Severith Edition

# Loosening the Grip

A Handbook of Alcohol Information

Jean Kinney

**Jean Kinney** 

Loosening the Grip: A Handbook of Alcohol Information, 11th Edition Jean Kinney, 2019-03-18 Jean Kinney Lecturer in Community and Family Medicine at Dartmouth Medical School was the Associate Director of the Alcohol Counselor Training Program at Dartmouth conducted between 1972 and 1978 That program was the impetus for this text Upon completion of the Alcohol Counselor Training Program she became involved with Project Cork a program established to develop and implement a model curriculum for medical student education and to create materials for health care professionals She continues to be involved in professional development initiatives in the substance abuse field In 1999 she was the first recipients of the Harold Hughes Award given annually by the National Institute of Medicine's National Institute on Alcohol Abuse and Alcoholism It is given in recognition for efforts to assist in the translation of scientific research into clinical practice Loosening the Grip was one of her efforts cited in this award Accessible and comprehensive Loosening the Grip remains an authoritative source for information about alcohol use and the problems associated with it while also addressing the relationship between alcohol use and other drug use This text presents the physical and psychological effects of alcohol alongside the impact of alcohol use on family and society Special attention is given to addressing the range of responses to alcohol problems prevention harm reduction brief treatment engagement in treatment and aftercare and addressing high risk drinking Along with providing a historical foundation for the discussion of substance use the book explains the facts about this complex issue in clear engaging language Loosening the Grip is widely recognized as a useful resource for future and current health care workers substance abuse clinicians school counselors mental health workers community nurses and others Loosening the Grip: A Handbook of Alcohol Information Jean Kinney, 2011-04-12 Accessible and comprehensive Loosening the Grip remains an authoritative source for information about alcohol use and the problems associated with it while also addressing the relationship between alcohol use and other drug use This text presents the physical and psychological effects of alcohol alongside the impact of alcohol use on family and society Special attention is given to addressing the range of responses to alcohol problems prevention harm reduction brief treatment engagement in treatment and aftercare and addressing high risk drinking The book also includes information on alcohol abuse and alcohol dependence Along with providing a historical foundation for the discussion of substance use the book explains the facts about this complex issue in clear engaging language Loosening the Grip is widely recognized as a useful resource for future and current health care workers substance abuse clinicians school counselors mental health workers community nurses and others As noted on the website for the Substance Abuse and Mental Health Services Administration SAMHSA There are many helpful books on alcohol and alcoholism Loosening the Grip A Handbook of Alcohol Information by Jean Kinney is a good place to start Loosening the Grip G. Jean Kinney, 2000-11 This text offers a through approach to understanding alcohol and its physical and psychological affects on an individual It is the only comprehensive self contained book intended

to cover the range of psychological factors physical complications treatment options and family concerns The text is easy to read and covers a broad range of situations making it suitable for academics students or families of alcoholics for Loosening the Grip: A Handbook of Alcohol Information Jean Kinney, 2014-05-08 Accessible and comprehensive Loosening the Grip remains an authoritative source for information about alcohol use and the problems associated with it while also addressing the relationship between alcohol use and other drug use This text presents the physical and psychological effects of alcohol alongside the impact of alcohol use on family and society Special attention is given to addressing the range of responses to alcohol problems prevention harm reduction brief treatment engagement in treatment and aftercare and addressing high risk drinking Along with providing a historical foundation for the discussion of substance use the book explains the facts about this complex issue in clear engaging language Loosening the Grip is widely recognized as a useful resource for future and current health care workers substance abuse clinicians school counselors mental health workers community nurses and others Loosening the Grip Jean Kinney, 2004-06 This text offers a thorough approach to understanding alcohol its physical and psychological affects on an individual and its emotional impact on the family It is the only comprehensive self contained book intended to cover the range of psychological factors physical complications treatment options and family concerns The text is easy to read and covers a broad range of situations making it suitable for academics students or families of alcoholics Loosening the Grip Jean Kinney, Gwen Leaton, 1991 This authoritative introduction to alcohol and its abuse is enhanced by the authors informal upbeat writing style Moving logically from the history and psychological effects to behavior and treatment the book emphasizes the importance of treatment and the effects of alcohol dependence on individual family members **Loosening the Grip** Jean Kinney, 2006 Offers an approach to understanding alcohol its physical and psychological effects on an individual as well as its emotional impact on the family This book covers the range of psychological factors physical complications treatment options and family concerns Easy to read it is suitable for academics students or families of alcoholics **Core Concepts in Health Brief with PowerWeb** 2004 Update with HealthQuest, Learning to Go Paul M. Insel, Walton T. Roth, 2003-07-10 This proven text provides a concise introduction to health topics bringing students current information about health and wellness topics An affordable alternative to larger health texts it includes a built in study guide For the 2004 Update the overall content organization and features of the ninth edition remain in place but key topics and issues have been updated with the most recent information available Loosening the Grip 12th Edition Jean Kinney, 2020-08-07 Accessible and comprehensive Loosening the Grip remains an authoritative source for information about alcohol use ad the problems associated with it while also addressing the relationship between alcohol and other drug use The text presents the physical and psychological effects of alcohol alongside the impact of its use on the family and society Special attention is given to range of responses to potential problems or alcohol use including prevention harm reduction assessment referral and treatment and the risks for anyone of

heavy alcohol use Along with providing a historical foundation Loosening the Grip also sets forth basic information on other drugs of abuse whether street drugs on prescription drugs NEW FEATURES OF THE 12th Edition The phenomenon of vaping particularly among adolescents and the serious medical problems The advent of for profit substance abuse treatment programs chains and issues of substandard clinical care and failure to represent the standards of the Profession The opioid epidemic sparked by pharmaceutical industry and how drinking is interwoven into abuse of pharmaceuticals. The evolution of the Substance Use Profession from what was once virtually an orphaned isolated to among the most widely respected of the Human Service Professions WHAT AN INSTRUCTOR SAYS ABOUT LOOSENING THE GRIP Loosening the Grip is and has been the standard setter in the addiction profession since first publication in 1978 My first experience with the text occurred as a student in 1999 and I literally devoured the text which was filled with material about alcohol its effects on the body and mind and how to best treat the condition of alcohol use disorder I now am a licensed addiction counselor and addiction educator and as such utilize this text exclusively in my alcohol course within our accredited addiction counseling and prevention program This is not only an essential encyclopedia on all things concerning alcohol addiction and recovery but includes materials about other substances of abuse along with materials on co occurring mental health disorders Students state that they love this book as much as I did in 1999 and this creates a much higher level of retention in our major and minor I plan to continue using this very engaging accurate and useful book for many years to come John Korkow LAC PhD Loosening the Grip Jean Kinney, 2003-07-02 This text offers a thorough approach to understanding alcohol its SAP physical and psychological affects on an individual and its emotional impact on the family It is the only comprehensive self contained book intended to cover the range of psychological factors physical complications treatment options and family concerns The text is easy to read and covers a broad range of situations making it suitable for academics students or families **Subject Guide to Books** of alcoholics **Loosening the Grip** Gwen Leaton,1975 Books in Print Supplement, 2002 Loosening the Grip: A Handbook of Alcohol Information, 10th Ed in **Print** ,2001 Forthcoming Books Rose Arny, 2002 **Loosening the Grip 13th Edition** Jean Kinney, 2024-04-26 Accessible and comprehensive Loosening Jean Kinney, 2012 the Grip remains an authoritative source for information about alcohol use and the problems associated with it while also addressing the relationship between alcohol and other drug use The text presents the physical and psychological effects of alcohol alongside the impact of its use on the family and society Special attention is given to the range of responses to potential problems of alcohol use including prevention harm reduction assessment referral and treatment and the risks for anyone of heavy alcohol use Along with providing an historical foundation Loosening the Grip also sets forth basic information on other drugs of abuse whether street drugs or prescription drugs NEW FEATURES OF THE 13th Edition The impact of the COVID pandemic on those with substance use disorders substance use in general and changes to treatment approaches that resulted The fentanyl health crisis as a parallel epidemic to the opioid epidemic The rapidly changing legal

status of marijuana and the potential it may have for individuals communities and the drug trade Updated statistics on use patterns including how the COVID pandemic may have affected both alcohol and substance use disorders and also data collection methods Updated terminology in alignment with DSM 5 TR WHAT AN INSTRUCTOR SAYS ABOUT LOOSENING THE GRIP Loosening the Grip is and has been the standard setter in the addiction profession since first publication in 1978 My first experience with the text occurred as a student in 1999 and I literally devoured the text which was filled with material about alcohol its effects on the body and mind and how to best treat the condition of alcohol use disorder I now am a licensed addiction counselor and addiction educator and as such utilize this text exclusively in my alcohol course within our accredited addiction counseling and prevention program This is not only an essential encyclopedia on all things concerning alcohol addiction and recovery but includes materials about other substances of abuse along with materials on co occurring mental health disorders Students state that they love this book as much as I did in 1999 and this creates a much higher level of retention in our major and minor I plan to continue using this very engaging accurate and useful book for many years to come John Korkow LAC PhD SAP Studyguide for Loosening the Grip: a Handbook of Alcohol Information by Jean Kinney, ISBN 9780077433284 Cram101 Textbook Reviews, 2013-01-01 Never HIGHLIGHT a Book Again Virtually all of the testable terms concepts persons places and events from the textbook are included Cram101 Just the FACTS101 studyguides give all of the outlines highlights notes and guizzes for your textbook with optional online comprehensive practice tests Only Cram101 is Textbook Specific Accompanys 9780077433284 9780073404684 Loosening the Grip University of Mid-America, 1980 The Essential Handbook of Treatment and Prevention of Alcohol Problems Nick Heather, Tim Stockwell, 2004 The last three decades have seen an explosion of social psychological and clinical research to identify effective strategies to prevent and treat alcohol related problems This Essential Handbook contains an updated selection of reviews of what works drawn from the critically acclaimed International Handbook of Alcohol Dependence and Problems Selected specifically for health and other professionals who need to provide effective responses in their work these authoritative science based reviews are a distillation of the more practical elements designed to save time for the busy practitioner Contributors Jeff Allison UK Britt K Anderson USA Kevin Boots Australia Janice M Brown USA Russell Carvolth Australia Sally Casswell NZ Jonathan Chick UK Chad Emrick USA Paul Gruenewald USA Nick Heather UK Linda Hill NZ Harold D Holder USA Ross Homel Australia David Kavanagh Australia Harald K H Klingemann Switzerland G Alan Marlatt USA Nyanda McBride Australia Gillian McIlwain Australia James A McKnight USA Richard Midford Australia Kim T Mueser USA Esa sterberg Finland George A Parks USA Duncan Raistrick UK Stephen Rollnick UK Harvey Skinner Canada Tim Stockwell Australia Andrew J Treno USA Robert B Voas USA Malissa Yang Canada The Cure for Alcoholism Roy Eskapa, 2012-10-23 Finally there is a cure for alcoholism This is the first step Featuring new and updated information and studies including an introduction by actress Claudia Christian the second edition of The Cure for Alcoholism delivers exactly

what millions of alcoholics and families of alcoholics have been hoping for a painless dignified and medically proven cure for their addiction Backed by 82 clinical trials and research that extends back to 1964 The Sinclair Method deploys an opiate blocking medication in a very specific way in combination with ongoing drinking to extinguish the addictive software in the brain The de addiction process rolls back the addictive mechanism in the brain to its original pre addicted state before the first drink was consumed making this program an actual cure for alcoholism Drs Roy Eskapa and David Sinclair of The Sinclair Method have put together a sound scientific book that proves that with this particular method alcoholism can be cured in more than 78 percent of patients What s more the treatment avoids the dangerous withdrawal symptoms allowing patients to detox gradually and safely while they are still drinking This removes the need for expensive and unpleasant inpatient rehabilitation programs Actual drinking levels and cravings automatically decrease until control over alcohol is restored The bottom line is that patients can control their drinking or stop altogether with the simple yet powerful process outlined in The Cure for Alcoholism Including a new introduction by actress Claudia Christian about The Sinclair Method s impact on her life updated trial information and a letter explaining the treatment that can be given to doctors by patients The Cure for Alcoholism is a revolutionary book for anyone who wants to gain control over drinking

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