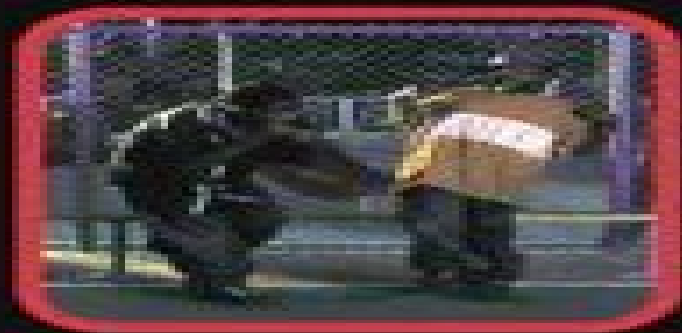
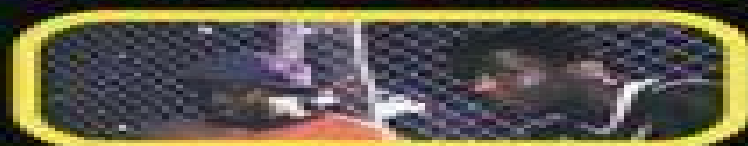


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RELIEVE THE SQUEEZE

How to Take Control of Your Asthma



by Peggy Guthart Strauss

photographs by Lucy Dahl



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