SHAPING (PSYCHOLOGY)

DEFINITION

Shaping is a technique that involves rewarding successive approximations to a target behavior.

When the person or animal exhibits a behavior that is similar to the target behavior, it is rewarded. This process is repeated as the behavior exhibited gets closer and closer to the target.

EXAMPLE

Teaching Children Positive Habits: We use shaping when we teach a child habits like washing their hands or putting away toys. Generally, a parent will reward them with stickers for completing small tasks. Over time, they will learn instinctively to do the task without receiving the reward.

Shaping Up

Suzanne Barchers

Shaping Up:

Shaping Up Suzanne I. Barchers, 2010-06-01 This engaging Spanish translated title shows children two dimensional shapes typically found in a school Find circles triangles rectangles and squares Young readers will also be introduced to the concept of equality through early STEM concepts by adding triangles into a square This book encourages readers to think about geometry at their own schools making finding shapes fun and easy with familiar images engaging practice problems Geometry Learning Contracts--Shaping Up! Wendy Conklin, 2014-02-01 This learning and helpful mathematical diagrams contract lesson allows learners to work at their own paces in a flexible learning environment Written specifically for mathematics teachers this lesson helps facilitate the understanding and process of writing learning contracts Texts: Geometric Patterns-Shaping Up Lori Barker, 2014-01-01 All students can learn about geometric patterns through text written at four different reading levels Symbols on the pages represent reading level ranges to help differentiate instruction Provided comprehension questions complement the text Shaping up Your Character, a to Z—Mathematically Carole Cliffe, 2014-02-14 There is no question about it character counts But how can a square rectangle and diamond help make a childs behavior sparkle Carole Cliffe an award winning educator integrates geometric shapes eye catching illustrations and clever interactive activities to inspire kids to shape their characterone letter at a time While encouraging positive character traits such as cooperation gratitude patience respect and trust Mrs Cliffe helps children heighten math skills and become socially responsible citizens Shaping Up Your Character A to ZMathematically is aligned with common core curriculum standards Combining Math and Morals throughout this book will help to inspire children to make the world a better place and will enhance their mathematic skills Carole Cliffes book infuses character traits of cooperation academic excellence responsibility and respect while addressing our math standards Janene Maxon Assistant Superintendent of Educational Services Castaic Union School District Carole takes familiar shapes and terms and links them to character traits that model appropriate behavior I cant think of a better way to assist kids in making wise choices Betsy Letzo Retired Principal Sulphur Springs School District By integrating character education and math figures Carole grasps and holds students attention Appealing to the creative side in all of us her unique combination captures the essence of learning while instilling sound moral character in the student Susan L Michael M S Ed Special Education Consultant Shaping Up 6-Pack Suzanne Barchers, 2010-06-01 This engaging title shows children two dimensional shapes typically found in a school Find circles triangles rectangles and squares Young readers will also be introduced to the concept of equality through early STEM concepts by adding triangles into a square This book encourages readers to think about geometry at their own schools making finding shapes fun and easy with familiar images engaging practice problems and helpful mathematical diagrams This 6 Pack includes six copies of this title and a lesson plan Shaping Up Guided Reading 6-Pack, 2019-08-15 Shaping Up: Art drawings, Essays, Poetry and Interpretations Rinos Mwanaka, 2021-08-31 Shaping Up is more personal

and intimate than the author's previous works. The poems and images reflect a period while he was living outside of Zimbabwe in South Africa The immigrant experience gives the work a more personal closed abstracted feel driven by loneliness of the exilitic condition Living in the element uninhibited and careless can help deal with confounding controversial issues more easily this theme can be dissected from the drawings to do with sex sexuality and gender issues The line breaks whirls thins out sometimes is bold sometimes is barely there thus the drawings straddle the tenuousness of Wake Up... Shape Up... Live the Life You Love Steve E. Schmitt, Lee Beard, 2003-07 On: A Guide to Achieving a Healthier You! Erik Lewis, 2023-02-01 Welcome to Shape Up Shine On A Guide to Achieving a Healthier You Are you tired of feeling weighed down sluggish and lacking energy Are you ready to start feeling confident and in control of your health This comprehensive guide was created just for you In this e book you will find everything you need to know to achieve your health and wellness goals and take the first steps towards a happier healthier you In today s fast paced world it can be difficult to find the time and resources necessary to maintain a healthy lifestyle But with Shape Up Shine On you ll discover that taking control of your health is easier than you think This e book covers a wide range of topics including nutrition exercise self care and more We ve included a 7 day exercise routine that requires no equipment so you can get started on your journey no matter where you are Shape-Up and Hiring Hall Charles P. Larrowe, 2022-08-19 This title is part of UC Press s Voices Revived program which commemorates University of California Press s mission to seek out and cultivate the brightest minds and give them voice reach and impact Drawing on a backlist dating to 1893 Voices Revived makes high quality peer reviewed scholarship accessible once again using print on demand technology. This title was originally published in 1955 Shape Up Your Business Sophie Cornish, Holly Tucker, 2014-07-03 Sophie Cornish and Holly Tucker authors of the no 1 Sunday Timesbestseller Build a Business from Your Kitchen Table are back with Shape Up Your Business a book of insight and tried and tested lessons to help you and your business fly Sophie and Holly are the founders of notonthehighstreet com an award winning multimillion pound online marketplace selling a multitude of innovative stylish products In this book they draw on years of experience growing their company and bringing success to thousands of small businesses to help you take stock look at what s working for you and your business and what could be better Whether you need to improve your confidence learn the tricks of negotiation or manage your team more effectively Sophie and Holly have produced a 30 day plan that will give your business the overhaul it needs to grow If you haven t got your own business yet their entrepreneurial approach will help with the day job until you get there With searing honesty Shape Up Your Businessreveals the secrets to keeping that crucial work life balance while achieving your goals as Sophie and Holly share their own stories of overcoming all the challenges on their journey Shaping Up with Rectangles Kathy Etringer, 2009-09-01 Use favorite read alouds to kick off hands on activities that teach basic shapes Each developmentally appropriate lesson includes clear easy to follow instructions for reading about talking about and creating artwork that is all

about these fundamentals of early childhood learning Bonus section features simple scissor skills activities Shape-Up **Shortcuts** Jen Ator, Editors of Women's Health, 2013-09-03 You probably have enough on your to do list and adding hours of exercise and perfect dieting to it won t guarantee hot body results Frankly if a diet and fitness routine feels too strict or time consuming it usually backfires and won t work long term The solution Shape Up Shortcuts the ultimate collection of fitness and diet tips from Jen Ator CSCS and the editors of Women's Health This must have manual offers hundreds of smart effective tips and troubleshooting techniques that will help you transform your body even if you can spare only 5 minutes a day Inside you ll find More than 20 exclusive workouts from the country's top trainers that will reshape your body in less than 30 minutes Calorie saving food swaps guick delicious recipes and time saving kitchen techniques to make cooking a breeze even for beginners Hundreds of tips that work with your schedule like 2 second life changers postworkout beauty fixes and slim down secrets to take the stress out of healthy living Shape Up Shortcuts unlocks the secret to successful lasting weight loss It s all about doing a little bit better each day So what are you waiting for Get into the best shape of your **Shape Up Your Personality** Roy Paul, 2011-06-13 With our world so rapidly changing and expanding in life now technology we need to renew our adherence to the lofty human principles which are our birthright and which would allow us to live in happiness and prosperity with all other human beings in a just and peaceful world. This collection of poetry is the author's contribution to such a revival and will supplement other worthy efforts towards this objective It is presented to parents educators and students of Psychological Development with the belief that poetry has the advantage over the normal prose essays of inspiring as well as edifying It was originally designed as a gift to his relatives and close friends with the title Move Closer to Heaven in 2011 indicating that the poems come straight from the heart and should affect readers likewise

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