



Key Issues in the Sexual Abuse of Children and Adolescents

By Anna Jaffe, M.A., and David DiLillo, Ph.D.

Sexual victimization can alter a victim's fundamental beliefs about the world, themselves, and others.

The sexual abuse of children and adolescents is a societal problem that has gradually crept into public awareness over the past few decades, prompted largely by stories of high profile individuals who have made the news as either victims or perpetrators of abuse. Unfortunately, these celebrity cases reflect a larger problem that impacts individuals of all socioeconomic strata. Recent prevalence data suggest that, globally, about 20% of women and 8% of men experience sexual abuse in childhood or adolescence (Pereda, Guilera, Forns, & Gómez-Benito, 2009). Sexual abuse can have broad and significant impact on individuals, families, and communities. Thus, it is crucial that policymakers, advocates, teachers, parents, and practitioners understand what constitutes abuse, factors associated with risk for abuse, and possible sequelae of victimization experiences. This article serves as an introduction to and overview of these important issues. Specifically, we address: (1) problems in defining child and adolescent sexual abuse, (2) risk factors for sexual abuse, and (3) possible outcomes from experiencing sexual abuse.

DEFINITIONAL ISSUES

The federal government's role in addressing the problem of child sexual abuse is delineated in the Child Abuse Prevention and Treatment Act of 2010 (CAPTA; U.S. DHHS, Administration for Children, Youth, and Families, 2010). This law, which was enacted in 1974 and reauthorized several times, defines sexual abuse as:

- A, the employment, use, persuasion, inducement, enticement, or coercion of any child to engage in, or assist any other person to engage in, any sexually explicit conduct or simulation of such conduct for the purpose of producing a visual depiction of such conduct; or

- B, the rape, and in cases of caretaker or inter-familial relationships, statutory rape, molestation, prostitution, or other form of sexual exploitation of children, or incest with children. (42 U.S.C. 5106g)

Using this definition, it might seem that decisions about which experiences qualify as "sexual abuse" would be relatively simple. Indeed, some sexual activities would be universally viewed as abusive, such as a middle-aged man using physical force to engage in intercourse with a young teenager. In other cases, however, there is considerable ambiguity in determining whether a particular incident should be considered abusive. For instance, should an adolescent girl who finally acquiesces to an acquaintance's repeated requests for sex be considered a "victim?" How about a 15-year-old teen who willingly engages in sexual intercourse with her 20-year-old boyfriend? The real world of sexual interactions involving adolescents is replete with such fuzzy examples. Moreover, the activities considered to be abusive are to some degree culturally bound, highlighting the socially constructed nature of sexual abuse. Indeed, norms regarding bathing, co-sleeping, privacy, nudity, and appropriate forms of touching vary widely across cultures and between generations, likely contributing to differing perceptions of what constitutes victimization. Finally, the age of legal consent for sexual activity varies by state, which can be especially problematic in defining experiences considered to be legally abusive for adolescents.

RISK FACTORS FOR VICTIMIZATION

Despite the vexing definitional issues surrounding the study of sexual abuse, researchers have identified certain demographic factors that increase the risk for child and adolescent victimization. Although they are immutable and cannot be said to cause abusive experiences, these factors are nevertheless associated with higher

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Sexual Abuse Of Children And Adolescents:

Long-range Effects of Child and Adolescent Sexual Experiences Allie C. Kilpatrick, 2014-06-03 Making a unique contribution of placing the current sexual exploitation of children and adolescents firmly in its historical context this book looks at the family's and society's roles in child and adolescent sex abuse Unlike most previous studies this study allows a range of responses from negative to positive and avoids the methodological problems inherent in many other studies Most studies combine the age groups of children and adolescents whereas this study separates these different age groups and compares the nature and outcome of sexual experiences of children with those of adolescents Utilizing sophisticated analytical measures the author's findings repudiate many commonly held assumptions and serve to calm current hysteria regarding sexual abuse of minors Written to disseminate findings that could be helpful in realistically confronting the phenomenon of human sexuality the results presented in this book dispel many current myths about early sexuality including ethnic differences The author wanted to separate scientific inquiry from the perpetration of pervading mores or social norms and identify the real menaces to healthy adult functioning **Sexual Assault of Children and Adolescents** Ann Wolbert Burgess, 1978-01-01 To find more information about Rowman and Littlefield titles please visit www.rowmanlittlefield.com

Confronting Child and Adolescent Sexual Abuse Cynthia Crosson-Tower, 2014-01-30 Confronting Child and Adolescent Sexual Abuse is the first text to examine the history theory treatment and prevention of this complex phenomenon With in depth insights into the psychologies of victims their families and the perpetrators this comprehensive text shows readers how to recognize the symptoms and impact of childhood sexual abuse critically engage with the unique nature of each case complete a thorough assessment develop a treatment plan and effectively intervene in critical situations A national expert on child abuse and neglect and the author of numerous books and publications Cynthia Crosson Tower addresses a wide range of special topics and helps readers prepare for working in this challenging professional field This is sure to become the definitive classic text in courses preparing students for competent practice with sexually abused children and adolescents Barbara Nowak Albany State University This text opens with a history of sexual abuse offers models for treatment and assessment and provides excellent insights into many of the major sexual abuse dynamics of our times Finally we have a textbook that is very relevant for our times Nancy DeCesare Chestnut Hill College Child Sexual Abuse Esther Deblinger, Anthony P. Mannarino, Judith A. Cohen, Melissa K. Runyon, Anne H. Heflin, 2015-10-21 Based on over 25 years of research Child Sexual Abuse Second Edition describes a premier empirically supported treatment approach for children adolescents and non offending parents caregivers impacted by child sexual abuse Developed to provide support and to alleviate symptoms and problem behaviors in children and adolescents Trauma Focused Cognitive Behavioral Therapy TF CBT for child sexual abuse incorporates treatment components that provide children and their caregivers with education and coping skills training while simultaneously addressing the trauma This book describes the nuts and bolts of treatment

including trauma narrative development and processing activities that help to alleviate children's distress and feelings of shame associated with the abuse. Parents are also taught effective behavior management skills and treatment often culminates with a focus on parent-child communication and enhancing safety and future development. This highly effective treatment model can be delivered in outpatient, school-based, residential, home, and/or group settings.

Sexual Abuse of Children and Adolescents William E. Prendergast, 1996 In this his third volume Dr Prendergast focuses on preventing the sexual abuse of so many of our young children and adolescents. After 34 years of experience in the cesspool of sexual offenses he is convinced that naivete, denial, and complacency by not only the children/adolescents but by adults as well are essential factors in these abuses and that the sexual predator utilizes these elements to successfully achieve his or her perverted needs. Prendergast's proposed solution is knowledge for all concerned. He presents a thorough understanding of the makeup of the sexual predator, the personality traits of the ideal victims, the needs and reasoning of children and adolescents, the opportunities and locations of sexual molestations, and the mistakes that parents, teachers, religious leaders, and even professional counselors make. Through this knowledge Prendergast maintains that at least 90 percent of seductive molestations can be prevented and a smaller but significant percentage of assaultive molestations can be avoided as well.

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Confronting Child and Adolescent Sexual Abuse Cynthia Crosson-Tower, 2014-01-30 *Confronting Child and Adolescent Sexual Abuse* is the first text to examine the history, theory, treatment, and prevention of this complex phenomenon. With in-depth insights into the psychologies of victims, their families, and the perpetrators, this comprehensive text shows readers how to recognize the symptoms and impact of childhood sexual abuse, critically engage with the unique nature of each case, complete a thorough assessment, develop a treatment plan, and effectively intervene in critical situations. A national expert on child abuse and neglect and the author of numerous books and publications, Cynthia Crosson-Tower addresses a wide range of special topics and helps readers prepare for working in this challenging professional field.

Sexual Abuse Jolene Oppawsky, 2011-10-26 DR OPPAWSKY provides in this book on sexual abuse treatment for children and adolescents authentic theory-based clinical activities to be used with children and teens in group or individual therapy. The connections to models and theory are for use by those clinicians and educators that want to deepen their understanding of what drives the treatment. Each chapter is focused around sensitive case vignettes which tell the stories of the children and adolescents. Moreover, Dr Oppawsky demonstrates in the vignettes the application of the activities and techniques used when treating these clients.

Handbook of Child and Adolescent Sexuality Daniel S. Bromberg, William T. O'Donohue, 2013-01-28 Adolescent and child sexuality is studied by developmental psychologists from a research perspective and is of interest to forensic psychologists dealing with abuse and custody issues as well as rape cases. In many cases it is of interest whether the child in question was sexually active to understand the extent to which an underage minor might have voluntarily participated in

sexual activity as opposed to having been coerced Previously researchers interested in the applications of their research needed to look to separate books and forensic specialists needed to look to development books to find the information they may have needed This handbook provides both audiences with the related information they need Encompasses normative behavior and clinical disorders in one source Applies the information on development and behavior to forensic issues Provides treatment information on sexual disorders in children Provides information on children and adolescents in one volume

Handbook of Cognitive-Behavior Group Therapy with Children and Adolescents Ray W. Christner, Christy A. Mulligan, 2007-05-07 This Handbook offers a much needed resource of theoretical knowledge evidence based interventions and practical guidelines for professionals providing group psychotherapy to youth clients Written by leading professionals in the field of child and adolescent cognitive behavioral therapy this comprehensive volume offers readers a collection of innovative and well established approaches for group interventions with youth in a variety of treatment settings It addresses a wide range of issues not limited to assessment group member selection and specific protocols and strategies that readers can implement in their own practice Integrating theoretical and practical aspects leading experts offer their experience through case examples and vignettes suggesting guidelines for overcoming inherent treatment obstacles This Handbook provides not only a framework for delivering effective group therapy but also highlights specific problem areas and it is an invaluable reference for professionals providing therapeutic intervention to children and adolescents

Forensic Mental Health Assessment of Children and Adolescents Steven N. Sparta, Gerald P. Koocher, 2006 This volume provides essential knowledge and practical suggestions for conducting forensic mental health evaluations of children and adolescents A wide range of assessment problems are described along with discussions about measurement techniques and forensic issues related to minors

Handbook of Child Sexual Abuse Paris Goodyear-Brown, 2011-09-09 A comprehensive guide to the identification assessment and treatment of child sexual abuse The field of child sexual abuse has experienced an explosion of research literature and enhanced treatment methods over the last thirty years Representing the latest refinements of thought in this field Handbook of Child Sexual Abuse Identification Assessment and Treatment combines the most current research with a wealth of clinical experience The contributing authors many of whom are pioneers in their respective specialties include researchers and clinicians forensic interviewers and law enforcement professionals caseworkers and victim advocates all of whom do the work of helping children who have been sexually victimized Offering a snapshot of the state of the field as it stands today Handbook of Child Sexual Abuse explores a variety of issues related to child sexual abuse from identification assessment and treatment methods to models for implementation and prevention including The impact of sexual abuse on the developing brain The potential implications of early sexual victimization Navigating the complexities of multidisciplinary teams Forensic interviewing and clinical assessment Treatment options for children who have traumagenic symptoms as a response to their sexual victimization Treating children with sexual behavior

problems and adolescents who engage in illegal sexual behavior Secondary trauma and vicarious traumatization Cultural considerations and prevention efforts Edited by a leader in the field of child therapy this important reference equips helping professionals on the front lines in the battle against child sexual abuse not merely with state of the art knowledge but also with a renewed vision for the importance of their role in the shaping of our culture and the healing of victimized children

The Sexual Abuse of Children and Adolescents Margaret Oldroyd Hyde,1997 Covers the history of sexual abuse of children effects on children profiles of abusers controversies surrounding the internet Megan s law and repressed and false memories

Handbook of Social Work in Child and Adolescent Sexual Abuse Carolyn Hilarski,John S. Wodarski,Marvin D. Feit,2012-01-26 The enlightening collection of new approaches to understanding sexual abuse When sexual abuse occurs helping those directly affected can be a difficult and convoluted task The Handbook of Social Work in Child Adolescent Sexual Abuse is a comprehensive guide that provides the latest information on assessment management prevention and policy Through insightful and accessible discussions this collection of essays encompasses the full spectrum of child and adolescent sexual abuse to shed needed light on an affecting issue This innovative text is the up to date source for unique and compassionate ways of supporting and treating survivors The increased attention given to child sexual abuse in recent years has revealed how little we know about this tragedy The Handbook of Social Work in Child Adolescent Sexual Abuse is the practical compendium that covers the already existing information regarding violence against children and delves into practical methods for treating those immediately affected by it From its historical place in society to contemporary issues of prevention that have only recently come to light contributors examine essential details in depth and provide concise empirical directions for short and long term support Also included is the important and newly available assessment and treatment information focusing on ethnicity gender and comorbid influences as they relate to family member treatment Among the topics discussed in the Handbook of Social Work in Child Adolescent Sexual Abuse are historical views of and responses to sexual abuse risk and protective factors life stage consequences theories of family dysfunction comorbidity and attachment intrafamilial abuse the non family offender current empirical assessment methods approaches to treatment in children approaches to treatment in adolescents neurological effects of abuse treatment for the non offending caregiver the role of the internet and other media policy and practice implications the prevalence and consequences of abuse new methods of abuse prevention and child protection the etiology of sexual offending in an attachment framework and much more The Handbook of Social Work in Child Adolescent Sexual Abuse is an essential resource for educators medical practitioners psychologists psychiatrists social workers counselors family therapists and students researchers and academics in the field of social work

Confronting Commercial Sexual Exploitation and Sex Trafficking of Minors in the United States National Research Council,Institute of Medicine,Committee on Law and Justice,Board on Children, Youth, and Families,Committee on the Commercial Sexual Exploitation and Sex Trafficking of Minors in the United States,2013-11-12

Every day in the United States children and adolescents are victims of commercial sexual exploitation and sex trafficking. Despite the serious and long term consequences for victims as well as their families, communities, and society, efforts to prevent, identify, and respond to these crimes are largely under supported, inefficient, uncoordinated, and unevaluated. **Confronting Commercial Sexual Exploitation and Sex Trafficking of Minors in the United States** examines commercial sexual exploitation and sex trafficking of U.S. citizens and lawful permanent residents of the United States under age 18. According to this report, efforts to prevent, identify, and respond to these crimes require better collaborative approaches that build upon the capabilities of people and entities from a range of sectors. In addition, such efforts need to confront demand and the individuals who commit and benefit from these crimes. The report recommends increased awareness and understanding, strengthening of the law's response, strengthening of research to advance understanding, and to support the development of prevention and intervention strategies, support for multi sector and interagency collaboration, and creation of a digital information sharing platform. A nation that is unaware of these problems or disengaged from solutions unwittingly contributes to the ongoing abuse of minors. If acted upon in a coordinated and comprehensive manner, the recommendations of **Confronting Commercial Sexual Exploitation and Sex Trafficking of Minors in the United States** can help advance and strengthen the nation's emerging efforts to prevent, identify, and respond to commercial sexual exploitation and sex trafficking of minors in the United States. **Child Sexual Abuse** Esther Deblinger, Anthony P. Mannarino, Judith A. Cohen, Melissa K. Runyon, Anne Hope Heflin, 2016. **Child Sexual Abuse** describes a premier empirically supported treatment approach for children, adolescents, and non-offending parents/caregivers impacted by child sexual abuse.

Child Sexual Abuse Esther Deblinger, Anthony P. Mannarino, Judith A. Cohen, Melissa K. Runyon, Anne Hope Heflin, 2015. Based on over 25 years of research supported by grants from the National Institute of Mental Health (NIMH), the National Center on Child Abuse and Neglect (NCCAN), and other funding sources, **Child Sexual Abuse** describes a premier empirically supported treatment approach for children, adolescents, and non-offending parents/caregivers impacted by child sexual abuse.

Responding to Children and Adolescents who Have Been Sexually Abused World Health Organization, 2017. Sexual abuse of children and adolescents is a gross violation of their rights and a global public health problem. It adversely affects the health of children and adolescents. Health care providers are in a unique position to provide an empathetic response to children and adolescents who have been sexually abused. Such a response can go a long way in helping survivors recover from the trauma of sexual abuse. WHO has published new clinical guidelines, **Responding to Children and Adolescents Who Have Been Sexually Abused**, aimed at helping front-line health workers primarily from low resource settings in providing evidence-based, quality, trauma-informed care to survivors. The guidelines emphasize the importance of promoting safety, offering choices, and respecting the wishes and autonomy of children and adolescents. They cover recommendations for post-rape care and mental health and approaches to minimizing distress in the process of taking medical history, conducting

examination and documenting findings **Assessment of Disorders in Childhood and Adolescence** Eric A. Youngstrom, Mitchell J. Prinstein, Eric J. Mash, Russell A. Barkley, 2020-06-25 This leading course text and practitioner reference has been extensively revised with 90% new content covering a broader range of child and adolescent problems in more concise chapters Prominent authorities provide a comprehensive framework for evidence based assessment Presented are methods and tools for developing effective diagnoses and case formulations building strong treatment plans monitoring progress and documenting outcomes Chapters are packed with practical guidance handy tables and sample instruments Illustrative case material is included Prior edition title Assessment of Childhood Disorders Fourth Edition edited by Eric J Mash and Russell A Barkley New to This Edition Many new authors and topics reflecting over a decade of research and clinical advances Updated for DSM 5 and ICD 11 Chapters on additional disorders obsessive compulsive disorder persistent complex bereavement and body dysmorphic disorder Chapters on transdiagnostic concerns sleep problems risky behaviors and life stressors Four chapters on the whys and hows of using assessment in each phase of treatment Disorder specific starter kits lists of essential checklists rating scales interviews and progress measures including links to exemplary free measures online See also the editors Treatment of Disorders in Childhood and Adolescence Fourth Edition People v. Adair, 452 MICH 473 (1996) ,1996 101286 **Working with Trauma-Exposed Children and Adolescents** Joanna Pozzulo, Craig Bennell, 2018-12-07 Far too often children and youth experience trauma from rare events such as mass shootings terrorism attacks and school lockdowns to very common occurrences such as bullying exposure to drugs and alcohol or various mental health issues They can experience these events both directly and indirectly from surfing the internet watching television or through their friends Our children spend a large portion of their day at school interacting with other students teachers and school personnel where these topics are raised and discussed This edited volume addresses how our teachers and school personnel can help students deal with these potentially traumatic events to reach the most positive possible outcomes This collection brings together leading experts including academics and professionals working in the field to provide the most current evidence based practices on how to help students who may have experienced or witnessed trauma It presents research and advice on how to respond to traumatic events regarding bullying drugs and alcohol sexual abuse mental health lesbian gay bisexual transgender and queer LGBTQ safety stranger danger childhood disruptive behaviors school shootings and lockdowns and terrorism It also includes a chapter focused on how to implement a school safety program Schools cannot deal with these issues alone effective strategies must engage family members and the broader community Hence the collection includes a chapter on how schools can partner with families and the communities they reside in to bring about positive change All this work pays close attention to cultural and religious sensitivity socio economic variabilities diversity issues and developmental stages

This book delves into Sexual Abuse Of Children And Adolescents. Sexual Abuse Of Children And Adolescents is a vital topic that needs to be grasped by everyone, from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Sexual Abuse Of Children And Adolescents, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:
 - Chapter 1: Introduction to Sexual Abuse Of Children And Adolescents
 - Chapter 2: Essential Elements of Sexual Abuse Of Children And Adolescents
 - Chapter 3: Sexual Abuse Of Children And Adolescents in Everyday Life
 - Chapter 4: Sexual Abuse Of Children And Adolescents in Specific Contexts
 - Chapter 5: Conclusion
 2. In chapter 1, the author will provide an overview of Sexual Abuse Of Children And Adolescents. This chapter will explore what Sexual Abuse Of Children And Adolescents is, why Sexual Abuse Of Children And Adolescents is vital, and how to effectively learn about Sexual Abuse Of Children And Adolescents.
 3. In chapter 2, this book will delve into the foundational concepts of Sexual Abuse Of Children And Adolescents. The second chapter will elucidate the essential principles that must be understood to grasp Sexual Abuse Of Children And Adolescents in its entirety.
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- The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Sexual Abuse Of Children And Adolescents.

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Sexual Abuse Of Children And Adolescents Introduction

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