

# Managing symptoms of Parkinson's disease (PD)

## Ongoing care and support

### Specialist nursing

People with PD should have regular access to the services provided by a PD nurse specialist

### Physiotherapy

Offer PD-specific physiotherapy for people who are experiencing:

Balance problems  
Motor function problems

### Occupational therapy

Offer PD-specific occupational therapy for people who are having:

Difficulties with daily living activities

### Speech and language

Offer speech and language therapy for people with PD who are experiencing:

Communication problems  
Problems with swallowing or saliva

### Palliative care

Consider referring people at any stage of PD to the palliative care team to discuss their priorities for care at the end of life

## Managing non-motor symptoms

While the non-pharmacological management strategies listed above are first line treatments for non-motor symptoms, consider treating refractory problems with the following drugs:



Consider whether new symptoms might be caused by side effects of other medications

### Excessive daytime sleepiness

Modafinil

### REM\* sleep behaviour disorder

Clonazepam / Melatonin

### Nocturnal akinesia

Levodopa / Oral dopamine agonists  
if neither is effective → Rotigotine

### Orthostatic hypotension

Midodrine

If contraindicated, not tolerated or not effective → Fludrocortisone

### Drooling

Glycopyrronium bromide

If contraindicated, not tolerated or not effective → Specialist referral for Botulinum toxin A

If person's risk of cognitive adverse effects is minimal → Other anticholinergic medicines

### Hallucinations and delusions

Do not treat if well tolerated

Quetiapine

If not effective → Clozapine

For people without cognitive impairment

Lower doses needed for people with PD than in other indications

~~Clonidine~~ Do not offer clonidine

### Dementia

Mid-moderate

Severe

Offer

Cholinesterase inhibitor

Consider if not tolerated or contraindicated → Memantine

## Advanced Parkinson's disease

Offer best medical therapy, which may include:

Intermittent apomorphine injection

and/or

Continuous subcutaneous apomorphine infusion

If symptoms are not adequately controlled

Consider deep brain stimulation

## Managing motor symptoms

If symptoms affect daily life, offer levodopa

If symptoms do not affect daily life, offer a choice

★★★  
More improvement / fewer adverse events  
★★★  
Intermediate  
★★★  
Less improvement / more adverse events

### Levodopa

Symptoms ★★★  
Activities ★★★  
Motor comp. ★★  
AEs ★★★

### Dopamine agonists

Symptoms ★★  
Activities ★★  
Motor comp. ★★★  
AEs ★★

### MAO-B inhibitors

Symptoms ★★  
Activities ★★  
Motor comp. ★★★  
AEs ★★

### Adjuvant therapy

If dyskinesia or motor fluctuations develop, adjuvant therapy may be added to a Levodopa regimen, under specialist advice.

### + Dopamine agonists

Symptoms ★★  
Activities ★★  
Off-time ★★  
AEs ★★  
Hallucinat. ★★

### + MAO-B inhibitors

Symptoms ★★  
Activities ★★  
Off-time ★★  
AEs ★★  
Hallucinat. ★★

### + COMT inhibitors

Symptoms ★★  
Activities ★★  
Off-time ★★  
AEs ★★  
Hallucinat. ★★

If dyskinesia is not adequately managed by the above, consider amantadine.

+ Amantadine (no evidence of benefit or harm)

### Impulse control disorders (ICDs)

ICDs are common adverse effects of dopaminergic therapy. They are a group of psychiatric conditions linked by a failure to resist the temptation to perform an act harmful to either oneself or others.

Ensure patients and carers are aware of ICD types

Compulsive gambling  
Hypersexuality  
Binge eating  
Obsessive shopping

Also inform them who to contact if ICDs develop

### Managing ICDs

Adjust dopaminergic therapy gradually, to balance motor symptoms and ICDs

If not effective  
Offer specialist CBT targeted at ICDs

# Parkinsons Disease And Its Management

**Naheed Ali**



## **Parkinsons Disease And Its Management:**

**Parkinson's Disease and Its Management** Patrick Kimuyu, 2018-02-13 Seminar paper from the year 2018 in the subject Medicine Pathology grade 1 Egerton University language English abstract This report provides an overview of Parkinson's disease and its management Parkinson's disease PD is considered as a progressive disorder of the central nervous system and it is characterized by difficulties in movement This disorder is also referred to as the shaking palsy owing to the tremors experienced by the patients It is one of the most challenging motor system disorders because it is both chronic and progressive implying that symptoms emerge and worsen over time Therefore the management of Parkinson's disease presents an immense challenge to healthcare professionals as well as families and relatives of patients suffering from the disease Currently there is no cure for Parkinson's disease thus treatment approaches focus on reducing the severity of its symptoms Parkinson's Disease and Its Management John Pearce, 1992 This book is a practical concise review of current

knowledge about Parkinson's disease focusing on the theory and practice of its correct diagnosis and management It provides the physician with a full account of the clinical vagaries of the several parkinsonian syndromes and summarizes the relevant knowledge of disordered physiology pathology and neurochemistry All aspects of the treatment of Parkinson's disease are fully covered and a selection of references is provided for further study on major topics *Aging, Heart Disease, and Its Management* Niloo M. Edwards, 2002-11-14 Reviews the best therapies and surgical techniques available to provide quality care for the elderly cardiac patient and of those areas that require further research The authors detail preventive therapies and the cardiovascular syndromes that disproportionately afflict the older individual including arrhythmias particularly atrial fibrillation syncope heart failure particularly diastolic heart failure and ischemic heart disease They also delineate the surgical management of the heart patient with discussions of postoperative management and its complications and of specific surgical procedures such as coronary artery bypass grafting valve surgery pacemaker and defibrillators and surgical management of heart failure Parkinson's Disease, Its Meaning and Management Lewis Jacob Doshay, 1960

Living with Parkinson's Disease, Parkinson's disease is one of the most common neurologic disorders affecting many people over the age of 40 and more than 15% of all people over age 65 This book is written specifically for anyone who has been diagnosed with Parkinson's disease as well as families members and friends It will serve as a guide to learning about the disease and its potential impact on your life It describes the nature of Parkinson's disease and treatments that are available for its management as well as the results of research efforts devoted to the discovery of improved treatments This is a time of great excitement in research and rapid advances in clinical management such that most people diagnosed with the disease can continue to lead full and productive lives Section I discusses the symptoms and brain lesions that characterize Parkinson's disease the management of its primary symptoms with levodopa the management of secondary symptoms and complications surgical treatments and the concept of wellness in living with chronic illness Section II reviews research

devoted to improving the management of the disease including the development of treatments that will prolong the effectiveness of levodopa the search for longer acting agents and the improvement of late stage complications of the disease This is followed by chapters that discuss the search for a cure for the disease and prospects for replacing the neurons lost as a result of the disease process Of particular interest is a detailed discussion of clinical trials their role in the development of new therapies and points to be considered before participating

### **Parkinson's Disease and Its Management**

John Pearce,1992 This book is a practical concise review of current knowledge about Parkinson s disease focusing on the theory and practice of its correct diagnosis and management It provides the physician with a full account of the clinical vagaries of the several parkinsonian syndromes and summarizes the relevant knowledge of disordered physiology pathology and neurochemistry All aspects of the treatment of Parkinson s disease are fully covered and a selection of references is provided for further study on major topics

### **New challenges and future perspectives in parkinson's disease and age-related movement disorders**

Danling Wang,Jifeng Guo,2023-02-17 *Integrating Care to Prevent and Manage Chronic Diseases Best Practices in Public Health* OECD,2023-05-10 People today are living longer with complex health needs but often receive fragmented care This has prompted countries to support patient centred integrated care models As part of OECD s work on best practices in public health this report outlines policy recommendations to prevent and manage chronic diseases by integrating care Policy recommendations were drawn from a review of key integrated care models implemented in OECD and EU27 countries

Parkinson's Disease Stewart Factor,William J. Weiner,2007-12-15 Parkinson s disease PD is the second most common neurodegenerative disease in the world Still the only major text on the subject the completely revised and updated second edition of Parkinson s Disease Diagnosis and Clinical Management comes at a time when specialists have made important advances in our understanding of the etiology pathogenesis investigation and management of Parkinson s disease The book includes 23 completely new chapters and has updated information on Genetics Pathology Biomarkers Pathogenesis Impulse control disorders in Parkinson s disease Updated outcome measures Complementary and alternative medicine for the treatment of Parkinson s disease Together the chapters form a comprehensive review of the many issues facing PD physicians today Lucid and easily readable from beginning to end each chapter may also stand on its own as a scholarly review of the individual subject Each one is concisely written and heavily referenced for this purpose The second edition of Parkinson s Disease Diagnosis and Clinical Management provides a state of the art review of where we ve been where we are now and where we are going in treating this disease

### **Scientific Basis for the Treatment of Parkinson's Disease**

Nestor Galvez-Jimenez,2013-04-08 Completely updated including coverage of the Parkin gene this second edition unveils advances in the genetics of Parkinson s Disease PD The author reviews the role of alpha synuclein in the genesis of PD and covers tau protein and related diseases MPTP and drug induced PD oxidative stress mitochondrial dysfunction and apoptosis He explores pharmacological approaches to the treatment of PD such as the use of COMT inhibitors and dopamine

agonist and advances in technology such as devices that provide additional treatment options including deep brain stimulation and transplantation The book concludes with new chapters covering the differential diagnosis of PD and related disorders

**Parkinson's Disease** Donald Grosset, Hubert Fernandez, Katherine Grosset, Michael Okun, 2009-06-26 This book's coverage ranges from incidence diagnosis investigation drug treatments non motor features of Parkinson's Disease assessment scales and surgical intervention to the role of nurses physio and occupational therapists speech language pathologists dieticians and to the use of complementary medicine

**Novel Drug Delivery Systems in the management of CNS Disorders** Pooja A Chawla, Raimar Loebenberg, Kamal Dua, Vinay Parikh, Viney Chawla, 2024-10-01 Novel Drug Delivery Systems in the Management of CNS Disorders offers a comprehensive source of information on delivering drugs to the central nervous system to treat various diseases and conditions The book covers a wide range of CNS disorders including epilepsy Parkinson's Alzheimer's Huntington's multiple sclerosis schizophrenia cerebral palsy autism ALS and others The book begins by presenting the foundations of drug delivery to the brain and addressing the associated challenges It then delves into clinical trials and explores the future potential of the presented technologies This reference is designed for drug delivery researchers in academia and corporations providing them with the essential knowledge about overcoming the Brain Blood Barrier and achieving targeted drug delivery to the central nervous system Consolidates current state of the art research into a single book volume Presents the challenges of drug delivery to the CNS in a comprehensive way Covers the most relevant CNS conditions and diseases Provides future perspectives and the most active research areas in this fast moving field

**Recent Advances in the Treatment of Neurodegenerative Disorders** Sachchida Nand Rai, 2021-04-26 Researchers have tried various effective treatments that prevent the progressive neurodegeneration of neurons within the brain Parkinson's disease PD Alzheimer's disease AD and Multiple sclerosis MS are some of the most common neurodegenerative diseases NDDs Recent Advances in the Treatment of Neurodegenerative Disorders provides interesting updates on treatments of these neurological disorders Ten chapters have been contributed by experts in pharmacology and give a unique perspective to reader on special topics in this area including the treatment of neurodegenerative treatment of neurodegenerative disease through ayurveda and phytochemicals the therapeutic role of vitamins in Parkinson's disease mushrooms in NDD treatment MS treatment ALS treatment and the use of nanoparticles and nano formulations in NDD treatment This is an informative reference for pharmacologists medicinal chemists and healthcare professionals general practitioners and neurologists seeking updates in the treatment of some common neurodegenerative disorders

*Parkinson's Disease and Related Disorders* United States National Institute of Neurological Diseases and Stroke, 1971

*Intelligent Technologies and Parkinson's Disease: Prediction and Diagnosis* Kumar, Abhishek, Ahuja, Sachin, Baliyan, Anupam, Annawati, Sreenatha, Anand, Abhineet, 2024-02-08 When it comes to Parkinson's disease one of the most important issues revolves around early detection and accurate diagnosis The intricacies of this neurodegenerative disorder often elude

timely identification leaving patients and healthcare providers grappling with its progressive symptoms Ethical concerns surrounding the use of machine learning to aid in diagnosis further complicate this challenge This issue is particularly significant for research scholars PhD fellows post doc fellows and medical and biomedical scholars seeking to unravel the mysteries of Parkinson s disease and develop more effective treatments Intelligent Technologies and Parkinson s Disease Prediction and Diagnosis serves as a beacon of hope in the quest to revolutionize Parkinson s disease diagnosis and treatment It unveils the remarkable potential of artificial intelligence AI and machine learning ML in remodeling the way we approach this debilitating condition With a comprehensive exploration of AI s capacity to analyze speech patterns brain imaging data and gait patterns this book offers a powerful solution to the challenges of early detection and accurate diagnosis

**Understanding Parkinson's Disease** Naheed Ali,2013-09-26 Parkinson s disease is a degenerative neurological disease characterized primarily by cognitive deficiencies and problems with muscle movements and tremors more than a half a million Americans have the disease and the current numbers are expected to increase over the next few years Understanding Parkinson s Disease offers patients and their caregivers the kind of cutting edge information that will allow them to successfully confront this debilitating disease on a number of fronts Dr Naheed Ali provides patients with a hopeful perspective as well as practical ways of confronting and living with the disease Patients will also be uniquely exposed to alternative approaches to managing the symptoms of the disease including allopathic osteopathic and naturopathic approaches While Understanding Parkinson s Disease also provides powerful techniques and real world advice that sufferers can immediately put into practice the book also encourages readers to gain a full understanding of the background of the disease Dr Ali presents contemporary benchmark concepts and gives detailed advice that makes dealing with Parkinson s a much simpler and easier undertaking The reader will be introduced to essential information on the risk factors associated with Parkinson s the signs and symptoms the different stages of the disease the various treatments as well as how the disease develops Anyone looking for an introduction to both the science behind Parkinson s and the effects of its course on sufferers as well as information about treatment and real life strategies for dealing with the debilitating symptoms will find the information they need in this accessible resource

**Parkinson's Disease and Movement Disorders** Joseph Jankovic,Eduardo Tolosa,2007 Written by an international group of renowned experts the Fifth Edition of this premier reference provides comprehensive current information on the genetics pathophysiology diagnosis medical and surgical treatment and behavioral and psychologic concomitants of all common and uncommon movement disorders Coverage includes Parkinson s disease other neurodegenerative diseases tremors dystonia Tourette s syndrome Huntington s disease and ataxias This edition features extensive updates on genetics imaging and therapeutics of Parkinson s disease other parkinsonian disorders and all hyperkinetic movement disorders A bound in CD ROM Video Atlas of Movement Disorders demonstrates the movement and posture abnormalities and other disturbances associated with Parkinson s disease and other

neurologic disorders      *A Review on Diverse Neurological Disorders* Rameshwar Nath Chaurasia, Sunny Ohia, Debasis Bagchi, 2024-06-05 According to World Health Organization WHO one billion people worldwide are affected by one of the thousands of neurological disorders including epilepsy Alzheimer disease strokes and headaches Neurological disorders also include brain injuries neuroinfections multiple sclerosis and Parkinson disease *A Review on Neurological Disorders Pathophysiology Molecular Mechanisms and Therapeutics* covers the major topics related to neurological disorders current challenges in diagnosis and intervention This book is organized into four distinct sections starting with an introduction providing a general overview of the epidemiology of neurological disorders pathogenesis and management The second section presents the aspects of brain diseases due to infection of bacteria parasite fungus and viruses The third section discusses neurodegenerative disorders due to comorbid factors like diabetes hypertension hyperlipidemia and post traumatic brain injuries The last section covers prevention through application of bioactive compounds and neuroprotective agents

*Epidemiology of neurological disorders and pathogenesis* Explores neuroinflammation ligand receptors binding and neurodegeneration Discusses aging and associated disorders in the onset of neurological disorders *Neuropharmacology and the protective role of bioactive compounds in neuroprotection*      *Medicinal Plants for the Management of Neurodegenerative Diseases* Jamal Akhtar, Maryam Sarwat, Fouzia Bashir, 2024-06-17 Ageing is the main reason for most neurodegenerative diseases including Alzheimer s disease AD and Parkinson s disease PD About 10% of individuals aged 65 years develop AD which continuously increases with growing age Medicinal plants have been used for age related neurodegenerative disorders for a long time These plants are rich in terms of various phytochemical constituents such as flavonoids sterols alkaloids saponins and terpenoids Different scientific studies have been carried out on these medicinal herbs e g anti inflammatory antioxidant and neuro regenerative activities that may be used in the treatment of AD and other age related diseases These medicinal plants e g Curcuma longa Bacopa monniera Glycyrrhiza glabra Commiphora whighitti and Acorus calamus L have anti inflammatory properties that may decrease swelling of the brain tissue in AD Despite this there is currently no book available in the market that provides full information on the phytochemical and medicinal uses of the medicinal plants exclusively used for the management of neurodegenerative diseases in the elderly This book aims to provide some important and evidence based information on the plants used for neurodegenerative diseases in the elderly especially AD and PD in a planned manner so the academicians researchers and students working in the fields of medicinal plants plant science chemistry biotechnology pharmacognosy pharmaceuticals biochemistry and many other interdisciplinary subjects may benefit This book will also be useful in identifying a few medicinal plants and their prospects for the synthesis or preparation of new drugs for neurodegenerative diseases

*Features* An overview of the medicinal plants that can be helpful for neurodegenerative disorders Recent research results and some pointers for the management of neurodegenerative diseases This book serve as comprehensive information about the description phytochemistry actions and medicinal use of

plants that are used in neurodegenerative diseases In addition this book will also ease the understanding and interaction of medicinal plants used in neurodegenerative diseases      *Cumulated Index Medicus* ,1981



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### **Parkinsons Disease And Its Management Introduction**

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