### LOWER BLOOD PRESSURE

SUIBILITAIIN/AIL PERSUASION SELF-HYPNOSIS



# LOWER BLOOD PRESSURE

Ten to fifteen percent of all Americans have high blood pressure. While attending a hypnosis convention, I witnessed a demonstration using hypnosis for the treatment of this disorder. After the workshop, a doctor asked me to produce a tape that would teach self-hypnosis and gear the results to lowering blood pressure. He wanted the tape for both himself and his patients. If you or someone you know has high blood pressure, consider this tape.

SIDE TWO: SELF-HYPNOSIS VERSION

Satisfaction Guaranteed after 30 days or your money refunded. Complete instructions included.

## <u>Lower Blood Pressure A Subliminal Persuasion Self</u> <u>Hypnosis Tape</u>

**CH Cherryholmes** 

#### **Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape:**

Ninety Important Things You Must Know to Successfully Survive the 90's Marshall B. Connecting Link ,1994 **Psychology and Life** Philip G. Zimbardo, 1992 Words on Cassette ,1999 **New Age Journal** Stearn, 1992-03 New Woman ,1988 Ouill & Ouire ,1986 Words on Cassette, 1999 Bowker Editorial Staff, Staff Bowker R ,1984 R.Bowker.1999-02 Directory of Spoken-word Audio Cassettes ,1983 Healing from the Heart Mehmet C. Oz M.D., Ron Arias,1999-10-01 Dr Mehmet Oz celebrated heart surgeon and co founder of the Complementary Care Center at New York s Columbia Presbyterian Hospital is spearheading the health care revolution that is yielding powerful new healing tools that will forever change the way we think of medicine In this ground breaking book he describes his pioneering work combining cutting edge Western medicine with such Eastern techniques as acupuncture and chi gong as well as such controversial therapies as hypnosis music massage reflexology aromatherapy and energy healing The inspiring and affecting stories of his patients are the heart of this book from the extraordinary discipline of Frank Torre who used his professional sports training to psych himself into healing after heart transplant surgery to the impossible recovery of blues great Johnny Copeland who was roused from a seemingly impenetrable coma through the force of his own music In recounting his patients experiences Dr Oz forges a blueprint for the radical new medicine of the next millennium drawing on the best from Eastern and Western therapies and empowering patients to become partners with doctors in promoting their own recovery

Whispering the Strategies of Language: An Emotional Journey through **Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape** 

In a digitally-driven earth wherever displays reign great and instant interaction drowns out the subtleties of language, the profound strategies and emotional subtleties concealed within words frequently go unheard. However, set within the pages of **Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape** a interesting literary value pulsing with raw feelings, lies a fantastic journey waiting to be undertaken. Published by a skilled wordsmith, that wonderful opus invites viewers on an introspective trip, delicately unraveling the veiled truths and profound impact resonating within the very fabric of each word. Within the emotional depths of this emotional evaluation, we shall embark upon a honest exploration of the book is core themes, dissect its charming writing style, and succumb to the effective resonance it evokes strong within the recesses of readers hearts.

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