

One More Look at Propranolol for the Treatment of Refractory Schizophrenia

by Jeffrey L. Berlant

Abstract

Propranolol, a β -adrenergic blocking agent, has been proposed previously as potentially useful in the treatment of certain otherwise treatment-unresponsive psychotic patients. This article reviews the published clinical trials of the efficacy of propranolol in schizophrenia to characterize those patients in whom it might be helpful and for whom future clinical trials should be designed. Despite a large number of inconsistent reports, the evidence to date favors its potential value as an adjunct to neuroleptic therapy in neuroleptic-resistant chronic schizophrenic patients. Several recommendations are made to improve the methodology of future clinical trials with this agent for the treatment of schizophrenia.

Propranolol, a β -adrenergic blocking agent used predominantly for the treatment of hypertension, cardiac arrhythmias, coronary artery disease, thyrotoxicosis, migraine headache, and a number of other conditions, has also been proposed as potentially useful in the treatment of certain psychiatric conditions. These have included acute porphyria (Atsmon and Blum 1970), schizophrenia (Atsmon et al. 1971), mania (Atsmon et al. 1971; Moller et al. 1979), aggressive organic brain syndromes (Elliott 1977; Yudofsky et al. 1981), chronic anxiety (Kathol et al. 1980), and compulsive water drinking (Shevitz et al. 1980).

The potential utility of propranolol as a treatment for schizophrenia has received attention in a number of clinical trials. In broad, critical reviews of clinical trials of unconventional antipsychotic medications for the treatment of schizophrenia, Donaldson et al. (1983), as

well as Hayes and Schulz (1983), concluded that propranolol did not appear to be an effective antipsychotic medication for schizophrenia in general but might be helpful in selected schizophrenic subtypes. Since then, there have been a small number of additions to the clinical research literature. It is timely to review the available studies, to question again whether pursuing investigation with propranolol further is worthwhile and, if so, to identify methodological issues that may have confounded earlier research efforts.

Following the anecdotal observations of Atsmon and Blum (1970) and Atsmon et al. (1971) of positive responses to treatment with very high doses of propranolol in patients with acute psychoses, Yorkston et al. (1974) administered propranolol to 14 chronically refractory, noneuphoric schizophrenic patients characterized as "hebephrenic patients," most of whom had failed to respond to large doses of neuroleptics over months and years (up to 17 years). After the open addition of propranolol 240–3,000 mg q.d. to existing neuroleptics, 6 of 14 patients reportedly lost schizophrenic symptoms completely. Yorkston et al. claimed that "their affective reactions were appropriately modulated and were indistinguishable from normal. Several found the change hard to believe" (p. 633). Of the patients who improved, most improved within a week and maintained this improvement as long as they remained on propranolol. Upon stopping it, they relapsed.

Yorkston et al. (1976a) expanded the study of propranolol in psy-

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Propranolol And Schizophrenia

Tao Wei



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Propranolol and Schizophrenia Eugene Roberts, Peter Amacher, 1978 Propranolol and Schizophrenia Kroc Victoria Roberts, 1978-04 **Schizophrenia Bulletin** , 1991 New Directions in Drug Treatment for Schizophrenia National Institute of Mental Health (U.S.), 1984 Schizophrenia Bulletin , 1983 **The Biological Basis of Schizophrenia** G. Hemmings, W.A. Hemmings, 2012-12-06 For years lip service has been paid to a belief in a biological basis for schizophrenia but nevertheless psychosocial and psychodynamic theories of schizophrenia have been promulgated and these have detracted from the all important biological work Eclecticism has ruled the day and has caused considerable confusion As a result research in schizophrenia has not progressed as fast as it should have done and treatment has been less effective than it could otherwise have been This book is devoted to a wholly biological approach to the problem of schizophrenia in the hope that many more workers will enter this exciting field of research A wide variety of topics is covered including brain structure the genetics pathogenesis and treatment of schizophrenia a consideration of dietary and immunological factors and finally a chapter on alcoholism as it seems possible that the problems of schizophrenia and addiction are linked We are grateful to all our contributors and to MTP Press for their enthusiasm for this book Gwynneth P Hemmings William A Hemmings XI

SECTION 1 Structure 1 The brain stem reticular formation K E WEBSTER There can be no question that the brain stem reticular formation no longer exercises the same fascination for neurologists that it did a quarter of a century ago **GABA** , 2006-07-26 A great deal of progress has been made in defining GABA gamma aminobutyric acid transmission in the brain Volume 54 of the Advances in Pharmacology series has also provided new insights into fundamental features of neurotransmission in general such as the importance of allosterism and coincident signaling in regulating receptor function and overall cellular activity These studies have led to the design and development of new drugs and potential therapeutic agents Given the successes achieved over the first 50 years of GABA research it is certain the 6th decade will yield its share of surprising discoveries and new insights Published in this volume are articles providing thoughts and perspectives on this topic some with the benefit of hindsight others in the context of recent findings but all with a hint or prediction of what the future holds as the secrets of GABA neurotransmission continue to unfold Advances in Pharmacology is available online on ScienceDirect full text online of volumes 48 onwards GABA is an amino acid found in mammalian brain Articles written by leading investigators in the field Provides new insights into fundamental features of neurotransmission

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aggression when arrested and tried in court resort to a psychiatric defense But are all such aggressors indeed appropriately psychiatric patients And if so what are their particular diagnoses and how do these relate to aggression Also of concern is aggression directed against self as evidenced in the rising incidence of suicide among young people or the self mutilation of patients suffering from certain personality disorders Both violence directed outward and aggression toward oneself pose considerable challenges to clinical management whether in the therapist's office or in the inpatient unit Although we have not been able to find successful deterrents to aggression a sizeable body of evidence does exist certainly of a descriptive nature Such data for psychiatric patients are scattered however and can be found in literatures as diverse as the biological ethological epidemiological legal philosophical psychological psychiatric and criminological Therefore given the increased frequency with which mental health professionals encounter cases of violence in their day to day work we believed it important that existing data be adduced in one comprehensive volume **Psychopharmacology Bulletin**, 1966

Biochemistry of Schizophrenia and Addiction G. Hemmings, 2012-12-06 The main theme of this book concerns the relationship if any between and addiction Are they linked biochemically Is there a schizophrenia common factor for all addictions We need to know whether the chemistry of addiction can help clarify the biochemistry of schizophrenia and vice versa There is much anecdotal evidence that many sufferers from schizophrenia are addicted to smoking are adversely affected by even small amounts of alcohol and do have their schizophrenia illness worsened by street drugs We would urge our readers to try to find correlations between some of the findings described here on the biology of schizophrenia and what they read in the up to date chapters on addictions We would like to thank all the authors for the excellence of their work and for their cooperation and understanding of our needs and also for the second time this year to thank MTP Press for their willingness to publish a perhaps somewhat provocative book We thank them for their humanity **Toxicity Bibliography**, 1977 **Psychopharmacology Abstracts**, 1981 **New Developments in the Pharmacologic Treatment of Schizophrenia**, 1992 **Psychosomatic Medicine** Adam J. Krakowski, 2012-12-06 It is our pleasure to introduce to the readers of *Advances in Psychosomatic Medicine* the authors of 88 papers presented at the VIth World Congress of the International College of Psychosomatic Medicine in Montreal September 13-18 1981 These papers are representative of more than 700 presentations and discussions that occurred in the course of lectures symposia panels and workshops Adam J. Krakowski M.D. primary editor of this volume together with Chase P. Kimball M.D. G. Unsel Koptagel Ila1 M.D. and Hellmuth Freyberger M.D. are responsible for the solicitation and final editing of the papers included in this volume Most of the plenary papers presented at the Congress and subsequently received for publication are in preparation for a volume to be issued by S. Karger Basel Switzerland as a special number edited by us with the assistance of Drs. Freyberger and Koptagel Ila1 The papers included in this volume represent the main substance of the Congress The editors regret that a number of presentations were either received too late or in insufficient form to allow for publication at this time A number of other

papers presented at the Congress have been released for publication in the Journal of Psychosomatic Research the Psychiatric Journal of the University of Ottawa General Hospital Psychiatry Psychosomatics and other journals

Psychopharmacology Bulletin ,1988 *McLean Hospital Journal* ,1986 **Propranolol and Schizophrenia** ,1978

New Biological Vistas on Schizophrenia Jean-Pierre Lindenmayer, Stanley R. Kay, 1992 Presents findings on the biological neuropathological and clinical aspects of schizophrenia and explores innovative treatment strategies based on the latest scientific research Topics examined in depth include the genetics of schizophrenia the positive negative distinction and more

This book delves into Propranolol And Schizophrenia. Propranolol And Schizophrenia is an essential topic that must be grasped by everyone, from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Propranolol And Schizophrenia, encompassing both the fundamentals and more intricate discussions.

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