

**Parents,  
Help  
Your  
Child  
Say  
No  
to  
Drugs**

**NORMAN LEIBROCK**

# Parents Help Your Child Say No To Drugs

**Donald E. Greydanus, Mark L. Wolraich**



## **Parents Help Your Child Say No To Drugs:**

**Parents, Help Your Child Say No to Drugs** Norman Leibrock, 2002-08-07 Books are like people each one has its own story My book is a story about teenagers with an addiction for drugs and the adverse effects these addictions have on their parents My hope is that this book will present a picture of the many changes that can present themselves in the lives of young people and parents in their battle with mind altering drugs Many parents unfortunately are lost in the complexities of our everyday busy lives and their minds are clouded to the problems that are developing before them Many of us are either oblivious to the problem of drugs or are too afraid to admit to ourselves that we do not know what to do if it happens in our families Parents are sadly convinced that drug addiction can never happen to their children My wife Jane and I had to face that sudden realization that drugs were destroying the life of our son I believe that my book when read in its entirety will give you the guidance and insight to help all parents and their children to fight drug addiction and to render proper guidance to those already in the grip of mind altering drugs This book will help to illuminate those hidden changes that drugs can bring into the lives of our children and teenagers and with it the effects it will have on those around them I hope and pray that the sharing of this valuable information along with my own experiences will be a positive force in the thinking of our teenagers and their loving parents My fellow parents it is of the utmost importance that no matter what happens and how tough it may get remember there is no other way but up Wherever you are and whatever the problem dont ever stop the fight against drug addiction I am aware that in the hard nosed world we live in there are a multitude of self help books and numerous concepts and scientific theories on how to successfully face your problems and bring about changes in your life But I have written my book for this reason that parents can be hopeful in a time of adversity suffering from a family drug addiction problem Let faith and understanding change your life around As parents we often read about drugs and the effects they have upon our children Invariably our many conversations will drift to the topic of drug addiction and whether our children are in fact using drugs and what we can do about it I remember sitting with a group of parents discussing drugs Although we all agreed that the rapid introduction of mind altering substances was a critical problem to our children not everyone was in agreement what we should and could do about this problem if it affects our family Some parents told us our family is very content since all our children are young this problem doesnt pertain to us at this time Some parents sat back and told me that their teenage children have never taken drugs They never had to discuss drugs with their children because they knew they would never touch them A third group of parents were honest enough to admit that their teenage son was a drug addict for years and they didnt know it and when they found out about it they didnt know what to do about it Parents do these statements sound familiar Perhaps something you have heard before but shrugged it off as something you would never have to worry about I realize that this is a sad scenario but very true Too many parents are not taking the time to talk to their children and establish a drug free family when they are young and vulnerable The result has been too many young people

becoming drug addicts Some of them could have been prevented or helped at a young age That initial help must come from us as their parents We must have a constant sense of awareness of this problem facing our children today Remember parents we cannot change the nature of the drug addict or his addiction but we can help     10 Steps to Help Your Child Say "NO"  
,1988     *Helping Your Pre-teen Say "no"* ,1986     *Parents, Help Your Child Say No to Drugs* Norman Leibrock,2002-08-07

Books are like people each one has its own story My book is a story about teenagers with an addiction for drugs and the adverse effects these addictions have on their parents My hope is that this book will present a picture of the many changes that can present themselves in the lives of young people and parents in their battle with mind altering drugs Many parents unfortunately are lost in the complexities of our everyday busy lives and their minds are clouded to the problems that are developing before them Many of us are either oblivious to the problem of drugs or are too afraid to admit to ourselves that we do not know what to do if it happens in our families Parents are sadly convinced that drug addiction can never happen to their children My wife Jane and I had to face that sudden realization that drugs were destroying the life of our son I believe that my book when read in its entirety will give you the guidance and insight to help all parents and their children to fight drug addiction and to render proper guidance to those already in the grip of mind altering drugs This book will help to illuminate those hidden changes that drugs can bring into the lives of our children and teenagers and with it the effects it will have on those around them I hope and pray that the sharing of this valuable information along with my own experiences will be a positive force in the thinking of our teenagers and their loving parents My fellow parents it is of the utmost importance that no matter what happens and how tough it may get remember there is no other way but up Wherever you are and whatever the problem don t ever stop the fight against drug addiction I am aware that in the hard nosed world we live in there are a multitude of self help books and numerous concepts and scientific theories on how to successfully face your problems and bring about changes in your life But I have written my book for this reason that parents can be hopeful in a time of adversity suffering from a family drug addiction problem Let faith and understanding change your life around As parents we often read about drugs and the effects they have upon our children Invariably our many conversations will drift to the topic of drug addiction and whether our children are in fact using drugs and what we can do about it I remember sitting with a group of parents discussing drugs Although we all agreed that the rapid introduction of mind altering substances was a critical problem to our children not everyone was in agreement what we should and could do about this problem if it affects our family Some parents told us our family is very content since all our children are young this problem doesn t pertain to us at this time Some parents sat back and told me that their teenage children have never taken drugs They never had to discuss drugs with their children because they knew they would never touch them A third group of parents were honest enough to admit that their teenage son was a drug addict for years and they didn t know it and when they found out about it they didn t know what to do about it Parents do these statements sound familiar Perhaps something you have heard before but shrugged

it off as something you would never have to worry about I realize that this is a sad scenario but very true Too many parents are not taking the time to talk to their children and establish a drug free family when they are young and vulnerable The result has been too many young people becoming drug addicts Some of them could have been prevented or helped at a young age That initial help must come from us as their parents We must have a constant sense of awareness of this problem facing our children today Remember parents we cannot change the nature of the drug addict or his addiction but we can help

**Raising Drug-Free Kids** Aletha Solter,2009-03-25 In a nation where an estimated 25 percent of high school seniors use illegal substances on a monthly basis parents are wise to be concerned about setting their children on a drug free course While much advice handed out these days focuses on teen behavior and on what to do once drugs have become a problem in the home Raising Drug Free Kids takes an innovative approach and focuses instead on preventative measures that can be followed early on in a child s life Developmental psychologist and parent educator Aletha Solter provides parents with simple easy to use tools to build a solid foundation for children to say no to drugs Organized by age group from preschool through young adulthood the handy 100 tips will show parents how to help their children to Feel good about themselves without an artificial high Cope with stress so they won t turn to drugs to relax Respect their bodies so they will reject harmful substances Have close family connections so they won t feel desperate to belong to a group Take healthy risks like outdoor adventures so they won t need to take dangerous ones **NCADI Publications Catalog** National Clearinghouse for Alcohol and Drug Information (U.S.), **Substance Abuse Education** ,1992-10 *Behavioral Pediatrics* Donald E. Greydanus,Mark L. Wolraich,2013-04-17 BEHAVIORAL PADIATRICS has been developed to provide the primary care physician with a practical guide to early recognition of an intervention in the significant problems increasingly affecting the emotional health of our children and adolescents The first part of the volume introduces general concepts of normal development assessment and treatment Part two focuses on specific behavioral pediatric disorders with particular attention to practical approaches to diagnosis management and referral Children at Risk Arthur V. Carrington,2002 There was a day when society shielded its children from the often cruel world At least in the so called developed countries the exposure of children to the worst perversions society can conjure up has never been greater Children have reached the exalted level of being treated seduced and targeted to as a market This bibliography brings together the literature providing access by subject groupings as well as author and title indexes **Growing Up Drug Free** Marcia Muller,1993-12 Shows parents what children should know about drugs including alcohol and tobacco at each age level Special section on specific drugs and their effects including alcohol tobacco cannabis inhalants cocaine other stimulants depressants hallucinogens narcotics designer drugs and anabolic steroids Contents teaching values getting the facts talking with and listening to your child communication tips teaching your child to say No what to do if your child is using drugs school parent cooperation parent support groups and more Photos and children s art ADAMHA News on Alcohol, Drug Abuse, and Mental Health ,1986

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## Whispering the Secrets of Language: An Psychological Quest through **Parents Help Your Child Say No To Drugs**

In a digitally-driven earth wherever screens reign great and quick communication drowns out the subtleties of language, the profound strategies and mental nuances hidden within phrases frequently go unheard. However, set within the pages of **Parents Help Your Child Say No To Drugs** a charming literary prize pulsing with organic thoughts, lies an extraordinary journey waiting to be undertaken. Published by a talented wordsmith, this enchanting opus invites visitors on an introspective trip, gently unraveling the veiled truths and profound impact resonating within ab muscles fabric of each and every word. Within the mental depths of the poignant review, we will embark upon a heartfelt exploration of the book is key styles, dissect their fascinating writing fashion, and succumb to the strong resonance it evokes deep within the recesses of readers hearts.

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