

SEXUAL ENERGY ECSTASY

A Guide to the Ultimate,
Intimate Sexual Experience

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Foreword by EDMUND CHEIN, M.D.

Sexual Energy Ecstasy A Guide To The Ultimate Intimate Sexual Experience

Julia Schneider



Sexual Energy Ecstasy A Guide To The Ultimate Intimate Sexual Experience:

Sexual Energy Ecstasy David Alan Ramsdale, Ellen Ramsdale, 1993 A Joy of Sex for the New Age this treasury of Eastern and Western sexual secrets will help couples enjoy the best physical and spiritual relationship possible Contains Tantric and Taoist techniques of sacred sexuality guided meditation passages and tasteful drawings by Allan Parker *Sexual Energy Ecstasy* David Alan Ramsdale, Ellen J. Dorfman, 1985 *Sacred Sexuality* Georg Feuerstein, 2003-11-14 A historical cross cultural survey of sexuality as a sacred spiritual practice Examines sacred sexuality in the world's religious and mystery traditions Explores contemporary sexual stress syndrome resulting from the absence of the sacred in sexual practice Reveals how to find the sacred in the ordinary This book examines the history of sexuality as a sacramental act In spite of our culture's recent sexual liberalizations sexual intimacy often remains unfulfilling Georg Feuerstein instructs that the fulfillment we long for in our sex lives can only be attained once we have explored the spiritual depths of our erotic natures Feuerstein delves into a wide variety of spiritual traditions including Christianity Judaism goddess worship Taoism and Hinduism in search of sacred truths regarding sexuality He reveals that all of these great teachings share the hidden message that spirituality is in essence erotic and that sexuality is inherently spiritual From the erotic cult of the Great Mother and the archaic ritual of hieros gamos sacred marriage to the institution of sacred prostitution and the erotic spirituality practiced in the mystery traditions Feuerstein offers a wealth of historical practices and perspectives that serve as the bases for a positive sexual spirituality suited to our contemporary needs **Pharmacology for the Psychotherapist** Myron Michael Goldenberg, 1990 This book covers those areas of pharmacology that are of importance and interest to the psychotherapist The 1st chapter introduces the various types of drugs The 2nd chapter presents an overview of pharmacology and its principles The 3rd chapter reviews aspects of the human body of importance to understanding the workings of psychotropic drugs The 4th chapter explores the nature of psychopathology The 5th chapter on antianxiety drugs begins with a review of anxiety The 6th chapter on hypnotic drugs focuses on sleep sleep disorders and the drugs used to treat these problems The 7th chapter explores the conditions of depression as a normal and healthy defensive response to stimuli or as a pathological condition and the use of drugs in their treatment The 8th chapter focuses on the use of lithium The 9th chapter discusses use of antipsychotic drugs The 10th chapter covers the emotional and physical components of pain and the use of analgesics The 11th chapter covers the traditional categories of grand mal petit mal psychomotor and Jacksonian type seizures and antiepileptic drugs The 12th chapter reviews the reproductive systems the sexual dysfunctions drugs that enhance sexual function and drugs that have an adverse effect on sexual function The 13th chapter examines substance abuse The 14th chapter divides legal and illegal drugs into four categories depressants stimulants hallucinogens and psychedelics The 15th chapter presents an overview of treatment possibilities for substance abusers ABL Tantric Sex E. J. Gold, Cybele Gold, 1988 **Acorns: Windows High-Tide Foghat** Joshua Morris, 2013-01-23 Acorns delineates the future of humanity as

a reunification of intellect with the Deep Self Having chosen to focus upon ego established securely by the time of Christ much more beta brain wave development will destroy our species and others which process has already begun We create our own realities through beliefs intents and desires and we were in and out of probabilities constantly Feelings follow beliefs not the other way around Small Press Record of Books in Print ,1992 Paperbound Books in Print 1995 Reed Reference Publishing, R5ference Reed, 1995-12 **California** ,1985-07 **Publishers Directory** ,1990 **Medical and Health Care Books and Serials in Print** ,1997 **Becoming a Better Lover** Cyndi O'Bannon, 2004-12 The hope for a successful marriage remains hidden in almost every heart In fact it is imprinted on your spiritual DNA Two becoming One Why then is there so much confusion and failure in marriage today Why have so many of our children endured not just divorce but serial monogamy We have lost an understanding of the purpose of marriage and the nature of the commitment it requires We have reduced marriage to a vehicle for self fulfillment when it was created to meet the needs of others We are trying to chart our own courses because we are biblically illiterate Written as a course for engaged couples preparing for marriage *Becoming a Better Lover* serves as a reference for anyone who wishes to grow in love and to nurture his her marriage Marriage isn't rocket science but it does take vision and it does require adopting God's worldview Far from being a cultural artifact the intricate wisdom of God's design is increasingly illuminated by research in the social sciences Here is a guide for living life in sync with the way God created you and for allowing him to change you from the inside out Yoga Journal ,2000-01 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty *Sex and the Intelligence of the Heart* Julie McIntyre, 2012-04-26 Explores how Nature underlies sexuality and intimacy Examines how to regain intimacy in our relationships in a way that embraces our hidden wild nature and restores the sacred to our lives Provides sacred sex and intimacy building practices for partners and exercises to reconnect with the intuitive intelligence of the heart remove our emotional armor and cultivate a deeper relationship with the Earth Shows how by healing our relationship with Nature and our sexuality we move toward healing the whole planet Nature is having sex all the time that's one of the reasons we feel so alive when we are immersed in it Sexuality is essential to the sensation of Nature in your own body of connecting to the piece of Earth closest to you your own flesh and bones Many a couple has been overcome by passion while walking in the woods or on the beach many a soul has found solace or epiphany in Nature Living in accordance with Nature depends on you being your true whole self a sexual sensual erotic fully alive human being Exploring the territory of intimacy sacred sex and emotional healing as a journey to wholeness Julie McIntyre examines the sacred relationship between sexuality and the Earth and reveals how to create deep lasting intimacy with your lover by recapturing the wild spontaneous natural sexuality that is your birthright Detailing the process of moving

from your head to the secret garden of your heart she provides exercises to heal your psyche of old emotional trauma reconnect with the intuitive intelligence of the heart and cultivate a deeper relationship with the Earth in order to trust yourself and become vulnerable and open with your lover and thus truly intimate She shows how there is a direct relationship between our beliefs and values about sex and intimacy and our beliefs and values about the environment and the Earth She reveals how by healing our separation from Nature and our sexuality we can bring the sacred back into our lives shape our own ecstatic sexual experiences and move toward healing the whole planet **Bibliographic Index** ,1988 *Small Press* ,1985 **Subject Guide to Books in Print** ,1993 *Ecstasy: The Complete Guide* Julie Holland,2001-08-01 The world s leading experts on Ecstasy assess its therapeutic potential social implications and the dangers of unsupervised use Includes chapters by Andrew Weil Ralph Metzner Douglas Rushkoff Rabbi Zalman Schachter Rick Doblin and others An ideal guide for parents and educators seeking a credible source of information Use of the drug Ecstasy once confined to the teen rave scene and college campuses is exploding across America from high schools to upscale clubs Described by users as the most intense euphoria they know and by detractors as a cause of brain damage and even death Ecstasy has generated unprecedented levels of interest and misinformation Written by the world s leading experts on MDMA Ecstasy The Complete Guide takes the first unbiased look at the risks and the benefits of this unique drug including the science of how it works its promise as a treatment for depression post traumatic stress disorder chronic pain and other illnesses and how to minimize the risk of illicit use Whether you are a raver a concerned parent or a professional wanting the most recent reports on MDMA research Ecstasy The Complete Guide provides the answers you need **Sensual Love Secrets for Couples** Al Link,Pala Copeland,2007 Is it possible to stir up passion after the flames of romantic love die down How can one maintain a loving relationship that satisfies and stimulates year after year Sensual Love Secrets for Couples offers one simple solution for stoking the fires of lifelong intimacy awakening and uniting the Body Mind Heart and Soul These four freedoms the essence of human nature have the power to transform a lusterless partnership into a divine union sparkling with limitless pleasure and unconditional love Featuring over one hundred exercises and fun activities this practical guide helps readers explore the physical senses establish trust cultivate emotional intimacy achieve sacred sex embrace commitment pledge selfless intentions and build spiritual bonds to last a lifetime **Paperbound Books in Print** ,1992

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