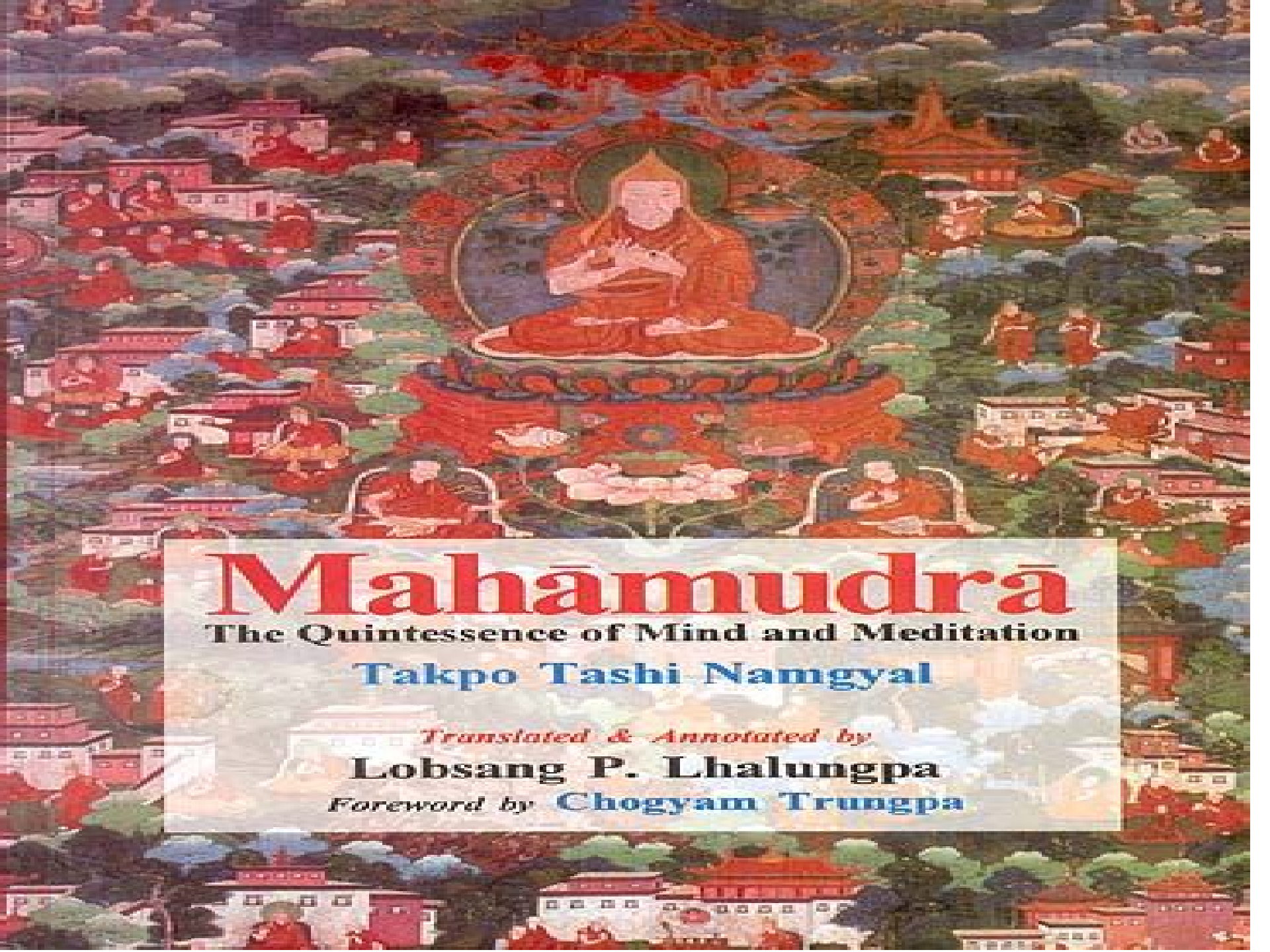




Mahāmudrā

The Quintessence of Mind and Meditation

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Translated & Annotated by

Lobsang P. Lhalungpa

Foreword by **Chogyam Trungpa**

Mahamudra The Quintessance Of Mind And Meditation

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