

Patricia Hausman y Judith Benn Hurley

Los alimentos que curan

*Guía alfabética de
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más adecuados
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Aventuras a la Montaña Encantada Jorge Valera, *Teenage Pregnancy* United States. National Commission on the Observance of International Women's Year, 1977 **Alimentación Medicinal**, ALIMENTAÇÃO MEDICINAL 20 doenças, 576 dietas naturales acidez, acné, comidas afrodisíacas, alergias, amigdalitis, anemia ferropénica, anorexia, asma, bronquitis, diarrea, constipação, faringitis, gastritis, influenza, herpes, fígado, gorduroso Jorge Valera, **VIAJE AL SUR** Jorge Valera, *Alimentos, Baños, Emplastos, Licores Medicinales*, **Dieta Andina** Jorge Valera, 2014-04-03 Conoce la DIETA ANDINA nutritiva y saludable en sus 1980 recetas de cocina aprende a usarlos prepararlos y darles a tus familiares y amigos para prevenir y aliviar enfermedades respiratorias adenoiditis alergias amigdalitis bronquitis asma faringitis laringitis gripe sinusitis digestivas acidez estomacal gastritis úlceras gástricas flatulencias estreñimiento o constipación colon irritable hemorroides apoplejía anemia diabetes gota y artritis o reumatismo La dieta andina es integral ya que incluye la alimentación adecuada para cada uno de las 20 enfermedades ya sea en el desayuno almuerzo y cena con infusiones de yerbas entre comidas o aplicando emplastos o compresas de acuerdo al malestar También pueden ayudar bálsamos o licores medicinales Los alimentos de la dieta andina tienen que ser orgánicos y frescos para darles una dieta cruda evitar los transgénicos El Embarazo en la Adolescencia, **Library Journal**, 1995 **Libros españoles en venta**, 1996 **Libros españoles**, 1979 **Remedios de la Naturaleza** Michael Castleman, 1997-10 Libros españoles en venta, ISBN, 1997 *Más joven que nunca*, 1997 Manténgase firme en forma y fenomenal por más tiempo de lo que imaginaba Desde los antioxidantes hasta las venas varicosas y más temas claves para conservarse joven *Bibliografía española*, 1995 *LEV*, 1999 *Los Alimentos que curan* Patricia Hausman, Judith Benn Hurley, 1994 *Los alimentos que curan* Patricia Hausman, 2002 Healing Foods Patricia Hausman, 1994-09-30 Spanish speaking readers learn to make food choices to relieve symptoms fight disease Foods conditions are organized for easy reference in an A to Z format

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