative As the tale progresses the spotlight turns to where Zen and politics converge Readers are ushered into a realm where political engagement is reshaped by Zen's principles encouraging non attachment in discourse and a redefined perspective on power Compassion a cornerstone of Zen is highlighted as a transformative force in activism Simultaneously mindfulness emerges as a beacon guiding politicians toward sharper discernment effective communication and a more attuned approach to policy making and negotiation Drawing inspiration from Zen the narrative introduces the concept of the Middle Way in politics a harmonious bridge spanning political divides Through historical case studies insights are provided into Zen's approach to conflict resolution the merits of bipartisanship and the importance of ethics in sculpting a stable political world The journey then shifts to the practical realm detailing the life of a Zen practitioner in the political arena From daily Zen rituals and strategies to tools enriched by Zen wisdom the narrative offers tangible methods to infuse politics with Zen teachings Yet as with all profound journeys challenges arise The tale doesn't shy away from addressing potential pitfalls intricacies and the modern complexities of blending Zen with politics Strategies to maintain Zen practices bridge political divides and navigate challenges become pivotal Real world applications anchor the narrative with insights into the tangible influence of Zen on local governance and national movements Success stories are celebrated challenges are dissected and the transformative role of Zen inspired communities in policy making is highlighted As the exploration reaches its zenith readers are equipped

with tools and resources to weave Zen into their political fabric From meditative practices to nurturing Zen centric communities the wealth of practical insights is boundless The Odyssey concludes with contemplative reflections on the symbiotic relationship between Zen and politics inspiring readers toward a harmonious global future Augmented by many resources in the appendices the book stands as a beacon for those yearning to traverse the intersection of Zen and politics

**Zen in Plain English** Stephan Schuhmacher,2012-01-01 No other book quite engages the reader in the kinds of perceptions and experiences that the seeker will have while following this path The Zen masters are famous for their unorthodox ways of teaching the wisdom of the thing itself Their Koans paradoxical stories and questions are designed to rid the mind of over sophisticated responses A selection of tales from the great Zen teachers this book coaxes the reader into a direct encounter with the life changing perceptions of the Zen mind Challenging us to find a solution that resolves and dissolves the knots in heart and mind the chronic cramp that prevents us from breathing freely from giving ourselves without reserve to life in all its delightful and painful facets and from being at peace with life and with death In this process we are confronted by the limits of rational meaning and we begin to understand why Zen masters use humour and paradox to lead us to the very edge of the precipice of reason and why at that critical point we are gently pushed over Stephan Schumacher s innovative format and his fresh interpretations of this fine selection of stories from the great teachers are a useful introduction to Zen practice and more importantly a welcome return to the fundamental Dharma of no self not knowing the thing itself and the beauty and precision of this moment by moment precious moment of our lives Peter Matthiessen Muryo Roshi

**The Hidden Lamp** Zenshin Florence Caplow,Reigetsu Susan Moon,2013-10-21 The Hidden Lamp is a collection of one hundred koans and stories of Buddhist women from the time of the Buddha to the present day This revolutionary book brings together many teaching stories that were hidden for centuries unknown until this volume These stories are extraordinary expressions of freedom and fearlessness relevant for men and women of any time or place In these pages we meet nuns laywomen practicing with their families famous teachers honored by emperors and old women selling tea on the side of the road Each story is accompanied by a reflection by a contemporary woman teacher personal responses that help bring the old stories alive for readers today and concluded by a final meditation for the reader a question from the editors meant to spark further rumination and inquiry These are the voices of the women ancestors of every contemporary Buddhist

**Field-Being Interpretation of Buddhist Philosophy** Albert Shansky,2015-09-29 Buddhism is a religion despite the negative attitude of some in the West who espouse that since it has no god it is atheistic and therefore cannot be a religion A religion is a unified system of beliefs and practices that unite into one single moral community A N Whitehead fortified this definition by saying Religion is what the individual does with his own solitariness Buddhism satisfies these definitions by guiding the individual in self reliance and introspection rather than entreaty to an unseen god or spirit It is hoped that the nine essays in this book depict situations where a set of symbolic forms and acts relate man to the ultimate condition of his

existence The essays in this book have been written between the years of 1998 and 2000 while Albert Shansky the author was executive vice president of the International Institute of Field Being at Fairfield University

**Zen and Western Thought** Masao Abe, 1985-09-16 Japanese Death Poems, 1998-04-15 A wonderful introduction the Japanese tradition of jisei this volume is crammed with exquisite spontaneous verse and pithy often hilarious descriptions of the eccentric and committed monastics who wrote the poems Tricycle The Buddhist Review Although the consciousness of death is in most cultures very much a part of life this is perhaps nowhere more true than in Japan where the approach of death has given rise to a centuries old tradition of writing jisei or the death poem Such a poem is often written in the very last moments of the poet's life Hundreds of Japanese death poems many with a commentary describing the circumstances of the poet's death have been translated into English here the vast majority of them for the first time Yoel Hoffmann explores the attitudes and customs surrounding death in historical and present day Japan and gives examples of how these have been reflected in the nation's literature in general The development of writing jisei is then examined from the longing poems of the early nobility and the more masculine verses of the samurai to the satirical death poems of later centuries Zen Buddhist ideas about death are also described as a preface to the collection of Chinese death poems by Zen monks that are also included Finally the last section contains three hundred twenty haiku some of which have never been assembled before in English translation and romanized in Japanese

*One Hundred Days of Solitude* Jane Dobisz, 2013-02-08 In *One Hundred Days of Solitude* Losing My Self and Finding Grace on a Zen Retreat American teacher of Korean Zen Jane Dobisz Zen Master Bon Yeon recalls her first solitary meditation stint in the woods Luckily this is not just a recounting of a winter's worth of cabin fever Instead Dobisz takes us into her cabin and into her mind as she tries at least temporarily to live a Walden like existence All the bowing and meditating and wood chopping that is part and parcel of her retreat is hardly first nature but the good humored and tenacious Dobisz is able to adapt and to relate her hundred days with moving insight and humanity Her Solitude in fact offers us all a chance to commune with her and to look inside and rediscover our own grace

*Principles of Zen Training for Educational Settings* Hugh Schuckman, 2024-10-31 This book provides insights into new developments and persistent traditions in Zen teacher training and education through the use of historical archival research and original interviews with living Zen Masters It argues that some contemporary Euro American social values of gender equality non discrimination rationality ecumenicism and democracy permeate not only the organizational aspects of the Kwan Um School of Zen case study but soteriological processes and goals of the training more widely Each chapter showcases the ways important facets of Zen education from meditation to curriculum development to school management have absorbed Euro American cultural and social ideals in both community and educational practices Giving dedicated scholarly attention and conceptualising new adaptations in transnational Zen communities it constitutes an important and timely addition to the literature and will appeal to researchers and scholars of religion and education Asian pedagogies contemporary Buddhism transnational Zen and Zen

education      **Storehouse of Treasures** Nelson Foster,2024-09-10 Storehouse of Treasures unearths wise and beautiful elements of Chan and Zen still little known in the West revealing unexpected aspects of the tradition and new implications for practice Since the dawn of Chan and Zen in medieval China and Japan members of these schools have enlivened their teaching by creatively adopting and adapting terms images principles poetry and lore native to their societies Unfortunately so much of that cultural wealth has been lost in translation that Western practitioners have barely begun to discover and appreciate this extraordinarily rich legacy In Storehouse of Treasures second generation American Zen teacher Nelson Foster makes a series of adventuresome forays into the trove of material laid up by the Dharma ancestors bringing to light Masters delight in playing with words stories and inherited Buddhist concepts bending them to express the Dharma in inspired ways The powerful influence that Taoist and Confucian thought exerted in the formation of Chan and Zen The emphasis the two schools have laid on excellence of character as well as on profound awakening The experiential meaning and enduring importance to the tradition of ideals little associated with it today like integrity shame and contentment How knowing the tune of a fellow student a mentor or a teacher of old lies at the heart of transmitting the Dharma Lifting to attention a diverse set of ancient yet still luminous Dharma gems Foster urges their relevance and value to us as students of the Buddha Way and as citizens of a world increasingly fractious and imperiled      Zensational Stories Rahul

Karn,2020-02-01 Zensational Stories is an unorthodox and rebellious book that offers a commentary on over 100 traditional Zen stories It examines the very fabric that we base our lives on and looks at life as it is without getting into philosophical dogmas religions or faiths The truth is within you Zensational Stories will motivate and inspire you to realise this for yourself Read the book so you can throw the book away and recognise what the words are pointing toward meditation      The

Routledge Encyclopedia of Jewish Writers of the Twentieth Century Sorrel Kerbel,2004-11-23 Now available in paperback for the first time Jewish Writers of the Twentieth Century is both a comprehensive reference resource and a springboard for further study This volume examines canonical Jewish writers less well known authors of Yiddish and Hebrew and emerging Israeli writers includes entries on figures as diverse as Marcel Proust Franz Kafka Tristan Tzara Eugene Ionesco Harold Pinter Tom Stoppard Arthur Miller Saul Bellow Nadine Gordimer and Woody Allen contains introductory essays on Jewish American writing Holocaust literature and memoirs Yiddish writing and Anglo Jewish literature provides a chronology of twentieth century Jewish writers Compiled by expert contributors this book contains over 330 entries on individual authors each consisting of a biography a list of selected publications a scholarly essay on their work and suggestions for further reading      **The Zensational Buddha** Rahul Karn,2019-09-29 Zen Masters have a unique relationship with Buddha They

love Buddha yet sometimes they suggest us to kill the Buddha One Zen Master didn't bow in front of the Buddha statue while other said that Buddha was a dried piece of dung One ancient Zen Master burnt the Buddha statue while other said that Buddha was a liar This book is a collection of hundreds of Zen Stories which will help you to see Buddha from a totally new

Zen perspective      **Historical Dictionary of Chan Buddhism** Youru Wang, 2017-06-27 The popular name for Chan Buddhism in the West is Zen Buddhism as it was Japanese scholars who first introduced Chan Buddhism to the West with this translation. Indeed, chan is a shortened form of the Chinese word channa rendered from the Sanskrit word dhyana which denotes practices of the concentration of the mind through meditation or contemplation. Although rooted in the Indian tradition of yoga which aims at the unification of the individual with the divine, meditative concentration became integrated into the Buddhist path to enlightenment as one of the three learnings (sanxue) of Buddhism. Early Buddhist or the so-called Hinayana Buddhist scriptures include the teachings on four stages of meditation, four divine abodes, four formless meditations, the tranquility (samatha) and insight (vipassana) meditations, and so on. Early Buddhist communities commonly practiced these meditations along with the moral disciplines and the study of the scriptures and doctrines. Mahayana Buddhism in India and East Asia continued the practice of meditation as one of the six perfections or virtues of the bodhisattva path. In this general context, some eminent monks might have composed scriptures, treatises for the training of meditation, or have become more famed with meditation. However, the school of Chan is more than just a group of meditation practitioners. As one of the Chinese Buddhist schools, it involves its own ideology, its own community, and its own genealogical history serving to establish its own identity. The *Historical Dictionary of Chan Buddhism* contains a chronology, an introduction, and an extensive bibliography. The dictionary section has over 400 cross-referenced entries on important personalities, schools, texts, vocabularies, doctrines, rituals, temples, events, and other practices. This book is an excellent resource for students, researchers, and anyone wanting to know more about Chan Buddhism.

*Christianity and the Images of Science* Granville C. Henry, 1998 The relationship of Christianity to science can best be handled by isolating images of science that influence Christianity. Henry defines and then reformulates those images, making science more intelligible and Christianity more biblical.

**Elegant Failure** Richard Shrope, 2016-08-01 Zen koans are stories of exchanges between Zen masters and their disciples at the moment of enlightenment or near enlightenment. These stories have long fascinated Western readers because of their wisdom, humor, and enigmatic quality. Drawing on over thirty years of practice and teaching, Richard Shrope himself, a recognized Zen Master, has selected twenty-two cases from *The Blue Cliff Record*, *Book of Serenity*, and *Wu men kuan* that he has found to be deeply meaningful and helpful for meditation practice. In *Elegant Failure*, he provides a wealth of background information and personal anecdotes for each koan that help to illuminate its meaning without detracting from its paradoxical nature. As Shrope reminds us, the main core of Zen teaching is the bare bones of what is there. In a certain sense, embellishing a story takes away from the central teaching. Don't embellish anything; just be with it as it is.

*Interreligious Hospitality* Pierre-François de B  thune, 2010-09-01 *Interreligious Hospitality* is an enlightening account of one Catholic monk's search for God through dialogue with another religious tradition. Interreligious dialogue will sometimes involve discussions about doctrine, sometimes promote joint action for the common good. But ultimately, it is about hospitality: accepting the invitation of

others to experience their spiritual practices and welcoming others to experience ours Pierre de Bethune's engaging description of learning the way of tea and of living in a Japanese Zen monastery along with his probing reflections on the meaning of those experiences shows how the dialogue of religious experience can lead Christians to a deepened faith and a more intense and rewarding spiritual life Pierre Francois de Bethune OSB served as Secretary General of all the regional commissions of Dialogue Interreligious Monastique Monastic Interreligious Dialogue DIM MID from 1992 to 2007 and continues as editor of the International Bulletin He is a monk of the monastery of Saint Andre de Clerlande in Belgium His previous books include *By Faith and Hospitality The Monastic Tradition as a Model for Interreligious Encounter* Forms of Concrecence Granville C. Henry, 1993 *Ricorso and Revelation* traces the impact on Modernism of the archaeological discoveries of the Palace of Knossos the Royal Cemetery of Ur and the Tomb of Tutankhamen and the artifacts recovered from these sites showing how they entered the narrative strategies of the Modernist movement The author also develops a new argument about the four myth configurations the maze alchemy the Great Goddess and the Apocalypse which were of central importance to the literature of European Modernism between 1895 and 1946 studying their appearances in a wide range of European modernist writers and in the paintings of Picasso and the films of Jean Cocteau Drawing from a variety of theories on myth Smith suggests that each of these four myths represents a creative return to the origins ricorso a reduction of the raw materials of daily life to the fundamental elements of creation revelation followed by a recreation of the world cosmogenesis of the poet ontogenesis and of the text poesis **The Radical Path of Somatic Dharma** Will

Johnson, 2025-01-07 Shares practices to show how sitting meditation can be reconnected to lived bodily experience and help you rediscover your natural somatic radiance Explores how the modern thought focused frame of mind introduces patterns of holding and tension into our bodies Draws on techniques from the Buddhist Sufi and somatic wisdom traditions as well as insights from the author's own teachers and collaborators including Ida Rolf and Judith Aston The modern practice of seated meditation is in serious need of reformation What began as a living vibrant and felt practice the primary practice of the Buddhist path to spiritual realization has painted itself into a corner of frozen stillness divorced from lived bodily experience Presenting an accessible and deeply felt guide to sitting meditation as an active exploration Will Johnson offers a revitalized understanding of this essential spiritual practice through deeper connection with the body Johnson argues that the thought focused mode of consciousness of modern rigid seated meditation introduces patterns of holding and tension into our bodies and virtually guarantees that awakening will not occur He explains how our focus on thought rather than embodied experience results in a numbing of our connection to our physical self and the dimming of the body's natural somatic radiance which in turn leads to the nagging presence of chronic pain a general sense of malaise and the inability to get comfortable in our own bodies However this consciousness of separation can be overcome Johnson presents a wide range of practices including 14 meditations to support the awakening of breath and presence in the body drawing on techniques from



Buddhist Sufi and somatic wisdom traditions as well as methods from his studies with Ida Rolf and Judith Aston Through the radical path of conscious sitting Johnson shows how to transform your sitting meditation practice into a fully natural mudra of greater grace from which radiance will naturally flow As the egoic perspective is dissolved and chronic pain and discomfort are lessened practitioners begin to feel a new enlightened bodily radiance what Johnson calls The Great Wide Open

**Posthumous People** Massimo Cacciari, 1996 Cacciari discusses Vienna at a crucial turning point in Western thinking as the 19th century ended treating this extraordinarily rich concentration of people and events as the hub upon which wheeled into the 20th century

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