

THE LONG ROAD TO RECOVERY

Esther is a single mother from northern Kenya with four children. Her husband died a year ago, and now the small amount of sorghum she grows is the only way to provide for her family.

However after three years of scarce rains, there is barely enough to feed the family, and her two-year-old son, Akusi, is now moderately wasted.



DAY 1

After assessing Akusi, a visiting health worker refers him to a supplementary feeding programme (SFP) for treatment. The SFP is 10 miles away, and they can't visit until the next Wednesday when the SFP is open.

DAY 3

Increasingly worried about Akusi, Esther makes the long journey to the SFP. Esther's four-year-old daughter cares for the other children.

"I take Akusi for treatment, I don't be able to harvest my crops... how will I feed my family?"

AT THE SFP

By the time they have reached the SFP Akusi's condition has deteriorated to severe wasting and he can't be treated at the SFP. He needs to be treated at the outpatient treatment facility (OTF) instead, which is six miles away from Esther's home.

"Six miles away from my home? We already walked 10 miles to get there! We won't have time to go today..."

DAY 5

Esther is unable to take Akusi for several days as her eldest child is sick. When the older child recovers, Esther and Akusi make the six mile journey from their home to the OTF.

AT THE OTF

Akusi's medical assessment shows he has a high fever and is unable to eat the ready-to-use therapeutic food (RUTF). This means he needs supervised care at the hospital in the next town, 25 miles away. Esther will need to accompany him there and live for about seven days.

RUTF

DAY 9

Esther returns home with Akusi. She is worried about who will look after her other children while she is at the hospital and does not have enough money to pay for transport to the neighbouring town.



DAY 11

A kind neighbour says she will look after the children while Akusi is in hospital and Esther is able to take out a loan for transport.

AT THE HOSPITAL

Akusi is treated over six days, his condition stabilises and his appetite returns. Esther is advised she will need to bring him to the OTF every week, making the 12 mile round trip journey, until he has fully recovered. On average, a child needs to visit the OTF weekly for six consecutive weeks in order to recover.



DAY 21

Esther returns home to find her crops ruined and one of her children sick with malaria. With a loss of income and other children who urgently need her attention and care, it is impossible for Esther to take Akusi to the OTF.

2 MONTHS LATER

Akusi is still severely wasted and sick - he is re-admitted to the hospital and the winding, unending road to recovery continues.



Millions of mothers and wasted children like Esther and Akusi are forced to navigate this system every year. It is a system built to work for UN agencies, not for them, and the unnecessary hardship they face is incalculable.

They need our help.

Long Road To Recovery The

Judd E. Hollander



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Table of Contents Long Road To Recovery The

1. Understanding the eBook Long Road To Recovery The
 - The Rise of Digital Reading Long Road To Recovery The
 - Advantages of eBooks Over Traditional Books
2. Identifying Long Road To Recovery The
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Long Road To Recovery The
 - User-Friendly Interface
4. Exploring eBook Recommendations from Long Road To Recovery The
 - Personalized Recommendations
 - Long Road To Recovery The User Reviews and Ratings
 - Long Road To Recovery The and Bestseller Lists

5. Accessing Long Road To Recovery The Free and Paid eBooks
 - Long Road To Recovery The Public Domain eBooks
 - Long Road To Recovery The eBook Subscription Services
 - Long Road To Recovery The Budget-Friendly Options
6. Navigating Long Road To Recovery The eBook Formats
 - ePub, PDF, MOBI, and More
 - Long Road To Recovery The Compatibility with Devices
 - Long Road To Recovery The Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Long Road To Recovery The
 - Highlighting and Note-Taking Long Road To Recovery The
 - Interactive Elements Long Road To Recovery The
8. Staying Engaged with Long Road To Recovery The
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Long Road To Recovery The
9. Balancing eBooks and Physical Books Long Road To Recovery The
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Long Road To Recovery The
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Long Road To Recovery The
 - Setting Reading Goals Long Road To Recovery The
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Long Road To Recovery The
 - Fact-Checking eBook Content of Long Road To Recovery The
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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