

# QUICK REFERENCE TO PSYCHIATRIC MEDICATIONS®

To the best of our knowledge recommended doses and side effects listed below are accurate. However, this is meant as a general reference only, and should not serve as a guideline for prescribing of medications. Please check the manufacturer's product information sheet or the P.D.R. for any changes in dosage schedule or contraindications. (Brand names are registered trademarks.)

## ANTIDEPRESSANTS

Generic	NAMES	Brand	Usual Daily Dosage Range	Sedation	ACh <sup>1</sup>	NE	Selective Action On Neurotransmitters <sup>2</sup>	
							5-HT	DA
imipramine	Tofranil		150-300 mg	mid	mid	++	+++	0
desipramine	Norpramin		150-300 mg	low	low	++++	0	0
amitriptyline	Elavil		150-300 mg	high	high	++	++++	0
nortriptyline	Aventyl, Pamelor		75-125 mg	mid	mid	+++	++	0
clomipramine	Anafranil		150-250 mg	high	high	0	++++	0
trazodone	Oleptro		150-400 mg	mid	none	0	++++	0
nefazodone	Generic Only		100-300 mg	mid	none	0	+++	0
fluoxetine	Prozac <sup>3</sup> , Saradem		20-80 mg	low	none	0	++++	0
bupropion	Wellbutrin <sup>4</sup>		150-400 mg	low	none	++	0	++
sertraline	Zoloft		50-200 mg	low	none	0	++++	+
paroxetine	Paxil		20-50 mg	low	low	+	++++	0
venlafaxine	Effexor <sup>5</sup>		75-350 mg	low	none	+++	+++	+
desvenlafaxine	Pristiq		50-400 mg	low	none	+++	+++	+
fluvoxamine	Luvax		50-300 mg	low	low	0	++++	0
mirazapine	Remeron		15-45 mg	mid	mid	+++	+++	0
citalopram	Celexa		10-40 mg	low	none	0	++++	0
escitalopram	Lexapro		5-20 mg	low	none	0	++++	0
duloxetine	Cymbalta		20-80 mg	low	none	+++	+++	0
vilazodone	Viibryd		10-40 mg	low	low	0	++++	0
atomoxetine	Strattera		60-120 mg	low	low	++++	0	0
vortioxetine	Brintellix		10-20 mg	mid	none	0	++++	+
levomilnacipran	Fetzima		40-120 mg	low	none	+++	++	0
<b>MAO INHIBITORS</b>								
phenelzine	Nardil		30-90 mg	low	none	+++	+++	+++
tranylcypromine	Parnate		20-60 mg	low	none	+++	+++	+++
selegiline	Emsam (patch)		6-12 mg	low	none	+++	+++	+++

<sup>1</sup>ACh: Anticholinergic Side Effects

<sup>2</sup>NE: Norepinephrine, 5-HT: Serotonin, DA: Dopamine (0 = no effect, + = minimal effect, +++ = moderate effect, ++++ = high effect)

<sup>3</sup>Uncertain, but likely effects

<sup>4</sup>Available in standard formulation and time release (OR, XL or CR). Prozac available in 70mg time released/weekly formulation

## BIPOLAR DISORDER MEDICATIONS

Generic	NAMES	Brand	Daily Dosage Range	Serum <sup>1</sup> Level	Generic	NAMES	Brand	Daily Dosage Range	Serum <sup>1</sup> Level
lithium carbonate	Eskalith, Lithonate		600-2400	0.6-1.5	divalproex	Depakote		750-1500	50-100
olanzapine <sup>2</sup>					lamotrigine	Lamictal		50-500	(2)
fluoxetine	Symbyax		6/25-12/50mg <sup>3</sup>	(2)	oxcarbazepine	Trileptol		1200-2400	(2)
carbamazepine	Tegretol, Equetro		600-1600	4-10+					

<sup>1</sup>Lithium levels are expressed in mEq/L, carbamazepine and valproic acid levels express in mcg/mL

<sup>2</sup>Serum monitoring may not necessary <sup>3</sup>Not yet established <sup>4</sup>Available in 6/25, 6/50, 12/25, and 12/50mg formulations

Note: Many antipsychotic medications are used to treat various aspects of bipolar disorder (see page two for a list)

## ANTI-OBSESSIONAL

Generic	NAMES	Brand	Dose Range <sup>1</sup>
clomipramine	Anafranil		150-300 mg
fluoxetine	Prozac <sup>1</sup>		20-80 mg
sertraline	Zoloft <sup>1</sup>		50-200 mg
paroxetine	Paxil <sup>1</sup>		20-60 mg
fluvoxamine	Luvax <sup>1</sup>		50-300 mg
citalopram	Celexa <sup>1</sup>		10-40 mg
escitalopram	Lexapro <sup>1</sup>		5-30 mg
vilazodone	Viibryd <sup>1</sup>		10-40 mg
vortioxetine	Brintellix		10-20 mg

<sup>1</sup>Often higher doses are required to control obsessive-compulsive symptoms than the doses generally used to treat depression.

## PSYCHO-STIMULANTS

Generic	NAMES	Brand	Daily Dosage <sup>1</sup>
methylphenidate <sup>2</sup>	Ritalin		5-50 mg
methylphenidate <sup>2</sup>	Concerta <sup>3</sup>		18-54 mg
methylphenidate <sup>2</sup>	Motidate		5-40 mg
methylphenidate <sup>2</sup>	Motilyn		10-60 mg
methylphenidate <sup>2</sup>	Daytrana (patch)		15-30 mg
methylphenidate <sup>2</sup>	Quilivant XR (liquid) <sup>2</sup>		10-60 mg
dexamethylphenidate	Focalin		5-40 mg
dextroamphetamine	Decadrine		5-40 mg
lisdexamphetamine	Vyvanse		20-70 mg
d- and l-amphetamine	Adderall		5-40 mg
modafinil	Provigil, Sparlon		100-400 mg
armodafinil	Nuvigil		150-250 mg

<sup>1</sup>Note: Adult Doses. <sup>2</sup>Sustained release <sup>3</sup>Note: Many generic brands have emerged recently. Included here are the most common.

# Quick Reference To Psychopharmacology

**National Library of Medicine (U.S.)**



## Quick Reference To Psychopharmacology:

**Quick Reference for Psychopharmacology** Elizabeth A. Rankin, 2000 This new quick reference provides up to date information on the psycho pharmacological agents used to treat and manage many psychiatric disorders Using DSM IV as its foundation and organizational basis this book incorporates information on the mechanics of brain function provides information on various disorders and the psycho pharmacological agents used to treat these disorders and includes chapters on special populations This unique reference links NANDA nursing diagnoses to the DSM IV diagnoses affording the nurse a more complete picture of the psychiatric disorders Also includes over 100 psycho pharmacological drug monographs and a full color insert depicting photos of the most commonly prescribed psycho pharmacological drugs **Pocket Guide For Textbook Of Pharmacotherapy** David Rosenberg, John Holtum, Neal Ryan, Samuel Gershon, 2013-06-17 The Pocket Guide for the Textbook of Pharmacotherapy for Child and Adolescent Psychiatric Disorders is a quick reference guide for psychiatrists therapists social workers and other practitioners to give them the bottom line about each group of medications This guide which discusses the use of psychiatric drugs in patients under 18 accompanies this author team's complete book Textbook of Pharmacotherapy for Child and Adolescent Psychiatric Disorders Clinical indications dosage guidelines side effects common drug interactions and most tables are retained and updated in this new guide In addition the guide includes new research findings that have been published recently This guide assumes the reader has done a complete assessment of all non pharmacologic methods before treating the patient with medication It also assumes that the reader has a working knowledge of the types of medication available for treating psychiatric illnesses Once everything is taken into account the practitioner can accurately determine the advantages and disadvantages of a specific treatment and relay that to the patient Above all the Pocket Guide for the Textbook of Pharmacotherapy for Child and Adolescent Psychiatric Disorders provides the reader with the practical guidelines to safely and effectively prescribe medication **Pocket Guide for the Textbook of Pharmacotherapy for Child and Adolescent Psychiatric Disorders** David Rosenberg, John Holtum, Neal Ryan, Samuel Gershon, 1997-10 First Published in 1998 Routledge is an imprint of Taylor Francis an information company *The Psychiatric Cheat Sheet* Harsha Willow Ramsey, 2024-12-30 Master Psychiatric Nursing and Mental Health Care with Confidence Are you looking for a trusted resource to deepen your knowledge of mental health care refine your clinical skills and prepare effectively for exams This comprehensive guide is designed for nursing students mental health practitioners and educators who seek clarity practical tools and actionable insights to excel in the field of psychiatric nursing Packed with evidence based practices practical tools and real world applications this book is your ultimate companion for mastering the complexities of mental health care What You'll Discover Inside Complete Coverage of Psychiatric Nursing Essentials Explore key topics including advanced motivational interviewing techniques trauma informed care and holistic approaches that integrate complementary practices for patient centred care Exam Ready Tools and Strategies Benefit from mnemonics cheat sheets

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**Pocket Psych Drugs Point-of-Care Clinical Guide** Darlene D Pedersen,2017-01-04 Crucial on the go drug information From alprazolam to zolpidem this handy guide delivers quick access to the important pharmacologic content for 80 psychotropic drugs Organized by generic name each monograph covers indications including off label use A *Practitioner's Guide to Prescribing Antiepileptics and Mood Stabilizers for Adults with Intellectual Disabilities* Jose de Leon,2012-03-02 Emotional behavioral and neuropsychiatric conditions are common in individuals with intellectual disabilities IDs most notably epilepsy aggression self injurious behaviors and bipolar and other mood disorders Despite the prevalence of such problems there is a scarcity in the literature of reliable information on medical treatments for those with IDs A Practitioner s Guide to Prescribing Antiepileptics and Mood Stabilizers for Adults with Intellectual Disabilities provides a detailed framework for prescribing for this challenging population Featuring the most up to date information on factors that inform prescribing the Guide addresses basic issues and controversies e g the rift between evidence based and personalized medicine in treating adults with cognitive deficits Clients specific needs are emphasized in developing appropriate and effective pharmacological intervention for improved outcomes and quality of life Drugs discussed in the Guide include carbamazepine clonazepam diazepam ethosuximide felbamate gabapentin lacosamide lamotrigine levetiracetam lithium lorazepam oxcarbazepine phenobarbital phenytoin pregabalin primidone rufinamide tiagabine topiramate valproate and zonisamide For each of these compounds the guidelines cover Indications for use relative and absolute contraindications Assessment during treatment therapeutic drug monitoring warning signs and symptoms for caretakers Dosage administration initial and maximum recommended dosage modifications associated with drug drug

interactions personal characteristics and where appropriate genetic variations Adverse drug reactions common relatively uncommon and potentially lethal plus risk of metabolic syndrome Guidelines for discontinuation References tables and drug utilization reviews A Practitioner s Guide to Prescribing Antiepileptics and Mood Stabilizers for Adults with Intellectual Disabilities is an indispensable decision making reference for psychiatrists neuropsychologists psychopharmacologists neurologists internists and clinical psychologists      **National Library of Medicine Current Catalog** National Library of Medicine (U.S.),1983      Quick Reference Guide to Geriatric Psychopharmacology Ronald W. Pies,Andrew D. Weinberg,1990-01-01      *Current Catalog* National Library of Medicine (U.S.),1983 First multi year cumulation covers six years 1965 70      *Psychologists' Desk Reference* Gerald P. Koocher,John C. Norcross,Beverly A. Greene,2013-09-19 This resource for mental health practitioners presents a variety of information required in daily practice in one easy to use resource Covering the entire spectrum of practice issues from diagnostic codes practice guidelines treatment principles and report checklists to insight and advice from today s most respected clinicians this reference gives access to the whole range of current knowledge      Integrated Care Anna Ratzliff,Jürgen Unützer,Wayne Katon,Kari A. Stephens,2016-01-13 An integrated collaborative model for more comprehensive patient care *Creating Effective Mental and Primary Health Care Teams* provides the practical information skills and clinical approaches needed to implement an integrated collaborative care program and support the members of the care team as they learn this new evidence based legislatively mandated care delivery system Unique in presenting information specifically designed to be used in an integrated collaborative care workflow this book provides specific guidance for each member of the team Care managers consulting psychiatrists primary care providers and administrators alike can finally get on the same page in regard to patient care by referring to the same resource and employing a common framework Written by recognized experts with broad research clinical implementation and training experience this book provides a complete solution to the problem of fragmented care Escalating costs and federal legislation expanding access to healthcare are forcing the industry to transition to a new model of health care delivery This book provides guidance on navigating the changes as a team to provide the best possible patient care Integrate physical and behavioral care Use evidence based treatments for both Exploit leading edge technology for patient management Support each member of the collaborative care team Strong evidence has demonstrated the efficacy of a collaborative care approach for delivering mental health care to patients in a primary care setting The field is rapidly growing but few resources are available and working models are limited This book provides a roadmap for transitioning from traditional methods of health care to the new integrated model Providers ready to move to the next level of care will find *Creating Effective Mental and Primary Health Care Teams* an invaluable resource      **Depression** Steven Richards,Michael G. Perri,2002-03-12 Every health care provider and mental health professional will encounter clients struggling with depression yet many of these professionals don t receive a thorough grounding on theory research and clinical guidelines

regarding depression and those who do sometimes have trouble keeping abreast of the literature a literature that includes over 60 000 empirical publications since 1980 This book provides a handy reference for such practitioners This brief practical guide provides an introduction or refresher on depression that is research based yet accessible practical and easy to read and consult

**The Nurse's Guide to Holistic Psychiatric Care** Harsha Willow Ramsey, 2024-12-30 The Nurse's Guide to Holistic Psychiatric Care is an essential resource for psychiatric nurses seeking to integrate complementary and alternative approaches into their practice This groundbreaking book provides a comprehensive framework for delivering holistic person centered care that addresses the complex interplay of biological psychological social and spiritual factors in mental health and well being Grounded in the latest research and best practices this guide offers practical strategies for assessing and treating a wide range of mental health conditions using a holistic lens From mindfulness based interventions for anxiety and depression to nutritional approaches for bipolar disorder readers will discover a wealth of evidence based tools and techniques to enhance their clinical repertoire The book also explores key principles of holistic nursing including cultural humility empathic communication and collaborative care planning Readers will learn how to cultivate therapeutic presence build authentic relationships with patients and families and navigate ethical dilemmas in integrative mental healthcare Featuring case studies reflective exercises and practical tips this book is both a comprehensive guide and an inspiring call to action for psychiatric nurses It challenges readers to expand their understanding of what it means to provide truly holistic care and to embrace their role as catalysts for healing and transformation Whether you are a seasoned practitioner or a nursing student The Nurse's Guide to Holistic Psychiatric Care will equip you with the knowledge skills and confidence to bring integrative approaches to your practice and to make a profound difference in the lives of those you serve

The Silent Language of Psychotherapy William Zimmerman, 2017-07-12 Therapeutic changes occur in many places and among animals as well as humans A theory that attempts to explain therapeutic changes should be based on principles that apply not only to those changes occurring during the hour but also to those observed in the educational process in interpersonal relations and in the social milieu as well as with animals It would be desirable to discover principles broad enough to provide a deeper understanding of therapeutic change in this wide variety of situations Experienced therapists appear to be similar in what they are doing although they may disagree as to why they do it In spite of the arguments about theoretical formulations it can be observed that during an hour with a patient many psychotherapists may not follow their own theories too well There probably is some relevance in a comparison of psychotherapy with a concept formation test the subject gives the correct answers but is unable to state why he did so or what principles he followed in making his choices The therapist too may help a patient but he is often uncertain as to why and how It is very likely that the effective principles in therapeutic work rest on processes that are more general than the specific principles advanced by different schools This volume combines the elements of psychodynamic and cognitive behavioral therapy in a theoretical system that focuses on the

importance of patient therapist interaction especially in terms of the exchange of subtle or covert communication cues In this significantly updated and expanded edition of their classic text Beier and Young analyze recent developments in new areas of practice facing today's therapist managed care and the clinical impact of the control of healthcare delivery and biological intervention and other issues related to psychotropic medication

**Resident's Guide to Clinical Psychiatry** Lauren B. Marangell, 2009 This concise yet comprehensive guide distills the most critical and current information on diagnosis and treatment so that residents and other beginning clinicians will have the tools they need to quickly assess and competently treat patients with psychiatric illnesses Replete with diagnostic evaluation checklists DSM IV TR criteria and drug dosage tables the Resident's Guide to Clinical Psychiatry is a practical and convenient one stop resource that will make the resident's job significantly easier Each of the 16 chapters has been structured logically and with the utmost care to guide residents through the psychiatric landscape For example the chapter on pharmacotherapy is organized by class of drug with sections on mechanism of action indications and efficacy and tips for medication selection This is followed by detailed information on specific drugs their clinical use risks side effects management and potential interactions This depth of coverage is matched by breadth of subject with chapters on central topics such as mood disorders and dementia in addition to special chapters on consultation liaison psychiatry emergency psychiatry child and adolescent psychiatry and electroconvulsive therapy and device based treatments Whether employed as a text or an on the fly reference this authoritative volume supplies everything the resident requires to provide a uniformly high level of psychiatric clinical care

**A Mental Health Provider's Guide to Telehealth** Jonathan G. Perle, 2021-03-30 This book works as a guide to videoconferencing practice for psychological providers through a broad simplified and practical overview of pertinent factors It is a consolidation of research literature and professional experiences of practicing teaching and studying videoconferencing It begins by defining key concepts such as telehealth telepsychology and other related terminology and examining the role of telehealth in addressing ongoing mental health disparities An overview of existing videoconferencing practices guidebooks and general recommendations as well as specifics of ethical and legal factors are discussed The book then details numerous essential factors of videoconferencing practice that are directly applicable to psychological care including considerations of computer system video camera display screen microphone videoconferencing platform bandwidth and latency and room setup along with self care practices The appendices provide readers with links to resources checklists and other documents to guide their practice Psychologists counselors and other mental health providers will find this user friendly research informed guide indispensable when implementing online treatment and teletherapy

*List of Journals Indexed in Index Medicus* National Library of Medicine (U.S.), 1996 Issues for 1977 1979 include also Special List journals being indexed in cooperation with other institutions Citations from these journals appear in other MEDLARS bibliographies and in MEDLINE but not in Index Medicus

**Psychiatric Mental Health Nursing** Patricia O'Brien, 2008-08-15 Psychiatric Nursing provides a focused

thorough introduction to psychiatric mental health nursing including nursing assessment and intervention of the most common mental disorders as classified in the DSM IV This text guides nurses in managing special populations clarifying neurobiologic theories and conducting psychiatric nursing evaluations Additionally Psychiatric Nursing presents the latest on psychotropic drugs addresses legal and ethical concerns within psychiatric nursing and discusses complementary and alternative therapies Perfect for undergraduate courses the text features Learning Objectives Key Terms Critical Thinking Questions Case Studies Clinical Examples Care Plans Diagnostic Criteria Patient and Family Education Internet Resources Implications for Evidence Based Practice Client Teaching Guides

### **Concise Guide to Psychiatry for Primary Care**

**Practitioners** Michael F. Gliatto, Stanley N. Caroff, Robert M. Kaiser, 1999 Concise Guide to Psychiatry for Primary Care Practitioners is designed as a quick reference to help primary care practitioners to better understand diagnose and initially manage mental illnesses This easy to read manual represents the collaborative efforts of 17 experienced psychiatrists from a variety of specialties

*Handbook of Psychopathology in Intellectual Disability* Elias Tsakanikos, Jane McCarthy, 2013-10-01 The complex intersecting of genetic biological and environmental factors can make intellectual impairments difficult for clinicians to assess and treat When such comorbid conditions as substance abuse or bipolar disorder are part of the equation so are increased risks for clinical uncertainties and therapeutic dead ends The Handbook of Psychopathology in Intellectual Disability reflects the diversity of its subject in prevalence and presentation testing methods and treatment options Besides focusing on specific pathologies as they affect the course of intellectual disability ID its coverage spans the field from in depth analyses of psychosocial aspects of ID to promising new findings in genetics and the ongoing challenge of providing personalized care tailored to individual client needs Expert contributors bridge gaps between the evidence base and best practices and improved policy for maximum utility In addition chapters are written to benefit the widest variety of professionals treating clients with ID across disciplines Key areas featured in the Handbook include General issues and assessment methods Core etiological approaches including neuroimaging Comorbid psychopathology including mood anxiety and personality disorders Common clinical conditions such as ADHD autism and behavior problems Medical and psychological interventions as well as community and inpatient services Future directions in research and evidence based practices The Handbook of Psychopathology in Intellectual Disability is an essential reference for researchers professors and graduate students as well as clinicians and other scientist practitioners in clinical psychology psychiatry social work rehabilitation medicine public health and neuropsychology



This book delves into Quick Reference To Psychopharmacology. Quick Reference To Psychopharmacology is an essential topic that needs to be grasped by everyone, from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Quick Reference To Psychopharmacology, encompassing both the fundamentals and more intricate discussions.

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    - Chapter 3: Quick Reference To Psychopharmacology in Everyday Life
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    - Chapter 5: Conclusion
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